

Dr. Oswal in the News  
Over the Years  
Selected Compilation

[www.g-therapy.org](http://www.g-therapy.org)

[www.autismtreatmentindia.com](http://www.autismtreatmentindia.com)

worked. The movie started off with the transition of our leading ladies from 80s look with garish

Carrie's previous wardrobe would just make a peek-a-boo appearance, if any. The movie also start-

even pass off as surreal. As the plot shifted to Carrie's married life, she gave us a taste of the ur-

refreshing was the new wardrobe for the ladies with rich, middle eastern colors, bold hues and

west coast. She can be reached at thatjustmegpari@hotmail.com or follow her on Twitter

## New Research in Neurology and Developmental Disabilities

By Meghna Pant

Many of us have left India behind and miss the local homeopathic doctor who would prescribe sugar coated tablets for our ulcer or our grandmother who would miraculously drive away our cold. But here in the US the homeopathic or Ayurvedic fields are not recognized or given much credibility even though homeopathic remedies have been recognized to be inherently safe by the US FDA.

Therefore it came as a pleasant surprise to read about a Dr. Gunvant Oswal who has founded an integrative medicine treatment called G Therapy that helps with serious mental or physical disorders from Autism to Cerebral Palsy to Down Syndrome to Multiple Sclerosis and Neuropathies. Dr. Oswal has set up an award-winning Center for Life Sciences, Health and Medicine in Pune where he has treated more than 10,000 cases of neurological and developmental disorders from some 40 countries with an almost 70 percent success rate.

Dr. Oswal's medicines, in simple terms, is like adding homeopathic remedies to sugar



**Pune based Dr. Gunvant Oswal has founded an integrative medicine treatment called G Therapy that helps with serious mental or physical disorders from Autism to Cerebral Palsy to Down Syndrome to Multiple Sclerosis and Neuropathies.**

coated tablets. He uses pharmacopeia-approved biochemical tissue salts and homeopathic remedies. The tissue salts bring about changes in neurotransmission while the homeopathic extracts act as a catalyst. Interestingly most patients have seen far more improvements with G Therapy as compared to

conventional therapies.

There are several things that are unique about Dr. Oswal's Center ([www.gtherapy.org](http://www.gtherapy.org)). For one, the Center offers treatments for a wide range of disorders which include even asthma, depression, brain tumor and herpes. Secondly, many experts believe that mental abnormalities such as Autism and Cerebral Palsy are untreatable but Dr. Oswal offers a new ray of hope for these patients. A doctor in Allopathy and Ayurveda, he spent 40 years in research and has found a remedy to improve the quality of life for the almost 60-180 million patients worldwide who suffer from such neurological conditions and learning disabilities. In a field where modern medicine has little to offer in terms of cure, G Therapy combines Homeopathy, Ayurveda and Neurophysiology, which help improve cognitive and motor functions, speech and behavior in patients. Dr. Oswal is in talks to start a clinical trial in South Korea.

What is also striking is the uniqueness with which Dr. Oswal conducts his practice. He tours around the world from Germany to South Korea. Yet he remains rooted in humility and charity. His center does not turn away anyone in India who cannot afford any of his

treatments. It is rare to see such generosity in our world where money is the only thing up for grabs.

Dr. Oswal's medicine is not yet available in the US because the US Customs does not allow medicines such as his to be simply sent via say Fed Ex from India. Therefore, all patients have to come or send their representatives to his center in Pune. Dr. Oswal is hoping that this changes and is meanwhile trying to gather partners by inviting pharmaceutical companies, international universities and medical centers for distribution and research, so his treatment can reach millions of affected patients.

Considering that G Therapy has given hope to millions of patients, many NRI's, especially those affected by physical or mental disorders, must be hoping that this treatment is soon accessible in the US as well.

It's heartening to read that there is a revolution taking place in developmental disabilities and that this revolution is being led in a revolutionary way by an Indian.

Meghna Pant works on Wall Street as a financial news correspondent for Bloomberg-UTV and writes an exclusive column for The South Asian

*The views expressed in Op Eds are not necessarily those of The South Asian Times.*

# Pune doc could cure dementia and autism

**dna correspondent**

@dnaofpune

**Pune:** A 'dormant supreme control of the brain' hypothesis made by Pune based Dr Gunwant Oswal got a boost by the recent discovery of 'Master Regulator Gene of brain' in Canada. Both theories mention the existence of a dormant gene in the brain which can initiate recovery in irreversible brain disorders.

Treatment of ten thousand patients from over 60 countries started on Saturday in the 'center of life sciences' with the gene therapy (g therapy) developed from the dormant brain research. Claiming that G therapy is the future revolution of neurological disorders and brain treatment, the Oswal duo will expand their research on patients suffering from dementia and autism.

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## Mind and Matter

PUNE-based medical practitioner Dr Guntant Oswal and his daughter, Dr Pooja Upasani, are pioneers in evidence-based research and treatment of neurological disorders. Together, at the Center for Life Sciences, Health and Medicine in India, they have helped more than 10,000 patients of neurological disorders with different etiopathologies with their G Therapy (NeuroG) Medicine. This research has been peer-viewed by various neurologists in India and abroad. In 1999, Oswal — after treating more than 2,000 patients with neurological disorders — had presented a hypothesis on the existence of a “dormant supreme control” of the brain, which when stimulated can initiate recovery in irreversible brain disorders. At a press conference held recently, he shared that a research by a group of scientists at Ottawa University in Canada, led by Dr David Picketts, announced the discovery of a Master Regulator Gene in the brain. Oswal’s original discovery and hypothesis of 1999 has received

a boost by this finding of the Canadian scientists. At an early stage of his research in 1999, after studying improvements in some 2,000 patients with conditions such as cerebral palsy, autism, SSPE, and neurodegenerative disorders such as vanishing white matter disease, leukodystrophies, hereditary neuropathies, and Charcot Marie Tooth disease, Oswal had postulated a hypothesis

that there is a possibility of a dormant supreme control in the brain, which when stimulated, can initiate recovery in different types of irreversible brain disorders. Elaborating on the therapy, Oswal said, “G Therapy (NeuroG) Medicine is based on the Integrative System of Medicine. It is a combination of pharmacopeia-approved homeopathic remedies, which draws insights from the principles of Ayurveda and neurophysiology”. Oswal has also been working in collaboration with Dr Christoph Garner since 2005. Garner, who was present at the conference, said, “We have been working to incorporate G Therapy into management of patients with neurological disorders. We have seen encouraging results in patients and incorporated the therapy in our clinic in Germany.” Oswal and Upasani believe that their G Therapy (NeuroG) Medicine has the potential to revolutionise the treatment of brain and neurological disorders.



**Dr Guntant Oswal with Dr Christoph Garner (right)**

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## Pune doctor claims to have observed 'brains dormant supreme control'

Umesh Isalkar, TNN | Jul 20, 2014, 10:22PM IST

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**PUNE:** For city-based medical practitioner Guntant Oswal, the discovery of a 'master regulator gene' in the brain as made by a group of scientists at Ottawa University in Canada recently, has a familiar ring.

In 1999, Oswal after treating more than 2,000 patients with neurological disorders had presented a hypothesis on the existence of a 'dormant supreme control' of the brain, which when stimulated can initiate recovery in irreversible brain disorders.

Oswal's original hypothesis made in 1999 has received a boost by this finding of the Canadian scientists. Together with his doctor daughter Pooja Upasani at the Center for Life Sciences, Health and Medicine in India, Oswal has claimed to have helped more than 10,000 patients of neurological disorders with different etiopathologies with their G therapy (NeuroG). This research has been peer-reviewed by various neurologists in India and abroad.

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"With a huge data of more than 2,000 cases of developmental disabilities of different etiopathologies and 70% of them responding to G Therapy, I imagine with my very little knowledge in neurology, if there is any dormant supreme control in the brain which when stimulated can initiate recovery because many cases of irreversible brain damage have shown perceptible improvements with G Therapy. These are my observations and not claims," Oswal said

Elaborating on the therapy, Oswal said, "G Therapy (NeuroG) is based on the Integrative System of Medicine. It is a combination of pharmacopoeia approved homeopathic remedies which draws insights from the principles of ayurveda and neurophysiology".

### TOP STORIES ACROSS CITIES

- Prisoner dies on way to hospital; family suspects foul play
- Man, son get life imprisonment in murder case
- Fire breaks out at Delhi Police headquarters
- Rape survivor waits 3 hours naked for test
- Delhi gets its 1st internet de-addiction centre
- Boy slashes schoolmate to impress girl
- Polo player, wife get out in time as car catches fire
- Goan woman lights husband's pyre
- 2 women branded witches, beaten up
- Medical admission racket busted in Kolkata

more

### Flats in Pune In 20 Lac

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# HERBAL G THERAPY

A Message of Hope from India for  
Children with Autism and Brain Injury

By  
Hulet Smith,  
OTR/L, HC/MBA



Center For Life Sciences  
Health & Medicine



Dr. Guntant Oswal, founder, Center for Life Sciences Health & Medicine in Pune, India.

June 2007, Vol. 5, No. 2

# CEREBRAL PALSY MAGAZINE

**G-Therapy  
Report  
from  
India**



*tips for traveling  
with a special needs child*

# CRAWLEY NEWS

WEDNESDAY JULY 18 1997 £7,000 readers every week

**Family fun park tickets to be won**



**Thorpe Park**

see page 30

# LITTLE MISS MIRACLE

## Shereen, 8, amazes her dogs by walking



**A SEVERELY brain damaged child has amazed owners and beaten the odds by making another for the first time.**

Five-year-old Shereen, who suffered the devastating effects of a brain injury, has amazed her owners by walking on her own for the first time. The child, who was born with severe brain damage, has defied the odds by making another for the first time.

**EXCLUSIVE**

**BY JAY BOWERS**

Shereen's mother, Mrs. [Name], says the child has made a miracle recovery. She says the child has walked on her own for the first time. The child has also been able to walk on her own for the first time.

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Shereen's mother, Mrs. [Name], says the child has made a miracle recovery. She says the child has walked on her own for the first time. The child has also been able to walk on her own for the first time.



**10 rounds of golf**  
see page 10

**Nintendo games machine**  
see page 14



## THERAPY IS LIFE'S WORK

Therapy is life's work. It is a process of learning to live with a disability. It is a process of learning to live with a disability. It is a process of learning to live with a disability.

Crawley News, incorporating the Horley & Gaiwick News, delivered FREE to 38,384 homes in Crawley





News

# Youngsters prove to be good sports

**EXHAUSTED** youngsters from a Gloucestershire charity have barely enough energy to move after a massive fundraising event.

Around 30 people involved in GlouAid, the only charity in the county run solely by young people, took part in a 24-hour sporting extravaganza.

The money raised by playing rugby, football, table tennis, badminton, hockey and basketball will go towards GlouAid's biggest annual project - the summer camp.

The sporting event was held at Fobbes Youth Centre in Camp Hill and organisers hope it will have raised at least £300 to £400.

The charity's work includes counselling projects, running play schemes for inner-city children, tutoring up with schools and providing referees and events for elderly and disabled people.

GlouAid co-ordinator Nick Yorko said: "It was a brilliant event to take part in and went really well."

"It has been reported that many of the people who took part haven't been able to move from their beds yet."

The summer camp takes around 200 needy children on holiday every year.

This year it will cost £24,000, with £12,000 coming from a National Lottery grant. More has been donated by local people and businesses.

## Night in wild

TWO Gloucestershire Wildlife Trust events are being held tonight.

Andy Cranston will talk about the success of the River Severn Churn Project at the trust's Conservation Centre, Radwood Hill, at 7.30pm. And Chris Kiddle will give A Wildlife Talk on the Forces of Deas at the New Memorial Hall, Lechlade, at 7.30pm.

# Ross-on-Wye: Medical help Remedy offers hope for Ashley

**ALTERNATIVE** treatments developed by an Indian doctor have given the family of a teenage cerebral palsy sufferer renewed hope.

by Julia Etherington

Ashley Smith is a 17-year-old from Whitlatch, near Ross-on-Wye, who is a weekly boarder at St Rose's School in Stroud.

He has been undergoing Dr Gnanwant Curwat's homoeopathic therapy for the past two months, using herbal remedies based on a time-honoured Indian system of medicine.

The treatment claims to restore bloodflow to the brain ends of people with conditions such as Down's syndrome, cerebral palsy and autism.

### Touch

Ashley's mother, Sheila, heard about the therapy from other parents whose children use the hyperbaric oxygen facility at the M.S. International and Therapy Centre at Quedgeley.

Mrs Smith commented a London doctor who put her in touch with Dr Oweal.

She said she was initially dubious about the therapy but that Dr Oweal put her mind at rest so she decided to give the pills a chance.

Since Ashley has been taking three pills each day, the therapists who work with him say they have noticed his body's inner rhythm. His muscles are stronger, his eyes are brighter

and his concentration much more spontaneous.

Mrs Smith said: "There is definitely more hope for other sufferers. To look at Ashley sitting there, you would never think there was anything wrong with him now."

"I've taken a while to notice any changes which are more mental than physical, although he's been improved."

Ashley is so much more mentally alert and his sense of humour and wit are so fast I am terribly excited about these positive changes.

But these changes do not come cheaply. The Smiths pay more than £700 for a three-month supply of the pills.

Dr Oweal says he has been conducting his doctor's research into the remedy and that contributed to improve the formula. The recipe from Paris is held in a string bottle that usually to give recovery in Crawley, Sussex, where he will continue his therapy to parents.

She said: "I am not a great fan if I am successful in helping at least some children, I will feel I didn't spend my life in vain."



Ashley Smith doing aer class with main teacher, right: Dr Gnanwant Curwat.



**NEWS EXTRA tonight**

### Nose out fun

**GLoucester: FOLLOW** Your nose is the invitation to visitors to Gloucester City Museum tomorrow from 1 to 4pm. Travelling Discovery Centre, run by the National History Museum, is introducing visitors to the senses.

