## Dr. Oswal's Research Presentations At Leading International Conferences Over the Years Selected Compilation

www.g-therapy.org
www.autismtreatmentindia.com



23 March, 2014

Dear Dr. Gunwant Oswal,

On behalf of the Indian Head Injury Foundation, we would like to thank you for participating as a Faculty and contributing your valuable time at the 1st Annual Meeting of Neuro Rehab Group & 4th Conference on "Developments in Neuro-Rehabilitation: Present and Future" from 21 March to 23 March 2014 at the Indraprastha Apollo Hospitals, New Delhi.

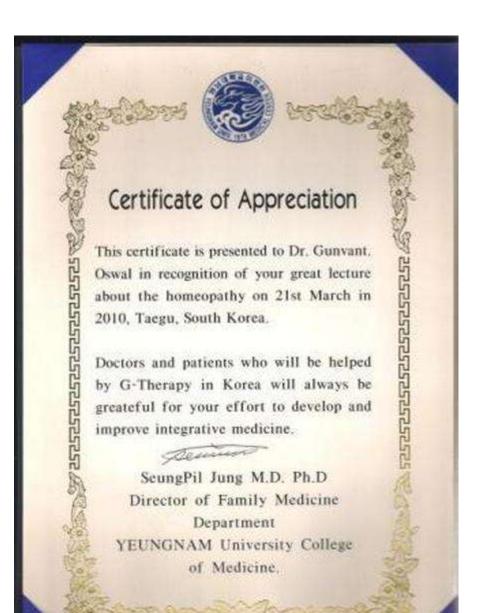
We are certain that the delegates from across India who attended this symposium have benefited tremendously from your presence, participation and contribution. We are also sanguine that the participating delegates will go back to their study and practice as better neuro-rehab professionals.

IHIF will be conducting similar programmes in the future on regular basis. We hope you will continue to support us in this worthy cause.

ORGANIZING CHAIRMAN Commodore Ranbir Talwar (Retd) Executive Director, IHIF

Dr. Rajendra Prasad, FRCS, FRCS (SN)

Honorary Medical Director, IHIF





September, 1996

Gunvant D Oswal, MD 1215, Bhavani Peth Pune, 411 042 INDIA

Dear Gunvant D Oswal, MD:

Thank you for your presentation at the 50th Anniversary meeting of the American Academy for Cerebral Palsy and Developmental Medicine in Minneapolis. I received many compliments on the quality of the program content this year. Your efforts are definitely appreciated and I thank you for contributing to a successful scientific program.

I encourage you and your co-authors to submit a paper, poster, or instructional course lecture for next year's meeting in Portland, Oregon.

Sincerely,

Chester M. Tylkowski, MD Program Chair, 1996

Chet Tylknusk

cc: Robert K. Rosenthal, MD

Peter L. Rosenbaum, MD



### International Association for the Scientific Study of Intellectual Disability 10th World Congress, July 8-13, 1996

Finlandia Hall, Helsinki, Finland

### International Advances in Research and Practice

Global Problems - Local Approaches

### Program Committee

Charl and President Elect Of Trever R Parmenter Unit for Community Integration Bruthes. School of Education SYDNEY NEW 2109

Dr Terrence R Dolan

Fox: 61-2-850-9367 E-mail typen@tecl.educ.mg.edu.au

Linversity of Wedoman 1500 Highland Avenue MADISON Wisconsin W193705 Fax: 1-000-203-0529 E-mail Dolandhwaisman.wisc.edu

Dr Neil Ross

osociation de Williamer 27 Rue de Maubeuge PARIS 75009 Fax: 33-1-48-74-15-18 E-mail 100441 1330@compuserve.com

Dr Matti livanianen

Professor of Child Neurology University of Helsins HELSINK! Fac: 05-6-0-434 0588

> 22 Dr Tien-Miau Wang

Dwat of Special Education 162 No Fing E. Rd. Bac 1 Taiwar Fex: 885-2-341 3051

Dr Gunvant, D. Oswal Centre for Developmental Disorders Pune 1215 Bhawani Peth, Palki Chowk, Pune -India 411 042 -

Dear Colleague,

I wish to advise you of the following details concerning your presentation of "Functional improvements oin cerebral palsy and mental retardation with G Therapy-A new research combination from alternative system of medicine" (reference number 116) to the 10th World Congress of IASSID to be held in Helsinki in July, 1996.

Moderator:

Session: 63 Mode: Poster Date: 9 July 1996

Time: 1600 hours Room: Terrace

For those presenting a poster an attachment provides you with some guidelines to help you prepare your poster.

I look forward to meeting you in Helsinki where I shall be available if you have any problems concerning your presentation.

As a number of journal editors will be available at the Congress I suggest that you bring a copy of your paper with you to enable you to discuss possible publication in special issues.

I remind you that it is necessary for you to be registered to the Congress before your paper can be included in the Program and Abstracts Book.

With best wishes.

Yours sincerely

TREVOR R. PARMENTER, PhD

Professor Program Chair President-Elect

### 1996 ATLANTA PARALYMPIC GAMES

February 23, 1996

Dr. Gunvant D. Oswal Center for Developmental Disorders Sanjivani Clinic 1215 Bhawani Peth, Palkhi Chowk, Pune 42, India

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Third Paralympic Congress, August 12-16, 1996 Atlanta, Georgia

Your Subject: Homeopathic Medication in Rehabilitation of Cerebral Palsy and Mental Retardation has been accepted by the reviewing committee of the Third Paralympic Congress as a poster presentation. I am enclosing the Call for Abstracts Brochure and ask that you forward your Abstract to the Third Paralympic Congress as soon as possible.

Your Poster will be presented at the Congress during the following hours:

Tuesday, August 13 - 5:00 - 7:00 pm Wednesday, August 14 - 5:30 - 6:30 pm

You will be responsible for bringing the poster to the meeting and putting it up on the designated poster board. Poster placement will occur on Monday afternoon and Tuesday morning. It is imperative that all Posters be in place in time for the Poster Reception on Tuesday, August 13 at 5:00 pm.

Your Poster should be displayed on Poster Board 4' wide by 8' wide (1.25 X 2.5 meters). A heading for the top of the poster space should be prepared indicating the title, author and institutional affiliation, using letters not less than 1 inch (3cm) high. Printing on the poster should be a minimum of 1/2" (2 cm) high.



Dr. G. Oswal Page 2 February 23, 1996

Illustrations and printing must be able to be read from distances of at least 6 feet (2 meters). The presentation should state the objective of the presentation, describe the method of study and provide a statement of conclusions or recommendations. Posters may be taken down after 3:45pm on Thursday, August 15, 1996.

As all abstracts will be published in an Abstract Digest and distributed at the Congress, please send an updated Abstract of no more than 250 words, on an IBM compatible diskette (3.5"DOS) using the ASCII Text (ASCII.TXT) format. The diskette should be sent to the Third Paralympic Congress to arrive no later than March 15, 1996. A hard copy of your abstract should also be enclosed.

For your convenience, I am enclosing a Registration Brochure as it is necessary for you to complete and return this form, even though you have been selected to present. All presenters will be responsible for expenses for attending the Congress and for Congress tuition (\$215). Hotel costs range from \$22.00 to \$138.00 per night.

A Poster Acceptance form is also enclosed. Please sign and return this form to the Third Paralympic Congress along with your updated Abstract.

If you have any questions about these details, contact the Third Paralympic Congress at 404-875-9380 or Sheila Knox at 404-252-5342.

Sincerely,

Barbara R. Trader
Barbara R. Trader

Vice President, Youth and Community Programs

cc: Dr. David E. Martin

### Conference Program



Hosted By: Parents Reaching Out to Help, Inc.

8th Biennial Event

1996 International Parent-to-Parent Conference

Albuquerque, New Mexico

March 29 - 31, April 1, 1996

Albuquerque Convention Center

Hyatt Regency

"Keep alive the dream.
As long as you have a dream in your heart, you cannot lose the significance of living."

### ·Saturday, March 30, 1996·

7:00a - 7:50a Continental Breakfast • Convention Center Kiva Atrium • Entertainment By Classical Guitarist Edward Baca

7:30a - 5:00p Registration + Convention Center

7:00a - 3:00p POSTER SESSIONS See Poster Session listing in Conference Packet + Convention Center Atrium Upper Level

8:00a - 9:15a Convention Center Kiva Auditorium

Welcome Keynote:

Diego Gallegos . New Mexico State Department of Education Special Education Director

Keynote Address:

Judith E. Heumann • Assistant Secretary U.S. Department of Education Office of Special Education and Rehabilitative Services, DC

### Large

### **Convention Center**

Mom Always Did Like You Best! Dealing With the Differences in Your Family

Aztec/Galisteo (East Complex) Joyce Ford # + Kevin D'Connor #

Joyce Ford as \*Kevin O'Connor a
This seminar is a lively, high content, skill building session
for parents. Wise and skilled parents know that children
are dramatically different from one another. The way in
which parents respond to those distinctions makes the
difference between harmony and unnecessary conflict in
family life. This proves to be of even greater importance
when parents are busy professionals in today's bectic
environment. Learn how to restore peace, respect,
communication and understanding to our daily lives.



Functional Improvements in Cerebral Palsy and Mental Retardation with G Therapy - A New Research From Alternative System of Medicine

Brazos (East Complex)

Gurvant D. Oswal - Pooja Oswal wow
Cerebral palsy and mental retardation are major causes of
disability affecting children. G Therapy is a combination of
herbal extracts and biochemic sales. A Study of 700 children
with developmental delay that were treated with G Therapy
showed improvements in their motor and higher mental
functions.



### **Experimental PTI Projects**

Cimarron/Dona Ana (East Complex)

Judith E. Heumann and Panelists

Judith E. Heumann and Panelists

A multi-cultural panel representing Grassroots - A Nanonal, Multi-cultural consortium of Community Parent Resource Centers will share information about the origins of Grassroots and its mission. As directors of grassroots community-based programs providing a range of supports to traditionally under-served children with disabilities and their families, the panelists will discuss best practices for reaching and serving under-served multi-cultural families in urban and rural communities while facilitating the development of leadership among those who are often under-served-under-represented.

