
ICHTHYOSIS VULGARIS CURED WITH HOMOEOPATHY

© Dr. Rajneesh Kumar Sharma M.D. (Homoeopathy)
Homoeo Cure & Research Centre P. Ltd.
NH 74, Moradabad Road, Kashipur (Uttaranchal)
INDIA, Pin- 244713
Ph. 05947- 260327, 9897618594
drrajneeshhom@hotmail.com, drrajneeshhom@yahoo.co.in



DEFINITION

Ichthyosis is a group of genetic skin disorders characterized by dry, scaling skin that may be thickened or very thin.

CAUSES

It is one of the most common of the inherited skin disorders and may begin in early childhood. Ichthyosis is inherited in an autosomal dominant pattern.

The symptoms are aggravated in the winter. It may occur together with atopic dermatitis, keratosis pilaris or other skin disorders.

SYMPTOMS

- Severe dry skin
- Scaly skin
- Possible skin thickening
- Mild itching

The dry, scaly skin is usually most severe over the legs but may also involve the arms, hands, and middle of the body. There may also be many fine lines over the palm of the hand.

OUTCOMES

Besides the common scaling condition of the skin and depending on the severity, there may be associated psychological symptoms due to the abnormal appearance of the skin. Ichthyosis is disfiguring for most affected individuals. In addition to the numerous medical complications like dehydration, infections, chronic blistering, overheating, and rapid-calorie loss, patients with ichthyosis are subjected to psychological issues. Patients are often ostracized and concerns of isolation, low self-esteem, and depression are common due to the appearance of their visible, chronically shedding skin.

A CASE OF ICHTHIOSIS VULGARIS CURED WITH HOMOEOPATHY

Patient's Name- D Sex/Age- Male/14 Dated- 23-01-2013 Reg. No. - 17738

CLINICAL PRESENTATION

This lad presented with dry, scaly skin on only covered parts of the body, which used to be aggravated in winters. There was no itching, but deep cracking and severe scaling of skin.

PARTICULARS

Scaly, dry, cracked and non-itching skin, better in summers. Bowels and urine normal, perspiration copious and no marked complaints.

PHYSICAL GENERALS

Thirst decreased, appetite normal, hot patient.

MENTAL GENERALS

Desire sweets, fats and warm food. Weakness of memory, lack of concentration, angered easily and irritability.

PAST HISTORY

Vomiting and diarrhoea, recurrent colds and boils.

FAMILY HISTORY

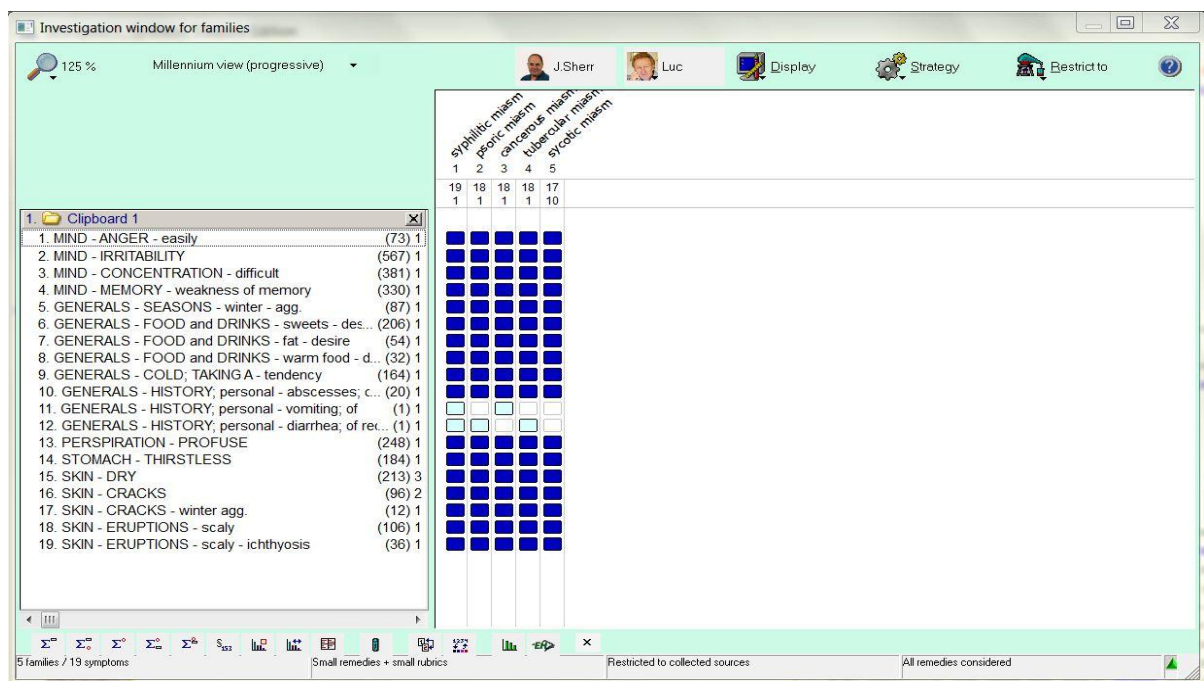
Not marked.

