

# Efficacy of Homoeopathy in Treatment of Sarcoidosis – An Evidence Based Report Based On 50 Cases

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## Abstract

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To ascertain efficacy of Homoeopathy in treatment of sarcoidosis, 50 cases during the period since 2007-2013 were selected for study at Homoeo Cure and Research Institute., Kashipur (INDIA). The efficiency of homoeopathic treatment was miraculously seen in all the cases. Almost all were either cured or much relieved.

## Aims and objectives

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- To study scope of Homoeopathy in treatment of 'Sarcoidosis' with its miasmatic analysis.
- To analyze the results of Homoeopathic medicines when prescribed on the basis of Miasms and on totality of symptoms.
- To prepare evidence based report on treatment of Sarcoidosis with Homoeopathy.

## Introduction

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'Sarcoidosis' is a 'not well understood' complex multisystem, commonplace inflammatory disease, characterized by the formation of noncaseating granulomas. The granuloma is a battle clashed on a genetically susceptible ground between an unrecognized antigen(s) and a highly organized squad of lymphocytes and macrophages. The lungs are the most commonly involved organs, but no structure of the body is known to be immune to its wrecks.

The cause of sarcoidosis is not known till now. Though not common, it often leads to permanent failure or disabilities of the organs ultimately leading to the end of vital functions.

'Sarcoidosis', like other disease, affects the person as a whole irrespective of the cause. The whole economy of the patient is altered producing the signs of 'Sarcoidosis' as well as a characteristic picture of sick individual including mental and physicals specific to his personality. This disease picture specific to that particular patient is always different from that in another one due to his particular identity proving him to be an 'Individual'. The totality of symptoms depends upon the Miasms under-running the disease process in that individual.

The Psora being the fundamental miasm plays maximum role in altering the physiology rendering the entire imbalance. While in combination with other miasms, it produces the worst stage of the sickness. The syphilis produces destruction of tissues. To combat it, Sycosis and Psora play their vital part. This combination in turn increases the destruction as well as new tissue formation too, producing granulomas and fibromas publishing the complete portrait of Sarcoidosis.

This article examines the current understanding of sarcoidosis in terms of Homoeopathy.

## Definition of Sarcoidosis

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"Sarcoidosis is a disease characterized by the formation in all of several affected tissues of epithelioid-cell tubercles without caseation though fibrinoid necrosis may be present at the centre of a few, proceeding either to resolution or to conversion into hyaline fibrous tissue".

## Epidemiology of Sarcoidosis

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- Age at presentation 20–40 years
- More common in females and black people
- Present throughout the world, but more common in temperate climates

## Causes of Sarcoidosis

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Possible Causes of Sarcoidosis					
Mycobacteria	Bacteria	Fungi	Viruses	Dusts	Metals
Tuberculous	Corynebacterium spp.	Cryptococcus spp.	Cytomegalovirus	Clay	Aluminum
Non-tuberculous	Propionibacterium	Endemic fungi	Epstein-Barr virus	Pine	Beryllium
Cell-wall deficient (L-forms)	acnes		Herpes simplex virus	Pollen	Zirconium
	Tropheryma whipplei			Talc	
				Mixed	

## Signs and Symptoms of 'Sarcoidosis' with Miasmatic Analysis

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- Up to one-third are asymptomatic
- Acute presentation (Lofgren's syndrome) with fever, malaise, arthralgia, erythema nodosum and uveitis
- Chronic presentation with fever, weight loss, dry cough or SOB
- Symptoms are usually mild if thoracic disease only

Rarer presentations include-

- Hypercalcaemia (renal stones, constipation and dehydration)
- Red eyes
- Skin rashes
- Central and peripheral nerve palsies
- Hypothalamic deficiency
- Bilateral salivary gland enlargement
- Cardiomyopathy or arrhythmias

Sign or Symptom	Fundamental Miasm	Secondary/ Associated Miasm
General discomfort, uneasiness, or ill feeling (malaise)	Psora	Psora- Syphilis
Fever	Psora	
Shortness of breath	Psora	Sycosis
Cough	Psora	Sycosis, Syphilis
Skin lesions	Psora	Sycosis
Skin rash	Psora	
Headache	Psora	Sycosis, Syphilis
Visual changes	Psora-Sycosis-Syphilis	
Neurological changes	Sycosis-Syphilis	Psora
Enlarged lymph glands (armpit lump)	Psora	Sycosis
Enlarged liver	Psora	Sycosis
Enlarged spleen	Psora	Sycosis
Dry mouth	Psora	
Fatigue (one of the most common symptoms in children)	Psora	Syphilis
Weight loss (one of the most common symptoms in children)	Psora-Syphilis	
Tearing, decreased	Psora	Sycosis, Syphilis
Seizures	Psora	Psora- Syphilis
Nosebleed - symptom	Psora- Syphilis	
Joint stiffness	Psora	Sycosis
Hair loss	Psora	Sycosis, Syphilis
Eye burning, itching, and discharge	Psora	Psora- Syphilis
Abnormal breath sounds (e.g. rales)	Psora- Syphilis	Sycosis

## Radiological features of Sarcoidosis

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### CXR

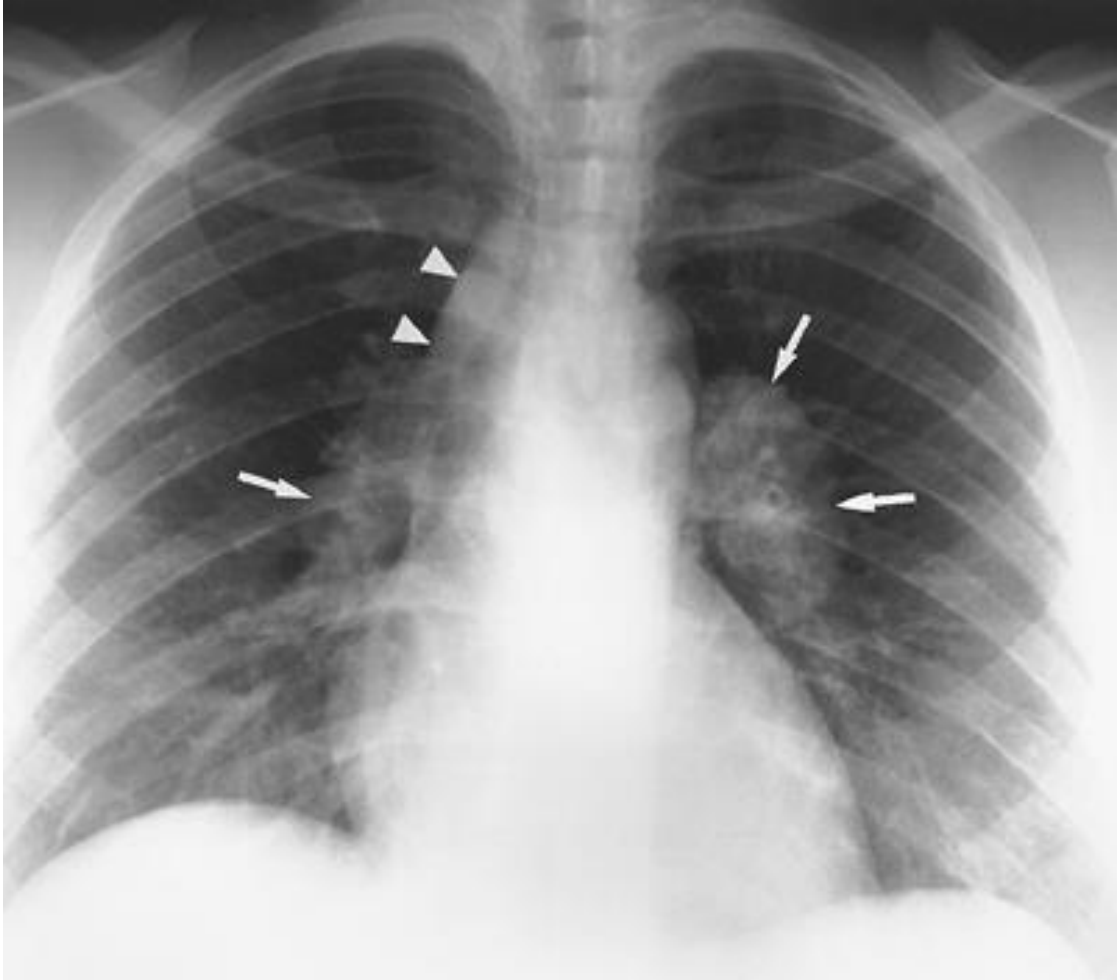
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- May be normal.
- Stage 1 – bilateral hilar and mediastinal lymphadenopathy (particularly right paratracheal and aortopulmonary window nodes).
- Stage 2 – lymphadenopathy and parenchymal disease.
- Stage 3 – diffuse parenchyma disease only.
- Stage 4 – pulmonary fibrosis.



Egg shell calcification of both hila

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'1-2-3 sign' – Posteroanterior (PA) chest radiograph of a 31-year-old woman with class I sarcoidosis shows right paratracheal (arrowheads) and bilateral hilar (arrows) lymphadenopathy. This pattern of lymphadenopathy is classic for sarcoidosis and is referred to as the 1-2-3 sign or Garland triad.