9:30a - 2:15p Teen Connection 13-18 year olds (Saturday Only)

Doubletree Salon #3

Melanie Weber+Serena Weh AW

Teens will gather for a family sculpturing activity. This creates an excellent opportunity for teens to network and meet friends at the conference. Participants must be preregistered. Lunch will be provided. This is not a childcare program.

9:30a - 5:00p EXHIBIT HALL OPEN + Convention Center

10:30a - 11:00a Coffee + Snack Break + Convention Center & Hyatt

9:30a Groups 10:30a

### Hyatt

Family Voices: The Status of Health Care for Children With Special Health Care Needs From A **Grassroots Perspective** 

Pavilion IV+V

Polly Arango ww + Julie Beckett w + Trish Thomas ww Nora Wells Mr

Presenters will provide state and national information on current health care changes that affect children with special health care needs. Presenters will provide examples of strategies to use when working and sharing the expertise of families with state and national policy makers, the media, health care professionals, and other families.





Parent-to-Parent Programs Taking the Cyberspace Leap: Improving Information and Support Services Via Technology!

Pavilion VI

Nina Baker w: + Dave Burchell w: + Ernie Colantonio w Linda Frederick co + Carolyn Gleason wa + Trudy Grable ca Pat Hackett-Waters rz + Kathleen Judd ca Bale S. Krams wc + Maria Nardella wa + Tom Patton co

Linda Rowley wr + Denise Rumschlag w

Margaret Smith & Linda Williams & Gregg Wright & Many Parent to Parent programs are finding that to perform their services better, the use of various levels of technology is becoming a necessity. Taking the leap from no-tech or low tech to high-tech can be a scary experience, but it doesn't have to be. This panel presentation comprised of purent-continuous of technical projects from nine states will discuss the 'how to's' and funding strategies of utilizing bechnology. Materials to be provided: funding proposals/budgets equipment specifications, training agenda, strategie planning outlines, and the 'how to's' of purchasing; setting up and using the hardware to a discussion of software (word-processing, desktop publishing, graphics, accounting, distabases,) and more!!! Interactive audience participation will be encouraged throughout the session. Sharing of personal experiences, tips, questions and audience responses to questions will be welcomed and encouraged. Follow-up hands-on opportunity available in the afternoon. Margaret Smith & + Linda Williams ## + Gregg Wright #

# "CONFLUENCES"

7th NATIONAL SEMINAR

17-12-93 to 19-12-93

ORGANISED BY:

SPASTIC SOCIETY OF TAMILNADU, MADRAS

AND

NATIONAL INSTITUTE FOR THE MENTALLY HANDICAPPED SECUNDERABAD

8. DR. G.D. OSWAL  9. MRS. D. SHRIVASTAVA 10. DR. JOHANNES MUENZEL 11. MS. LINA SHETH 8 MR. KRISHNASWAMY 8. MRS. MARIA FATIMA 12. DR. ANAND PANDIT 13. MR. HOWARD BAILEY 14. DR. TOMY M.K. 8. HANNAH STEPHEN 15. MRS. FADHA DAS GUPTA 16. MRS. FADHA DAS GUPTA 17. MS. CHETNA DAY 18. MRS. MARIA FATIMA 19. DR. ANAND PANDIT 19. MR. HOWARD BAILEY 19. MRS. FADHA DAS GUPTA 19. MRS. FADHA DAS GUPTA 19. MANONIKAS KENDRA 19. MANONIKAS KENDRA 19. MANONIKAS KENDRA 19. COLITURAL PHOGRAMME	
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THE RESEARCH SOCIETY FOR THE CARE TREATMENT AND TRANSING OF CHILDREN IN NEED OF SPECIAL CARE, BOMBAY  9. MRS. D. SHRIVASTAVA  10. DR. JOHANNES MUENZEL GERMANY  TEA BREAK  TEA BREAK	NONMEDICAL INTERVENTION FOR
B. DR. G.D. OSWAL  9. MRS. D. SHRIVASTAVA  10. THE RESEARCH SOCIETY FOR THE CARE TREATMENT AND THANING OF CHILDREN IN NEED OF SPECIAL CARE, BOMBAY  PUNE  TEA BREAK	"NEUROKINESIOLOGICAL EXAMINATION OF NEWBORNS ACCORDING TO PROF. VOJTA"
8. DR. G.D. OSWAL  B. DR. G.D. OSWAL  PUNE  TEA BREAK	FOCUS ON PREVENTION
THE RESEARCH SOCIETY FOR THE CARE TREATMENT AND TRAINING OF CHILDREN IN NEED OF SPECIAL CARE, BOMBAY  B. DR. G.D. OSWAL  PUNE  TEA BREAK	
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MS. CHETNA DAVE THE RESEARCH SOCIETY FOR THE CARE TREATMENT AND	
	HOLE OF CONSANGUNITY IN



September, 1996

Gunvant D Oswal, MD 1215, Bhavani Peth Pune, 411 042 INDIA

Dear Gunvant D Oswal, MD:

Thank you for your presentation at the 50th Anniversary meeting of the American Academy for Cerebral Palsy and Developmental Medicine in Minneapolis. I received many compliments on the quality of the program content this year. Your efforts are definitely appreciated and I thank you for contributing to a successful scientific program.

I encourage you and your co-authors to submit a paper, poster, or instructional course lecture for next year's meeting in Portland, Oregon.

Sincerely,

Chester M. Tylkowski, MD Program Chair, 1996

Chet Tylknusk

cc: Robert K. Rosenthal, MD

Peter L. Rosenbaum, MD

### PRELIMINARY PROGRAM

September 18-21, 1996 Minneapolis, MN





american academy for cerebral palsy and developmental medicine

Minneapolis Hilton and Towers

### AACPOM

### Preliminary Program

- Assistive Technology and the Adult with Cerebral Palsy Deborab J. Gaebler-Spira, MD; Sung-Lana Kim, MD; Kelly Mangan, MS Ed
- The Management of the Ankle in the Child with Cerebral Palsy. Current Practice Recommendations Among Pediatric Physiatrists

Deborah J. Gaebler-Spira, MD; Jean E. Shelton, MD

- Pain Control: From Operative to Intractable Patrick F. Rivard, RN, BSN
- Approaches for Teaching Developmental Disabilities in Ambulatory Primary Care Clinics

Michael E. Aball, MD; Mary E. Reese, MD; Thomas M. Lock, MD; Brian T. Rogers, MD; Heather Ripstein; Thomas Polisoto, MD; Margaret H. McAloon, MD; Theodore I. Putnam, MD

19. Into the Community

Beth E. Atkinson, BS Ed; Mary Cassidy Conway, PT, MS; Claire McCarthy, PT, MS; Richard W. Murphy, MEd

 Sexuality and Social Development: Resources for Parents of Children with Disabilities and Professionals Working with Them

Kathleen Higgins Cabill, MS, ARNP, Judith H. Coughlan, BS, RNC. Martha-Jean Madison

- Skating as Healing Claire E. McCarthy, PT, MS; Michael Millis, MD; James J. Benelli, CPO
- Clinical Utility of Determining Mechanical Energy During Gait Analyses Studies in Subjects with Cerebral Palsy Sheldon R. Simon, MD; Rajoev D. Puri, MD
- Assessment of Higher Visual Processing in Patients with Myelomeningocele Using Steady-State VEPs Joelle Mast, PhD, Vance Zemon, PhD; Barbara Lackenbetm, PhD
- Increased Incidence of Neuromotor Asymmetries Among Infants Due to Supine Positioning Gary W. Diamond, MD; Dov Inbar, MD; Tzipora Hafnor, PT; Anat Weiner, PT: Vifat Flumin, PT
- Ease of Walking Pre- and Post-Rhizotomy Deborah S. Quanbeck, MD; Lyle O. Johnson, MD

26. Establishing a Normal Energy Consumption Database for Children Roma P. Frankling, BA. Taker J. Cuddeford, MS. P.C.

Renew P. Frweling, BA: Tyler J. Cuddeford, MS, PT; Susan Seinko Thomas, MA; Michael D. Asona, MD

27. Bootstrap Simultaneous Prediction Intervals for Gait Data

Mark W. Lenboff, BS; Thomas J. Santner, PhD; James G. Otis, PhD; Margaret GE Peterson, PhD; Laurence Daly

- Rehabilitation Needs of Adults with Cerebral Palsy: Results of a Comprehensive Outpatient Survey Study Nadya G. Swadam, MD: Deborah J. Gaobier-Spira, MD; Glynnis Elliott-Samlon, PhD
- Gerebral Palsy in Armenia
   Linda J. Michaud, MD; Gayane Zaharian, MD;
   Laura Moustian, MD
- Technique of Fine Wire Electromyography of the Psoas Major and the Illiacus

Ganesh Gupta, MD; Proeman Miller, MD; Patrick Castagno: Nancy Lennon; Glenn E. Lipton

31. Care Path Development

Debra G. Nohu, RN; Megan Gosgrove, RN; Sally Wulfing, RN; Patty Kallevig, RN

- 32. Botox Injections: Building Blocks for Success Joy A. Windowski, R.N. Shelly Magnuson, CCLS
- Aggressive Early Management of an Infant with Arthrogryposis Multiplex Congenita (AMC) Douglas A. Barnes, MD: Beeky Ligon, OTR: Janet Danson, PT
- 34. Functional Improvements in Cerebral Palsy and Mental Retardation with G Therapy—A New Research Combination from Alternative System of Medicine Guncant D. Oswal, MD

## 51st Annual Meeting Preliminary Program

September 17-20, 1997

Portland, Oregon

Portland Hilton



american academy for cerebral palsy and developmental medicine

### AACPOM Preliminary Program

12. Complexity of Medical Needs in Children with Profound Developmental Disability

Sarab L. Winter, MD: 1. Leslie Rubin, MD; Ciridy Hyde, MEd; Jean Ward, EdS

13. Behavioral Intervention-A New Role for Physical and Occupational Therapists

Donald F Wuori, MD; Suzanne McDermott, PhD; Tammy Leonbardt, PhD: Richard Nagle, PhD

