

Dear Friend,

A broken Heart can be healed.

Some broken hearts result from something terrible that happened to us or someone we love. Often we have a broken heart because we don't forgive ourselves for something we've done wrong.

This hurt turns into pain and sadness, which eventually grows into bitterness and hate. These feelings block the natural flow of love in our relationships with others. The relationships most affected are usually those closest to us. Such as our mates, children, and especially GOD.

When a broken heart is turned inward, it results in depression, hopelessness and despair. Often we are unaware that this has taken place in our lives.

It may seem that GOD has forsaken us but He hasn't. God sent his Son, Jesus Christ to heal the brokenhearted (Luke 4:18). He also came to forgive our sins (John 1:29). We can take comfort in GOD's promise that he will avenge our enemies. For it is written, "Vengeance is mine, I will repay, saith the Lord." (Romans 12:19).

The Lord wants us to forgive those who trespass against us. Otherwise he will not forgive our sins (Matthew 18:35). This is a difficult thing to do, but God can help us forgive others and ourselves if we ask him. Once this takes place, the Lord can heal your heart, and replace it with his peace and eternal love.

All you have to do is invite him in. "If you confess with your mouth, 'Jesus is Lord', and believe in your heart that God raised Him from the dead, you will be saved." Romans 10:9