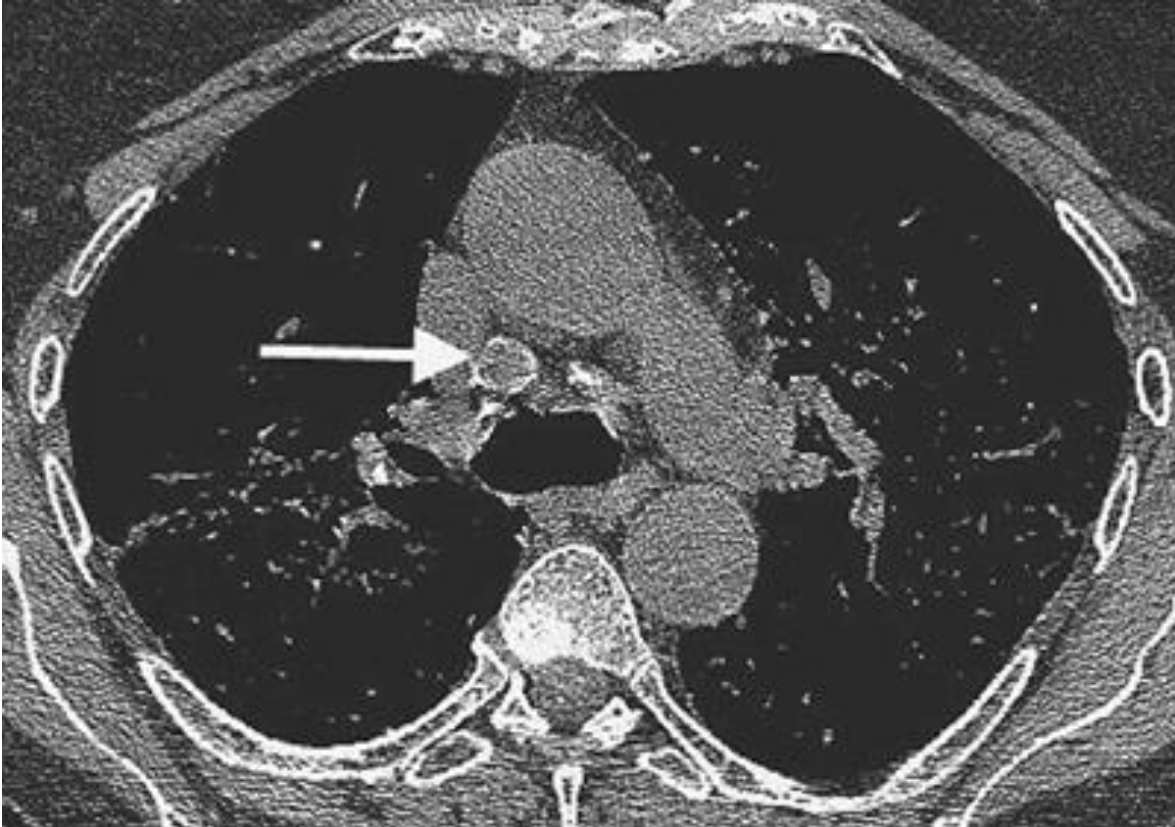
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The parenchymal disease involves reticulonodular shadowing in a perihilar, mid zone distribution. There is bronchovascular and fissural nodularity. Rarely air space consolidation or parenchymal bands may also be present. Fibrosis affects the upper zones where the hila are pulled superiorly and posteriorly. Lymph nodes can demonstrate egg shell calcification.

## HRCT

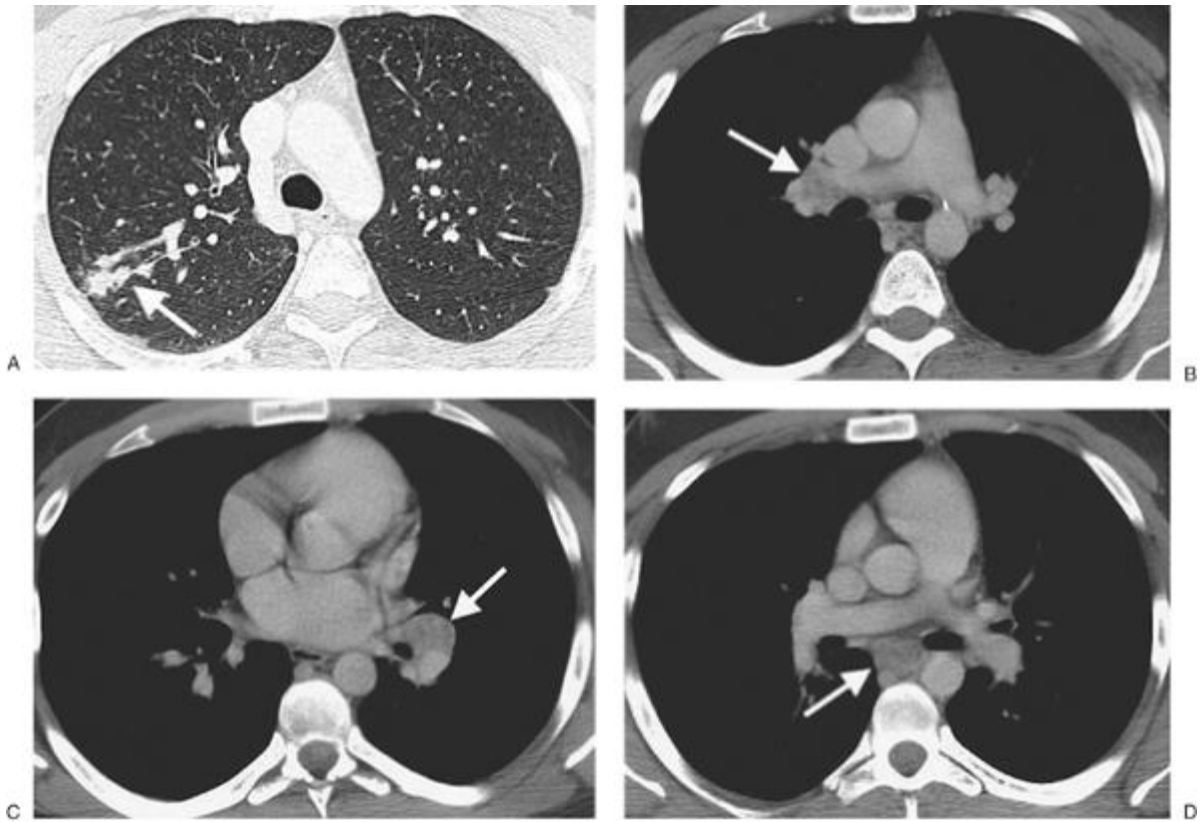
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Very good at confirming irregular septal, bronchovascular and fissural nodularity. Traction bronchiectasis, fibrosis and ground glass change may be present. There may also be tracheobronchial stenosis. Also may be seen subdiaphragmatic, cardiac, bone, hepatic and splenic involvement on the same scan.



CT shows precarinal lymphadenopathy with rim calcification (arrow). This pattern of calcification is referred to as eggshell calcification and is commonly seen with sarcoidosis

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A: CT shows ill-defined nodules in a bronchovascular distribution (arrow) in the right upper lobe

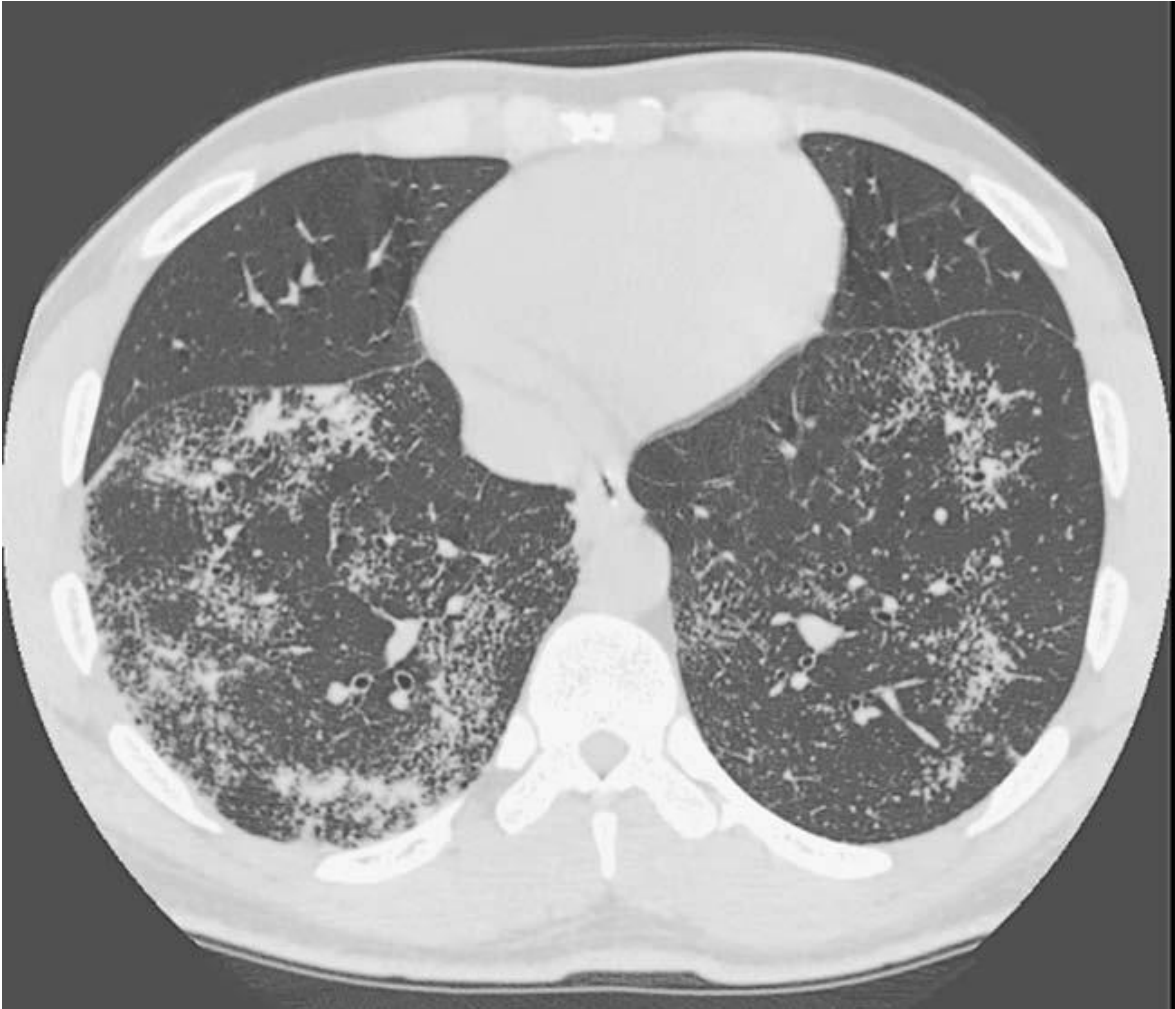
B: CT with mediastinal windowing shows right hilar lymphadenopathy (arrow)