14. Cerebral Palsy Presenting to a Specialist Pediatric Dysphagia Clinic -A British Experience

Lucinda J. Carr, MD; Dr. Hilary Case; Sheena Reilly, PbD; Alison Wisbeach

15. Low Lumbar Level Myelomeningoccle: Long-Term Outcome in Adult Sacral Level Myelomeningocele: Long-Term Outcome in Adults

Luciano S. Dias, MD; Ana C. Pauleto, MD; Paulo Selber, MD

16. Does Exercise Increase Spasticity in Children with Cerebral Palsy

Eileen Greenan Fowler, PhD, PT, Teresa Wong, MPT; Loretta Staudt, MS, PT

17. Kinematic Analysis of Seated Postural Stability in

Hassan A. Jizzine, MS; Joffrey Schwab, MD; Gerald Harris, PhD

18. Effects of Music on Gait Performance in Individuals with Neuromuscular Disorders

Samia Da Rosa Rabay Makhamra, MSc; Karen E. Pape, MD; Greg Adams; William A. MacKay, PbD

19. Underwriting the Costs of Comprehensive Care for Children Who Have Chronic Conditions

Gregory S. Liptak, MD, MPH; Christine M. Burns, MBA; Philip W. Davidson, PhD; Elizabeth R. McAnarney, MD

20. Effect of an Eight Week Hippotherapy Program on Gait, Energy Expenditure and Motor Function in Children with Cerebral Palsy

Nancy H. McGibbon, MS, PT, Carla-Rrystin Andrade, PhD, PT, Gail Widener, PhD, PT; Holly Lea Cintax, PhD, PT, PCS

21. Curing Cerebral Palsy Through Traditional Chinese Medical Massage

Tieng Menggi, MD

22. Progressive Spinal Deformity After Selective Dorsal Rhizotomy (SDR) in Patients with Cerebral Palsy James F. Mooney, III, MD; Michael B. Millis, MD

23. AACPDM On-Line

William L. Oppenheim, MD; Michael Kabo, PhD; Eileen Fowler, PhD

24. Improvements in Quality of Life in People with Cerebral Palsy with G Therapy -A New Research Combination from Alternative System of Medicine

Gunvant D Oswal, BAM & S

25. Planning Client-Centered Transition Services for Youth with Physical Disabilities

Debra Stewart BSc, OT(C); Many Luw, PhD, OT(C); Peter Rosenbaum, MD; Dennia Willms, PhD

26. Motor Output, Tone, Imitative Organization, Neuro-Softsign-Scale (MOTIONS-S): A Measure to Determine Coordination Delay

Thomas A. Blondis, MD; Kirk Becker, BA; Jolynne D. Andal, BA: Paula Silander, BS, OTR/L; Amy Zier, MS, OTR/L

27. Full Body Gait Analysis Using a Universal Walker Sam Augsburger, MSME; Donna Oeffinger, MS; Bobbie Edester, Chester M. Tylkowski, MD

28. The Antegrade Continence Enema (ACE) Surgical Procedure: Patient Selection, Post-Surgical Outcomes and Adverse Effects, and Outline for Long-Term Patient Follow-up

Elaine Ekmark, MS, RN, CS; Richard C. Adams, MD

29. What is the Contribution of the Arms to Postural Control in Infants?

Catherine McGovern-Zlotek, OTR

30. "Ideas That Work" for Common Pediatric Seating

Mary McNeil, BSc,PT; Jane Pollack, BScOT; Margaret Bootb

31. Review of Polysomnograms in Children with Cerebral Palsy Referred to a Sleep Laboratory

Susan Riter, MD, Stephen H. Sheldon, DO; Deborah J. Gaebler, MD



### COLLEGE OF GENERAL PRACTITIONERS

PUNE SUB FACULTY

992, Shukrawar Peth, Association House, Titak Road, Pune 411 002 PHONE: 442562 Office Hours: 1-30 pm to 5-30 pm

Ref.No:IMA/Pn/GPCON-91/Progm./90-91/153 Pune-411002, Dated the 3rd September, 1991.

To

Asst. Director Dr. Sham S. Damle

Hon, Asst. Sec/Treasurer

Dr. Kishor A. Palande

Dr.Gunawant Oswal, PUNE.

Dear Dr. Gunawant Oswal,

We are glad to request you to read your Case in the GPCON-91, on 7th September, 1991.

The time allotted to you is 10 minutes i.e. from 4.30 p.m. to 4.40 p.m. However, as per the decision of the Scrutiny Committee, your Case presentation will not be considered for Competition Prize, as already communicated to you.

Kindly prepare for the Case Presentation and co-operate by strictly observing the time schedule.

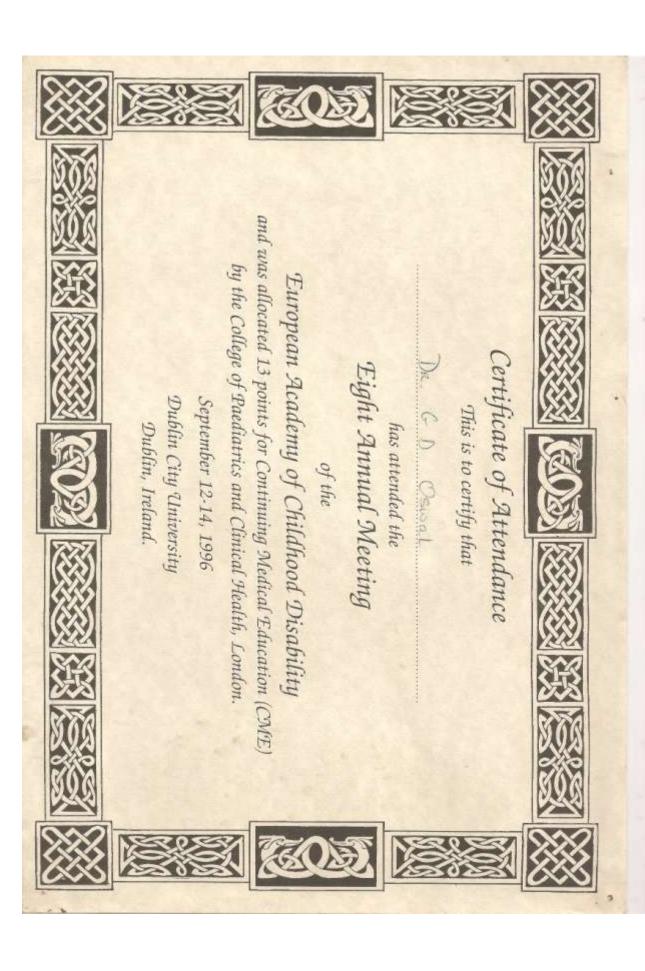
Thanking you and anticipating same co-operation from you in our future programmes.

Yours sincerely,

1, LAGILBER

(DR.DEEPAK NULKAR ), Session In charge,

Case Presentation Competition, GPCON-91.



### INTERNATIONAL COLLEGE OF PEDIATRICS AND CHILD CARE

### AFFILIATED SOCIETY OF THE INTERNATIONAL PEDIATRIC ASSOCIATION

To promote closer and more effective professional and educational intercommunication between pediatricians and all other vocations dedicated to the child and family

OUR TRANSDISCIPLINARY QUARTERLY: WORLD PEDIATRICS AND CHILD CARE

Dr G Oswal c/o Dr A Shah 21 Ridings Avenue Winchmore Hill London N21 2EL

October 1995

Dear Colleague

On behalf of the College I would like to repeat our welcome to you as a Member of our College and I am truly happy to enclose your Certificate of Membership for the year 1995/96.

I am also enclosing the first issue of our revived Journal, "World Pediatrics and Child Care", the next issue of which should be reaching you shortly. I would also like to invite you to submit any papers that you may have for publication in our Journal together with any letters, news and notices, etc.

This is also an opportunity to remind you of the next conference (the 10th) which is planned for Athens in October 1996 on "Adolescent Medicine: Our Responsibility".

A subsequent Congress we are planning should be especially exciting and challenging. This is to be the first Pan-African Child Health Congress entitled "Dedication to the Child and Family throughout Africa" in which we are taking on the whole of Africa from a base in the capital of Mozambique, Muputo. This is planned for approximately one year later, that is July 1997. Your participation would be warmly welcome.

With best wishes.

Yours faithfully

Professor Alexander Russell OBE MD FRCP BHy DPH DCH

President

### INTERNATIONAL MEETING

### EUROPEAN ACADEMY OF CHILDHOOD DISABILITY

8th ANNUAL MEETING

DUBLIN 12 - 14 SEPTEMBER, 1996



at DUBLIN CITY UNIVERSITY

EACD

### FUNCTIONAL IMPROVEMENTS IN CEREBRAL PALSY AND MENTAL RETARDATION WITH G THERAPY: A new research combination from alternative system of medicine.

G. D. Oswal, Centre for Developmental Disorders, Pune, INDIA.

Cerebral Palsy (CP) and Mental Retardation (MR) are major causes of disability, affecting the child functionally. The aim of any treatment or rehabilitation is to improve the child functionally and make him/her more independent. So far no drugs have been used to improve motor and higher cortical functions of the brain. The present study shows use of new homoeo-biochemic G Therapy in the treatment of C. P. and M. R. The individual medicines are in use in Homoeopathy and Ayurveda a long time. 700 cases of C. P. and M. R. between the ages of 1-28 years were studied over a period of 3 years with G Therapy. C. P. and M. R. were due to encephalitis, hypoxic brain injury, kernicterus, hydrocephalus and Down's Syndrome. G Therapy was given for a period of 5 to 12 months. All the children underwent full developmental assessment and video recording of their neurological condition before and after treatment. 70% of children showed improvement in one or more developmental areas. Improvement was manifest in the clarity of speech, in articulation, vocabulary, memory, concentration and facial expression. The child subjects proved less irritable and more interested in the outside world. There was improvement in motor function and a reduction in involuntary movement.

This study suggests that G Therapy does have beneficial effects on the motor and higher mental functions. G Therapy if used together with rehabilitation and related methods in patients with C. P. and M. R. can improve their quality of life and enhance their care and future.





