

Organizational Development

Empower. Inspire. Lead.

Workshop Titles & Descriptions

**2025-2026
Catalog**



Tasha "Mrs. T" Brown

TRANSFORMATIONAL SPEAKER

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OD01: A Team Approach to Problem Solving

This dynamic and interactive training program designed to equip teams with the skills and strategies necessary for effective collaboration and innovative problem-solving. Participants will learn to harness the collective intelligence of their team, leverage diverse perspectives, and implement structured problem-solving techniques. Through real-world scenarios and hands-on activities, this course fosters a culture of teamwork and critical thinking, empowering teams to overcome challenges and achieve sustainable solutions.

OD02: How to Acknowledge and Embrace Diversity of Thought

Discover the transformative power of inclusive leadership with our training, How to Acknowledge and Embrace Diversity of Thought. This course equips leaders with the skills to recognize, appreciate, and integrate diverse perspectives within their teams, fostering a culture of innovation and collaboration. Participants will learn to break down cognitive biases, create a more inclusive environment, and leverage diverse thinking to drive organizational success.

OD03: Effective Communication & Relationship Building

This training will equip participants with the essential skills to foster strong, productive relationships in both professional and personal settings. Through practical exercises, this training will enhance participants ability to communicate clearly, listen actively, and build trust. Learn techniques for conflict resolution, persuasive communication, and emotional intelligence to create a collaborative and positive environment.



OD04: Managing Your Well Being in the Workplace

This comprehensive training is designed to equip professionals with the tools and strategies to maintain a healthy work-life balance. Participants will explore techniques for stress management, mindfulness, and effective time management to enhance their overall well-being. By working in collaborative groups, attendees will learn to create a supportive work environment that promotes mental and physical health.

OD05: Building A Culture of Accountability

Building a Culture of Accountability is an immersive training program designed to instill a sense of ownership and responsibility within your organization. Participants will learn strategies to promote transparent communication, set clear expectations, and foster a supportive environment where accountability thrives. This training empowers leaders and teams to take initiative, drive results, and create a culture of trust and reliability.

OD06: Mastering Resilience in the Workplace

Mastering Resilience in the Workplace is a dynamic training program designed to equip professionals with the skills to thrive in the face of adversity and change. Participants will learn to develop mental toughness, emotional intelligence, and adaptive strategies. This course not only enhances individual resilience but also fosters a supportive and resilient organizational culture, enabling teams to navigate challenges with confidence and agility.



Transformational Speaker

Leadership Series

Crisis Leadership: Counting the Cost

How to Expand your Leadership Capacity

Running an Effective Meeting & Agenda Setting

Recruitment & Retention in a Hybrid Workplace

Conquering the Fear of Being Unpopular

Maximizing Employee Engagement

Leveraging Emotional Intelligence to Strengthen Your Team

Leading from the Front: An Exercise of Endurance

Beating Deadlines using Effective Delegation

LDS10: Customizable Package

Introducing our customizable training package, designed to meet the unique needs and goals of the leadership team. This tailored program allows Executives to select from a wide array of modules, focusing on key organizational priorities and strategic execution. Our expert facilitators work closely with leadership to identify specific challenges and objectives, ensuring that the training aligns perfectly with organizational vision and culture. By choosing our customizable package, leaders are empowered to drive performance, foster innovation, and lead with confidence in today's dynamic business environment.

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