C: CT at the level of the inferior pulmonary veins shows left hilar lymphadenopathy (arrow)

D: CT at the level of the lower lobe pulmonary arteries shows subcarinal lymphadenopathy (arrow)

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HRCT. Irregular septal, bronchovascular and fissural nodularity

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## **Radiological Differential diagnosis**

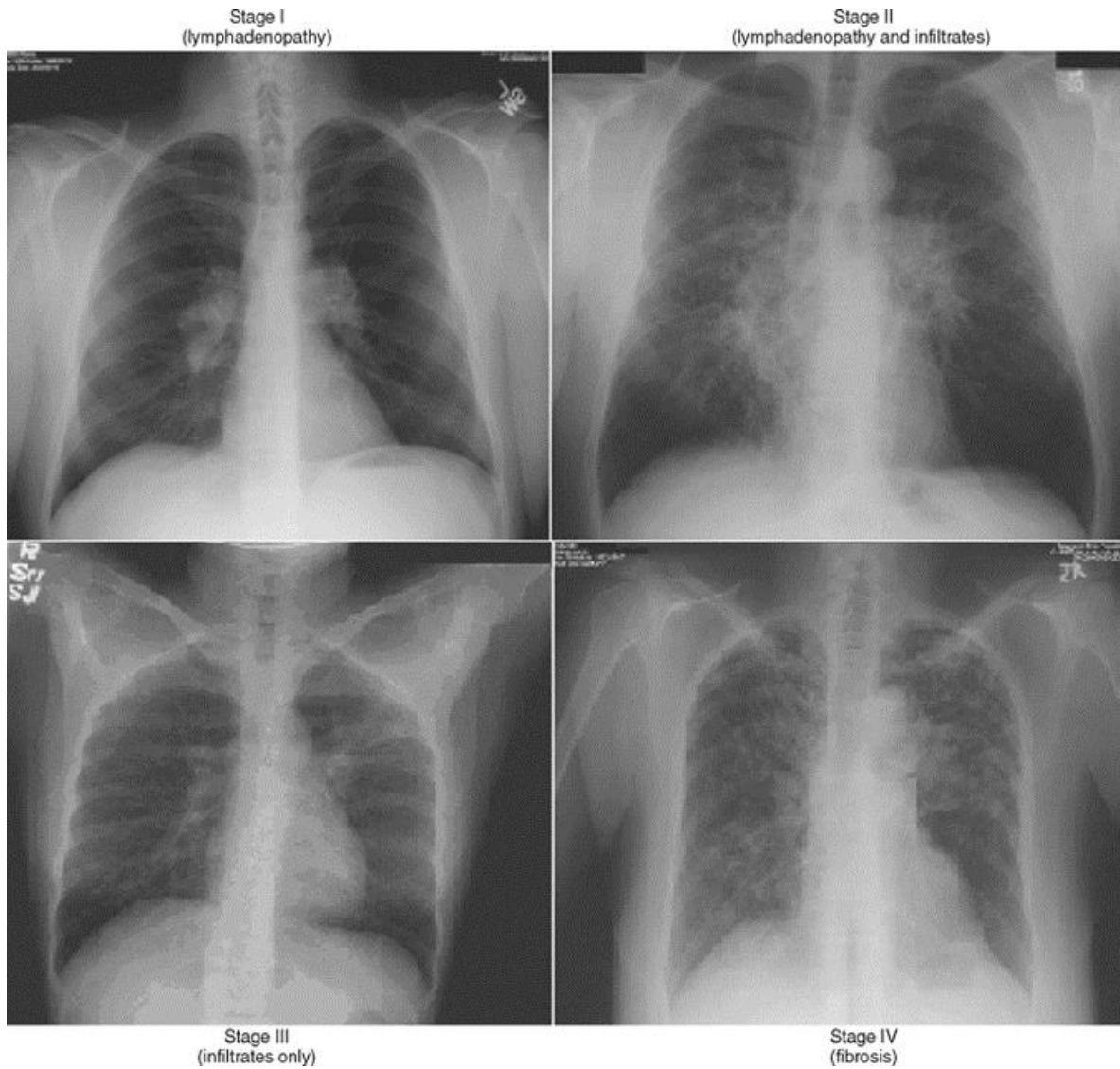
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- Lymphoma
- Infection – TB
- Lymphangitis carcinomatosa
- Chronic hypersensitivity pneumonitis

## **Clinical Staging of Sarcoidosis**

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<b>Stage 0</b>	A normal chest radiograph
<b>Stage I</b>	Lymphadenopathy only
<b>Stage II</b>	Lymphadenopathy and lung parenchymal disease
<b>Stage III</b>	Parenchymal lung disease only
<b>Stage IV</b>	Pulmonary fibrosis



## Diagnosis of Sarcoidosis

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- Histological evidence of granulomatous inflammation.
- The exclusion of the known causes of granulomatous inflammation other than sarcoidosis.
- Evidence of at least two separate organs involved with the disease.

## Examinations and Tests for Sarcoidosis

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- CBC, Chem-7 or Chem-20, ACE levels
- Chest x-ray to see if the lungs are involved or lymph nodes are enlarged and CT scan
- Biopsy of Lymph node, Skin lesion biopsy, lung, Liver, Kidney
- Bronchoscopy and PFT

- EKG to see if the heart is involved

## **Common Complications of Sarcoidosis**

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- Diffuse interstitial pulmonary fibrosis and / or Pulmonary hypertension
- Anterior uveitis and / or Glaucoma and blindness (rare)
- Cardiac arrhythmias
- Cranial or peripheral nerve palsies
- Kidney stones
- Organ failure, leading to the need for a transplant

## **Treatment of Sarcoidosis**

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<b>Treatment of Sarcoidosis</b>	
<b><u>Main Goals of treatment</u></b>	<b><u>The treatment depends on</u></b>
To improve how the organs affected by sarcoidosis work	Involvement of vital organs (e.g., lungs, eyes, heart, or brain)
To relieve symptoms	Severity of symptoms
To shrink the granulomas	Extent of affection of the organs.

## **Sarcoidosis and Homoeopathy**

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In clinical study carried out at Homoeo Cure and Research Institute, Kashipur, total 50 cases of Sarcoidosis were considered. The following results were observed in the research.