### INTERNATIONAL COLLEGE OF PEDIATRICS AND CHILD CARE

and

### WORLD PEDIATRICS & CHILD CARE

A Transdisciplinary Preventive and Ecological Quarterly

### 9th WORLD PEDIATRIC CONGRESS

LONDON 2nd-7th July 1995

**PROGRAMME** 



HALL B			ildhood Arthritis		
			rbara Ansell CBE (Harrow) rofessor Patricia Woo (Harro	nv)	"Principles of Care: Referral Centres and their Role" "Classification of Chronic Childhood Arthritis - Why
	Forum Lea	ader, Professo	r Anthony Russell (Edmonto	m)	is this necessary?" "Immunogenetic Studies in Chronic Arthritis of Childhood"
HALL C	Short Pape	ers			
-	Chairman	Professor Sa	m Menahem (Melhourne)	Intro	ducing his own paper
	Paper 1		r Tony Hulse (Maidstone) three Year Experience of F	Paediatr	ic Infective Endocarditis
	COMMITTEE TO SE	D J Penny,	S Menahem and T R Karl (	Melbour	ne, Australia)
	Paper 2	G P Sinha	e and Type of Cerebral Pal P Corry, D Subesinghe, J W	sy in Br	MI I man (Loads III)
	Paper 3	New Hom	oepathic Medicine in Rehal	bilitation	n of Cerebral Palsy and Mental Retardation
	Disease of	G Oswal a	nd A.R. Shah (Pune, India ar	nd Londo	m, UK)
	Paper 4	S M Akran	Idren Presenting with Acute nuzzaman, S.K. Roy, A.M. To	Diarrh	ent Growth and Morbidity in Bangladeshi nea (AD) and Persistent Diarrhoeic Syndrome (PDS) R Haider, R H Behrens and D Mahalanabis
	Paper 5		ngladesh and London, UK) itioning Factors of Asthma		
		G Sur. Au	gusta Schillo Vasies and N M	liu (Chij	Napoca, Romania)
1.00 pm	LUNCH				
2.00 pm	Chairman Co-Ch & I	Rapporteur.	Dr Tim Chambers (Bristo Professor Alexander Russ	100	(London)
2.00 pm		of Developme fictor Dubowi	ntal Myopathy		
	t toressor v	icioi Duoowi	iz (London)		
2.30 pm		of Neurodeve abowitz (Lond	clopmental Outcome		
3.00 pm		Developmen ohn Corbett (2	tal Disability: the Place of Birmingham)	Autism	
3.30 pm		Directions in ewis Spitz (Lo	Paediatric Surgery ondon)		
4.00 pm	TEA				
4.30 pm	WORKSH	OPS FORUM	MS: Lectures and Discussion	n	
HALL A	Child Care	and the Fan	nily Physician and Dentist		
	Chairman:	Dr Stuart Car	me CBE (London)		"What is Family Medicine without Kids?"
	Co-Ch & R Forum Lea		am Curtis-Jenkins (Staines)		*Future of the Family Physician and his
					Child Caring Role"
	Forum Lea	ider: Dr D J R	oberts (Reader in Dentistry,	London)	"Implications for Childhood of Advances in Dentistry"
HALL B			are of the Neonate and Inf	ant	
			x Perlman (Toronto)		"Prediction of Outcome of Intensive Care: Crystal Ball
	Co-Ch & R Forum Lea	apporteur: der Professo	A D Edwards (London)		Gazing" "Cerebroprotection and Neural Rescue"
	Forum Lea	der. Professo	Kalman Goitein (Jerusalem	0	"New Approaches to Intensive Care of Infant and Child: With Emphasis upon ECMO and the Use of Nitrous Oxide"

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M.D. (Med.)

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17.03.1999

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President Elect Dr. Shrikant Kulkarni Ø 374936 Dear Dr. Gunwant Oswal,

On behalf of I. M. A., Sangli Branch, we wish to invite you, to deliver a lecture on :

"NEW THERAPY FOR CEREBRAL PALSY AND MENTAL RETARDATION"

at our monthly Clinical Meeting on 21st Narch, 1999 at 11.00 A.M.

Our President Dr. Hingmire, will be talking to you. Kindly let know about the mode of transport you will prefer from Pune to Sangli and Back.

With Regards,

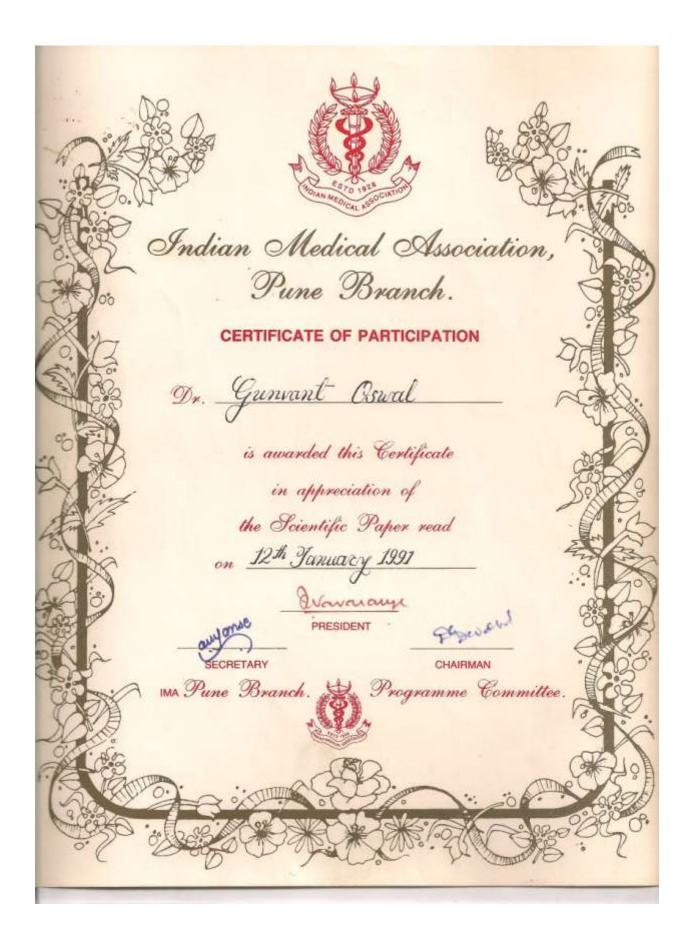
Yours sincerely,

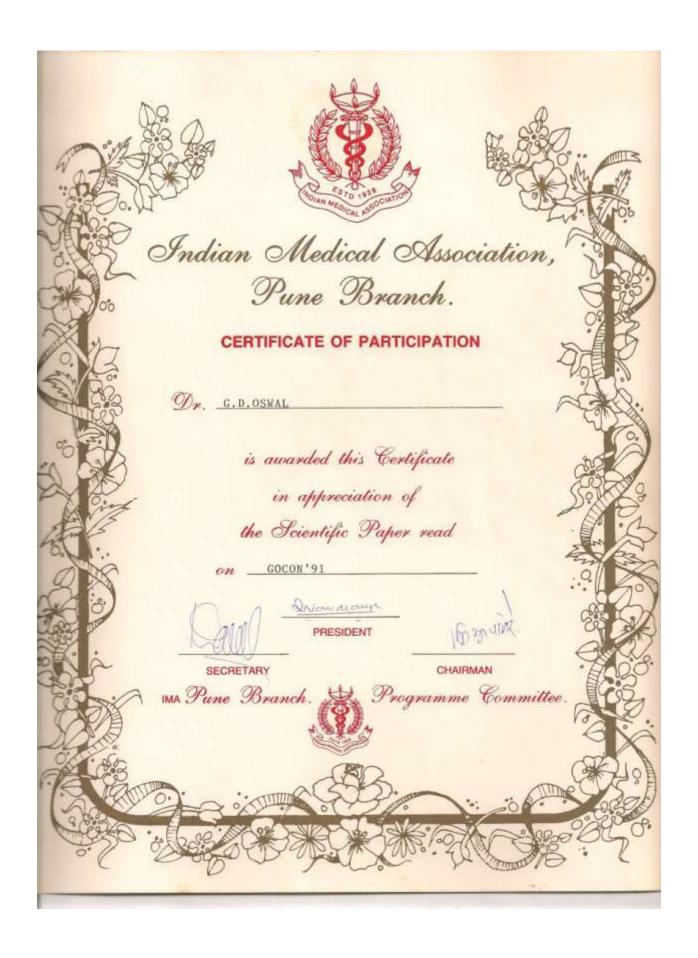
(Dr. Sanjay Kulkarni) M.S.

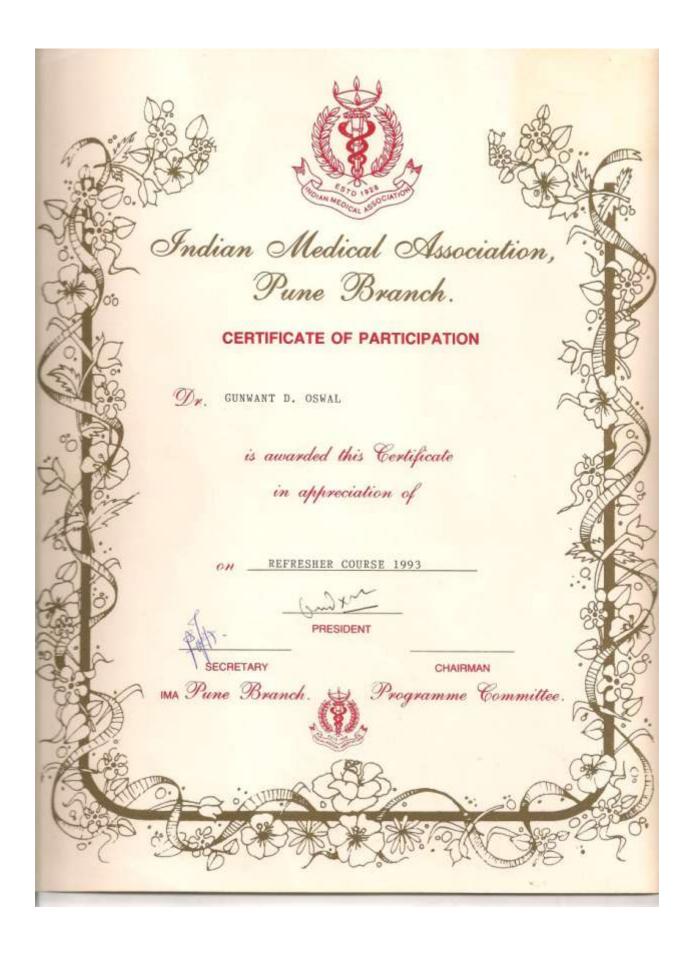
Clinical Secretary

Address for correspondence: Dr. Mahesh Shah M.D. (Med.)

