

GOOD FORTUNE
IS WHAT
HAPPENS WHEN
OPPORTUNITY
MEETS
PLANNING.
THOMAS EDISON

2024 VISION

THE FUTURE
DEPENDS ON WHAT
YOU DO TODAY.

prepare for what you're praying for

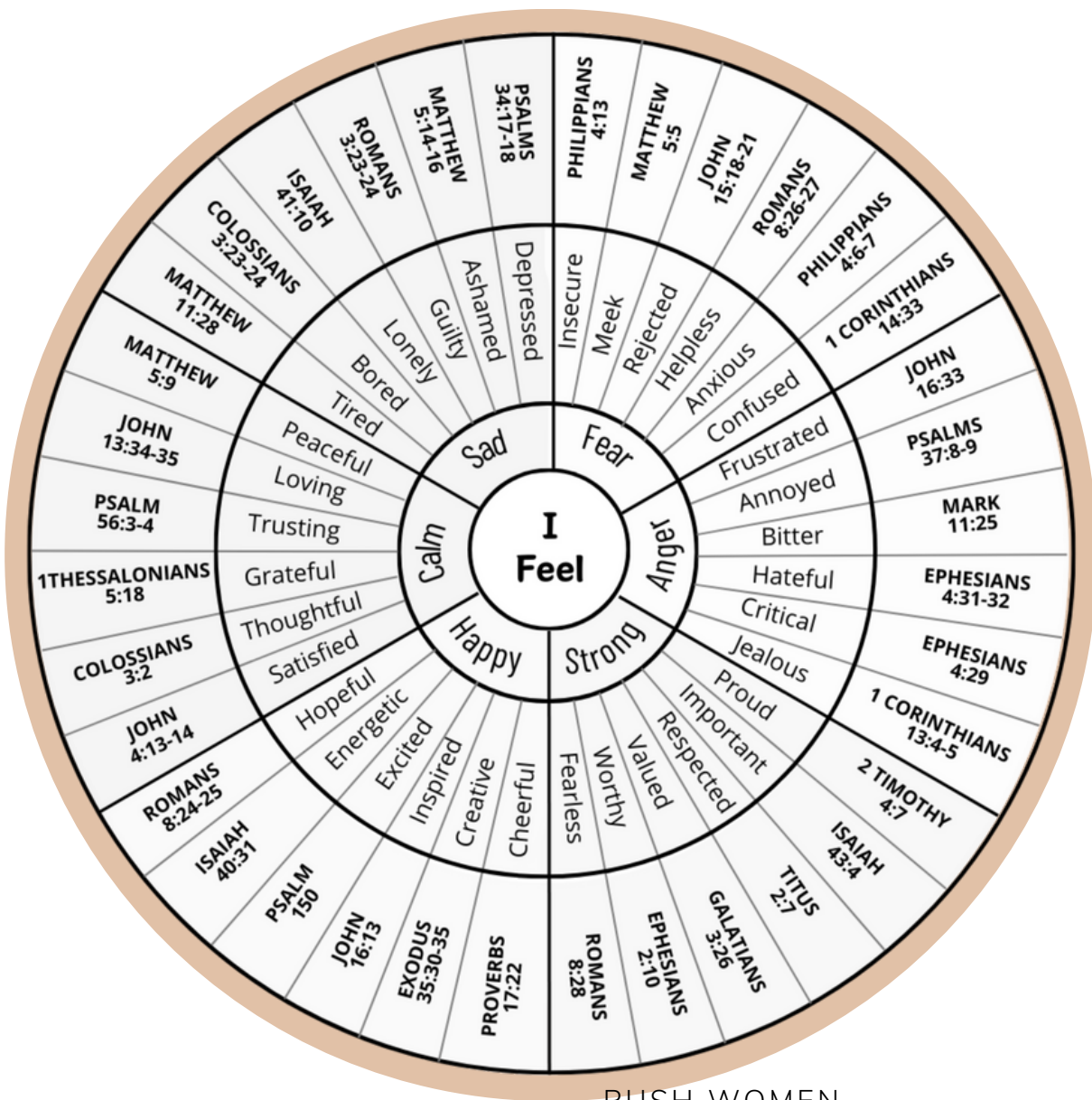
Faith doesn't just wait, but it prepares. It's not just a wish, but an evidence of the things you hope for. It's an act of declaration, "God, I don't see it now but I'm ready to leave all my fears behind. Train me for what I'm praying for. Use me. I want to actively learn from this season." Prepare, for your God says it's coming.

joanasandiego

HOW TO SHIFT TO YOUR NEXT
Season WELL

1 Know what your feeling

Write down what emotions come to mind when you think about this next season? Pick at least two feelings



Emotions are like a Check Engine light

When you are aware you can address your feeling.

Season WELL

2 **Aspiration** : a hope or ambition of achieving something:

What is your aspiration for how you want to show up this season? At the end of this season how do you want to feel or what do you want to accomplish?

Begin with the END in mind.

3 **STOP and ask Jesus**

Take sometime right now to stop and ask Jesus what his plans are for your season. What is he doing in this season? What is his theme for this season?

***Write a few sentences, and then get them down to a WORD or a Phrase of less than 7 words. get a BITE SIZED goal.

Make a phone screen image so you can be reminded.



Season WELL

4 Edit your Habits

Write down your current habits that happen most days. write 5-10 down . EX : walk the dog, coffee & bible time, Exercises after lunch.

1.

2.

3.

4.

5.

6.

Part 2: Do these habits serve your ASPIRATIONS (question 2) for this season? put a ✓ if you want to keep them , ** if you want to Edit them, X if you want to suspend for this season.

You don't rise to the level of your HOPES, you fall to the level of your habits.

5 In with the NEW

Brainstorm 3 new habits to do 4- 5 days a week.

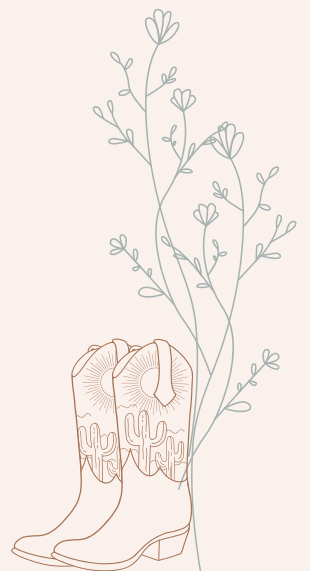
IDEAS

- Setting restrictions on your phone apps for certain days of REST.
- Reading 5 min before you go to bed to elevate your mind.
- waking up earlier to spend time in Prayer and stillness

then pick least 1 you want to "Test Drive" for this season. Be as specific as you can. Set a time limit, a start time. what will "trigger " you to do this new habit?

Notes

A series of horizontal dotted lines for writing notes, spanning most of the page width.



Pray. Plan. Repeat

You should do this Vision mapping at the start of each new season, so that you can transition into a new season with ease.

Just like we learned at the beginning of this lesson there are 4 seasons. and they don't all have to look the same. I pray that you will look to God to direct and lead you through each season in 2024 weather it be a seasonal or a life experience season. God is with you and if you fix your eyes on him he will lead you through it.

God says:

For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future. **Jeremiah 29:11**

The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged." **Deuteronomy 31:8**

Trust in the Lord with all your heart and lean not on your own understanding in all your ways submit to him, and he will make your paths straight
Proverbs 3:5-6

Take delight in the Lord, and he will give you the desires of your heart. **Psalms 37:4**

In their hearts humans plan their course, but the Lord establishes their steps.
Proverbs 16:9

I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you. **Psalms 32:8**

Push
Women