### Musical aid

**FOREST: FUNDRAISERS** in the Forest of Dean are supporting a social event in aid of the Cobalt Unit Appeal Fund tomorrow. The Ken Jay Showband will be playing at the Park Xerox Sports and Social Club, Mitcheldean. Tickets cost £5.50. For details, contact (01452) 855266 or (01594) 844187.

### Paths clear-up

**COUNTY: MEMBERS** of the British Trust for Conservation Volunteers will be working with the Fiddle Fights of Way Unit to improve footpaths around Gloucestershire on April 15 and 16. Anyone keen to help a great day can obtain details on (01452) 425077.

### ..and finally

A SWISS bank robber was arrested after the pull down the gun to give a customer who had suffered a heart attack, the heat of life.

# Inside THE NEWS

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## Who's in The News

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# TREATMENT IN BRITISH TRIALS



● Linda Bamieh with Doctor Oussal, Barry Tyndal (in wheelchair) and little Shereen Bamieh

**BRAIN-DAMAGED toddler Shereen Bamieh is starting some pioneering treatment that could put her on the road to recovery.**

Eight-year-old Shereen, authors from cerebral palsy, had a revolutionary, homeopathic treatment from India called GFT therapy found on the store she has been waiting for.

It is developed by Doctor Gannant, Oussal, from Pune, in India, who is in Crawley this week to tell parents about his work.

He said: "Seventy per cent of my patients improve. I have children with disabilities including Down's syndrome and autism.

And he claims there are no side-effects and the improvements are permanent, even if the patient stops taking the pills.

Shereen, of Barmwood Drive, Pound Hill, has severe difficulties walking and talking.

Her mum, Linda, wants to get medical recognition for GFT therapy.

## BY JAY BOWERS

It can be made available in this country.

Barry Tyndal, 56, of Hodge Way, Farnham, Surrey, was one of the first cerebral palsy sufferers to be integrated into a mainstream school in Crawley.

Barry and Dr Oussal at the Barmwood Hotel, Pound Hill. He said: "What I now and heard was amazing."

"I would be the first person to try this but it is not yet available in this country."

"It is like having the window shut, they helped and got better able to cope."

For more information contact Linda on 01288 514916.



# عادت إلى الحياة من تحت إبرة!

أكد الأطباء  
أنها لن تعيش  
أكثر من ثلاثة  
أشهر.  
لكن عناية  
الله دائما  
فوق كل شيء

في ألمانيا قال الأطباء إنها  
حالة مينوس منها، وفي إنجلترا  
أكدوا أنها ستموت بعد ثلاثة  
أشهر، وفي فرنسا اعتبروا أن  
مجرد تحسن حالتها إعجاز  
طبي، ومع ذلك عادت إلى  
الحياة.

● هي شرين نيل، ولدت في نوفمبر 1988،  
بمدينة كوك فيلند البريطانية من أب عربي وأم  
بريطانية، وبعد مولدها بثلاثة أشهر بدأت تصاب  
بنوبات تشنج، شخضها الأطباء على أنها ضمور  
شديد في المخ غير قابل للعلاج، ومن الأفضل تركها  
تعيش أيامها الباقية في هدوء. لكنها عادت للحياة  
بعد عشر سنوات بعد أن عالجها طبيب هندي  
بالأعشاب!

## طريق الأمل مفروش بالأعشاب

رحلة شرين مع العلاج هي رحلة والدتها السيدة  
ليندا مع الكفاح، فهي الأم التي رفضت أن تترك ابنتها  
لمرض والموت، رافقت ابنتها المعاقة ذهنيا خطوة  
بخطوة ومن طبيب إلى طبيب حتى أصبحت خبيرة  
في الإعاقة الذهنية.

**إيتام منصور**  
تصوير:  
**جلال شاهين**

تقول ليندا:

- بدأت رحلتي مع ابنتي في عام 1989 حين أصيبت  
بنوبات تشنج في شهرها الثالث ذهبت بها إلى أخصائي  
أعصاب إنجليزي شهير يدعى د. ويلسن فشخص الحالة  
في البداية على أنها «صرع» ثم عاد بعد فترة من العلاج  
وشخص المرض بضمور شديد في المخ. وقال كلمته  
الغاسية:

- «لا أمل في سلاء ابنتك والأرجح أنها لن تعيش أكثر  
من ثلاثة أشهر».

الجديدة، لم تستطع ليندا نقل ابنتها إلى هناك، فذهبت وتعلمت البرنامج العلاجي وعادت لتدرب ابنتها عليه. وبعد العلاج الطبيعي المكثف أصبحت شرين تستطيع الجلوس. ولم تفارق الحياة.. النتيجة التي وصلنا إليها ضعيفة من وجهة نظر الطب لكنها كانت مبهرة بالنسبة لى فزاد الأمل فى شفاء ابنتى.

## وبدأت شرين | تسمع

لم تتوقف ليندا عن الحلم بشفاء ابنتها لحظة واحدة، قرأت ودرست وسمعت وذهبت لكل من سمعت عنه هذه المرة كانت رحلتها إلى باريس، حيث طبيب فرنسي يعالج بالموسيقى، استمر العلاج لمدة عام فى محاولة لى تسمع شرين ما يدور حولها. وهو ما حدث بدأت حساسة السمع تستجيب لكن التطور لم يكن كبيراً.

لم تفقد ليندا الأمل فى شفاء ابنتها وطلبت من د. ويلسن توصية لإحراق ابنتها بإحدى المراكز المختصة فى علاج الأطفال فكتب فى رسالته:

«لا أجد أملاً فى حالة الطفلة شرين لكننى كتبت التوصية تلبية لرسالة أمها».

قرض المركز قبولها.

تقول ليندا:

«أوقفت العلاج مع د. ويلسن بعد سنتين مع رجاء صغير ألا يقول لأم غيرى ما قاله لى، فانا أملك القوة والإيمان بقدره الله على تحقيق المعجزات، لكن غيرى قد لا يمتلكها. ثم حصلت ابنتى بعبادة العلاج الطبيعي بغرب إنجلترا كانت تلقى دعماً من الممثلة الشهيرة جوان كولينز التي ولدت لها ابنة مثل ابنتى».

عامان ونصف العام فى العبادة



1 - شرين قبل العلاج  
لأنه استطاع الوقوف بدون  
الجهاز... وبعده استطاعت  
السير وحدها  
2 - شرين تعود إلى العبادة  
3 - ليندا وشرين



## شهادة طبية

د. نيبيل فوزي استشاري طب الأطفال يقول. بعد الإطلاع على حالة شرين وشاهدة أشرطة الفيديو السابقة لها وتقارير الأطباء، إنه يوجد تحسن شديد في حالتها بعد تناول علاج الأعشاب الهندي. فقد استطاعت الوقوف. كما يوجد تحسن واضح في الحالات التي عالجها د. أوزوال. لكننا - كما يقول - لا نستطيع الجزم بفعالية أي دواء قبل تحليله.



د. نيبيل فوزي



5

## أصول هندية

يعتمد الدكتور جوتفانت أوزوال في علاجه بالأعشاب لمرضى الضمور بالمشخ على أصول هندية قديمة. ويقول إنه أنقضى 24 عاما لتطوير العلاج الذي أسماه «Githerapy» وساعد في علاج 1700 طفل حتى الآن. ويقول إنه كرس حياته لمساعدة كل الأطفال وأنها رسالة سامية نستحق أن نعيش الإنسان لها فقط.

4 - شرين تسمع وتكلم  
5 - تمرينات تقوية العضلات

نقول ليندا:

- نصحني الطبيب بوقف عقار علاج التوتوبات فبدأت رأس شرين تنمو وتعود إلى الحجم الطبيعي واعتبر الأطباء أن تطور حاسة السمع إعجاز طبي!

سافرت بعدها إلى ألمانيا لكن الأطباء لم يجدوا جديدا يضيفونه فعدت إلى إنجلترا على أمل لا أعرف متى يأتي.

## العناية الإلهية

الصدفة وحدها قادت ليندا إلى الدكتور جونفانت أوزوال طبيب هندي، قضى 24 عاما في علاج الأطفال المعاقين بالأعشاب توصل



4

خلالها إلى علاج جديد اسماء «Githerapy». شاهدت ليندا شرائط فيديو للحالات التي عالجها د. أوزوال لم تصدق نفسها فسارعت بإرسال ملف بحالة ابنتها إليه، وجاء الرد الذي كانت تحلم به:

- حالة ابنتك يمكن علاجها..

أرسلت ليندا تذكيرة للدكتور أوزوال الذي حضر من الهند وبعد شهر واحد تغير لون بشرة شرين. وبعد ثلاثة أشهر تحققت المعجزة الإلهية. وفتت شرين على قدميها، ومشت خمس خطوات.

نقول ليندا:

- عشت من أجل هذا اليوم الذي لم أتصور حدوثه. عادت شرين إلى الحياة. تتعلم المشي وتحاول النطق. وتحسنت عضلات جسمها. ساعتها تذكرت كلمة د. ويلسن بانها لن تعيش أكثر من ثلاثة أشهر فإرسلت إليه صورتها وهي تقف على قدميها لأقول له إن العناية الإلهية أكبر من كل شيء.

Street Your Neighbourhood Newspaper

# Guardian

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## CLASHM: A Holistic Approach to Medical Care Dr. Gunvant Oswal's Research Has Benefited Thousands



Dr. Gunvant Oswal, a pioneer in holistic medicine, is seen examining a patient at his clinic in Mumbai. He has developed a holistic approach to medical care, known as CLASHM, which has benefited thousands of patients.

**By Nikhil Khanna**

**C**LASHM, Centre For Life Sciences, Health & Medicine, located in Prinjankar Kurla, near Chover Hillside, was established in 2005 by Dr. Gunvant Oswal. Dr. Oswal, a Bachelor of Ayurvedic Medicine & Surgery from Pune University, is quite well-known because of his research in the field of treating neurological and developmental disorders - today it is a clinic, which provides holistic treatment for many problems and diseases for all age groups. They have diversified into other fields and have clinics for stress management, neuropsychology, physiotherapy, pain management, psychological counselling, acupuncture, modern medicine, ayurveda & yoga etc.

The other doctors of the team at CLASHM include Dr. Jyoti Upasani and Dr. Shrinang Upanait. Dr. Pojita heads the Menopause Clinic and a clinic treating stress related conditions, psychological disorders and other chronic diseases, while Dr. Shrinang deals with old age conditions, psychiatric disorders, and related chronic diseases.

"We follow a holistic approach. My own research work has been successful because I could combine various treatment methods in a positive way. The CLASHM

concept of wind and light management with modern construction standards and efficient minimum energy consumption. Also, minor details relating to patient safety and hygiene have been kept in mind while

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# Springing Them Back To Life

cal salts, which are given in the form of a few drops of liquid or added to sweet lactose pills. "The impulse from the brain centre to the peripheral organ is impaired somewhere. So, but is stimulated by this medicine," says the Paris-based physician. In a preliminary study, few long stimulating spinal cord injury cases and peripheral neuropathy cases have shown unusual recovery with the G-therapy.

"This therapy has shown significant results in the treatment of brain injuries and developmental disorders like cerebral palsy, mental subnormalities and autism, and nervous disorders like stroke, depression and neurogathias," he adds.

Dr. Oswal videotapes each patient's condition before the treatment begins and thereafter at regular intervals. This helps him document and track any changes and improvements in the

**Dr Gunwant Devendra Oswal invented G-therapy, a therapy, which he says defies conventional belief that brain damage cannot be reversed after the age of six. His formulation directly stimulates the brain centre which results in a change many times more effective than correctional methods**



**'Shortly after birth, one or two in every 1,000 children develop a permanent handicap, depending on which part of the brain is damaged, various types of symptoms are visible in the child'**

**Dependent on which part of the brain is damaged, various types of symptoms are visible in the child'**

**of symptoms are visible in the child'**

patient. "The improvement starts within four to six weeks. Of course, it varies from child to child, and from age to age and from the degree of brain damage. After an attack of paralysis, a patient can only undergo physiotherapy which may help him to improve his speech or enhance movement on a minute scale. The results of my G-therapy over a period of 24 years have been very encouraging and indicative of progress in the mental and physical build up of a child."

Dr. Oswal says, "A large number of patients above the age of six years have shown significant recovery with the therapy. In this group natural recovery is difficult but still this group has shown

improvements in various parameters. Five boys of 10 to 20 years age group have gained total control and a few have started walking independently. Cases of irreversible brain damage have also shown positive response in few months. All this indicates that there definitely exists some neuro-physiological improvement with this therapy. Dr. Oswal has patented his

from three months old to 35-year-old. According to him, the causes of mental retardation could be attributed to several factors, which could broadly be classified into three different categories: prenatal, post-natal and at the time of birth, besides hereditary cause or as a result of congenital/traumatic trauma."

Explaining the concept of nervous system disorder, Dr. Oswal says, "Shortly after birth, one or two in every 1,000 children develop a permanent handicap. Depending on which part of the brain is damaged, various types of symptoms are visible in the child."

The degree of improvement seen in an individual case cannot be predicted and certainly depends on the amount of critical disability present. This therapy does not claim that it can make every case curable, and the results are mainly oriented to achieve normal IQ, he adds. But definitely, with his healing touch and divine cause, he has given miraculous recovery to many."

Dr. Oswal has presented his work at

International medical forums like the World Pediatrics Congress in London and the American Academy of Cerebral Palsy. He is also leading a neurogathic research centre in Pune to continue study the many other chronic neurological diseases. He is also providing free treatment for the needy and does many charity work for the orphanages in Mumbai and Pune.

**Dr Gunwant Oswal can be contacted at Centre For Developmental Disorders & Complementary Medicine, Sangrampur Clinic, 1210, Bhayvadi Post, Pashli Chavwa, Pune-411042 PH: 91-20-6375511/6342888**

# THE TIMES OF INDIA

2 SATURDAY, MARCH 17, 2001

## New centre to offer 'G-therapy' for neurological disorders

By A Staff Reporter

PUNE: Prominent ayurvedic medical practitioner from Pune and inventor of the 'G-therapy' treatment for neurological disorders, Dr Gunwant Oswal, has announced that an exclusive centre for neurological disorders and complementary medicine would be set up in the city by the end of this year. The multi-disciplinary centre would offer different therapies from various branches of medicine keeping in mind the holistic healing of the patient.