Mehta Hospital, 66, Timber Area, Sangli. ©: (0233) H. 375105 R. 322332







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892, Shukrawar Peth, Association House, Tilak Road, Pune 411 002, Phone : 442662 Registered under the Bombay Public Trust Act 1950 Schedule 1 Trust No. F/166, Poona

> Ref.No:IMA/Pn/Refr.Course Progm./90-91/gV Pune-411002, Dated the 27th December, 1990.

To

Dr.Gunvant Oswal, PUNE.

Dear Sir,

We are happy to inform you that your paper is accepted by the Scrutiny Committee of the Refresher Course. You are requested to read your paper on Saturday - 12th January, 1991 at 2.15 P.M. at Tilak Smarak Mandir. Please note that time allotted for the paper is 10 minutes % only.

You are also requested to send your biodata at earliest to I.M.A.office. Be prepared with your slides or transperancies & Low men wish you best luck for free paper

competition.

With Warm Regards,

Thanking you,

Yours sincerely,

Quanara Start

(DR.J.R.NAVARANGE) (DR.DILEEP DEODHAR) (DR.A.M. PANSE )
President, I.M.A. Honorary Secretaries, I.M.A. Pune Br
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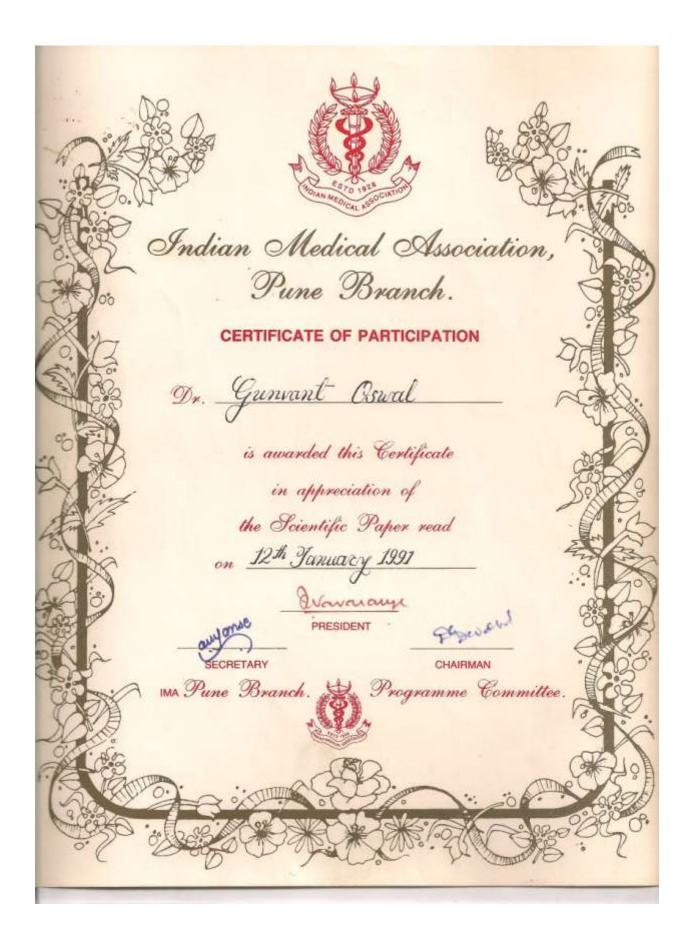
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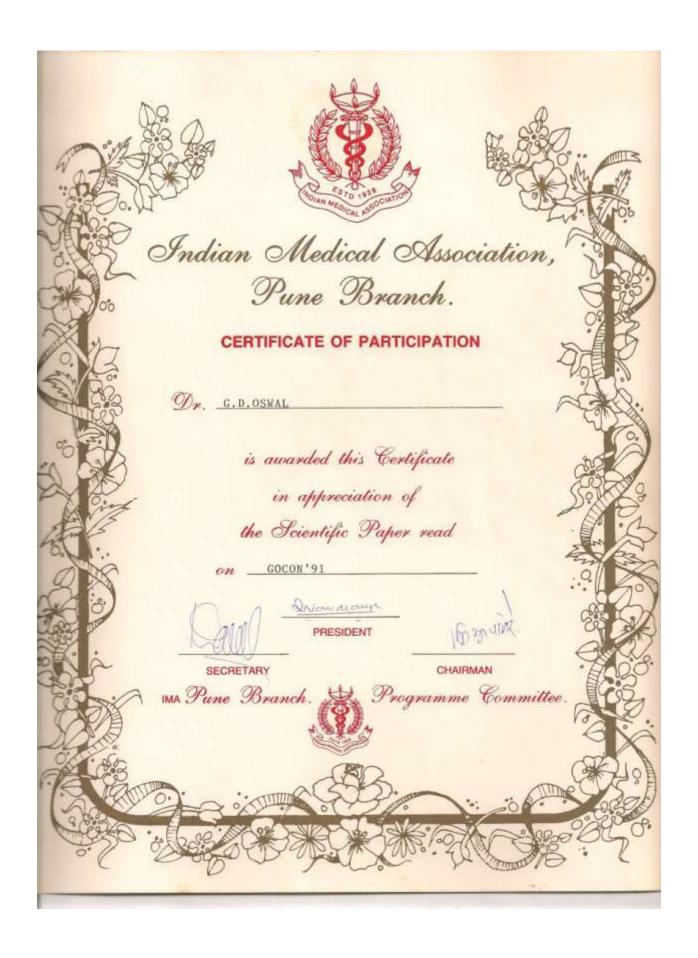
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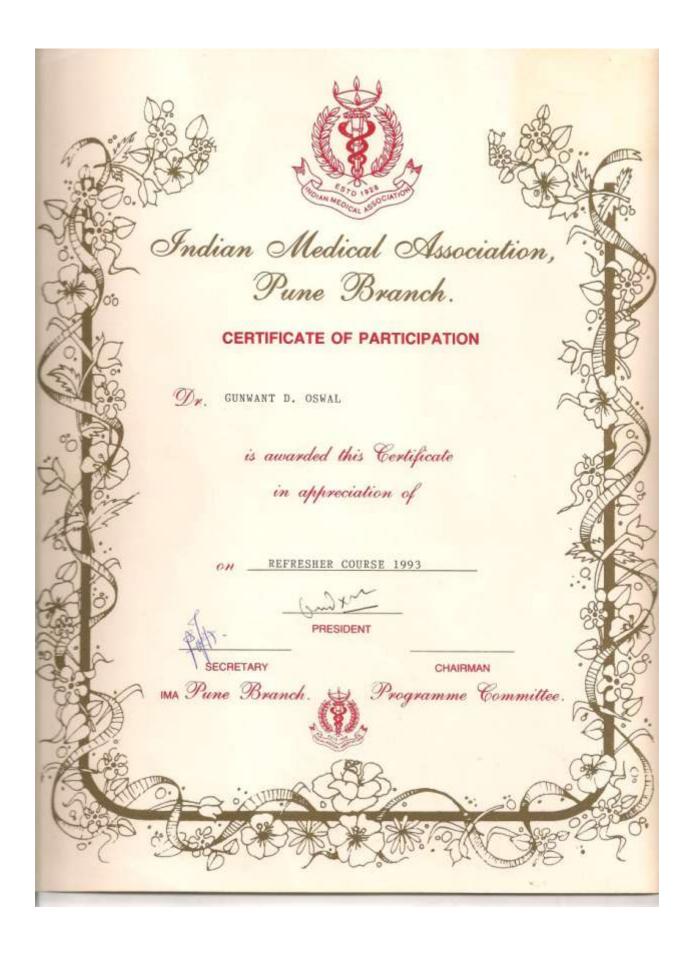
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Dr. Y. G. Kelkar

Dr. A. V. Latkar

Dr. M. A. Paranjapo

Office Hours: 1-30 pm. to 5-30 pm.



### 1996 International Parent-to-Parent Conference

### Dear GUNVANT D. OSWAL

We have received your faxed response indicating your confirmation to present at the 1996 International Parent-to-Parent Conference in Albuquerque, New Mexico on March 29-31, April 1, 1996. We are in the final phases of planning for the conference and we are excited to be including you on the agenda. Because of the growth in Parent-to-Parent we are utilizing two facilities to accomodate this event: The Albuquerque Convention Center and the Hyatt Regency which are just across the street from one another.

Your presentation is currently scheduled at the following location and room on the following date and time:

FUNCTIONAL IMPROVEMENTS IN CEREBRAL PALSY AND MENTAL RETARDATION WITH G THERAPY - A NEW RESEARCH FROM ALTERNATIVE SYSTEM OF MEDICINE

Convention Center

Saturday, March 30, 1996

Ballroom C

9:30a-10:30a

As the contact person for your presentation, you are the only one from your group of presenters to whom this information is being sent. It is up to you to copy and distribute this information to all other presenters involved in your presentation.

Please note the deadlines of:

January 5, 1996 Audiovisual Request Form

February 1, 1996 Taping Consent Form (ONE FOR EACH PRESENTER IN YOUR GROUP)

February 1, 1996 Presenter Registration Form (ONE FOR EACH PRESENTER IN YOUR GROUP).

If we are missing any of these from your file you will be notified shortly after the due date.

The conference registration brochure will be mailed in mid-January.

Happy Holidays, Dianne Griego Conference Coordinator

Please note there was an error in the letter sent out regarding the Poster Session which indicated there was a \$200.00 fee. THERE IS NO FEE. We want to include everyone who is interested.