## Master Chart

S. No.	1	2	3	4	5	Legends
Case no.	13196	13672	14015	14063	14126	
Date of Reg.	02-09-2007	22-07-2008	01-04-2009	27-04-2009	14-06-2009	
Name	GSG	KM	NK	NS	AA	
Sex	M	F	F	F	F	Male= Male F= Female
Age	24	18	41	29	45	H= Hindu MI= Muslim SK= Sikh
Occupation	SD	SD	W	HW	W	CH= Christian SD= Student
Marital status	S	S	M	M	M	HW= House wife W= Working NW= Not Working
Caste	SK	H	H	H	H	M= Married MW= Widow S= Unmarried OB= Obese
Built	TH	TH	OB	MD	MD	TH= Thin MD= Moderate Pulmo = Pulmonary
Diagnosis	Sarcoidosis (Pulmonary)	Sarcoidosis (Pulmonary)	Sarcoidosis (Arthro- ophth)	Sarcoidosis (Arthro)	Sarcoidosis (Arthro- EN)	Cardio= Cardiological Nephro= Nephrological Neuro= Neurological Arthro= Arthrological Dermo= Dermatological Ophth= Ophthalmological EN= Erythema nodosum
Miasm	Sycosis	Pseudo-psora	Sycosis	Psora	Psora	
Normal Menses			+		+	
Scanty Menses		+		+		
Profuse menses						
Postmenopausal						
Sterility						
Family income	Average	Poor	Good	Good	Good	
Remedy 1	Ars iod	Tuberculinum	Pulsatilla	Rhus Tox	Rhus Tox	
Remedy2		Iodium	Rhus Tox	Nat mur	Pulsatilla	
Remedy3						
Basis of Prescription	Constitutional	Constitutional	Constitutional	Constitutional	Constitutional	
Result	Cured	Cured	Cured	Relieved	Relieved	
S. No.	6	7	8	9	10	11
Case no.	14136	14165	14180	14252	14369	16658
Date of Reg.	22-06-2009	10-07-2009	21-08-2009	26-10-2009	11-11-2009	14-12-2009
Name	SP	AG	SM	SB	PC	UM
Sex	F	M	M	F	M	F
Age	56	38	34	32	48	57
Occupation	HW	W	W	NW	W	HW
Marital status	M	M	M	M	M	M
Caste	H	H	H	ML	H	H
Built	OB	OB	MD	MD	MD	TH
Diagnosis	Sarcoidosis (Pulmo-arthro)	Sarcoidosis (Neuro)	Sarcoidosis (Pulmo- Lymphatic)	Sarcoidosis (Neuro)	Sarcoidosis (Pulmonary)	Sarcoidosis (Cardio- Nephro-Pulmonary)
Miasm	Sycosis	Pseudo-psora	Sycosis	Psora	Psora	Pseudo-psora
Normal Menses						
Scanty Menses				+		
Profuse menses						
Postmenopausal	+					+
Sterility				+		
Family income	Average	Good	Average	Poor	Average	Good
Remedy 1	Pulsatilla	Beryl met	Lycopodium	Pulsatilla	Phosphorus	Pulsatilla
Remedy2	Beryl met	Plumb met	Beryl met	Thuja	Pulsatilla	Digitalis
Remedy3						
Basis of Prescription	Constitutional	Pathological	Pathological	Pathological	Constitutional	Constitutional
Result	Relieved	Relieved	Relieved	Relieved	Relieved	Relieved
S. No.	12	13	14	15	16	Legends
Case no.	16458	16921	16868	17319	14476	
Date of Reg.	24-11-2009	01-05-2010	29-03-2010	03-12-2010	20-02-2010	
Name	JS	KS	AK	DA	PK	
Sex	F	M	F	F	F	Male= Male F= Female
Age	22	42	41	30	49	H= Hindu MI= Muslim SK= Sikh
Occupation	SD	SD	W	HW	W	CH= Christian SD= Student
Marital status	S	S	M	M	M	HW= House wife W= Working NW= Not Working
Caste	SK	H	M	H	H	
Built	TH	TH	OB	MD	MD	
Diagnosis	Sarcoidosis (Pulmonary)	Sarcoidosis (Pulmonary)	Sarcoidosis (Arthro- ophth)	Sarcoidosis (Arthro)	Sarcoidosis (Arthro- EN)	



S. No.	28	29	30	31	32	33
Case no.	16784	16225	16434	16289	16432	16224
Date of Reg.	11-02-2010	15-04-2011	05-01-2011	09-05-2011	19-07-2011	15-04-2011
Name	K	VK	BG	RB	SM	AK
Sex	M	M	M	M	M	M
Age	48	62	34	37	58	53
Occupation	W	W	W	NW	W	HW
Marital status	M	M	M	M	M	M
Caste	H	H	H	ML	H	H
Built	OB	OB	MD	MD	MD	TH
Diagnosis	Sarcoidosis (Pulmo-arthro)	Sarcoidosis (Neuro)	Sarcoidosis (Pulmo-Lymphatic)	Sarcoidosis (Cardio)	Sarcoidosis (Pulmonary)	Sarcoidosis (Nephro-Pulmonary)
Miasm	Sycosis	Pseudo-psora	Sycosis	Psora	Psora	Pseudo-psora
Normal Menses						
Scanty Menses						
Profuse menses						
Postmenopausal						
Sterility						
Family income	Average	Good	Average	Poor	Average	Good
Remedy 1	Pulsatilla	Beryl met	Lycopodium	Pulsatilla	Phosphorus	Pulsatilla
Remedy2	Beryl met	Plumb met	Beryl met	Thuja	Pulsatilla	Digitalis
Remedy3						
Basis of Prescription	Constitutional	Pathological	Pathological	Pathological	Constitutional	Constitutional
Result	Relieved	Relieved	Relieved	Relieved	Relieved	Relieved
S. No.	34	35	36	37	38	
Case no.	16571	16617	16682	16714	16757	
Date of Reg.	18-09-2011	13-10-2011	31-10-2011	20-11-2011	13-12-2011	
Name	RS	SJ	R	US	UJ	
Sex	M	M	M	F	F	
Age	51	47	42	49	56	
Occupation	W	W	W	W	HW	
Marital status	M	M	M	M	M	
Caste	H	H	H	H	H	
Built	TH	MD	TH	TH	OB	
Diagnosis	Sarcoidosis (Pulmonary)	Sarcoidosis (Ophth)	Sarcoidosis (Pulmonary)	Sarcoidosis (Pulmonary)	Sarcoidosis (Pulmonary- Artho)	
Miasm	Pseudopsora/Sycosis	Psora/ Syphilis	Sycosis	Psora/ Syphilis	Psora/ sycosis	
Normal Menses						
Scanty Menses						
Profuse menses						
Postmenopausal						
Sterility				+	+	
Family income	Average	Good	Average	Good	Good	
Remedy 1	Thuja	Aur met	Pulsatilla	Pulsatilla	Argentum nit	
Remedy2	Pulsatilla	Gelsemium	Sulphur	Lycopodium	Causticum	
Remedy3	Bryonia		Colchicum		Oleander	
Basis of Prescription	Constitutional	Constitutional	Constitutional	Constitutional	Constitutional	
Result	Cured	Cured	Cured	Cured	Relieved	
S. No.	39	40	41	42	43	44
Case no.	16830	16932	17103	17363	17408	17448
Date of Reg.	23-09-2012	17-03-2012	30-05-2012	09-09-2012	23-09-2012	12-10-2012
Name	SR	SH	SS	AG	AG	NS
Sex	F	M	M	F	F	M
Age	52	32	46	37	36	56
Occupation	HW	W	W	HW	W	W
Marital status	M	M	M	M	M	M
Caste	H	MI	H	H	H	CH
Built	MD	MD	MD	TH	TH	MD
Diagnosis	Sarcoidosis (ARTHR)	Sarcoidosis (Pulmonary)	Sarcoidosis (Pulmonary)	Sarcoidosis (Pulmonary)	Sarcoidosis (Pulmonary)	Sarcoidosis (Pulmonary)
Miasm	Sycosis/Syphilis	Psoa/ Sycosis	Sycosis/ Syphilis	Psoa/ Sycosis	Psora/ Syphilis	Pseudo-psora

Male= Male  
F= Female  
H= Hindu  
MI= Muslim  
SK= Sikh  
CH= Christian  
SD= Student  
HW= House wife  
W= Working  
NW= Not Working  
M= Married  
MW= Widow  
S= Unmarried  
OB= Obese  
TH= Thin  
MD= Moderate  
Pulmo = Pulmonary  
Cardio= Cardiological  
Nephro=  
Nephrological  
Neuro= Neurological  
Arthro= Arthorlogical  
Dermo=  
Dermatological  
Ophth=  
Ophthalmological  
EN= Erythema  
nodosum

Normal Menses				+		
Scanty Menses					+	
Profuse menses						
Postmenopausal	+					
Sterility						
Family income	Average	Average	Good	Good	Good	Good
Remedy 1	Tuberculinum	Lycopodium	Medorrhinum	Pulsatilla	Tuberculinum	Carcinosin
Remedy2	Dulcamara	Causticum	Pulsatilla	Arnica	Sulphur	Phosphorus
Remedy3	Bryonia		Carcinosin		Pulsatilla	
Basis of Prescription	Constitutional	Constitutional	Constitutional	Constitutional	Constitutional	Constitutional
Result	Cured	Cured	Relieved	Relieved	Cured	Relieved
<b>S. No.</b>	<b>45</b>	<b>46</b>	<b>47</b>	<b>48</b>	<b>49</b>	<b>50</b>
Case no.	17450	17453	17460	17464	17672	17993
Date of Reg.	13-10-2012	15-10-2012	17-10-2012	20-10-2012	25-12-2012	05-04-2013
Name	JM	RNS	SPA	JB	NPS	MV
Sex	M	M	F	F	M	F
Age	41	46	49	28	55	27
Occupation	W	W	W	W	W	HW
Marital status	M	M	M	M	M	M
Caste	CH	H	SK	H	H	H
Built	MD	TH	Th	TH	OB	TH
Diagnosis	Sarcoidosis (Pulmonary)	Sarcoidosis (Pulmonary)	Sarcoidosis (Arthro)	Sarcoidosis (Pulmonary)	Sarcoidosis (Pulmonary)	Sarcoidosis (Pulmonary)
Miasm	Sycosis/ Psora	Psora/ Sycosis	Sycosis/ Psora	Sycosis	Psora/ Syphilis	Sycosis/ Pseudopsora
Normal Menses				+		
Scanty Menses						+
Profuse menses						
Postmenopausal			+			
Sterility						
Family income	Good	Poor	Good	Average	Good	Average
Remedy 1	Tuberculinum	Ignatia	Beryllium met	Carcinosin	Tuberculinum	Thuja
Remedy2	Natrum mur	Ammonium mur	Ruta grav	Argentum nit	Cicuta verosa	Pusatilla
Remedy3					Arnica	
Basis of Prescription	Constitutional	Constitutional	Constitutional	Constitutional	Constitutional	Constitutional
Result	Relieved	Relieved	Cured	Relieved	Cured	Relieved