Speaking to reporters here on Friday, Dr Oswal claimed that modern medicine had little to offer by way of treatment for conditions like cerebral palsy, mental sub-normali-

ty and autism. "Patients have to rely on occupational therapy and physiotherapy. To the best of my knowledge, there is no medicine to improve the condition in the motor and higher cortical functions of the brain. The number of these patients is much higher and there is no hope for them. Therefore, we have planned an exclusive centre in the city which will offer them the 'G-therapy', which has shown remarkable results in these areas," he said.

The 'G-therapy' consists of administration of pills to patients. These pills are made from a combination of herbal extracts the origin of which is known only to Dr Oswal. They are potent and also contain

biochemicals.

"This medicine is not a cure in itself but just complementary to the other treatments. But it has improved the condition in motor and higher cortical functions of over 5,000 patients worldwide. The results have also been scientifically documented," Dr Oswal said, adding that the G-therapy works on the principles of homeopathy and ayurveda, the Indian system of medicine, and does not have any side-effects.

The centre's new building will be designed by renowned architect Christopher Benninger and will be located at Clover Pinnacle Ridge, near NIBM, at Kondhwa.





Dr Guntant D. Oswal with patient Abdul Khader (25) in Bangalore on Friday.

## Miracle doctor's wonder pill for major brain disorders

Sowmya Aji Mehu

**BANGALORE:** It was a miracle of sorts. As local doctors watched agape, when a four year old child, who had been nothing more than a vegetable barely an year earlier came walking down the aisle and slowly spoke formed sentences, even as Guntant D Oswal, the doctor behind the miracle, impassively stood by.

This was nine years ago in Pune. Since then, Oswal's fame has spread far and wide, and hundreds of anxious parents, who have a child born with or suffering from injuries to the brain, have turned to him as their last hope.

"About 70 per cent of the children who come to me do show signs of improvement. The others are probably too severe cases to be helped, but we keep trying anyway," Oswal, who is on a visit to Bangalore, told *The Times of India*.

Oswal works with patients aged between 18 months and 52 years (which is presently the oldest), in India, United Kingdom and the United States. An organisation dealing with brain injuries in Egypt has also evinced interest, the doctor said.

"All my treatment involves is the standard sugar coated tablets used by homeopathic practitioners. I put in a liquid made from a herb mixture and body salts that I developed. The patients are required to take this twice a day," Oswal says.

This "herbal pill" as a British medical magazine called it, treats a whole range of brain disorders, from cerebral palsy to autism to mental retardation, for all of which there is no allopathic cure. Over 4,500 patients are already being treated at the Sanjeevani Clinic, Pune, with 3,000 patients on the waiting list.

"Three out of every 100 children born in India are sub-normal, that is, they have below the normal IQ

of 100. Of these, 20 per cent suffer from cerebral palsy, which is about one or two children in a thousand," the doctor explains.

He did attempt to use governmental machinery to spread his treatment method, called the G-therapy. "It is very difficult to go via the government. It is heart-breaking. But if the government does come forward to use my treatment and help the public in a big way, and agree to protect my intellectual property rights, I am willing to do all that I can," Oswal says.

The Rescue Foundation for the Brain Injured Infant in Britain did a chemical analysis in 1998. The pills were also given to about 10 children initially in Britain. The result was so heartwarming, that parents of brain-injured children there have started a G-therapy support group which even publishes a quarterly newsletter updating the latest on the therapy, and the health of various patients. The support group also functions in the US.

The doctor is, for the first time, planning a branch in Bangalore also, with the help of Rafia Muneer Fuzal, sister-in-law of Medical Education Minister Nafees Fuzal Muneer Fuzal, whose grandson is under Oswal's care, says: "None of the other doctors had given us any hope. But now, with Dr Oswal, I am confident that my grandson will do all the things any other child will do."

The Bangalore centre is being planned as the meeting place for all of Oswal's patients in the south. The doctor is also planning a major centre at Pune, to accommodate more patients, and additional research on sub-acute sclerosing pan encephalitis (SSP) which is a lethal disorder affecting children.

(Dr Oswal can be contacted at 020-655511; Fax: 020-642869; email: guntant@pn2.vsnl.net.in; url: <http://www.g-therapy.org/>)

## Ray of hope for mentally retarded

THE unflinching devotion of Dr Gunwant Oswal, a general practitioner from the city in the study of medicinal properties of a variety of bio-chemics (tissue-salts), shrubs and herbs and their application in the treatment of 'mentally retarded' patients, some of whom were literally in the 'vegetable form' has produced startling results as regards their motor, mental and sensory functions.

These results have not only rendered a great deal of solace to the parents of the children that he had successfully treated, but have also shown a ray of hope in the lives of several other parents of such children who have been hitherto travelling through a pitch dark tunnel which was bereft of any stop overs to respite or stimuli. Their only and sole companion, until now, was none other than agony and perhaps for a change, anguish.

Though hard to believe, it is a matter of fact that even in this era in which various sciences and technologies in various disciplines and branches had blossomed producing mind boggling discoveries and breakthroughs, unfortunately, medical science has nothing to its credit which it can share with the parents of the mentally retarded ones so as to revive their hopes or offer them any relaxation.

The medical science, both medicinal as well as surgical, vouch a host of cures and treatments

from Akola, to Dr Oswal for his treatment. This was partly due to the word of mouth publicity from among the friends and relatives of the patients that he has earned and partly due to the coverage in the print media to his earlier successful endeavour in treating patients



Dr Gunwant Oswal

who were suffering from 'Purpura' and 'Herpes' that the attention of many hapless patients and their relatives was drawn towards his sort of 'off-beat' work.

Needless to mention that the case in question was earlier handled by a number of paediatricians and neurologists as well as by ophthalmologists of repute from some well equipped private as

### HEALTH

By ARUN K DESAI

ty of the newly born to breathe oxygen at the time of its birth convulsions.

Dr Gunwant Oswal commenced his treatment by administering a unique combination of certain bio-chemicals and of some homeopathic drugs, which he does not want to disclose at this stage of time, and simultaneously kept on documenting, video taping as well as photographing all, even minor developments and improvements that started taking place at different stages during the course of his treatment.

What was witnessed at the end of the eight month period of the treatment was that the child which was once absolutely motionless was now able to see, sit and walk. As against nearly 10 to 15 convulsions per day, the patient was now getting only slight jerks and this too with most infrequent intervals.

"It was indeed a stunning event," recalls Dr Oswal. The parents of the child were overwhelmed with excitement and were short of words to express their gratitude towards Dr Oswal.

Dr Oswal chose to refer the case with all relevant documents, video tapes, treatment and result details to some of the renowned seniors in the medical field from Pune, requesting them to clinically examine the case and favour him

ent causes viz. Hypoxic brain damage, Neurocutaneous Syndrome, Mongolism etc and has recorded progressive changes and remarkable improvements in all his patients undergoing treatment.

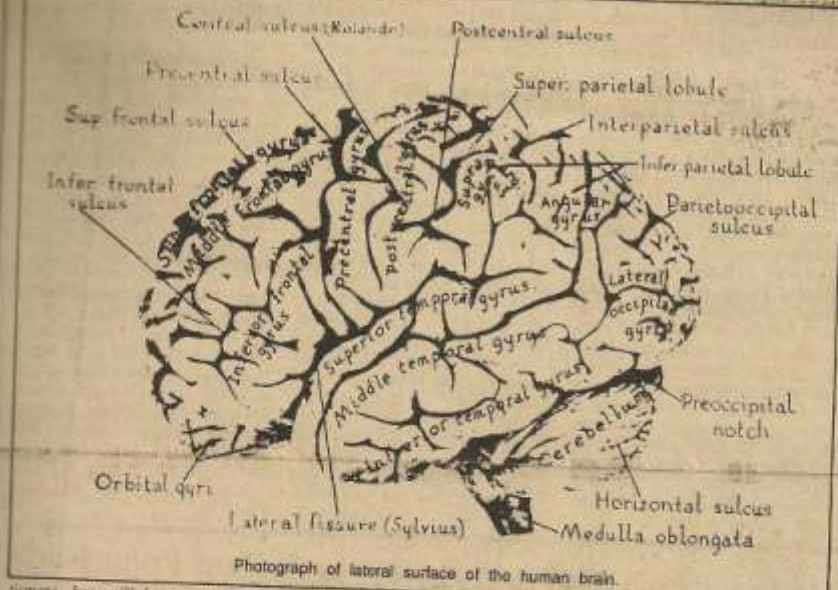
What Dr Oswal vehemently wants the parents of the mentally retarded children to essentially understand and realise is that mental retardation is not at all a disease. It is a subnormal state of intelligence.

According to him the causation of mental retardation can be attributed to several factors, which again can broadly be classified into three different categories: prenatal, postnatal and at the time of birth, besides of course being hereditary and as a result of consanguinous marriage. The children suffering from cerebral palsy can also fall victim to MR.

In the parental category, malnutrition in expecting mothers or infectious diseases like measles, syphilis contracted by such mothers or teratogenic effects of drugs, alcoholism, why even pregnancy above the age of 35 years of the mother and X-Rays, in first trimester contribute to the case of MR.

In the 'at the time of birth' category, delayed or prolonged labour, wrong use of forceps, excessive bleeding and also inability of the child to breathe immediately after its birth are some of the factors that cause MR.

Whereas in the 'postnatal' category the factors liable for MR can



Photograph of lateral surface of the human brain.

tioners, has still been groping in the dark for the knowledge in respect of brain cells and their functioning. What is known to the medical science about that, as of now, can partly be described as 'tip of the iceberg' they assert unanimously.

Obviously, the treatment in Allopathy, the most popular path today, as it offers instant or quick relief, in the cases of mentally retarded ones has largely been confined to contain their convulsions so as to prevent any further or progressive damage to the brain. The ritual thus goes on and on for several years without offering cure or remedy.

It is on this backdrop that a child of six years of age, which was literally in the 'vegetable form' was brought, all the way

Maharashtra, inclusive of those from Bombay too.

A heap of papers accompanying the patient included the case history of the patient, Electroencephalography (EEGs), CTs, MRIs, IQ tests and various routine blood tests and diagnoses. The prescriptions were unfailingly very identical, indicating that a conventional line of medical treatment in order to control convulsions was the only recourse every one of them, whoever attended the case, had chosen. None of them, of course, ruled out natural remission.

The diagnosis in the case was 'Hypoxic Brain Damage' due to status epilepticus with Bilateral Optic Atrophy and with Lipidosis. In simple terms, damage was caused to the brain and to its overall functioning because of the inab-

He also arranged the presentation of the said case before a small but prominent circle of medicos from Pune comprising paediatricians, neurologists and ophthalmologists.

One of the leading neurologist from Pune writes: "He (patient) is essentially seizure free now, except for occasional myoclonic jerks. He is mobile on his own with a certain degree of ataxia and imbalance of gait. He follows light and his pupils react well to light. Fundus would not be visualised without sedation. He answers to his name being called and says Aai and Daddy. There is significant improvement in his mental status and seizure control."

Since then, Dr Oswal has treated and well documented nearly 35 to 40 cases of mental retardation with or without epilepsy of differ-

the formative years of the child, illness like jaundice, fits, untreated epilepsy, head injury, encephalitis, lead poisoning, etc.

However, whatever may be the category or factors responsible for mental retardation the parents of such children ought not to lose sight of the fact that an early detection of mental retardation can undoubtedly facilitate, a timely treatment as well as appropriate training to the child and most importantly, it may also help counter further deterioration of its brain, cautions Dr Oswal.

Of late, only some of the private clinics and hospitals and a few consultants from Pune have started referring their MR patients to Dr Oswal but after a thorough scrutiny of his endeavour and results, a well known Post Graduate Institute of Medicines and Surgery from Pune has accorded him the facilities to conduct 'double blind' study of its sizeable number of MR patients.

In order to establish the efficacy of his therapy beyond doubts, Dr Oswal, is keen to pursue to study and conduct further trials in greater depth and detail. He has plans to set up a Research-cum-treatment centre, where he can work on incurable or degenerated causes or on chronic diseases like Spinal Muscle Atrophy, Motor Neuron diseases, Liver diseases, Neuropathys, etc.

What's more, he needs an access to a large forum/platform to read papers, table his results and interact with seniors in the arena to receive their reaction, suggestions on his work in the treatment on a variety of diseases, from time to time.

From the lukewarm response from some quarters, he has a hunch that his graduation in integrated studies (Ayurveda + Allopathy) is perhaps the cause keeping him at bay from the mainstream medical audience and circle.

# Gyan Galli

Facts and Fundas

## New hope for Autism, other brain disorders

Amita Mehta

It's called the G Therapy - a treatment for brain disorders like cerebral palsy, Down syndrome, epilepsy and autism. The inventor of the therapy, Dr. Gyanvati Oswal has helped in improving thousands of lives through his therapy. Now widely recognised for its positive effects, it is the first medication to offer a fresh hope for those suffering from brain and neurological disorders. Dr. Oswal runs the Centre for Life Sciences, Health and Medicine in Pune. Here Dr. Oswal answers a few questions on what is G Therapy and its effect on those suffering from brain disorders and developmental disabilities.

### What is G Therapy?

G therapy is a combination of homeopathic medicines with bio-chemical salts. It is a natural and herbal cure for brain disorders.

### How does it work?

G Therapy stimulates the neurotransmitters and removes blockages



in the brain cells. Usually, G Therapy reduces hyperactivity and improves concentration. Since it is based on herbal therapies, it has no side-effects.

### How is G Therapy different from any other treatment?

G Therapy strikes at the very cause of the problem by attacking the neurotransmitters. It defies the conventional belief that brain damage cannot be reversed after the age of six. It improves the functionality, i.e. higher cortical func-

tion of the brain like intelligence, expressions, emotions and communication.