PARENTS REACHING OUT

P.O. Box 2640 Los Lunes, New Mexico 87031 505-865-4667 = 1-800-564-4772 FAX 505-865-3737

### IX ANNUAL CONFERENCE Association of Neuroscientists Of Eastern India

19th & 20th OCTOBER 1995

PROGRAMME

YE RESTRUCTERONED CENT

ASSAM MEDICAL COLLEGE
DIBRUGARH

### 19-10-95

8 A. M. TO 8-45 AM REGISTRATION

8-45 TO 9-45 AM INAUGURAL FUNCTION

9 45 TO 10 00 AM TEA TO DO TO THE TO DO THE

10 00 TO 10-45 AM GUEST LECTURE - I BY DR. JASON BROWN.

10-45 TO 11-30 AM PRESIDENTIAL ORATION BY

PROF. SANATAN RATH. (CUTTACK)

11-30 TO 12-30 PM GUEST LECTURE - II BY DR. K. GANAPATHY,

APOLLO HOSPITAL MADRAS.

TOPIC :- NEUROLOGICAL APPLICATIONS

OF STEREOTACTIC RADIOSURGERY.

12-30 TO 12-45 PM TALK BY DR. GUNVANT D. OSWAL (PUNE).

12-45 TO 1-00 PM VIDEO DEMONSTRATION BY

DR. K. GANAPATHY.

TOPIC :- TRANSORBITAL ENDOSCOPIC

OPTIC NERVE DECOMPRESSION.

1-00 TO 2-00 PM EUNCH. 2-00 TO 3-00 PM FREE PAPERS (10 minutes for each paper)

CHAIRPERSON : DR. K. K. SINHA.

CO\_CHAIRPERSON : DR. N UPADHYAYA.

1. Lumber disc disease in young Adults.

Dr. M. L. A. Rahman.

2. Epidemiology of risk factors of stroke.

Dr. N. C. Borob, Dr. K. Barman, Dr. R. R. Das, Dr. M. Ghose, Institute of Neurological Sciences ( Guwahati ).

3 Epidemiology of headache Dr. N. C. Borah, Dr. R. Hazarika, and migraine in the North Dr. B. Baiahya, Dr. K. K. Saini, Eastern India, A population Dr. S. Borah, Dr. M. Ghose, based house to house survey. Dr. K. Barman, Dr. N. Borkataky, Itabilitate of Neurological Sciences, Dispur.

Spinal Tumours - A report Dr. R. Rongpi, Dr. B. C. Kakati, of 100 Surgical cases.
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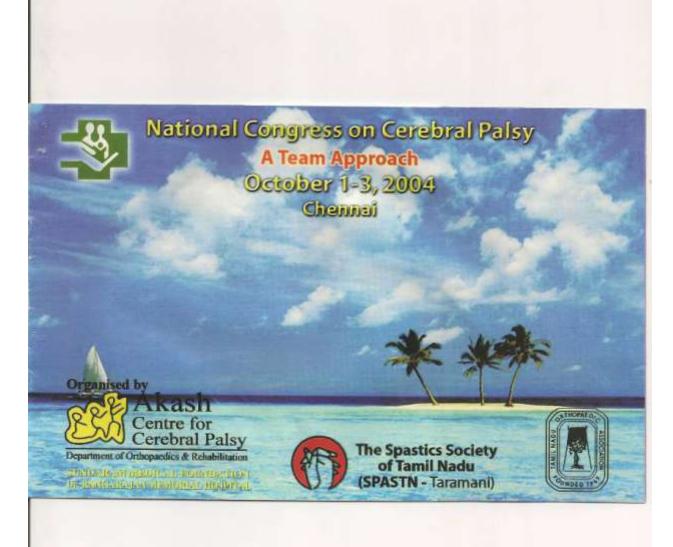
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### SUNDARAM MEDICAL FOUNDATION Dr. Rangarajan Memorial Hospital

Shanthi Colony, 4th Avenue, Anna Nagar, Chennal - 600 040, INDIA

Phone: 91-44-26268844, 26265709

: 26284257 Website : www.smfhospital.org

To,

### Dr.Gunwant Oswal.

Dear Sir.

At the outset we thank you for accepting to be a guest speaker at Congress on Cerebral Palsy – A Team approach. It is to be held on Sunday, 3<sup>rd</sup> October 2004 at Hotel Radha Park inn. 748 24757788

Congress on Cerebral palsy is an academic event of Sundaram Medical Foundation, Department of Orthopaedics & Rehabilitation. The target audience will be doctors, Therapists, Special Educators, Parents & Carers working in the field of Cerebral Palsy. The objective of the conference is to provide information to the participants that can be translated into care of the children with cerebral palsy.

Please ensure that the content of your lecture is appropriate for the delegates. May we also request you to kindly restrict the lecture to the time allotted.

Please could you also enclose your brief resume.

We confirm the following:

Topic: Alternate therapy Date: October 3rd 2004

Duration: 20 minutes

Venue: Hotel Radha Park Inn

Presentation: Powerpoint presentation (Floppy / CD)

Dr Sudhakar Williams D.orth., DNB orth., M.Ch orth (L'Pool)

Organising Secretary

12.40 - 12.43 Introduction of Prof.Benjamin Joseph
Dr.Sudhakar Williams
12.45 - 01.15 Guest of Honour Leciure
"Faith, Hope and Love". the lesson I learnt
from Cerebral Palsy
Prof.Benjamin Joseph,
Pacdiatric Orthopaedic Surgeon
01.15 - 2.00 Lunch
PANEL IV
02.00 - 2.15 Treatment of Sensory Integration
Mr. Sanjay Kumar, Occupational Therapist,
Singapore

02.15 - 02.30 Neuro Developmental Therapy
Dr Asha Chitnis, Paediatric Physiotherapist

02.30 - 02.45 Role of Assistive/Adaptive Devices
Dr.Sunder, Physiatrist

02,45 - 0.3.00 Treatment of Seebral Palsy By G - Thorapy
Dr. Gunwant Oswal, Pune

03.00 - 03.15 Psychological perspective Dr.S.Thr amozhi, psychologist 03.15 - 03.30 Activities of Dally Living and carry over Mr.Saravanan, Physiotherapist

03.30 - 03.45 Sports and recreation in Cerebral Palsy

03.45 - 04.00 Parent's Perspective Mrs. Sivagami, SPASTN 04.00 - 04.15 Children's Perspective Master. Arjun 04.15 - 04.45 Case based discussion
Mr.J.Jayachandarn,
Paediatric Neuro Physiotherapist

04.45 Valedictory Function

# NATIONAL CONGRESS ON CERBRAL PALSY

1-3, October, 2004
HOTEL RADHA PARK INN
CHENNAI

### PROGRAMME









### NATIONAL INTEGRATED MEDICAL ASSOCIATION

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All India Organization of the Graduates of Integrated Medicine (Registered Under Societies Registration Act of 1860 Regd. No. BOM/282/71-GBBSD.) (Public Trust Regd. No. F/2469 Bombay)

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Ex. Officio

Dr. S.K. KUMAR PANDIT.

52 New Gopal Nagar Colony Jalundhar. Den Dr. oswal

As you much be given that

Dated 14 11.95

our conference is gong to be held

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highly appreciated by all of our colleges

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year. If you feel in convenient to

Come in the conference then we can

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Kindly confirm your arrival go that

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## THE NURSING JOURNAL OF INDIA

NOVEMBER 1996

Dengue Fever

Role of Nursing Personnel Socio-Economic Status of Nursing Students

A Study of Marathwada Woes
of
Nursing
Students
in Bihar

Evaluation of Clinical Performance

Branch Affairs

•

Students' Forum

**G-Therapy** 

A Homoeopathic Medication in Rehabilitation of Palsy



ORGAN OF THE TRAINED NURSELY ASSOCIATION



L-17 GREEN PARK NEW DELHI - 110016 PHONE: 66-6665 TELEFAX: 685-8304

NOVEMBER 1996 Vol. LXXXVII Number 11

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ISSN 0029-6503

The views expressed in the various articles are the views of the authors and do not necessarily represent the policy or views of the Trained Nurses' Association of India.

### FROM THE EDITOR

### Woes of Nursing Students in Bihar

About 4000 General Nursing Midwifery (GNM) and Auxiliary Nurse Midwifery (ANM) students enrolled in Bihar in 1990 and earlier await their examinations till the time of writing these lines. If timely examinations were held the GNM (3½ years) and ANM (2 years) students would have completed their training in 1994 and 1992 respectively. But the Bihar Nurses' Registration Council has been postponing these examinations again and again. This year the date for examinations was announced as April 15 which got postponed to June 14, then September 9 and 25 and then again to October 25. Students have been coming on all scheduled dates being put to great inconvenience financially and otherwise.

Even the orders of the High Court of Judicature at Patna (C.W.J.C. No. 3185 of 1996) had been violated. The court had directed the Health Commissioner-cum-Director-in-Chief, Health Services, Bihar (who also happens to be the President of Bihar Nurses' Registration Council) to pass appropriate orders for holding the examinations by July 31. This had not been done all these months.

The Indian Nursing Council is the controlling body of Nursing education. The INC is willing to extend its help in conducting the examinations, but the BNRC has not cared to take any action as for three years its functioning has come to a standstill because of the dispute for the post of Registrar and the role of some vested interests.

The Trained Nurses' Association of India has repeatedly appealed to the concerned authorities without any result so far. Appeals especially have also been made to the Hon'ble Chief Minister and Hon'ble Governor of the State to intervene in this important matter. The Association has also requested the allied Associations and other Non-Governmental Organisations to exert their influence and help the suffering students of the state. Let us see what effect these appeals have on the concerned authorities.

Another disturbing development is the reported virginity tests conducted on the members of the Nursing vocation who were applicants at King George Hospital, Vishakhapatnam, Andhra Pradesh. Such humiliating measures for any group of women have to be condemned. There must be something wrong with the procedure of entrance to such institutions. Otherwise no functionary would dare to take such steps that violate the dignity and integrity of womanhood. There have been some rumblings in the State following the reports of virginity tests. But effective steps have to be taken by all concerned especially the Indian Nursing Council and State Nurses Registration Councils so that such humiliating practices are not repeared anywhere.