## Observations

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On analyzing master chart, the following observations are found-

<b>Sex</b>	Male	24
	Female	26
<b>Age in years</b>	0-10	1
	11--20	1
	21--30	11
	31--40	11
	41--50	15
	51--60	10
	61--70	1
	<b>Occupation</b>	Working
Nonworking		3
Housewife		13
Student		6
<b>Marital status</b>	Married	44
	Single	6
	Separated	0
<b>Caste</b>	Hindu	38
	Muslim	6
	Christian	2
	Sikh	4
<b>Built</b>	Thin	16
	Moderate	23
	Obese	11
<b>Diagnosis</b>	Pulmonary	32
	Arthropathy	14
	Cardio	4
	Nephro	3
	Ophthalmic	4
	Dermo	3
	Neuro	5
<b>Miasm</b>	Psora	18
	Pseudopsora	9
	Sycosis	20
	Syphilis	6
<b>With Menses</b>	Normal Menses	8
	Scanty Menses	7
	Profuse menses	2
<b>Without Menses</b>	Postmenopausal	8
	Sterility	1

<b>Family income</b>	Good	24		
	Average	19		
	Poor	7		
<b>Remedies with Frequency of Use</b>	<b>First Remedy</b>		<b>Second Remedy</b>	<b>Third Remedy</b>
	Ars iod	3	Iodium	3 Bryonia 2
	Tuberculinum	7	Rhus tox	3 Colchicum 1
	Pulsatilla	15	Natrum mur	4 Oleander 1
	Rhus tox	6	Pulsatilla	9 Carcinosis 1
	Beryllium met	4	Beryllium met	6 Pulsatilla 1
	Lycopodium	4	Plumbum met	3 Arnica 1
	Phosphorus	3	Thuja	3
	Thuja	2	Digitalis	3
	Aur met	1	Gelsemium	1
	Argentum nit	1	Sulphur	2
	Medorrhinum	1	Lycopodium	1
	Carcinosis	2	Causticum	2
	Ignatia	1	Dulcamara	1
			Arnica	1
			Phosphorus	1
			Argentum nit	1
			Cicuta verosa	1
			Ammonium mur	1
			Ruta	1
	<b>Basis of Prescription</b>	<b>Constitutional</b>	41	
<b>Pathological</b>		9		
<b>Result</b>	<b>Cured</b>	19		
	<b>Relieved</b>	31		

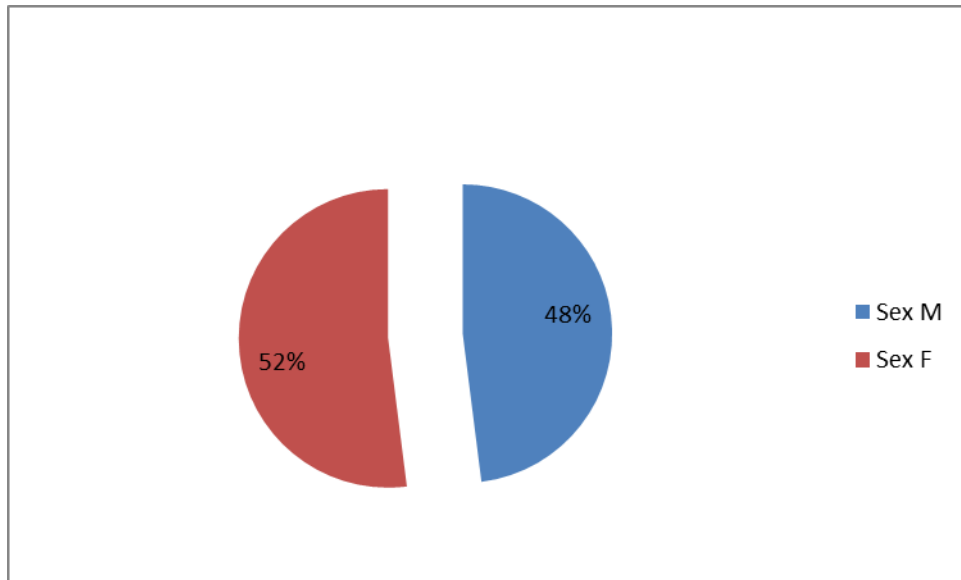
## Discussions

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### Prevalance of Sarcoidosis on basis of Sex

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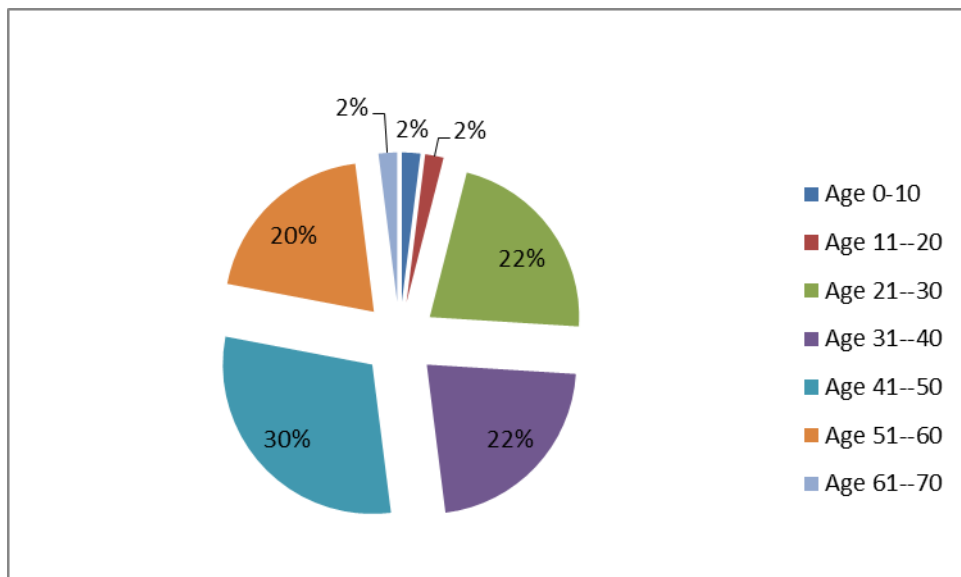
Sarcoidosis was found more prevalent in Male patients (52%) than Females (48%).



### Prevalance of Sarcoidosis on basis of Age

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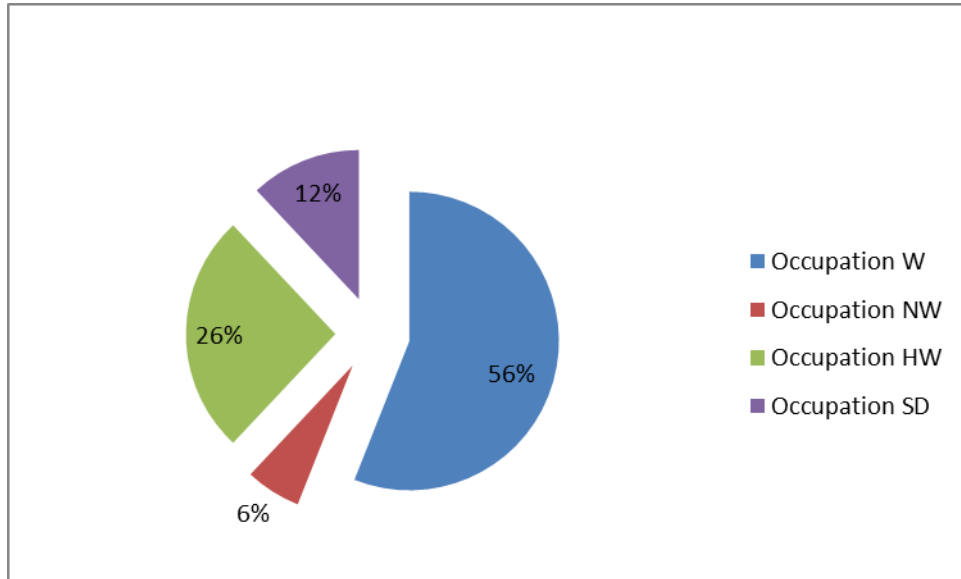
Sarcoidosis was found most prevalent in age group 41-50 years (30%) and least in below 20 and above 60 years of ages (all 2%). Age groups 21-30, 31-40 and 51-60 showed almost equal prevalence (20-22 %).