### What has your experience been in treating autism through G Therapy?

The results have been excellent. An autistic child usually displays a combination of features such as hyperactivity, wandering aimlessly about, normal or repetitive behaviour, inability to communicate one's needs to parents or language delay. G Therapy has shown to reduce hyper-

activity, improve speech, develop interactive and communication skills in autistic children.

### Is there an age limit for this treatment?

I have treated patients from three months to 60 years - even cases of irreversible damage have positively responded to G Therapy. Though there is no age limit for the treatment, it is always better if the treatment is started in the early years.

### How quick are the results after taking G Therapy?

Results depend on the degree of brain damage, potential of the child and individual response to the therapy. In rare cases, the results were an quick as 15 minutes. A child suffering from cerebral palsy could move her hand after 15 minutes of taking the tablet.

### Is the treatment affordable?

The treatment is not expensive. Those who cannot afford it are given free treatment. No child who comes here goes unattended.



### Advice for parents:

- Accept that your child has autism or any other brain disorder and seek medical help.
- Don't neglect any abnormal behaviour in your child and consult a neurologist. Doing an EEG is advisable as it will allow any epileptic influences in the electrical activity in the brain.
- Take a holistic approach. Use G Therapy with other corrective methods like speech therapy, physiotherapy and counselling.
- The sooner you take action the better. Regulate to nurture it better when the degree of damage is less.
- Teach your children importance of time and money. Secure their future by helping them become independent.
- Spend more time with your children. Put your children in a special school or regular school, depending on the merit of the child.
- For more information about G Therapy, go to www.gtherapy.org

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BANGALORE

Different therapy for brain disorder

**Taken News Network**  
**Bangalore:** Parents hit a dead end when children don't achieve growth milestones.

The distress is most acute among parents of the nearly one in 1,000 kids diagnosed as having neurological development disorders like cerebral palsy, autism or mental retardation — disorders that affect brain functions.

With no recourse to any treatment that can reverse these conditions, parents have only supportive options like occupational therapy, physiotherapy and speech therapy.

However good the rehabilitation, worries on account of the child's independence fail to go away.

A treatment method that promises even a semblance of improvement in brain func-



tioning in this country and different reading methods in the lives of families with special children.

An earlier, very poor, scary, terrifying medicine based on the basis of ayurvedic/practitioner Dr Garvart Oswal is in recent times holding the attention of parents of children with neurological disorders.

"My son who is slightly autistic was hyperactive. He could not concentrate and would not listen. In the past 11 months since he started treatment under Dr Oswal there has been a gradual change," says Tiruchil boy Raghavani's (9) father S.

Nevada.

"We were sceptical initially and did extensive reading about it on the Internet before opting for it. My son, diagnosed as having cerebral palsy is showing gradual improvement in many areas including his vision which was earlier very poor," says Jyothi N., a Bangalore parent.

"Parents are the real benefactor for the treatment method since they are the ones who see the changes. The treatment is not a cure but it can improve the quality of life. The results are best in conjunction with occupational therapy," says Dr Oswal.

Though not scientifically proven, Dr Oswal believes his treatment triggers neuronal activity in the brain which has come to a halt due to a disorder.

Through neurology experts

In modern medicine do not have that it is plausible. Parents of most of the special children being treated with Dr Oswal's herbal extract plus biochemical salt based alternative method report improved concentration and understanding in their children after consistent use for over eight weeks.

The oldest patient to benefit is reportedly a 54-year-old woman.

This week Dr Oswal presented his therapy in Bangalore to over hundred new families and also old patients from south India.

Dr Oswal can be reached at the Center for Developmental Disorders and Complementary Medicine, Sarjital Clinic, 335, Basavali Post, Palahalli Chowk, Pune 411042. Ph: 20-6555511, Fax: 20-6542888, 6542888, 6342888.

The Times of India, Bangalore



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The choir of Sriee Saraswathi Vidya Mandir in V.V. Puram has brought laurels to the school.

# BLITZ GIPPUS

JULY 16, 1994

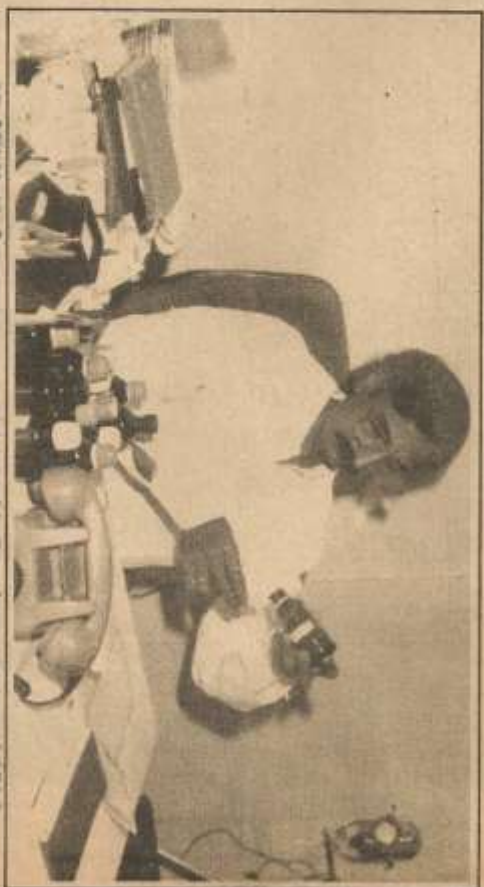
**L**OCATED in downtown Pune city's busy crowded locality of Bavani, Peeth is the clinic where Dr. Guntavant Devendra Oswal practices. No, he isn't your run-of-the-mill quack or even a barbed lash heater, though his achievements may appear to make him so, but an auditee pioneer in the field of medicine, he is devoted to curing cerebral palsy (CP) and mental retardation (MR) victims.

It is common knowledge that CP and MR patients have only two outlets — physiotherapy and symptomatic drug therapy. Besides, these therapies can prove to be fruitful only if the respective centres in the brain are working.

Dr. Oswal's formulation directly stimulates the brain centre which results in a change many times more effective than conventional methods.

Dr. Oswal's patients, on a majority basis, are children who are afflicted by CP and MR. He has recorded about 400 cases of children who are being treated by G-therapy — a process he has developed himself.

Oswal's procedure of treating each patient is one which involves a video recording of every stage of the child's progress along with a regular monitoring of the changes. He admits that "there is no perfect cure or panacea for diseases like CP and MR but his rate



*DR. OSWAL: His G-therapy process has brightened the lives of many parents and children*

# D OCTORING THE MIND

# THE MIND

M. A. MANOJ meets a Pune doctor who has done pioneering work in seeking out a cure for victims of cerebral palsy and mental retardation

cases like CP and MR but the role of cerebral dysfunction or the damage suffered by the brain.

Oswal's G-therapy process may be traced back to 1970 when he acquired his Bachelor's degree in Ayurvedic Medicine and Surgery and decided not to go in for a medical practice but to take up cases concerning problems of the central nervous system. This posed a challenge since patients were known not to respond to any conventional treatment in those days.

"After an attack of paralysis, a patient can only undergo physiotherapy which may help him to improve his speech or enhance movement on a minute

scale. The results of my G-therapy over a period of 24 years have been very encouraging and indicative of progress in the mental and physical build-up of a child.

About his mentor, Oswal says, "My father who was a bar-at-law at London University and who

also practised homeopathy is my idol. He worked actively for the Indian League in 1942 and also with Netaji Subhas Chandra Bose.

But surely as life is cluttered with jamoke, so is any novel enterprise by doubt. Oswal has his critics who challenge the very validity of

his claims. He is stout about their scepticism saying, "I invite my critics to come and see my videos and hear parents of the children speak about the changes that have developed over a subtle period of time. I can't possibly have engineered 400 patients to talk in the same way." He is generously endorsed by the likes of Dr. Vasant Patil, the Director of the Department of Medicine at the KEM Hospital in Pune.

Although officially a cure is still in the offing since CP and MR is mostly congenital, Dr. Oswal's treatment is lauded among many in the long run to the perfect cure. On the whole, about 70% of his patients have begun showing positive results as is evident from the photographs and more importantly, from the warm testimony of hundreds of parents.

Readers interested in contacting Dr. Guntvant Oswal can do so at:

Santivant Clinic,  
1215, Bhawan Peth,  
Palshi Chowk,  
Pune 411 002, Maharashtra  
Tele: 655511 (clinic)



**AFTER TREATMENT:** Self-confidence and mental alertness increased, walking improved, started taking interest in activities like bathing, washing clothes, became more playful, handwriting improved.  
These changes occurred within eight months of treatment.

## CASE 1

JAYESH KHATRI, 20 years

Born with irreversible brain damage.

**BEFORE TREATMENT:** Severe mental retardation. He was unable to sit without support even momentarily. His only movement was to slide along the floor. Feeding was only possible in the horizontal position. Tendency to be violent.

**AFTER TREATMENT:** Facial expressions, muscle tone and understanding improved. He can sit in a chair for four to six hours and can also eat sitting up. Tendency towards violence is reduced.



## CASE 2

KAUSHIK CHAKRABORTY, 10 years

Cerebral palsy with mental retardation.

**BEFORE TREATMENT:** Slow, withdrawn, stilted walk, not much interaction with others.

## Doctor's visit of hope for brain-injured kids

AN INDIAN doctor is coming to Sussex to offer hope for parents of brain-injured children.

Dr Gunwant Oswal has been invited by parents who have seen how his homeopathic treatment has helped many youngsters improve the quality of their lives.

His treatment is aimed

at conditions such as brain disorders, autism and dyslexia.

He has been researching treatment for more than 19 years and his work is well-known to experts at London University and the British Dyslexia Association.

But he warns he is not offering miracle cures,

saying: "Improvement can never be total, just partial, and things are not foolproof."

Linda Bamieh, from Pound Hill, Crawley, hopes the doctor can help her seven-year-old daughter Shereen.

Shereen suffered a brain disease as a baby and has walking and talking difficulties.

Linda said: "I believe Dr Oswal will be able to do a great deal of good for youngsters in Crawley and the rest of Sussex."

"All I would say is that people should see him and find out what he might be able to do to help their child."

"He's not a faith healer. He is a doctor who has carried out years of painstaking work and has come up with a treatment that seems to help."

For more details about his services and treatments parents can call Linda on 01293 514046.

### Briefly...

#### Writing workshop

**LEWES:** A workshop for volunteers about how to write basic funding applications, will be held on Wednesday, between 10am and 1pm.

It will take place at Church End, Cockshat Road, and will be led by Charlie Jordan of the Charities Information Service in Sussex.

#### Lecture

**BRIGHTON:** A lecture on the challenge of advertising religion, entitled *Bad Hair Day?* will be held at the Sallis Benney Theatre, Grand Parade, on Tuesday at 6pm.

#### Bird song

**PULBOROUGH:** A short course about how to distinguish different bird songs will be held at Pulborough Brooks RSPB Nature Reserve between 8am and 10.45am on Saturday, March 16. The session begins with a cooked breakfast and will end with a hot drink.

## All is looking green in the new gardens

A SENSORY garden for the disabled is coming up roses after a final design was approved.

Adur Council wants the garden on the derelict site of former municipal greenhouses at Shoreham's Buckingham Park.

It would be fully wheelchair-accessible and include scented

and textured plants so people with sight problems can enjoy it as much as possible.

Now it has permission, organisers, at Adur Schools Council, need to raise £19,000.

Alan Hemsley, from ASC, said: "It's progressing very well. We'd love to hear from anyone who can help."

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**CRAWLEY**

**NEWS**

WEDNESDAY JULY 16, 1997 67,000 readers every week 10p where sold

# LITTLE MISS MIRACLE

Sherreen, 8, amazes  
her dogs by walking



**Family fun park tickets**

**to be won**



**See page 30**

**A SEVERELY brain damaged child has amazed doctors and beaten the odds by walking unaided for the first time.**

Just three months after taking the pioneering G-Therapy treatment brave Shereen bunched her legs of her mum's hands and walked.

And the Crawley News was there to capture Shereen's first steps on film.

Mum Linda, of Barnwood Road, Pound Hill, said: "Shereen is not supposed to be alive now.

"When she let go of my hand I was in disbelief. I never thought I

**EXCLUSIVE**

would see her walk. We were too happy to cry.

"I had never given up hope for Shereen but I was adjusting myself to thinking 'well I have done my best'. But now who knows what she is going to do..."

Eight-year-old Shereen was born severely brain damaged with autistic and convoluted tongue-tenderness.

Linda, 41, said: "She used to be lost to her own world for hours."

But just after two weeks of taking the alternative medicine G-

**BY JAY BOWERS**

Therapy Shereen's balance came. Linda added: "Now she is actually trying to get words out. It is a remarkable breakthrough. She actually gets frustrated when she can't express herself and stamp her feet."

"Her face has changed, she has put on weight and gained muscle tone."

"The G-Therapy has unblocked something in her brain."

Doctor Abdelhadi, Abdelhadi, consultant paediatrician at

Crawley Hospital said: "I have known Shereen for a year and her walking is something we would never have anticipated. It is amazing."

"There was very little hope for Shereen, her quality of life was poor."

But Dr. Abdelhadi congratulated Shereen's family for not giving up hope.

He said: "Shereen has seen every specialist doctor in the UK, Germany and France."

"The fact that G-Therapy works shows that there are areas in the medical field which are still missing."



**THERAPY IS LIFE'S WORK**

**DOCTOR** Gunwant Oswal from Pune in India is the man behind the revolutionary homeopathic treatment G-Therapy.

Based on an ancient Indian cure Dr Oswal has spent more than 24 years working on G-Therapy and helped more than 1,700 children. He is now asking doctors to officially recognise his work.

Dr Oswal said: "I am committed to help all children. This is my life's mission."

"I do not want anyone to be deprived of this simple and easy way to help children."

Dr. Abdelhadi said: "Homeopathic treatment is recognised all over the world and I would be happy to help Dr Oswal get recognition in the UK by introducing him to the right people."