### Jaiwanti P. Dhaulta

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### New Homoeopathic Medication in Rehabilitation of Cerebral Palsy and Mental Retardation

DR. GUNVANT D. OSWAL

### INTRODUCTION

Cerebral Palsy still remains the severe physical and mental disability affecting children, and the most crippling challenge still to all of us who care for them.

Its recognition takes us back as much as one and half centuries to its first presentation in 1843 by William John Little as a 'Spasmodic affection' of newborn, "born in a state of asphyxia".

### Concept of Cerebral Palsy and Mental Retardation in Ayurveda.

Ayurveda is an ancient Indian System of Medicine. About 2500 years back in ancient Ayurveda of India, the great Physician Charaka and Surgeon Sushruta have described entities similar to Cerebral Palsy, multiple disabilities and mental subnormality.

Charak has described the role of genetic transmission as यस्य अस्य अस्य अस्य वीजे बीजभागः उपसप्ती भवति तस्य अस्य अस्य अस्य विकरितः उपजायते ।

i.e. during conception the abnormal genes of either sperm or ovum create deformities in the corresponding organs or elements of the foetus.

2) Sushruta describes the effects of traumatic injury to brain dur-

ing labour. अकाल प्रवाहणात् विवरं मूकं कुश्लं व्यस्तहनुं मूर्व्वामिधातिनं कासन्वाससीचीपदुतं विकटं वा

सुब्रुत शा. स्था अध्याय १० सूत्र ६
i.e. due to untimely bearing,
down (due to compression) during
labour, or due to traumatic injury
to the brain the foetus becomes
deaf or not responding to the stimulus, dumb, or with hump backed
deformity, with deformed chin or
may be with facial palsy or with
cough, dyspnoea, with retarded
growth & horrible look.

3) Sushruta describes Intra-Uterine Growth Retardation as गर्भवातप्रकोपेन टीइटेवा अवगानीते। श्रवेत कुळा: कुणी: पंगू मूको मिन्मिन् एव वा। सञ्जत शा. स्था अध्याय २. सूत्र ५१

During intrauterine life due to Prakopit Vata or due to disregarding the longings (केंडन) of the pregnant mother the foetus becomes hump backed or with malformed arms, paraplegic, dumb or with nasal speech.

 In Sushruta Uttartantra, chapter 27, he has mentioned entities as Skandgrah and Skandapasmargrah which closely resemble, Infantile Hemiplegia & Spastic Cerebral Palsy with convulsions.

Since then scientists, paediatricians and neurologists worldwide are trying their best to find out a remedy to help children

with cerebral palsy, and mental subnormality.

Cerebral refers to the brain and palsy to a disorder of movements, or posture. It is neither progressive nor communicable, nor is it curable in the accepted sense. It is not a disease and is characterised by an inability to fully control motor functions. Depending on which part of the brain has been damaged and the degree of involvement in the C.N.S., one or more of the following may occur, spasms, involuntary movements, disturbance in gait and mobility, seizures, abnormal sensation and perception, impairment of sight, hearing or speech and in about 20% of people with Cerebral Palsy there may be some degree of Mental Retardation, i.e. subnormal state of intelligence.

The comparison of a normally developing child and the child with disabilities gives us some hints for the management of disabled children. In the first year of life when we mature from babyhood to childhood, we learn to move, to co-ordinate our movements, to get up from the floor, to balance and walk. At the same time we explore our surroundings, using all our sense and movements, we copy our seniors, we play and learn the simple movements of daily living. Learning all the time, we are guided

and helped but not actually taught. Watch the young baby in his cradle playing with his toes and toys. He will reach out, feel them, put it in his mouth and totally familiarise himself with his toy and feet. His grandma will play with him, sing him rhymes, count his toes, and teach him the world toy. During this interplay between maturation, exploration and contact with seniors, a learning process takes place which is unconscious and automatic. We now do not remember how we learnt the word toy, or about dressing. On the other hand many of us will recall the actual time and place when granny taught us how to tie a bow. This was a conscious learning process and we perfected the skill through practice.

In cerebral palsy the maturation process does not take place in the same manner as in the normal child. This child is continually out of step with normal development and when he acquires a movement neither does he practice for hours as does the normal child, nor does he automatically use his movements in normal functional activities. By function is meant the ability to perform the ordinary tasks of daily living such as eating, drinking, dressing, washing, speaking and bathing as well as moving from one point to another.

The aim of treatment should therefore be to form a bridge between movement and function, to achieve a meaningful whole and so lead towards the end goal-independence.

Today's management of such patients mainly depends upon assistive technology, speech therapy, O. T., counselling, symptomatic drug therapy for convulsions, involuntary movements, etc., and surgery for corrective measures. So far there is no drug therapy available to improve motor functions and higher cortical functions of the brain. If a formulation can be brought about to stimulate motor and higher cortical functions of the brain, it will prove not only to be a very effective but also an inexpensive medium in rehabilitation. And it will also bring about, along with conventional methods, a far reaching change in the scenario of management and rehabilitation.

The present study shows significant improvements in cases of Cerebral Palsy and Mental Retardation with Dr. Oswal's new Homoeo-Biochemic Formulation G Therapy which has shown beneficial effects on motor and higher cortical functions of the brain.

### MATERIALS AND METHODS

This study involves 707 patients out of which 479 patients are above the age of 6 years. The improvements seen in the age group of 0-5 years may be because of natural recovery and so are excluded from this study.

### G THERAPY

G Therapy is a unique combination of Herbal Extracts, potentised in Homoeopathic form and Biochemic Salts.

It is in the form of sweet pills, has sublingual absorption, is safe and is compatible with other conventional therapies like Occupational Therapy, Speech Therapy, Anti Convulsants, etc.

### PARAMETERS

Various parameters which are

used to assess the efficacy of G Therapy are speech, understanding, expressions, emotions, irritability, sleep, hyperactivity, memory and concentration, toilet control, spasticity, gross and fine motor movements.

### ETIOLOGY OF CP & MR 707 CASES

Of the various conditions treated with G Therapy in this study, Ischaemic Hypoxic Encephalopathy, Kernicterus, Post Encephalitis, Spastic Cerebral Palsy, Autism, Down's Syndrome, constitute major bulk of patients.

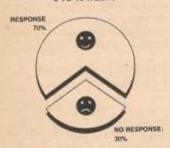
### Mental Retardation & Cerebral Palsy due to

(N = 707/above 6 Year = 479)

Post-Hypoxic	98/68
Traumatic Forceps	13/11
Kernicterus	39/33
<ul> <li>Hydrocephalus</li> </ul>	13/8
Post Meningitis	17/14
Post Encephalitis	23/21
Microcephaly	32/12
• IUGR	4/0
Teratogenic	5/3
Septicaemia	7/6
Spastic C.P.	54/39
<ul> <li>Hyperactive</li> </ul>	49/38
Cortical Atrophy	21/8
<ul> <li>Infantile Hemiplegia</li> </ul>	10/4
<ul> <li>Epilepsy</li> </ul>	29/19
<ul> <li>Consanguinity</li> </ul>	11/3
<ul> <li>Down's syndrome.</li> </ul>	29/20
Autistic Behaviour	44/28
<ul> <li>Various Syndromes</li> </ul>	11/7
Heredo-Familial &	
Metabolic	18/14
Mental Retardation	118/91
• Premature	19/11
Hypotonic	21/6
Others	22/15

### **OBSERVATIONS**

RECOVERY STARTS IN 8 TO 16 WEEKS



### FUNCTIONAL IMPROVEMENTS

This is a progress evaluation of 707 patients of Cerebral Palsy, Mental Retardation and Behavioural Disorders of various causes. These cases were diagnosed at various neurological clinics in India.

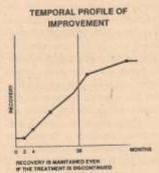
Before starting this treatment they were treated at various centres, for a variable period with Conventional drugs, Occupational therapy, Speech therapy, Psychological counselling and Play therapy, but no significant recovery was noticed.

Comments made by teachers, neighbours, relatives and therapists etc., who were not aware that the child was taking G. Therapy are recorded. They are important because such comments are unbiased.

Video - recording of motor activities, speech and behaviour is taken before starting G. Therapy and during follow ups for most of the patients. This gives an idea of improvements.

### Response

- Reduced hyperactivity, distractibility



- Reduced irritability, temper tantrums, yelling, feet stamping.
- Reduced lethargy, impulsivity & restlessness.
- Reduced abnormal behaviour and self stimulatory behaviour.
- Reduced squint, spasticity & scissoring.
- Reduced stress & strain.
- Reduced involuntary movements.
- REDUCED BURDEN ON PARENTS.

### CLINICAL RESPONSE

- Improved speech
- Mute children start babbling - from two word level full sen-
- Improved articulation.
- Improved vocal intensity and
- Improved vocabulary.
- Improved memory I.Q.
- Improved concentration & efficiency.
- Improved facial expressions & skin colour.
- Improved ability for understanding what is said to him/ her
- Improved interest in commu-

- nication.
- Improved willingness to interact with others and with the outside world.
- Improved alertness & sleep.
- Improved co-operation & manageability of patient.
- Improved obeying simple commands.
- Improved increase in appropriate social behaviour, social smile.
- Improved independent living skills & confidence.
- Improved motor control, fine motor - gross motor activities.
- Improved motor co-ordination & transfer of objects.
- Improved milestones gaining, neck holding, crawling, walking without support, etc.
- Improved hypotonia, posture & gait.
- Improved visual perception, eye contact.
- Improved toilet control,
- Improved approach, acceptance & adapting to particular needs.
- Improved response to other therapies.
- Improved bowel functions.
- IMPROVED QUALITY OF

### IMPROVEMENTS IN SPEECH

In patients who were refractory to Speech therapy, this treatment has definitely given a sudden stimulation.

Mute children started babbling. Those with two word level speech, started making full sentences and progressively they became aware of time and tense while speaking.

Improvement was also seen in clarity of speech, volume and

(Continued on p. 261)

### **G-THERAPY**

(Continued from p. 244)

articulation. Many children showed increase in vocabulary, memory and concentration.