## Prevalance of Sarcoidosis on basis of Occupation

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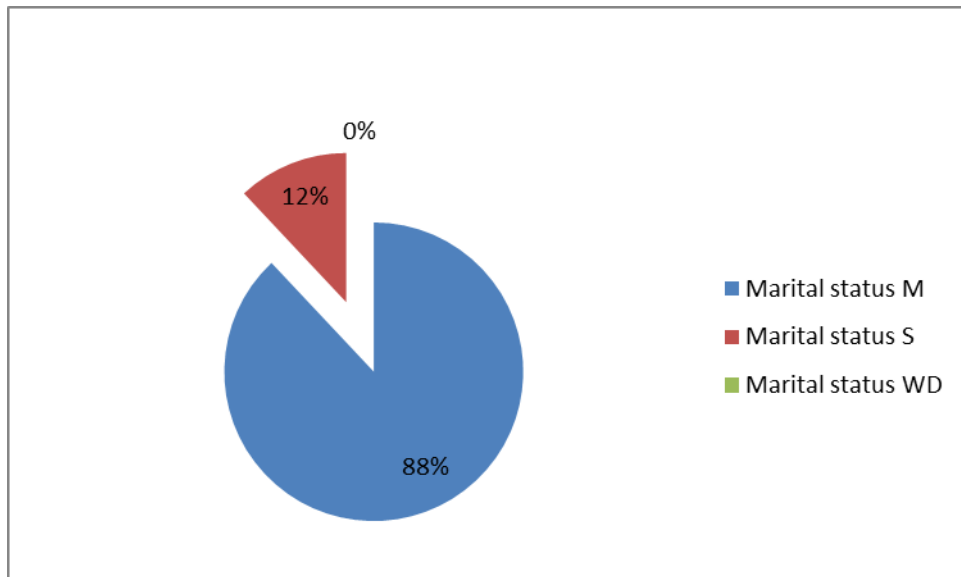
The prevalence of Sarcoidosis was mostly in working patients (56%), house wives (26%), Students (12%) and non-working ones (06%).



## Prevalance of Sarcoidosis on basis of Marital Status

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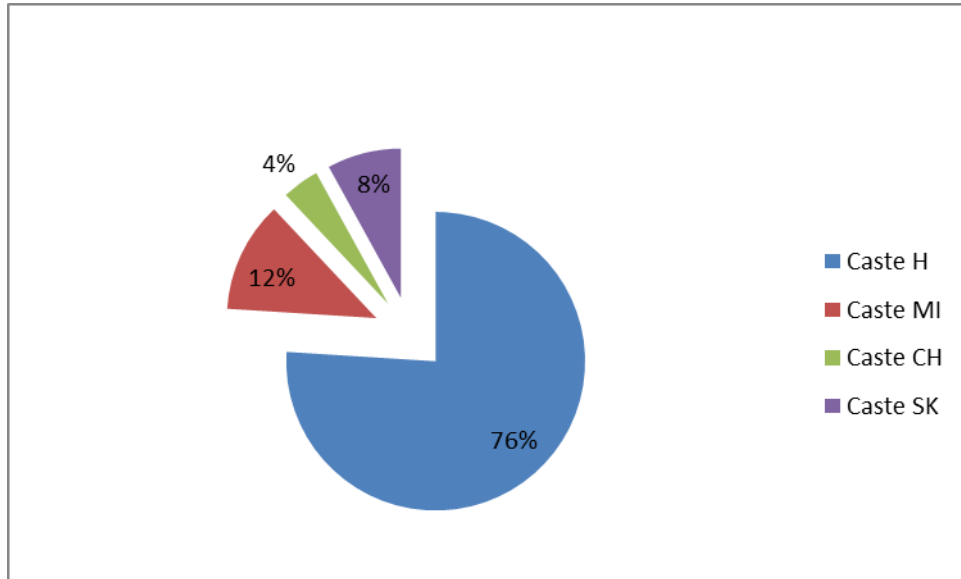
Sarcoidosis was found more prevalent in married patients (88%) than single ones (12%).



## Prevalance of Sarcoidosis on basis of Caste

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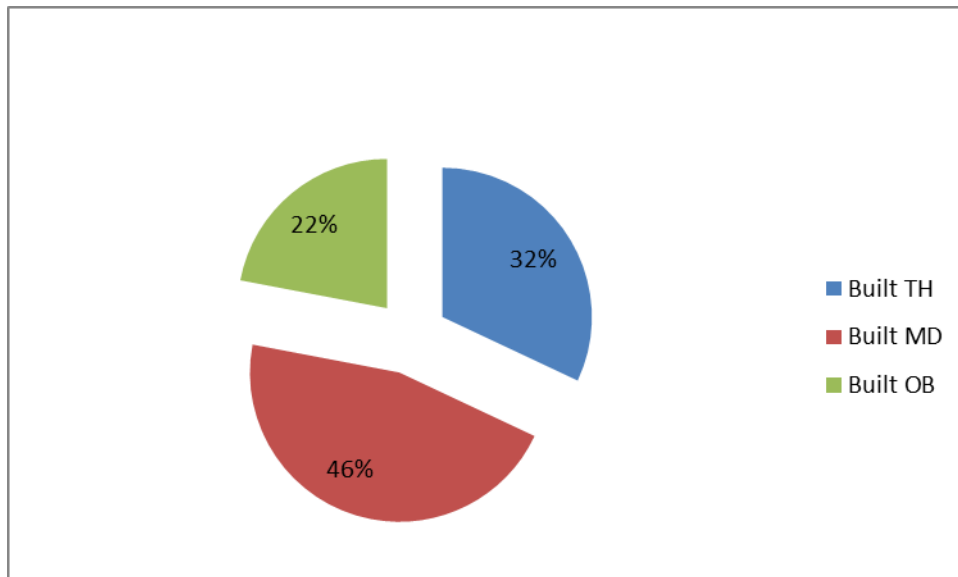
Sarcoidosis was found in mostly in Hindus (76%) and least in Christians (4%), in Muslims 12% and in Sikhs 8%. (As per Indian Population).



## Prevalance of Sarcoidosis on basis of Physical Built

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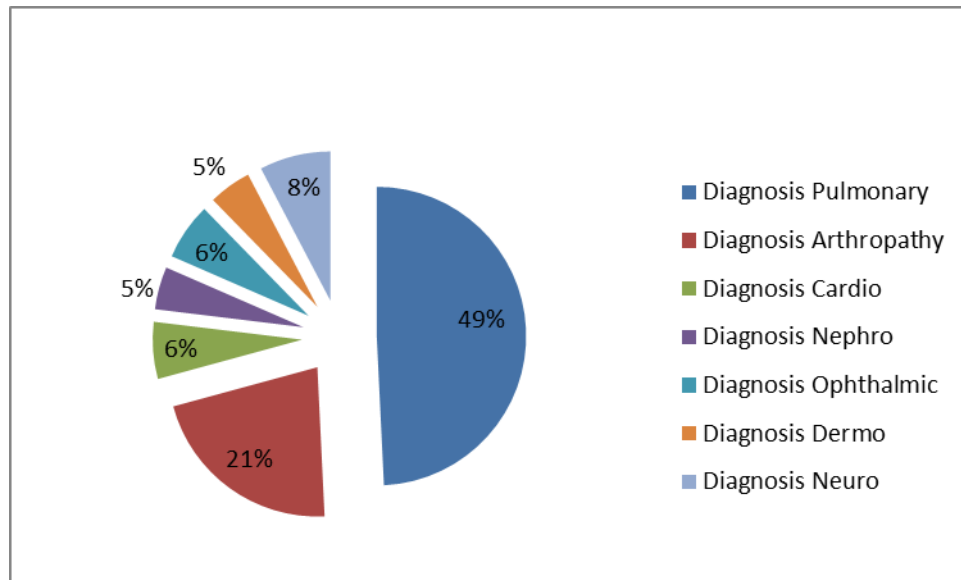
Sarcoidosis was found in moderate built individuals (46%), obese (22%), thin (32%).



## Prevalance of Sarcoidosis on basis of Diagnosis

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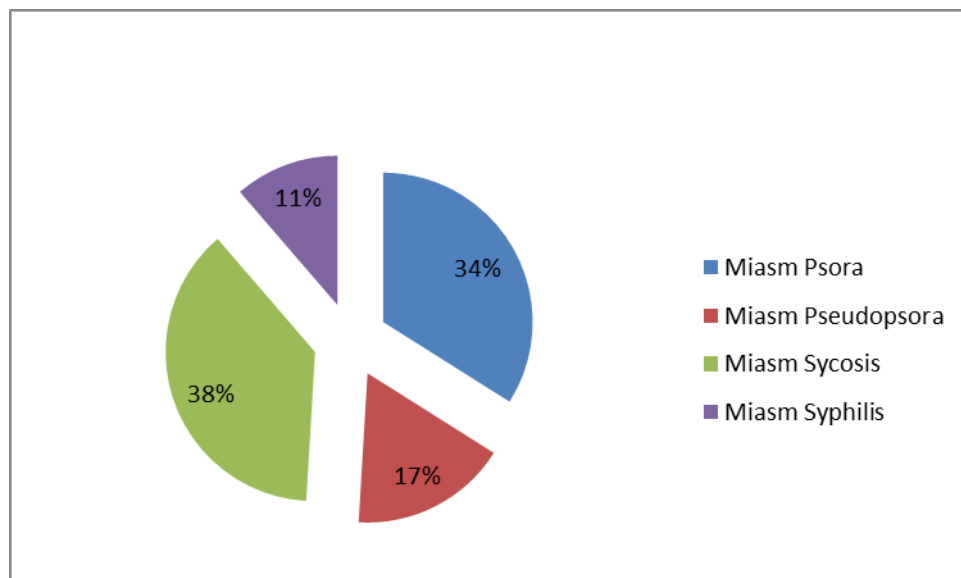
The most frequent was Sarcoidosis pulmonary (49%), with arthritis (21%), skin lesions (5%), uveitis (6%), with Cardiac (6%), with Neurological (8%) and with Nephrological manifestations (5%).