**10 rounds of golf see page 19**

**Nintendo games machine see page 14**



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# NEW HOPE FOR LITTLE SHEREEN

## Pioneering doc set to use ancient remedy

BY JAY BOWERS

**A PIONEERING Indian doctor is bringing hope to a brain-damaged little girl with a 2,500-year-old remedy.**

Doctor Gunwant Oswal has discovered a way of helping children with disabilities - like cerebral palsy, Down's syndrome and autism.

The treatment, known as G-Therapy, uses herbal medicines to remove blockages in the brain, code them in an ancient Indian system of medicine.

And how Latha Banerji, of Burwood, Pound Hill, hopes Dr Oswal can help her severely brain-damaged daughter Shereen, aged eight.

Shereen had had brain damage since she was three months old and has great difficulty in walking and talking.

Last year the Notts reported how the brave youngster had started using a sophisticated toy to help her practice walking.

But Latha said: "When Dr Oswal has



• Doctor Gunwant Oswal



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## MEDICAL WOES

Sometimes worst of circumstances strengthen the resolve of a person at the receiving end of suffering

By Huma Aftab Nasir

# Optimism is the key

A special child. It was quite apparent from their expressions that looking at my child meant they were watching an alien from some other planet. The pressure exerted by society and other family members also affects the feelings of some parents. They start feeling Most parents keep their special children hidden inside their houses.

I was considerably looking for one remedy or another, which could bring some improvement to my daughter's health. I also took her to a so-called faith healer who was famous for treating patients using some kind of herbal medicines. These herbal medicines and syrup did not come cheap. As we could not afford such a huge amount, so after a few sessions the lady informed us at a certain point that now my daughter was completely normal and we could start her treatment and

first time, we understood why people of Arafata Pradeesh worshipped him. He was so show-to-earth and humble that it took us sometime to realise that the gentleman who was talking to us was Dr. Kao, a famous surgeon.

In the beginning I was reluctant to ask him anything regarding my daughter's health because of previous experiences. But he dispelled all my fears by encouraging me and through a positive attitude. He said, "Every child wants to walk, every child wants to talk that Aman may not be able to live for more than 8-10 months and even if he did he may turn into a vegetable. But after four years the same boy was playing in front of us on a bicycle, which required coordination of all limbs. Aman is an example of hope, care and dedication on the part of his parents and grandparents. They did not leave any stone unturned to make the child healthy and Allah helped them achieve the goal."

Apart from many different treatments the boy is going through, which has helped him tremendously is E-therapy. It is Dr. Oswald has developed a therapy which could successfully treat children with cerebral palsy. As this treatment was new to us, Dr. Oswald was kind enough to give us complete information about it. According to him all the treatment involves is the standard suggested tablets used by homeopathic practitioners. He has added a liquid made from herb mixture and body salts to it. There are no heavy metals or poisonous elements involved in it. The ingredients of the medicine are active alkalies that cannot be duplicated. Dr. Oswald claims that there is no side-effects of the therapy and improvements are permanent even if the patients stop taking pills. The most important thing about the therapy is that one may also continue it alongside other treatments.

He also showed me cuttings of different newspapers and videos of his patients highlighting his achievements.

**M**EMORIES of that wonderful day are still fresh in my mind. It was Feb 25, 1995 when I received the most beautiful gift from Allah. My eyes welled up when I held my beautiful daughter. Soon, in my arms, after going through a Caesarean operation. The cherished moment had come after five years, facing the trauma of birth. My husband and I were



Dr. Oswald's therapy is being

those years of joy would meet.

I had gestational diabetes during pregnancy. When the baby was born she was not given the required medication necessary for the child of a diabetic mother. After a few days she started having convulsions and her sugar level came down to 10. Then came the most disastrous news which tore our heart to pieces. My daughter, my little angel was now a C.P. child, that is suffering from cerebral palsy. It still hurts me for while I am writing this article. If only it was possible to reverse the act of negligence that happened that day.

But what's done can't be undone. We Muslims are optimistic people and those who strongly believe in Allah never lose hope. I was hoping against all odds but life had started to become an ordeal for us. We did everything that was possible in our capacity and limited resources. We took her to many doctors. Some were sympathetic, some were downright rude to the extent that completely crushed all our hopes to bits. They would say that she would never be able to sit or walk. "There may never be any change in her condition," some would say. To pass a judgement like that is easy but imagine a mother's desperate state. I always came out of the clinic with tears in my eyes and dejection in my heart.

Years passed by swiftly. There was no change in my daughter's condition. She could not sit, could not hold her head, couldn't see straight in the eyes. Other children of her age had started going to school. My Sami was still at home completely dependent on me. Life was getting tougher and tougher by the day and often that is the time when people around you do nothing to lessen the pain. Parents of mentally challenged children have to face challenges everywhere. In those days I came across many people, who could not react (nearly) when they saw or met

any improvement in her condition. This experience truly affected me. But Allah is very merciful.

There was a family who were going through the same dilemma. Their daughter was a C.P. child but was in a much improved condition because of proper care and exercise. From them I came to know about a rehabilitation centre. I got my daughter admitted there. It was like a day school from 8am to 2:30pm. Here too they had their limitations. They believed in giving only occupational therapy to a child. They were teaching Sami how to comb her hair, how to brush her teeth etc. My daughter was a spastic child. I told them time and again that there was no relaxation in her muscles, which would make her unable to perform all those things. She needed physiotherapy as well; but they turned it deaf ear to all my pleas. The administration there was so rude to parents that they did not hesitate to insult them whenever they got the chance.

Of course there are parents who are negligent towards their child but you can't blame everyone for that. The parents of a special child are already distressed souls. Why increase their dilemma by being oblivious to them. One tends to wonder, do these people really understand Islam where being polite to someone is also considered a *Sadaqah*?

Even in the field of physiotherapy very little has been done in Pakistan. While in our neighbouring country India even a small town like Vishakhapatnam boasts of an excellent hospital for special children.

When my world started getting darker, I decided to take Sami to Vishakhapatnam. It's a small but beautiful town near the seaside in the southern part of India. Here we met Dr Adinarayana Rao, an orthopaedic surgeon. People from all over India as well as from other countries come to his Prema hospital for treatment. When we met him for the

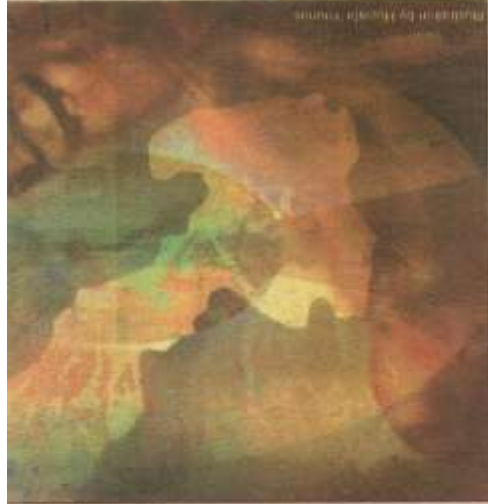


Illustration by Haseeb Farooq

has brought about great change to his physical and mental condition.

It was Aman's father who introduced us to Dr Owad Oval. Aman was going through Dr Oswal's homeopathic and ayurvedic therapy called G-therapy for the past 10 months. It brought tremendous improvement in Aman's condition. These days he appears more relaxed and more aware to his surroundings. G-therapy has also increased his mental and physical abilities. He is now responding and interacting positively and purposefully.

I wondered what was G-therapy all about? Actually it was exactly the treatment I was waiting for and praying for all these years. This treatment removes the blockage in the brain cells of people with conditions such as cerebral palsy, down syndrome and autism. It was the treatment for which I was ready to go to any part of the world. But Allah is so kind, and I just had to go to Pune, which is a few hours away from Mumbai. We decided to take Sami to Dr Owad's clinic Sanjivani in Pune. After waiting for more than three hours and going through different assessments we met the man himself. After years of research

has kept a huge video library of these cases handy for anyone who doubted his claim can always view them.

When a patient comes to him for treatment, Dr Owad prepares a complete medical history with video clips. He has a scoring system based on the activity report of the patient to monitor the progress. He works with patients aged between 18 months and 52 years.

While watching the video clippings of patients I witnessed the ease of the recovery of a 15-year-old girl Shilpa. She was suffering from cerebral palsy and had been nearly turned into a vegetable, needing help to walk and feed herself. She had a vacant look in her eyes and barely recognized anyone. A few months after she began G-therapy, a dramatic change came about. The vacant look was replaced by a warm smile. She could stand and sit without any assistance. Her hand and mouth coordination improved to much that she could even feed herself.

Another wonderful recovery was of Vinata, who had never walked during 26 years of her existence. Just one month of treatment enabled her to walk and even squat.

This therapy has not only proved fruitful to patients in India but has impressed foreigners as well. Ashley Smith, a 17-year-old boy from has been undergoing G-therapy for the past two months. His mother says he has now become much more mentally alert than ever. Some children are fortunate enough to show signs of improvement within 24 hours of taking the first dose. Karan Foster from Sussex is one such lucky child.

In my daughter's case it has taken a little while to notice any changes. But now by the grace of God the improvement in her is quite apparent, though her mental health seems to be in a better condition than her physical health. But I know she'll further improve by leaps and bounds. I am quite optimistic about it.

# Doctor Claims Herbal 'G-Therapy' Helps Kids

By VIJI SUNDARAM  
India-West Staff Reporter

ALAMEDA, Calif. — Before she began treatment, Shalpa, a 15-year-old girl afflicted with cerebral palsy, lived in a semi-vegetative state, needing help to walk and feed herself. She perpetually wore a vacant look and barely recognized anyone around her.

A few months after she began "G-therapy," a dramatic change came over the young girl. The vacant look was replaced by a warm smile. She could stand and sit unaided. Her hand-to-mouth coordination improved so much she could even feed herself.

"She is only one of several patients who has responded to my treatment," asserted Pune-based Dr. Gurdwaj Oswal, who developed the "G-therapy" — a formulation composed of ayurvedic and homeopathic medicines.

Oswal was recently in the San Francisco Bay Area at the invitation of the Santa Clara based group called Parents Helping Parents. The group had invited him to share his successes with mentally-disabled children in India.

As part of the presentation, Oswal showed videos he had made of patients like Shalpa, both before and after treatment. The videos also contain footage of parents testifying about the remarkable effects "G-therapy" had on their children.

In an interview with **India-West** at his home in Alameda last week, Oswal said his patients have included children afflicted with epilepsy, autism and other behavioral disorders.

Oswal wouldn't divulge exactly what goes into his medicine because he says he hasn't yet got it patented and fears someone might steal the formula. But the "G therapy," he said, stimulates the mono-transmitters and releases the chemicals in the brain. Because the formulation is



Dr. Ganeswar Oswal

mostly herbal, there are no harmful side effects, he said. And a month's supply costs around Rs.1,200, he said.

He claimed that he has so far treated around 900 patients in his Sangli clinic in Pune, about 70 percent of them with success. Just how quickly a patient responds would depend on the extent of brain damage he or she is suffering from, he said.

The earnest-looking doctor said he has been researching this field for more than two decades, ever since he graduated from the inter-

acted course in allopathy and ayurveda from Pune University. Right from the time he began practicing medicine, he said, he was not interested in "giving injections and pills" and seeing no improvement.

"By 1990, I was totally disenchanted with modern medicine," he said, noting that that's what got him to open the Sangli clinic and experimenting with a combination of ayurvedic herbs and homeopathic medicines.

He said he has presented his work before the Indian Medical Association at its 1991 annual conference, as well as the 7th National Congress on Mental Retardation.

London University and the National Institute of Mental Health in Japan have acknowledged the importance of his research, he said, noting that he is currently treating around one dozen cerebral palsy children living in Lan-

Oswal said that the mainstream medical community initially viewed him with suspicion, but now "leading pediatricians come to my Pune clinic to assess me and leave thrilled by what they see."

In the early days of his off-beat research, he said he was encouraged by the late Dr. Vissarath Pal, professor of medicine in B. J. Medical College. "I owe a lot to him," he said.

Oswal said he would like to research his G-therapy treatment in greater depth but believes that this can only be done in such places as the U.S. where "comprehensive electro-neuro-psychological studies" are being done in universities and other research facilities.

"This therapy offers hope to children with brain disorders," Oswal said. "I would like to see it become the treatment of choice" throughout the world.

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# LOURS

Delhi  
with his



for them to realise that the best of India can be captured by Indians, and not for a mere anonymous display of Indian workmanship carried from here to the West and incorporated in and as their creations.

His exotic creations inspired by Mughal architecture weaves, and used arabesque embroidery to embellish. Gudda's muse is in villages, glitzy boutiques and malls or in dusty factories and workshops — in his clothes and in the design element of his home! "One of the things that keeps me going is the ever present competition. All us designers hang out and have a blast and without one another, it would be a dead dull and boring process — I love the competition — it makes us improve upon ourselves and want to outdo the other," he says.

Looking at the *Time* magazine, you read about India's Master of Fabric and Fantasy and it is this chimera that transcends into the home of this fashion industry icon.

Far from a big decorator job, the south Delhi bungalow is a flamboyant design in harmony with his personal myths — an art-filled hallway with an informal dining area at one end, off-white walls where the melange stands out all the more, dramatic inlaid floors in an Italian and Indian marble mix, sofas and ottomans against a backdrop of marvellous blinds lined from the inside with a fabric that was designed for export some years ago of white tulips on a raw silk beige background with rattan on the face of the outside.