RUBRICS AND NUMBER OF REMEDIES GIVEN IN SYNTHESIS REPERTORY

1. ANGER - easily 73
2. MIND - IRRITABILITY 567
3. MIND - CONCENTRATION – difficult 381
4. MIND - MEMORY - weakness of memory 330
5. GENERALS - SEASONS - winter - agg. 87
6. GENERALS - FOOD and DRINKS - sweets – desire 206

7. GENERALS - FOOD and DRINKS - fat – desire 54
8. GENERALS - FOOD and DRINKS - warm food – desire 32
9. GENERALS - COLD; TAKING A – tendency 164
10. GENERALS - HISTORY; personal - abscesses; of recurrent 20
11. GENERALS - HISTORY; personal - vomiting; of 1
12. GENERALS - HISTORY; personal - diarrhea; of recurrent 1
13. PERSPIRATION – PROFUSE 248
14. STOMACH – THIRSTLESS 184
15. SKIN – DRY 213
16. SKIN - CRACKS 96
17. SKIN - CRACKS - winter agg. 12
18. SKIN - ERUPTIONS - scaly 106
19. SKIN - ERUPTIONS - scaly- ichthyosis 36

MIASMATIC EVALUATION



The tendency towards hereditary destruction of skin reveals prevalence of Syphilis grade 1, fast replacement of degenerated lesions with new skin reveals Psora grade 2 and thickening of the areas showing contribution of Sycosis grade 3. Thus, in this case, all the three miasms are working together but with different intensities, sequentially. There is a picture of Tubercular miasm underlining all the ailments with equal portrait of Cancer miasm. The Tubercular miasm is cause of recurrent colds and abscesses and must be abtided first in this case. The constitutional remedy must be multimiasmatic one which may present complete totality here.

REPERTORIZATION



POTENTIAL DIFFERENTIAL FIELD

The two analysis windows above given are based on two different views. The small remedies and small rubrics view suggests Tuberculinum and the second one based on sum of degrees sort symptom reveals Lycopodium as top ranking remedy. Since Lycopodium covers all the miasms, it should be the constitutional remedy in this case.

TREATMENT

FIRST PRESCRIPTION

DATE

23-01-2013

CRITERIA

Constitutional remedy. Low potency for apprehension of aggravation.



RX

Lycopodium clav 30 TDS for 7 days.

SECOND PRESCRIPTION

DATE

30-01-2013

CRITERIA

No change. Miasmatic obstacle? Tubercular miasm first considered due to personal history of colds and boils.



RX

Tuberculinum 1 M one dose stat.

Lycopodium clav 30 TDS for 15 days. To be started on next day.

THIRD PRESCRIPTION

DATE

15-02-2013

CRITERIA

Much improvement.



RX

Sac lac TDS.

RESULT

Cured.



DISCUSSION

Though the constitutional remedy was *Lycopodium clav* in this case, it did not work initially. There was miasmatic obstacle. On seeing his personal history, Tubercular miasm was confirmed and antidote with *Tuberculinum* and *Lycopodium* started working and cured the case.

REFERENCES

Radar 10

Encyclopedia Homoeopathica

www.firstskinfoundation.org/content.cfm/Ichthyosis/What-is.../952

www.nlm.nih.gov/medlineplus/ency/article/001451.htm