## Prevalance of Sarcoidosis on basis of Miasms

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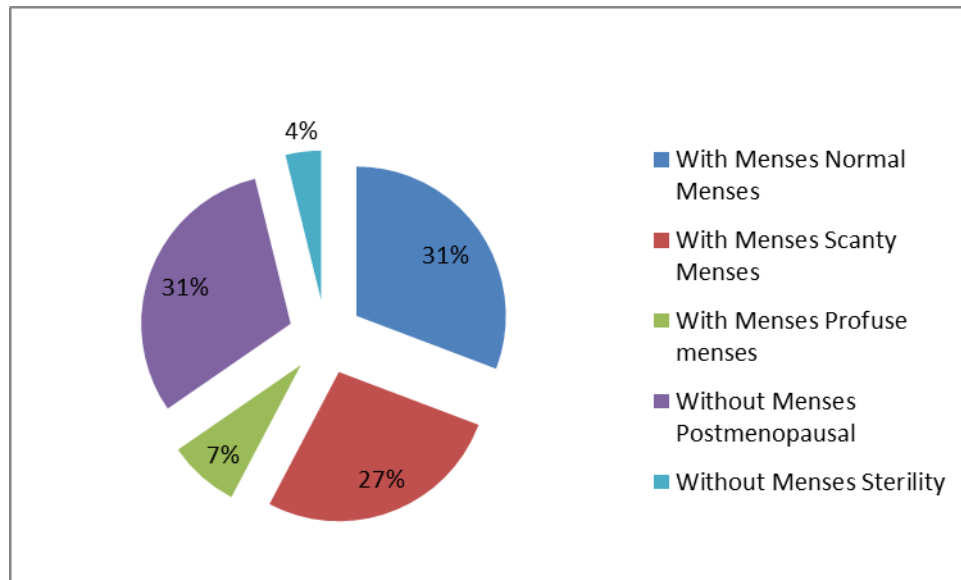
The most frequent miasm was found to be Sycosis (38%). Others being Psora (34%), Pseudopsora (17%) and Syphilis (11%).



### Prevalance of Sarcoidosis on basis of Menstrual History

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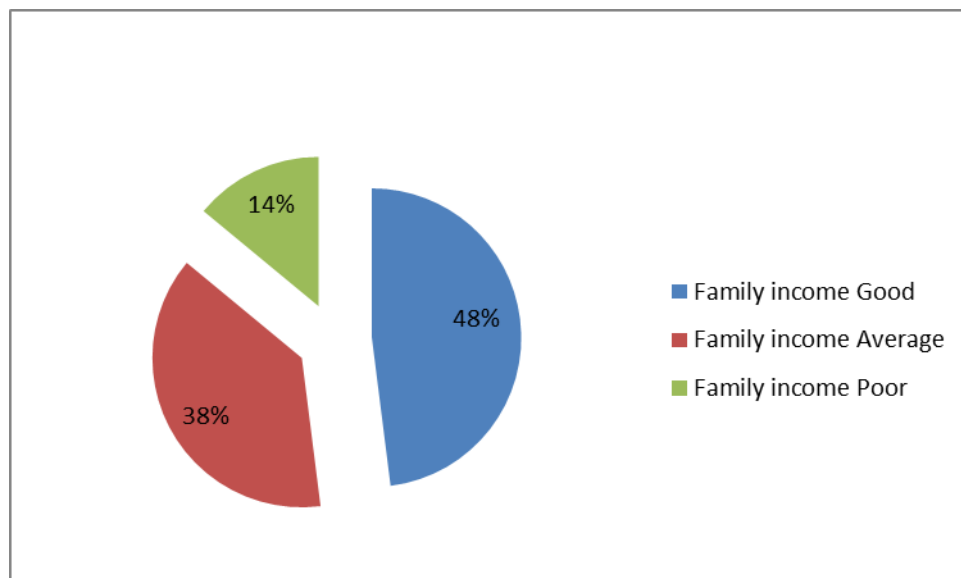
Sarcoidosis was found most common in females with normal menses (31%) and in postmenopausal ones (31%). It was the least seen in nonmenstruating females including prepubertal cases (2%) and sterile ones (2%). In females with profuse menses, it was 7%.



### Prevalance of Sarcoidosis on basis of Family Income

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Sarcoidosis seen most common in good family income group (48%), least in poor ones (14%) and moderate in average income group (38%).

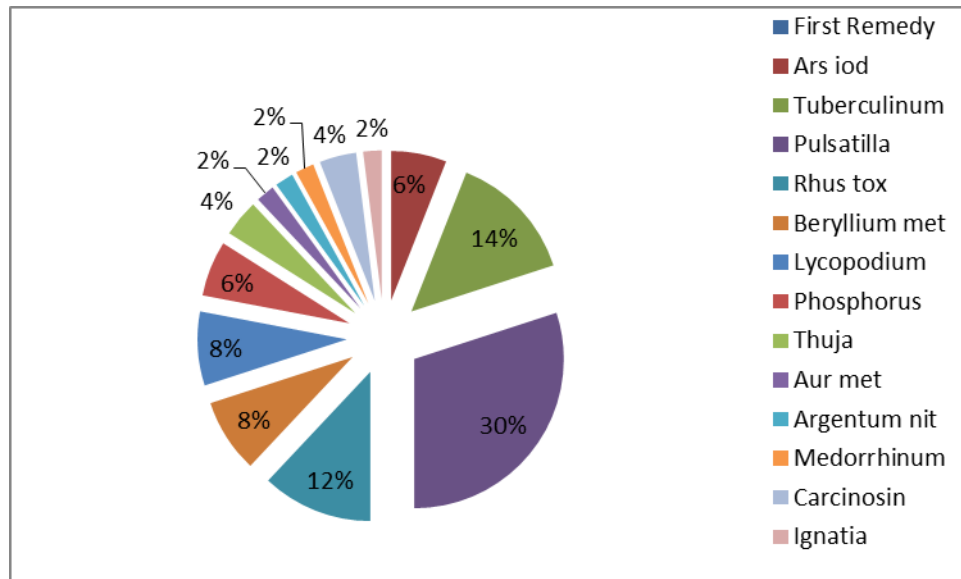




## Prevalance of Sarcoidosis on basis of Choice of Remedies

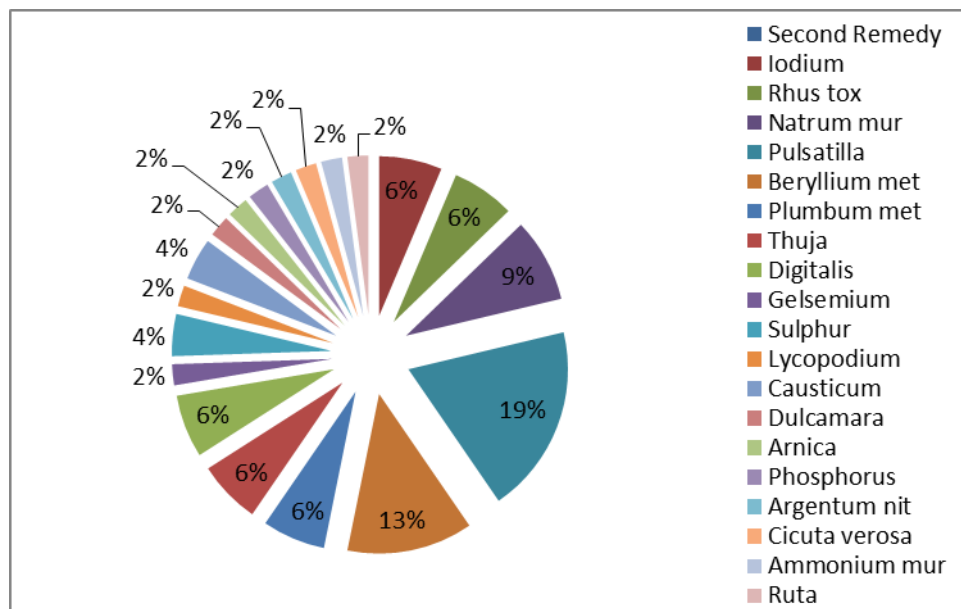
### First Remedy

The most indicated remedy in first prescription was Pulsatilla (30%), next Tunerculinum (14%) and the third one was Rhus tox (12%).