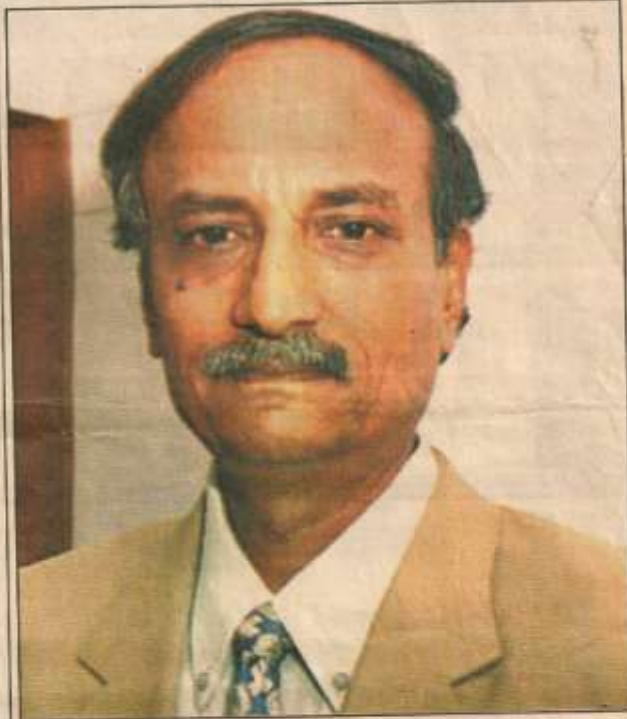
Contrary to popular belief, no undue PR, or desperation comes across — "I don't go through life wanting everyone to love me. I speak up because I am comfortable with myself. It's important to have an opinion and opinions to be expressed!!" "Whatever I am doing must be right, because after all, I am one of the top three India has to offer," he states.

Right you are, Gudda, and good for you that you know it!

It's not a commercial journey all the way — there is the AIDS charity and also the cancer cause he works for along with his off-beat haute couture exhibits where the models are not the quintessential Dino Moreas or Arjun Rampals, but an odd mix which include fellow designers Masood, hotelier Rahul Akkerkar, architect Hafeez Contractor, dancer Inam Siddiqui, Hindi film star Shah Rukh — always the unexpected!

And now, just when you are expecting sheers with the rage sequins and beads and layers and pants and strappy *kurtas* and Jewell colours, you get Khadi — he has joined hands with Khadi Gramodyog to create a Prêt Khadi line and is set

## The G factor in Dr Oswal's life



*Dr G Oswal, an Ayurvedic doctor in Pune, is making dynamic difference in the treatment of brain disorders, prompting a leading US medical team to try out the medication in their patients, says KANCHAN M*

After 24 years of intensive research, Dr Gunvant Oswal, an Ayurvedic medical practitioner from Pune, has formulated the unique G-therapy. G-therapy is a combination of herbal extracts. It has been tried out in over 5,000 patients with brain injuries, development and nervous system disorders and has shown remarkable improvements in the motor and higher cortical functions of the brain in over 4,000 cases.

Says Dr Oswal, "The 'medicine' is an extract of vegetable origin, made potent by successive dilutions, and administered just once a day. It is a unique combination of herbal extracts, prepared in homeopathic form and treated with biochemic salts."

The successful combination has been developed over a 25-year period through original research in Ayurveda and homeopathy. The G in G-therapy stands for Dr Oswal's initial. Says the doctor, "Modern medicine has little to offer by way of palsy, mental

a boon for many."

Dr Oswal, who is a bachelor of Ayurvedic medicine and surgery, says that the medicine is not very expensive and is given to poor patients free of cost. It has no side effects and can be continued side by side with other treatments as well. "G-therapy is safe and free from side effects and has been tested for toxicity in the US and UK. The results showed no presence of toxic materials to the parts per billion level," Dr Oswal states.

Presently visiting Dr Oswal are the Cerebral Palsy Network, a team of parents and doctors from the United States. The team has collected data on G-therapy and on their return to the US, will carry G-therapy medicine for 35 American patients for the clinical study. Gregory Shlopak, a member of the team says, "We have seen video recordings of many patients before and after the treatment and the progress has been impressive."

Gunvant Oswal will soon start a centre for neurological disorders and complementary medicine in Pune. In this multi-disciplinary institute, dif-

# MAHARASHTRA HERALD

PUNE, SATURDAY, MARCH 17, 2001 3

## G THERAPY GAINS WORLDWIDE ACCLAIM

### Centre for neurological disorders to come up in city

By our staff reporter

G therapy, a magic word for those suffering from neurological disorders, will be available to more people as the innovator of this complimentary form of medicine, Pune doctor Dr Gunwant Oswal announced plans for setting up the 'Centre for Neurological Disorders and Complimentary Medicine' in Pune shortly.

Addressing a press conference, he announced that the centre which is being designed by eminent American architect Christopher Charles Benninger is to be located at Clover Pinnacle Ridge at Kondhwa and is likely to be ready in a year. It will be a multi-disciplinary institute where different therapies that are complimentary to each other will be practised for the 'holistic healing' of the patient.

A team of high ranking American citizens, all members of the Cerebral Palsy network in the USA were in the city this week to collect data on G Therapy. They were Dr Joan Torpey (ophthalmologist), Maria Rosa Crespo (worked for WHO), Li

Col Sheila Patricia Michalke (US airforce) and Gregory Shlopaka (leading American businessman). Sheila and Gregory are both parent representatives of the US study group.

About their own experience as parents of children with neurological disorders this is what two members of the US study group had to say.

G Therapy has been proven to calm and soothe the nerves, thus putting to relax a hyper-active individual suffering from neurological disorders.

Gregory Shlopak: We are usually very skeptic, questioning and careful while accepting anything like this. However after interacting with a number of people who have undergone G Therapy, I can say that I am very optimistic and would like my 12 year old son to be treated by G Therapy. As a parent, I want what is best for my child. What struck me most was that G therapy calms the nerves and relaxes a hyper-tense and hyper-active individual suffering from neurological disorders. There are three families in the USA practicing G Therapy. I hope that in time it grows.

Li Col Sheila Michalke: I did not believe in three pills being a magic wand and do not expect or believe in any miracle cure.

Yet, the first person accounts which I saw and heard were encouraging. One was the case of a young boy who had always been

afraid to sleep alone for he feared that he would stop breathing. After G Therapy, he has lost all fear and it has brought so much of hope and relief to his family. This is a small and subtle improvement but a monumental one for the parents. I am eager to return home and try the G Therapy on my child. On their return to USA, the team will carry the G therapy medi-

in the motor and higher cortical functions of the brain in over 4000 cases.

All of Dr Oswal's studies have been well documented and he claimed to have the largest database on neurological disorders in the world. Dr Oswal claimed that G Therapy promised to revolutionize the sphere of treatment of brain and nervous disorders since modern medicine offered little hope of a remedy. He said that the improvements were significant and that more than 80% of his 500 patients had shown significant improvements.

He said that the results varied from person to person. While some have shown noticeable improvement in minutes, others have taken years. Yet, the therapy could be used on any age group ranging from new born children to octogenarians, the doctor claimed.

Dr Gunwant Oswal who is an Ayurvedic doctor said that G Therapy worked on the principles of homeopathy and ayurveda and that the combination was developed after 25 years of research in these fields. It was totally free from side effects and had undergone stringent testing in American laboratories and was found to be free from toxins, steroids and other banned substances. Dr Oswal said, Dr Oswal's work has generated tremendous interest worldwide. It was discussed at the 9th world Pediatric Congress, London in 1995, International Parent and Parent Congress in 1996 and 11th World Congress on mental retardation in 1997. G Therapy is presently used in UK, USA, Australia, Middle East and even in the West Indies.

For further information visit [www.g-therapy.org](http://www.g-therapy.org), or call 6355511



THE G THERAPIST:  
Dr Gunwant Oswal,  
inventor of G Therapy.

cine for 35 patients which will be used in clinical trials.

Speaking about G Therapy, Dr Oswal said that it was a combination of herbal extracts and biochemic salts presented in the form of tablets. He said that G Therapy as a whole combination and in some cases with its individual components had been tried on over 5000 patients worldwide. It had been designed for those suffering from brain injuries, developmental and nervous system disorders.

He stated that patients had shown remarkable improvement



Features

TUESDAY APRIL 27, 1999

Photo: Vandana Gadia

# Is G Therapy the answer?

**K**HALID Sam Sam, a financial consultant from Saudi Arabia, was a laid man. His four-year-old daughter could not talk, run around and play like other children of her age. In fact, she could not even hold herself or communicate in any form with her parents.

Samar suffers from cerebral palsy, a condition resulting from damage to the brain which causes various types of neuromuscular disabilities. She has been through many therapies all over the world but until six months ago, when she started on G Therapy, practised by Dr Gunwant Oswal, at his clinic in Bhavnagar Path, she showed little improvement.

Khalid first read about Dr Oswal's therapy in a newspaper and after several telephonic conversations with the doctor, came to Pune six months ago to start the treatment. Samar, who never ever responded when we called her, now turns her head when called and even recognises us," says Khalid beaming with joy. The last six months have seen considerable signs of improvement, he adds.

Dr Oswal has prescribed this herbal therapy to over 2000 children with cerebral palsy. Downs syndrome, epilepsy and behavioural delays, and claims that it has worked on about 70 per cent of his patients. So, how does it work? Well, Dr Oswal is reluctant to reveal what G Therapy is all about

at this stage. All he will say is that it includes a mixture of herb extracts, minerals and biochemical salts in tablet form. "Since my work is on a small scale, I have not done about the actual process, taking place inside the brain, but my surmise is that it stimulates the neurotransmitters and removes blockages in the brain cells," he says.

Oswal, who is an ayurvedic practitioner, says he started upon the formula some seven to eight years ago. "I was treating children with cerebral palsy and other mentally-handicapped children. Since the conventional modern medicines had no solution for them, I tried several combinations of these herbs and biochemical salts and finally arrived at this formula which had a significant impact on my patients."

The duration of the treatment depends on the extent of the brain damage, says Oswal. No two patients with cerebral palsy are affected



**Dr Gunwant Oswal's work on the treatment of cerebral palsy is the focus of much interest in India and abroad.**

**Vandana Gadia reports on the ayurvedic practitioner's approach which involves a mixture of herb extracts, minerals and biochemical salts in tablet form**

ed to the same extent. "There have been instances when the impact is seen within 15 minutes of consumption of the medication. The

care for her son. "We heard of Dr Oswal and wanted to get our son here, but we did not know whether we could afford the treatment. To

Dr Gunwant Oswal and (inset) Samar's mother helps her do exercises which are part of the treatment

entire course may last for anything between a year to five years," he claims.

After initial private consultations, Dr Oswal offers medication tailored to individual needs. "The medication has to go along with regular exercises which are part of any treatment of cerebral palsy," he says.

M. Dr Oswal's clinic, Samar's mother is busy learning the exercises from Dr Oswal's assistant. And there are many more patients waiting outside.

Says Vandana Mhaskre who has come to pick up medication for her son. "We heard of Dr Oswal and wanted to get our son here, but we did not know whether we could afford the treatment. To

our surprise we found that Dr Oswal even offers free treatment to the needy."

There are even patients from other countries. In fact, Dr Oswal has recently received an e-mail from one of his patients in the UK, which says that a G Therapy support group has now been formed there. This group has invited Dr Oswal to deliver a lecture series from May 29 to June 5 at Doncaster and Bristol. About 525 people have already registered to attend the series.

Plans to get a patent for G Therapy are on the cards as are efforts to gain formal recognition for the therapy from the London-based Rescure Foundation. The foundation team has already visited India and is now conducting trials to test G Therapy.

According to Professor William Hoeghlin, an expert on body

Ch...

# Breakthrough cure for cerebral p

**After 24 years of research, a Pune doctor has developed a therapy that shows amazing results in treating brain-damaged children, and is attracting world-wide attention, reports SAMEERA MOLEDINA**

**C**EREBRAL palsy is a devastating condition caused by damage to the brain before, during or immediately after birth. There is no known cure. But now there is hope.

Dr Gurvant Oswal, an ayurvedic medical practitioner from Pune, has researched for more than 24 years to prepare a therapy which has yielded amazing results in treating children afflicted with cerebral palsy. So far, he has treated 2,500 cases. The meticulously recorded evidence shows visible improvement in more than 70 per cent of his patients. Interestingly, the improvements are seen almost immediately after administration of the therapy.

Dr Oswal's Centre for Developmental Disorders in Pune has evolved the medicine using traditional Indian Ayurvedic techniques. The therapy, which he calls 'G-

therapy' is attracting international attention. He has treated patients with a remarkable degree of success in about a dozen countries all over the world.

The 'medicine' is an extract of vegetable origin, potentised by successive dilutions, and administered just once a day. "It is a unique combination of herbal extracts, potentised in homeopathic form, and biochemic salts," he reveals.

According to Dr Oswal, almost 20 per cent of children with cerebral palsy also suffer from mental retardation, and two out of every 1,000 births suffer from cerebral palsy. In developing countries, this percentage is even higher as there is no active medicine to help the damaged brain.

Neurological problems from early childhood manifests itself in cerebral palsy, epilepsy, learning difficulties, and other behavioural problems. Cerebral palsy poses the greatest challenge to treat, he adds.

Meanwhile Dr Oswal's amazing evidence has been received with great interest in some of the most prestigious international medical conferences like the 9th World Paediatric Congress, London, in '95, the European Academy of



**Dr. Oswal with a confident 8-year old Shereen Bamieh at Crawley in UK after the girl amazed doctors by walking for the first time in her life after being administered the G-therapy.**

Childhood Disability, Dublin, Ireland, in '96, the International Parent to Parent Congress, USA, in 1996 and the 11th World Congress on Mental Retardation, in '97.

His work was highlighted

on London television, and several institutions from developed countries like UK, Australia and USA are exploring Dr Oswal's neurological breakthrough.

Today, Dr Oswal regularly

# palsy

visits his patients in Europe, UK, USA, Australia, Middle East, and even far away West Indies to hold out hope to numerous young victims of cerebral palsy and other neurological disorders.

## GRATEFUL PARENTS

Some of the letters he receives from grateful parents speak volumes about the success of his treatment. Writes Pippa Foster, a chartered psychologist and psychotherapist from UK, "My son is six years old. He was diagnosed as having right sided haemiplegia at the age of five months. This affected his right arm and leg. He developed normally until two years. Then after some inoculations and prolonged use of antibiotics for an ear infection, his behaviour became rigid and stereotyped. He lost his ability to construct sentences and began to mimic phrases and echo video language. He became destructive, could no longer sit and concentrate and could not understand language. At the age of three, he was diagnosed as having epileptic seizures (petit mal). He was put on high doses of anti convulsants; he was on these when he started G-Therapy in December '97.