With improvement in speech, children can now communicate better with the outside world about their needs, emotions and reactions; improved co-ordination of tongue and facial muscles improves the facial expression and the child becomes more vocally expressive and social.

### MOTOR IMPROVEMENTS

Children with severe motor involvement who were refractory to Occupational therapy have shown miraculous response to this treatment. Scissoring is reduced to a great extent in some cases in just 12 weeks.

Vegetative children have started moving their limbs, started holding neck, some can even sit and crawal

Few children of age group 5 to 10 years, who were unable to walk without support, are now enjoying the freedom of walking. With just 8 months of the treatment they can walk without support.

In some children of age group of 10to 20 years, toilet control was achieved after G. Therapy.

Some can now tie shoe laces, dress independently and can button on their own, thus showing fine motor improvements and improved co-ordination.

This medicine helps in severe Dystonia, Extra Pyramidal Manifestations and Spasticity following Encephalopathy. A boy suffered from severe Neonatal Jaundice on the 2nd day of life, and developed Bilirubin Encephalopathy. Till the age of 22 yrs. he was fed in horizontal position only, could move only in sleeping position, and could sit only momentarily with support. Now after 8 months of treatment he can sit for almost 2 hours at a stretch in a chair. He can now enjoy his food in sitting position and can experience the outside world on his wheelchair. Words fail to describe his and his parents' joy. For some children who had to gulp mashed food only, mastication is now possible after this treat-

With improved posture and reduced involuntary choreoathetoid movements, a pair of twins are back into the game of life, with just 10 months of treatment. They suffered from Bilirubin Encephalopathy on the 3rd day of their life and were suffering for almost 9 years.

Involuntary movements are reduced in cases of Kernicterus. In cases of Encephalitis, Cortical Atrophy and Degenerative Leucodystrophies, this drug has shown marked improvement at the sensory, motor and intelligence levels.

Children with poor visual perceptions, eye contact or squint have responded to the stimulus and a definite improvement in their visual status has been recorded.

With a stimulated understanding and growing awareness of the world around them, children respond and interact positively and purposefully on various social levels. They gain not only increasing motor control, but approach, accept and adopt to their particular needs for Occuipational and Physiotherapy. This change in their physical and mental status can bring enormous relief to the parents and caretakers, and this feature facilitates and influences their normal mental and social development, as well as enhancing the quality of life, socially and emotionally.

They now have a positive and realistic attitude towards their specific needs and life in general. They experience this change as an undisputed everyday fact, not merely hopeful words or wishful thinking.

Whereas the disadvantaged rely very heavily on assistive technology, G. Therapy puts them back on their own two feet.

### IMPROVEMENTS IN UNDER-STANDING, EXPRESSION & EMOTIONS:

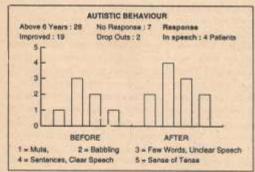
Definite improvements are seen in the above mentioned faculties with a treatment of 12-16 weeks. Those children who were vacant and non-responsive while watching T.V., started showing joy, anxiety etc.

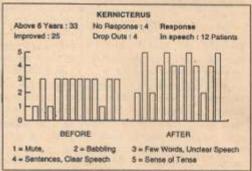
After this treatment they became more eager to go out in parks and gardens, they became more playful. Now they wanted to listen to music. They started recognising parents and strangers.

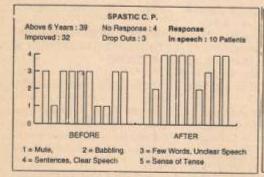
This has reduced the irritability of the child, improved sleep and has given a great relief to parents and caretakers.

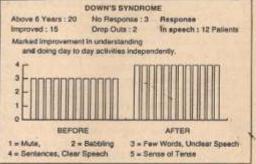
With growing understanding after treatment, children started asking various questions about their surroundings to their parents, which was not done previously. They are now firm about their views.

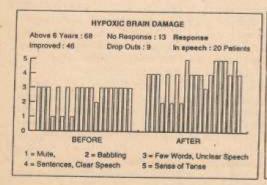
Hyperactive children were

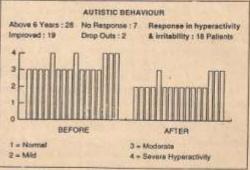












calmed down considerably without sedation. Naturally they became more alert, co-operative and started obeying simple commands. This has changed the panicky situations in their families.

Some children of age group of 10-16 started cleaning themselves on their own after toilet.

Children who were dependent on their parents for bath and feedings, after this treatment, have started these activities on their own and now they enjoy life as never before.

Few female patients of 10 to 15 age group, who were unaware of closing the toilet door while using, after this treatment they became conscious and started doing the same. This was a great relief to their parents.

Children became more cautious while walking on the road, in reference to potholes and other obstacles.

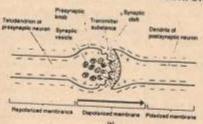
Autistic children have shown remarkable improvements. They are now more social with improved speech and eye contact. Autoplay is reduced. They now play with other siblings and are attached emotionally to them.

The general reaction of most of the parents after starting G. Therapy for their children is that there is definitely some change in the first two months, but they are unable to pinpoint it. The child looks better

The apparent change first noticed is that facial expressions become more normal. The skin colour and texture becomes healthy indicating definite improvement in circulation. These are the signs of rejuvenation.

Most of these children are prone to recurrent respiratory infections. After starting G. Therapy, the in-

### IMPULSE CONDUCTION AT SYNAPSES



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Inolatance into the property call.

cidence and severity of such infections is minimised. This in turn keeps the children away from febrile convulsions. Possibly G. Therapy boosts the immune system of the body.

### DRUG ACTION

### G. Therapy possibly helps at

- Neurotransmission
- Myelination
- Removes Blockage at Synaptic Levels

The medicine acts at a molecular level. No side effects are seen. Possibly the biochemic salts of G. Therapy reactivate the chemical changes necessary for Neurotransmission while the potentised herbal extracts act as catalyst, to speed up the improvement.

### RESISTANT CASES:

Cases of Microcephali have shown more resistance to G. Therapy.

### DISCUSSION

Since basic facilitie to carry out Neurophysiological tests were not available, it was difficult to pin point as to how the G. Therapy is working. Further research with modern facilities will throw more light on this basic question.

This study is based on the observations of 707 patients. The clinical improvements are not claims, but actual observations in a substantially large number of 707 patients of Cerebral Palsy and Mental Retardation. All patients are videomonitored. Opinions about improvements by teachers, therapists, and parents are recorded. Since they are always in contact with the patient, their opinions give us correct picture.

It is seen that a wide range of pathologies and physical and cognitive disorders are helped by G. Therapy. Possibly in all these conditions neuronal activity or the Neurotransmitters are affected and possibly G. Therapy works on the Neurotransmitters and so has shown a wide spectrum of action in all these disorders.

In all these patients before starting G. Therapy, conventional treatment like Occupational Therapy, Speech Therapy, and Symptomatic drug treatment was tried. The response seen after G. Therapy was much greater than with the previous conventional treatment indicating the efficacy of G. Therapy.

### HYPOXIC BRAIN DAMAGE=98

Above 6 Years 68 Improved 46 No Response 13, Drop Outs 9

Improved Toilet Control	- 4
Reduced hyperactivity	
& Violence	14
Improved Understanding	
& Concentration	19
Improved Motor	
Movements &	
Improvements in	
Walking '	23
The state of the s	

The study involves, a group of 479 patients who are above the age of 6 years. In this group natural recovery is difficult but still this group has shown improvements in various parameters. Few boys of 10 to 20 years age group have gained toilet control after G. Therapy. Few children of 10-15 years ago group have started walking independently after G. Therapy, Cases of irreversible brain damage have also shown positive response with G. Therapy in just a few months. All this indicates that there definitely exists some neurophysiological improvement with G. Therapy.

The aim of any treatment is to help the sufferer and in these conditions to bring functional im-

provements. Occupational Therapy, Speech Therapy, Surgical Procedures do the same work, as also G. Therapy. G. Therapy has shown persistent results in more than 900 patients. And so it is upto the developed countries with modern amenities and electrophysiological studies available, to think, to test & to verify the efficiacy of G. Therapy, so that it can be made available to all the needy individuals. And I think Parent Organisations, Professionals and Researchers can do a lot in this context.

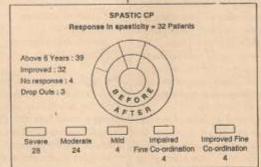
### 'G' THERAPY CONCLUSION

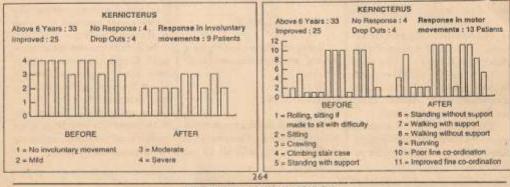
This study suggests that 'G' Therapy does have beneficial effects on the Motor & Higher Mental Functions.

I feel that 'G' Therapy if used along, with C.P. and M.R. can improve their quality of life & give enormous relief to the parents and caretakers.

Dr. Gurvant D. Oswal belongs to Centre for Developmental Disorders, Sanjivani Clinic, Pune.

This work was presented at the 9th World Congress of Paediatrics, International College of Paediatrics and Child Care, London, in July 1995. It was also presented at the Indian Medical Association, Pune Branch, National Institute of Mental Health (Refresher Course), Pune and 7th National Seminar, 'Confluences', of Spastic Society of Tamil Nadu, sponsored by UNICEF and Rajiv Gandhi Foundation at Madvas. It has been selected for presentation at many other national and international conferences.





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"A Community for All - Families on the March"

20 - 27 November, 1994, Vigyan Bhawan - New Delhi.

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Dear Sir/Madam,

Sub:Poster-session for XI World Congress on Mental Retardation, New Delhi 1994

This is in regards to your poster-session, we would like to inform you that the date of your presentation is on 24 Nov.94 between 1 and 5 PM The poster size will be 4ft/3ft which can be displayed on a panel with cellotape or thumb pins.

You can also use slide projector/television. Thanking you,

Yours faithfully,

(THAKUR SANJAY PRASAD)

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