### Second Remedy

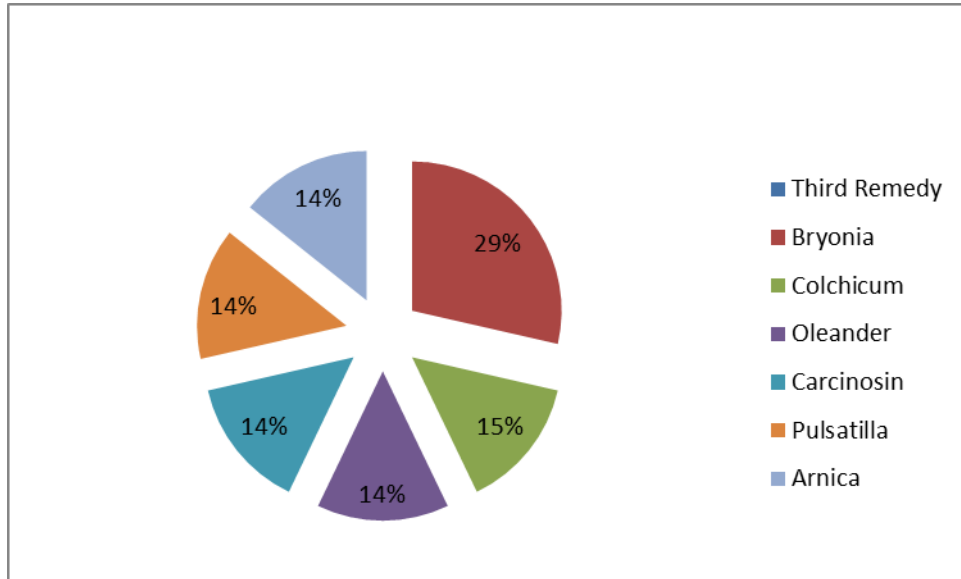
The most indicated remedy in second prescription was Pulsatilla (19%), next Beryllium met (13%) and then Natrum mur (9%).



### Third Remedy

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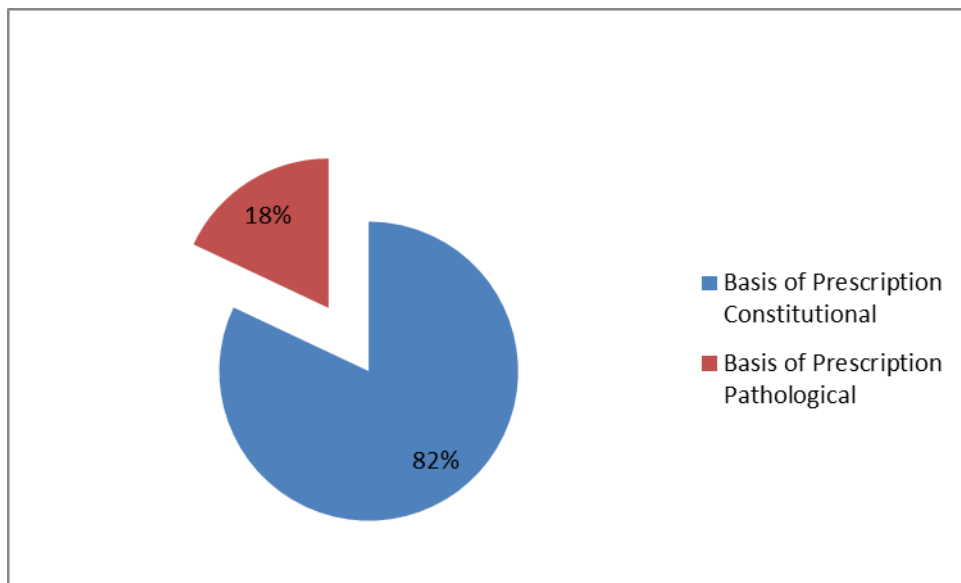
The most indicated remedy in third prescription was Bryonia (29%), next Colchicum (15%) and then Oleander, Carcinosin, Pulsatilla and Arnica, all 14%.



### Prevalance of Sarcoidosis on basis of Basis of Prescription

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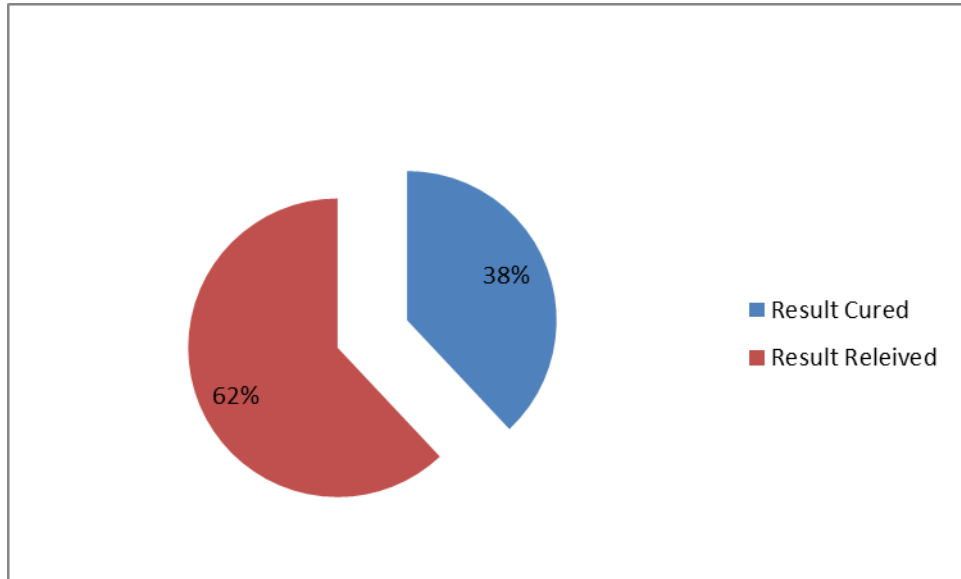
Most of the cures of Sarcoidosis were seen with constitutional treatment (82%) pathological prescribing (18%).



## revalance of Sarcoidosis on basis of Basis of Prescription

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38% os Sarcoidosis cases were cured and 62% relieved. There was no case which was not relieved with Homoeopathy.



## Prevalance of Sarcoidosis on basis of Basis of Prescription

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The highest percentage of cure was in Sycosis (22%) with 22% relieved, Psora 12% cured and 32% relieved, Syphilis 10% cured with 2% relieved and Pseudopsora 8% cured with 16% relieved.

Miasm	Cure	Relief
Psora	6	16
Pseudopsora	4	8
Sycosis	11	11
Syphilis	5	1

## Prevalance of Remedies on basis of Basis of frequency of indication

Remedies used	Cure	Relief	Score (10 for Cure + 5 for Relief)
Pulsatilla	7	18	160
Tuberculinum	6	1	65
Rhus tox	3	6	60
Beryllium met	1	9	55
Lycopodium	2	3	35
Thuja	1	5	35
Ars iod	3		30
Iodium	3		30
Bryonia	2		20
Natrum mur		4	20
Phosphorus		4	20
Sulphur	2		20
Arnica	1	1	15
Carcinosin		3	15
Causticum	1	1	15
Plumbum met		3	15
Argentum nit		2	10
Aur met	1		10
Cicuta verosa	1		10
Colchicum	1		10
Digitalis		2	10
Dulcamara	1		10
Gelsemium	1		10
Ruta	1		10
Ammonium mur		1	5
Ignatia		1	5
Medorrhinum		1	5
Oleander		1	5

Grades of the remedies as per frequency of indication in this study were Pulsatilla > Tuberculinum > Rhus tox > Beryllium met > Lycopodium > Thuja > Ars iod > Iodium > Bryonia > Natrum mur > Phosphorus > Sulphur > Arnica > Carcinosin > Causticum > Plumbum met > Argentum nit > Aur met > Cicuta verosa > Colchicum > Digitalis > Dulcamara > Gelsemium > Ruta > Ammonium mur > Ignatia > Medorrhinum > Oleander.

Thus, we can see that Pulsatilla was the most important and most indicated remedy in Sarcoidosis.

Prevalance of Remedies on basis of Basis of result

Remedies used	Cure	Relief	Score = {(10 for Cure + 5 for Relief)/ no. of cases}
Ars iod	3		10
Iodium	3		10
Bryonia	2		10
Sulphur	2		10
Aur met	1		10
Cicuta verosa	1		10
Colchicum	1		10
Dulcamara	1		10
Gelsemium	1		10
Ruta	1		10
Tuberculinum	6	1	9.28
Arnica	1	1	7.5
Causticum	1	1	7.5
Lycopodium	2	3	7
Rhus tox	3	6	6.66
Pulsatilla	7	18	6.4
Thuja	1	5	5.83
Beryllium met	1	9	5.5
Natrum mur		4	5
Phosphorus		4	5
Carcinosin		3	5
Plumbum met		3	5
Argentum nit		2	5
Digitalis		2	5
Ammonium mur		1	5
Ignatia		1	5
Medorrhinum		1	5
Oleander		1	5

Thus we can clearly see that the most effective cures are met with Ars iod, Iodium, Bryonia, Sulphur, Aur met, Cicuta verosa, Colchicum, Dulcamara, Gelsemium and Ruta.

The next important remedies are Tuberculinum, Arnica, Causticum, Lycopodium, Rhus tox, Pulsatilla, Thuja, Beryllium met.

Another ones are Natrum mur, Phosphorus, Carcinosin, Plumbum met, Argentum nit, Digitalis, Ammonium mur, Ignatia, Medorrhinum, Oleander.















## Conclusion

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












The above study confirms the efficacy of Homoeopathy in treatment of Sarcoidosis in all stages and all types, with amazing success when applied as per laws of similia and proves its superiority among all the existing streams of treatment.

















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