From then onwards, his language seemed to improve remarkably. He is constructing more complex sentences, expressing his needs clearly and commenting on events around him. He is more 'present'. He will respond immediately when spoken to as compared to before when he would take several repetitions to attract his attention. He can even obey complex instructions. He dresses himself and

*Contd. on page 6*



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## Centre for neurological disorders and complementary medicine for city

A Staff Reporter

MODERN medicine has little to offer by way of treatment for conditions like Cerebral Palsy, Mental Sub Normality, Autism etc. and the conditions are generally considered irreversible. Such patients have to rely on Occupational Therapy, Speech Therapy etc. There are, to the best of our knowledge, no medicines available for bringing improvement in the motor and higher cortical functions of the brain.

G THERAPY ([www.g-therapy.org](http://www.g-therapy.org)) is a promising treatment for the millions of patients suffering from these disabilities, and it has proven its efficacy on over 4,000 patients worldwide.

Pune-based Dr Gunwant Oswal—innovator of G Therapy, which has been steadily getting worldwide recognition, today unveiled plans for the 'Centre for Neurological Disorders and Complementary Medicine'.

This multi-disciplinary Institute, is where different pathies and therapies complementary to each other will be practised, keeping in mind the holistic healing of the patient.

The eminent American Architect Christopher Charles Benninger, is designing this Institute to be located at Clover Pinnacle Ridge—Kondhva, near NIBM—Pune.

G Therapy is a combination of herbal extracts in potentised form, and biochemic salts.

G Therapy—as a whole, combination, and in some cases it's individual components, have been tried over 5,000 patients worldwide. Those treated were for brain injuries, developmental and nervous system disorders, and have shown remarkable improvements in the motor and higher Cortical functions of the brain over 4,000 cases. These results have been scientifically well documented.

G Therapy is the invention of Dr Gunwant Oswal—a Bachelor



Dr Gunwant Oswal

benefited globally.

G Therapy is absolutely safe and free from side effects, and has been tested for toxicity—in the USA and UK, and the results showed no presence of toxic materials to the Parts Per Billion level.

The improvements start in the first four weeks of treatment itself, and a significant change is usually demonstrated on the video after 8-12 months period after starting G Therapy. Another feather in Dr Gunwant Oswal's cap, is the visit of the members of the Cerebral Palsy Network who have come to Pune. The team will be collecting the Indian data on G-Therapy and on their return journey to the US, will carry the medicines of G-Therapy for 35 US patients—for a clinical study. They will be with Dr Oswal from March 12 to 18.

The team members of the Association who are on a visit to Pune, and spoke about their experiences to reporters included Dr Joan Torpey (MD Diplomat American Board of Ophthalmology, Certificate American Board of Ophthalmology,

Bachelor of Homoeopathic Medicine and Surgery, will be closely involved in all the research activities. The main research activities will be carried out in Neuropathies, SSPE, Liver Cirrhosis, Colitis, Arthritis, Infertility, Neurological Disorders, Strokes etc.

Dr Oswal's son Prasad, and daughter-in-law Mrs Roopa, are busy in research of exploring health care products and special massage oil for spastically—and head oil for tranquility, for 'Special Needs' children.

According to Dr Oswal, almost 20 per cent of children with cerebral palsy also suffer from mental retardation, and two out of every 1,000 births suffer from cerebral palsy. In

developing countries, this percentage is even higher, as there is no active medicine to help the damaged brain.

# News

PUNE TIMES OF INDIA 3

## TODAY'S ENGAGEMENTS

- **NANA Joshi Memorial Cricket tournament**  
Committee: Crooked to tournament to be inaugurated by Mayor Vandana Chavac. Parade Jawaharal Nehru Stadium: 8.00 a.m.
- **BHARATIYA Sanskrit Darshan Trust: International conference on Ayurveda and cancer**: Holiday Inn: 9.00 a.m.
- **PUNE Construction Engineering Research Foundation: Corastro 97 exhibition: SSPMS grounds, near the Sarajim Bridge: 9.00 a.m. to 2.00 p.m. (business hours), 4.00 p.m. to 8.00 p.m. (for the general public)**
- **ADHYAYA: M Dhadphale to speak on 'Aspects of Maharashtra's culture'**: Amrithnagar of the Ferguson College: 10.00 a.m.
- **PUNE Chartered Accountants Society: Meeting to dispel doubts about the 'Voluntary Disclosure of Income Scheme' (VDIS): Patkar Bhawan, Navi Peth: 2.00 p.m.**
- **SRISHATI: Presentation of the first Dival issue: Bhavati Akhara, Sachin, Vileparane**

## 'G-Therapy' for cerebral palsy

Staff Reporter

TESSA Hamblin and Pauline Wilkins of the Rescure Foundation for the Brain Injured Infants in Great Britain were in town for three days in connection with the Foundations' project to study the effects of city doctor Gunwart Oswald's 'G-Therapy' for cerebral palsy and mental retardation.

The physio-therapist and project manager, duo from Britain examined around 20 patients and their families in Pune. This will be followed by a six-month scientific pilot trial of the effects of the medicine on ten selected children in the United Kingdom.

The 'G-Therapy' is a curative Ayurvedic medicine comprising different herbs, minerals and tissue salts in an energy-activated, patented form. According to Oswald, 70 per cent of the 1,500 patients that he had treated so far had shown a positive response to the medicine.

"We are not prepared to commit ourselves, since a scientific study is to be conducted into the medicine. As there is no medication available for cerebral palsy and mental retardation at present, this will be a good thing for the affected children if it works," said Tessa Hamblin.



Gunwart Oswald seen handling a batch of 'G-Therapy' to Tessa Hamblin and Pauline Wilkins.

# G Therapy: A Ray of Hope For Hapless Children

By ANJALI AMONKAR

It is said that when a person is diseased then a conducive atmosphere is simultaneously available to cure the person from the disease. The availability of the medicinal atmosphere is manifested in nature. And this nature-based medicine is often harnessed to cure even more unyielding and incurable diseases.

Also there is a common belief that there is conspicuous absence of allopathy-based medicine for the most important part of human body, i.e. brain. The disorder in the mind or neuropathy which is manifested in different ways — mental retardation, cerebral palsy, mental subnormality, down syndrome, dystonias, hyper-activities, intractable hemiparesis, strokes, post-surgical neuro defects, autism, ataxias, atrophies, etc — has often been a hard nut to crack for

**His therapy does not offer total cure for behavioural disorders, but certainly is the first medicine for the neuropaths.**

the medical fraternity.

However, in the time of uncertainties there is a ray of hope for the neuropaths — people who are diseased with neurological disorders in the form of a doctor, Curvant D Oswal, a Pune-based therapist.

Dr Oswal, a graduate of Pune University, was influenced by his father's books on homeopathy during himself from the allopathy-based medicine which is generally regarded as modern medicine.

He studied the causes and effects of behavioural disorders,

prepared his medicines and conducted experiments. He tried different combinations of herbs and bisols and came up with a medicine. The result of this studies gave the emergence to his therapy called 'G-Therapy'. The therapy has taken the place of an alternative for the patients of neurological disorders.

His therapy does not offer total cure for behavioural disorders but certainly is the first medicine for the neuropaths. But correction to the diseased brain largely depend on the magnitude of the damage caused to the brain.

The change in the physical and mental conditions of the patient can bring enormous relief to the parents and care-takers. This facilitates and influences children's mental and social development as well as helps in enhancing the quality of the life, socially and emotionally.

The patients, who undergo the treatment of Dr Oswal are video-monitored. Opinions about improvements from teachers, therapists and parents are recorded. It is reported that a wide range of pathologies and physical and cognitive disorders are cured through 'G-Therapy'.

Thus Dr Oswal, who has participated in various seminars and workshops and published his work in various journals and newspapers, has been seen as a harbinger for bringing order to a disordered brain of children by their parents.



Dr Curvant D Oswal, along with one of the patients in his Centre for Developmental Disorders and Complementary Medicine, Pune.

● Медицина без границ

и Московский Запад  
№ 33 12-18.08.96 г.

## «ОБЫКНОВЕННОЕ» ЧУДО

В мае 1996 г. по приглашению доктора Гунашита Освала делегация Межрегионального Союза жизненной помощи умственно отсталым лицам посетила город Пуна в Индии с целью ознакомления с методами лечения церебрального паралича и умственной отсталости доктором Освалом. Нужно сказать, что, когда мы дети в Индии и потом, уже на время присутствия на первых приемах у доктора в клинике, нас не покидало какое-то чувство неверия, скептицизма, потому что нам, родителям детей с подобными заболеваниями, уже довелось столько испробовать методов лечения, столько потратить денег, что трудно было представить, что нам действительно в этот раз пришлось столкнуться с «обыкновенным» чудом. Обыкновенным, потому что, по словам самого доктора Освала, ничего нового в его «С-Фактору» (так называется его метод лечения) нет. Все началось с огромного интереса к индийскому влиятельному двенадцатилетней давности по голландии, которые всю жизнь собирал и архив его отец. Оказалось, 2500 лет назад существовала древняя индийская медицинская система Аюрведа, и знаменитые врачи того времени Чарак и Сушрута уже тогда описывали церебральный паралич и умственную отсталость и возможность улучшения состояния путем использования тонизирующих средств. Вот в этих старинных трудах и черпает доктор древние забытые методы лечения. Трудно поверить, но это факт, что в нашу эпоху стремительного развития многих наук, технологий, компьютерный мозг практически не изучен, и ребенок, родившийся с такими тяжелыми нарушениями, вынужден страдать всю жизнь, не имея никаких надежд на обретение нормальной жизни. В кабинете у доктора Освала мы встречали детей, которые до лечения его методом не двигались, не говорили,

а теперь они сами ходили в этот кабинет, приветствовали доктора, улыбались, разговаривали с нами. А какими счастливым светились лица родителей! Ведь кому, как не им, известно, насколько трудно детям самым маленьким победить ребенка. Весь процесс лечения доктор записывает на видеокассету, поэтому можно проследить состояние ребенка до начала лечения и на сегодняшней день. Доктор Освал очень скромно, немногословно, но его буквально разрывает на части: то звонит из Америки, то из Великобритании с просьбой приехать на очередные консультации (и в той, и в другой стране созданы Центры Освала).

Он по возможности объясняется на все просьбы. Вот и познакомилась с нашей организацией впервые в ноябре 1994 г. на Всемирном конгрессе Международной Лиги общества содействия умственно отсталым лицам, проходившем в Дели, (наш Союз является единственной в России организацией — членом этой Лиги) он загорелся желанием помочь, чем сможет детям России, страдающим церебральным параличом и умственной отсталостью. В августе — сентябре доктор Освал будет проводить консультации в своих Центрах в США, Великобритании и Германии, а в конце сентября будет гостем нашей организации. Цель его визита — возможное оказание помощи нашим детям. «Я не Бог», — говорит доктор, — но, если мне удастся помочь хотя скольким-нибудь детям, я буду считать, что прожил жизнь не напрасно. Да, он не Бог, но он действительно творит чудеса, которые происходят наизусть в душе родителей, дарит ощущение радости жизни детям. Хотите, счастье возможно? Мне ждем Вас, доктор!

Контактный телефон регионального отделения «Жизненная поддержка детей-инвалидов» — 931-28-02.

MOSCOW  
RUSSIA

RUSSIAN - MOSCOW  
News coverage



Medicine without limits

Moskovsku Znanad.  
33 12-18.08.96.

### ***“Ordinary” miracle***


On May 1996 on the invitation of Dr. Gunvant Oswal, a deligation of Interzonal / organization of Life assistance to mentally retarded people, visited the City Pune in India with the aim of getting acquainted with the methods of treatment of cerebral palsy and mental retardation. It should be mentioned that when we flew to India, during our stay there and at the doctors Clinic the feeling of disbelieve did not leave us because to us - the paraents of the children with similar disease who had tried so many methods of treatment, had spent so much of money on it, it was difficult to believe that we have really come across the “ordinary” miracle. Ordinary because according to Dr Oswal there is nothing new in “G-Therapy” (that is how his treatment is known). It all started with a great interest in the 2000 year old Indian books on homoeopathy which were collected and preserved by his father. It is proved that 2500 years ago there was on Indian medicinal system Ayurved and the skilled doctors of that time Charak and Sushrut in those days wrote about cerebral palsy and mental retardation, about the possibility of its improvement, about conditions and ways to use homoeopathic remedies. And in their old works the doctors scoop the ancient, forgotten methods of treatment. It is difficult to believe but it is a fact that in our era of impetuous scientific developments the technology of human brain is practically not studied and the children born with these complicated diseases/illnesses are compeled to suffer throughout their life without any hope of leading a normal life. In Dr. Oswal’s cabin we met the children, who before the treatment couldn’t move or speak but now they themselves entered the cabin, greeted the doctor, laughed and conversed with us. And what a happiness blushed on their parents faces! To whom other than them is known how difficult it is to give a very small victory to their children.

The doctor picturises the whole process of treatment on a video cassette so one can trace the condition of a child from the beginning of the treatment upto the present day. Dr. Oswal is a very simple man, speaks little and he is literally torn into parts and is called from America, Great Britain and is requested to come on the next consultation (Oswal centres are coming up in many countries)

As far as possible he responds to all the requests. And after getting acquainted with our organization for the first time in November 1994 in Delhi at the world congress of International league of societies helping the mentally retarded people (our union is called the only organization who is the member of this league in Russia) he showed a great desire to help the Russian spastic children in all the possible ways. In August - September Dr.Oswal will conduct consultations in his centres in USA, Great Britain, Germany and at the end of September he will be a guest at our organization. Purpose of his visit is to render help to our children. "I am not a God" he says "but if I am successful in helping at least some children I will feel that I didn't spend my life in vain". Yes he is not a God but he really works wonders which give hope to the parents and a feeling of happiness to the children.

It means happiness is possible. We are waiting for you Doctor!

Contact Telephone of the regional branch  
"Live support to disabled Children" 931-28-02.

