



2023 BOOKING INFORMATION & FORM LILYDALE CAMPUS

Class timetables for 2023 are similar to 2022. All families that have submitted a booking form will receive an email with their child(ren)'s class times before the start of term 1. Anyone that does not return a booking form may miss out on a spot for 2023.

Term 1 commences on Monday 30th January

To determine the timetable of classes, a number of factors are taken into consideration:

1. Coach availability
2. Class day/time requests as listed on the booking forms
3. Popular classes – as determined through past experience

Parents are welcome to request a particular coach for their child's class, but we can make no guarantees in relation to this.

Booking Fee

A booking fee of \$80 is requested when submitting the booking form. This fee is the equivalent of the registration/insurance fee, and will be deducted from the term 1 invoice.

THE BOOKING FEE IS NOT REFUNDABLE.

When allocating children to their preferred days/times for classes, those who have paid the booking fee will be allocated first, and in the order in which the forms were received. As there are also many new members booking in over the holidays, some popular classes will be full by the start of term.

Changes to class times mid-term

Glitz has a number of coaches who will be commencing university studies in 2022. Many universities do not release their class timetables until mid/late February, which will be after the start of term at Glitz. Unfortunately, this means that some changes to Glitz timetable may need to be made once coaches know class times. We will do our best to ensure that these changes have a minimal impact on all of our gymnasts. If it is necessary to cancel classes due to the unavailability of coaches, we will contact parents and provide other options for them.

The best way to contact us over the school holidays is by email or Facebook messenger. The office will be closed from the
17th December 2022 till 21st January 2023.

Email: glitz.gymnastics@gmail.com

**If you missed booking your gymnast in come down to our
OPEN/SIGN ON DAY Healesville and Lilydale campus**

SATURDAY 21st JANUARY 2023 9am till 12pm

Glitz Classes 2023

The information provided here is very general. If you have any more specific questions please email glitz.gymnastics@gmail.com. The times provided below are based on the times that these classes have run in previous years, and are subject to change. For a full description of the different programs offered at Glitz, please visit our website www.glitzgymnastics.com

Kindergym

- ◆ **18 month - 3 year old program** 10.30am-11.30am Monday-Friday
Requires parent assistance
- ◆ **4-5 year old program** 9.30am-10.30am Monday-Friday
11.30am-12.30pm times will open up if there is interest or 9.30am classes fill up
- ◆ **General Gym** Kinder and prep age children - Saturday 9am -10am

Recreational WAG (Women's Artistic Gymnastics)

- ◆ **Level 0** – 1 hour beginner level class—**Generally for 5-7 year old's**
Classes will run weekdays 4-5pm & 4.30–5.30 Wednesday & Thursday,
Friday 5pm-6pm, Saturday 9am-10am & 10am-11am
- ◆ **Level 1** – 1 ½ hour class—**Generally for 6-9 year old's**
Monday to Friday 4-5.30pm & 5pm –6.30pm Monday, Tuesday & Thursday.
Friday 5.30pm-7pm & Saturday 10am-11.30am
- ◆ **Level 2** – 2 hour class—**Generally for 7-12 year old's**
Classes will run Monday, Tuesday, Wednesday, Friday 4-6pm,
5.30pm-7.30pm Monday, Wednesday, Friday & Saturday 9am-11am
- ◆ **Level 3** – 2 1/2 hour class—**Generally for 9+ year old's**
Classes will run Tuesday 5.30pm-8pm, Wednesday 5pm-7.30pm,
Friday 4pm-6.30pm
- ◆ **Level 4** – 3 hour class—**Generally for 10+ year old's**
Classes will run 5pm-8pm Thursday.

Gym4Me 2 hour class—**Generally for 12 - 17 year old's** Will run Tuesdays 6pm-8pm Whatever your goals for participation may be – learning a new skill, stress-relief or spending more time with friends – Gym4Me will cater for you. Work closely with our experienced coaches to develop a customised exercise experience using our awesome equipment – sprung floor, trampolines, foam pits and more!

Tumbling and Trampolining

These classes are 1 hour in duration

- ◆ **Beginner Tumbling** –Tuesday, Thursday & Friday 4-5pm
- ◆ **Intermediate Tumbling** -Monday, Tuesday & Friday 5pm-6pm & Thursday 5.30pm-6.30pm
- ◆ **Advanced Tumbling**—Monday & Friday 6pm-7pm

Competitive WAG

Participation in these classes is by invitation only. If your child would like to be part of the Glitz competitive team, please contact us to arrange an assessment.