  
VAISHALI V KULKARNI  
42/2 BHAIRAWATH HOUSING SOCIETY  
NEAR KALE HOSPITAL  
AUNDHGAON  
PUNE 7.

# सकाळ

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सुप्तारंग

संधर्ष-संस्कार

## मेंदूतील ट्यूमरसह तो भिडतोय जगण्याला

एका सुखी कुटुंबातल्या लहानमध्यावर बगळीच प्रसंग ओढवला. तो अचानक बगळीच वागू लागला. २३-२३ तास झोप किंवा तेवढेच तास जाग, असं त्याचं 'रूटीन' झालं. काच करारं ते धरण्यांना मुबेना. वर्ष उलटत होती; पण त्याच्यात काहीच फरक पडत नव्हता. घरांत मात्र कंटा कसली. काहीही झालं, तरी आपल्या लेकाला धर करारचं, असा निर्धार केला आणि मूक झाला संघर्ष...एका आई-बावांचा आपल्या पोटच्या गोळ्यासाठीचा संघर्ष.

अभिजित धिते  
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आज अभिजित जो काही आहे, त्यामागे अनुप्राध आणि महिलाकार्जून मल्लखडे यांचे अपार काह आणि विर आहे. (छायाचित्र : विश्वजीत पवार)

एका सुखी संघर्ष होत. दोघांनी नेमकदार. सोळापुढत राहणारे. कलसं पर. एका कुटुंब असल्यानं मानसांची वे-जा जलपारं. सध्यांना एकाच बापुन ठेकारां आणि मनमनसत प्रेम करणारां, असां त्यांचं पर. जगणांतलं कडय नकळतुंचे विषम सता होते. त्यातच दोघांत हिंसरं वेणुचो पडतूत झाली आणि सारं पर आनंदून गेलं. अंटेर, थोडकडेनाका असे सारे कार्यक्रम झोकात अरु मोठया आनंदत पर घडते. दिवस भाले आणि बातमी अली- मुनस झाले. एका एकदा सारं कुटुंब आनंदून गेलं. मुलाक दिवायमानं घरा हांडे लयसत. त्याच्या कालीतंतत सारं पर हलून काड सगलं. त्याच्या उदयापयोर सारं पर जगणाचं आणि त्याला निरकल निरकल स्वतः शतां व्दयचं. पर चाळवे लाड तरी बिती खावेत... आणि का होत कात? काळ होतय तसां दुवार... पुढे हाळू सुरू झाली. काळकाठी झाली. पडिली झाली. काळ दुसरी गेलं. काळ झाल तंत आणि लक्ष्योर परातल आनंदी. त्याका धिखत तीडतल होतया. साडेते काठी कार्यक्रम जपेले किता कोची पडणय वेपार असले. तर या विदुकल्याला हा केलं जपनं. तो त्याचं सगला कवितां दिवजायया. सगलाठी कलायना एकुपच कय. तर सारं पर एका काळभाचोच विरत होतं.

काठी काळे ही काची? सरळ, साधी अर सोची. पुढे सगला मंडत होपार. एकाद-दुसरा खडता, कदविता सगलाची किता लयनंतर, मग काठी कां जगपार, एका सोर एक होपार आणि सारं काठी गेड गेड होतून विरत होतया...

पोपती फिरत होते. पुंचंदून पुन्हा सोळापुढत आले. डॉक्टरांनी विविध औषधं मिश्रून दिली होते. तो देवता वैदिककालातही विनायक्याच, 'अहो, तुम्हा ही कासारी औषधं नेहाय ठारक आहे ना?' एक वर्षं कळत सगला मिश्रून गेलं. पण त्याच शून्य. १९९५ नंतर अभिजितो परिस्थिती अजूनच बिघडली. तो सप्लत २३-२३ तास झोपून असायना. बरीदारी सारे चिले. या मुलाका कय झालेय, तेच सपलत नकलं. उठल की खायना आणि पुन्हा झोपून जायच. अला दिवस सध्या या अचर झोपेच्या चिंतेत पडलेले होते. त्यांनाच अजून विकट परिस्थिती वेपार होती. त्याचं हे त्रोपेचं चक एकदिवस उलटलं आणि आणि चक उलट परिस्थिती आली. तो २३-२३ तास कय राहू सगला. झोप कासची गोष्टी त्याच्या जवळ फिरपेनारी झाली. त्याचबद्दले सायना बाराय्याठी मंतर तो शरीरचर ताका ससल्यासारका सलत झाल्याची करारया. स्यात-वे हातकय, केम, पोहा अडेनाडाचक. त्यापुन त्याला जगुया झाल्या. ओरबाडल्यानं त्या विचयल्या. रोवटी रचल विरवरीशरया कांडर झोपकलं जायनं. एक हात आणि एक पय विरवरीया बंधायचा आणि शेकाची कसतेल्यानं दुसरा हात आणि सारं सारं सगला सगला सारं असा आणि सगला

### बहिणीची माया

अभिलला धाकटी बहिणी आहे. अजिता तिचं नाव. कळायला लयलयापासून ती आपल्या भावाच्या दुर्दैवाचे वशावतार पाहते आहे. या वशापासून ती तिला जपेल तेवढी प्रयत्न करते आहे. आज अभिलला विर करी नाहीत, पण अजिताच्या वैजिणी माय त्याच्याचशी आवाजून बोलतात. तो आणि अभिजित हे वेगळं आणि खूब सुंदर नातं सगला झालं आहे.

होता. काहीही झालं, बितीही झालं, तरी आपण ही खडई निकसणची, असं त्यांनी ठरवून घेतलं होतं. पुढे पुढे तर अभिजितचे दोळेही बंद झाले होते. शरीर अस्मिभंका झालं होतं आणि तो सलत झपयल मगायचा. जवंड खायचा. भेरी खरेल एवडं खायचा. दिवस, वर्षं सरत होते; पण अभिजितचे सुधाया शेण्याचे सस्यत काठी जकड येत नव्हती. १९९८ या जून महिना माय केराड उबाळला. दूदरतनायच्या कामगारिजय मध्ये पुण्यातले वैजिणीची मीं सगला ओरबाडत कांची सगलाचं नेची

आज तो कय आहे. हे तुम्ही पालतय आयात." १९९८ ते २००० पर्यंत मल्लखडे कुटुंबीय ३ महिनायला ठेकसी कलन पुण्यात येत होतं. मिश्रिनं आणि भद्रेनं जपयतारं सामीलं होत होतं. काहीही झालं बितीही खचं झालं, आपल्याला बितीही कास झाल तर आपल्या अभिजित कां करायचं, हा त्यांचा सपक होता आणि अजे. त्याचं पळत त्यांना आर मिळतय त्याकाठी त्यांनी किती खयता खाल्ल्या आहेत. हे त्यांचं त्यानाच माळत. नेकरी सांधाटून हे सारं सततक करण धरणाधरयांत जगत नाही, ते या दोघांनी करुन दुखवलं. पैश्यांची ओडातान, अरिनाकले ताप-तणा आणि अभिजित्या प्रकृतीबदल सलत कडपारी काळजी या पडपान ते हाकरी कां कसे गेले सगलात? आर अभिजित अगरी नॉर्मल नकलत, तरी खुपसा चोगला झाल आहे. ट्यूमर अजूनही तिबांय आहे. तर सलत महिनायनं एमआरआय केला जातं.

### मग्नू सगलाची पीता

अभिजितचे सुधाया होत गेली. त्याला दुसरीपकी सिक्केलें सारं अडकलं. जो तीडती उभयत नकलत आणि अरबिंद बोलत होत, तो आता मोलेचे अजयय वेरिवात इकलत सगलाचं. सगलाची सगलाचं सगलाचं

या साथ ते अद्भुतगोष्टाही अद्भुत असतां. या कसेच सतंत बदलत झालं. फक्त... राहू या पुढे काय झालं ते? आधी या खऱ्याखऱ्या पत्रांची ओळख तर करून घेऊ या.

#### दुसरीनेतर

मल्लिकार्जुन आणि अनुराधा मन्हाडे व त्यांचा मुलगा अमित यांची ही गोष्ट आहे. या सजीवाव्याप्तमणे दुसरीपैकी सर्वां काही सतत चलतले होते; पण जेव्हा त्यांच्या मुलाच्या दृष्ट लागली आणि मूक झाला संपूर्ण. निरुत्सुकताचा संपूर्ण. अमित पुढील असावधान, यामुळे १९९४ मध्ये सतत ज्ञोषित असल्यानंतरही करायला लागला. त्याचे डोळेच मिटायचे. चलता चलता तो मध्येच परतून पडायचा. त्याचा तेल बघण्या बघण्याचा अंदाज चुकण्याचा. सुवाशीला त्याच प्रयोग बघी असत, तरी त्यांच्या नजरेला ते घट्टचन बघायला. काय होतंय ते लक्षात नाही आलं, पण कदाचित दुष्टीरोष असू शकते असे वाटतं. मग सुरू झाल्या डॉक्टरांच्या धाऱ्या. कोणत्याच निदान होईना. पुढे पुढे तर त्याला चालण्याची शक्यता होत नव्हती. तो सतत अंधारगळीत किटून असताना, शेवटी मुंबईचं फोटो उघडायला पाडलं. तिथं त्रिनिदाद उपारण्या आल्या; पण सारे काय डोळ्यांच्या

आडोळ्याने मगडे या दिव्यातून जात होते. शेवटीयांनी बघेत तेव्हाही मगड करायचे; पण ते घडत होतं, ते मान्यांच्या कल्पनेकडूनच होतं. असं कोणी ना कधी पाहिलं होतं ना अनुभवलं होतं. ही परिस्थिती किती भयानक होती? कधीतरी त्याची आवडिछोळ देवाला हात बोटून प्रार्थना करायचे, की 'वाला बोटून...'

#### परिस्थिती बदलू लागली

दिवस सतत होते. बर्ष सतत होते. कोणीतरी कुठल्यातरी गवताच्या डॉक्टरांचं नाव सुचवतं आणि यांचे घरा घ्यावी. कोणीतरी कुठल्यातरी बाबा किंवा मंत्रिक्यांचं नाव सांगतं आणि यांनी टोपेच त्यांचे पाडवें. निती डॉक्टर, किती मंत्रिक, किती पूजा झाल्या असतील याची गणतीच नाही. उपाय घडवता की तो करून पाहिल्या जायना. कोणीतरी लक्षातही बाबच, की ते काही घडवतात नाही. पण मनात आशा असण्याची संशयाच्या का अंतरव्यापुढे होईना. पूर्ण उपारण्याची करण, एकाद्याच विचार त्यामणे होत. अन्ना-अंधारअन्ना असा विचार करायच्या पलेकडे गेले होते सांगे. पिरामणी मिसा आणि मनःस्वस्थय कान्हालखलं रात्री पाडत होतं. पण अमितला बर्ष करण्याचा ध्यास त्याच

ते मल्लिकार्जुन बघी पाहिली. मैदूनील असवायक, मेलेबल पाचवेकर उपकार होऊ शकतात, असं डॉक्टर ओसवाल सांगत होते. त्यांनी उपकार केलेल्या स्टांगमणे मुद्यारणा झाल्याच्या पिलपाही घडविल्याच गेल्या. ते पडून मल्लिकार्जुन यांच्या मनात दुःख असा उरला झाली आणि त्यांचे पुण राडलं.

#### होऊ लागली प्रगती

डॉ. ओसवाल सांगतल, "अमितला मद्युष्यकडे आणतं, तेव्हा त्याची परिस्थिती अधिराप कमीच होती. मी त्याच्या आई-वडिलांचा स्पर्शाने तसे खणितलं. तो बघेल की नाही, तेही सांगता घेत नव्हतं. त्यांनाही त्या स्थितीचे पूर्ण जाणवत होती. पण तुम्ही प्रयास तर करा, असं त्यांचं सांगत होतं. मी आधी त्याच्या मैदूच्या टेस्ट करून घेतल्या. त्यात त्याला 'मिड ब्रेन ट्रायल' असल्याचं निष्पन्न झालं. आसल्या मैदूच्या मध्यभागात अनेक महत्त्वाची वेई असल्याचं अधिराप करून तो फडतल असतं. मग मी पडत्या पडत्याने त्याच्याला उपचार सुरू केले. त्याने, त्याच्या पातकांनी सात दिवस आधी हळुहळू ती जागेवर येऊ लागल. त्याच्या हातचाही कमी झाल्या, सर्व्हात मुलाहती आणि

ठिकीची पातळाना थोडा अडखळतो. पण सांभाळू घेतो. ते पेटल्यानंतर मी त्याच्या आडोसा विचारलं. जन्मासखुश असं उठे का?" त्याच अधिराप खण्टू मल्लिक, "नाही, आधी सांगता होतो. दुसरीनेतर काय आता तो सोडायला 'गैटरीन' घालविलेल्या बर्ष मुलांच्या लक्षात आले. त्याने पडण्याच्या कायती पण घेतला होता. तुम्हाच त्याने लघोनिअभ्या क सावता आहे. 'आजग त्याला टाटवीच्या परिघेला बघ आशी त्याच्या शिध्यांचेही शिब आहे. आज तुम्ही कुटुंबाचा पेटाळ, बोनस, तर आनख्याने तोंडतल घालत. आसल्या संशयाच, अधिराप्या प्रगती आनंद आणि अधिराप त्याच्या वेड्याचर दिसतो. किताब, प्रकालत त्यांचे असं बाब दिसतं, तर ते चलकायशी बाबतून जातत आणि आसली बघ सांगून त्यांना घोर दिसत. आजग संकटाला पिडतो, ते आग बोसतं, हे त्यांचे अनुभवांचे पक्कं माहिती झाल आता घाबराकडे घुलतं डोळ्यांचे मीटर किंवा टेलिग बूथ काढण्याचा त्यांचा विचार आहे. अमित ते उ पातळेत ही खात्री, तेच त्यांचं मोठं पांडवत आहे. कुटुंबाची गप्पा झाल्या, अमितकडून गीत ऐकून आ की आजग मनीस त्यांना सावताच कातो.