- ◆ **Level 1 Squad** – 2 x 1.5 hour classes per week
Coaches will nominate gymnasts that they believe will do well in the competitive program. This squad will give the gymnasts and parents an idea of what competitive gymnastics is all about .
- ◆ **Level 2 Squad** – 2 x 3 hour classes per week
These gymnasts will participate in 3-4 competitions at various gymnastics clubs around Melbourne, between June - October
- ◆ **Level 3 Squad** – 2 x 4 hour classes per week
These gymnasts will participate in 3-4 competitions at various gymnastics clubs around Melbourne, between June - October
- ◆ **Level 4 Squad**– Total training time of 8 hours per week plus 1 hour tumbling class.
These gymnasts will participate in 3-5 competitions at various gymnastics clubs around Melbourne. Competition season is usually July – October.
- ◆ **Level 5 and higher squads** – Training time of 10 hours per week, spread over 3 sessions, plus a 1 hour tumbling class.
These gymnasts will participate in 4-5 competitions at various gymnastics clubs around Melbourne. Competition season is in July – October.

Gymnasts in competitive squad's must have a Glitz uniform to compete.

COMPULSORY – GGA Jacket, pants and leotard, grips Level 3 and above.

OPTIONAL – GGA t-shirt, Glitz bag,

Free G

Our FreeG program involves a combination of gymnastics, parkour, trampolining, and martial arts tricks to teach athletes a huge variety of skills. The athletes learn how to jump and land safely on a variety of surfaces, before progressing to jumping over objects, through objects, somersaulting, and other tumbling movements.

- ◆ **Levels Blue & Yellow** – 1 hour class **Generally for 6-9 year old's**
Blue - classes will run Tuesday, Wednesday, Thursday 4pm-5pm
Yellow - classes will run Monday & Friday 4pm-5pm
- ◆ **Red** – 1 hour class **Generally for 8-13 years** Monday to Friday 5pm-6pm
- ◆ **Levels Green & Black** – 1 ½ hour class
Most of these classes will run 6-7.30pm weekdays (exact days TBA) **10+ year old's**

OPEN DAY SATURDAY 21st JANUARY 9:00am– 12:00pm

2023 prices for Glitz Gymnastics

Level	Per week	Max 8 per class
WAG 0	1 Hour	\$25.50
WAG 1	1.5 Hours	\$29.00
WAG 2	2 Hours	\$34.00
WAG 3	2.5 Hours	\$39.00
WAG 4 & Comp 1	3 Hours	\$44.00
	4 Hours	\$50.00
	5 Hours	\$54.00
Comp 2	6 Hours	\$61.00
	7 Hours	\$65.00
Comp 3 & 4	8 Hours	\$71.00
	9 Hours	\$74.00
Comp 5	11 Hours	\$81.00
	12 Hours	\$83.00

1 hour class	Cost
Kinder Gym	\$23.50

Free G Trampoline Tumbling	Max. 6 children per class
Hours per week	Cost
1 hour	\$27.50
1.5 hours	\$31.00
2 hours	\$36.00

Parties at

Glitz Gymnastics

More information is available on our website

www.glitzgymnastics.com

Registration and Insurance Fee 2023

This annual fee is only charged for the first term attended per year

Term 1 \$80.00

Term 2 \$80.00

Term 3 \$75.00

No. of children	Cost
10	\$365
15	\$440
20	\$515
25	\$565
30	\$615



2023 Booking Form

Parents Name _____
 Mobile _____
 Email _____

Phone: 9739 5588

Campus

Lilydale

Healesville

Children's Names	M/F	D.O.B	2022 class	2023 class

Returning Member New Member 2023 Enrolment form attached

	Please number 1 to 3 preference	4pm start or later start
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		

A booking fee of \$80 is requested.

This fee is non-refundable and will be deducted from the term 1 2023 invoice.

You will be informed of your class days and times in mid January.

*** ALL OUTSTANDING FEES MUST BE PAID BEFORE BOOKING IN FOR 2023***

Office Use Only	Paid \$ _____ on / /
Day/s _____ Class _____ Time _____	
Contacted by email phone	