

Lumbar spine pain and Homoeopathy

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Abstract

Lumbar spine pain may be of two types- acute or chronic. Former may be due to febrile disorders or injury while later may be due to numerous causes. The present article is dedicated to the causes of lumbar spine pains and their related rubrics found in various repertories.

Acute spinal pain

1. Febrile disorders

BACK - PAIN - Lumbar region - fever - during - agg.

Acon. apis arn. Ars. bry. CALC. Caust. Cham. chin. cocc. Ign. kali-c. lyc. merc. Nat-m. NUX-V. phos. PULS. Rhus-t. ruta SEP. sil. stront-c. Sulph.

2. Injury

BACK - PAIN - Lumbar region - injuries; after

AGAR. kali-c. nat-s.

Chronic spinal pain

BACK - PAIN - Lumbar region - chronic

aesc. berb. Calc-f. Rhus-t. sil.

1. Traumatic, mechanical or degenerative:

- Low back strain; fatigue, obesity; pregnancy causing altered biomechanics
BACK - PAIN - Lumbar region - exertion - agg.

Agar. Calc-p. con. heroin. phys. vanil.

BACK - PAIN - Lumbar region - overlifting; as if from

acon. caust. ferr. kali-bi. rhus-t. staph.

BACK - PAIN - Lumbar region - pregnancy agg.; during

arn. Bell. Kali-c. lyss. nux-v. puls. rhus-t. valer.

- Injuries of bone, joint, intervertebral disc or ligaments
BACK - PAIN - Lumbar region - injuries; after

AGAR. kali-c. nat-s.

- Degenerative or traumatic changes of the spine (osteoarthritis; spondylosis)

BACK - CAVITIES of spine

ph-ac. Sil. syph.

- Lumbar spine instability syndromes e.g. spondylolisthesis
BACK - PAIN - Lumbar region - dislocated; as if

agar. arg-n. arn. bell. bufo calc. canth. carc. con. dulc. eup-per. ham. hep. kali-bi. lach. lyc. m-aust. petr. puls. rhod. Rhus-t. sep. sulph.

- Scoliosis: primary and secondary
BACK - CURVATURE of spine

acon. agar. ant-c. ASAFA. aur. bar-c. Bar-m. bell. bry. CALC. CALC-F. calc-i. Calc-p. CALC-S. Carb-v. carbn-s. caust. cic. clem. coloc. Con. dros. dulc. ferr-i. hecla hep. ip. kali-c. lach. Lyc.

Merc. **MERC-C.** mez. nat-c. nat-m. nux-v. op. **PH-AC.** **Phos.** plb. psor. **Puls.** rhus-t. ruta sabin. sep. **SIL.** staph. **SULPH.** syph. tarent. ther. thuj. tub.

- Spinal or intervertebral canal stenosis
BACK - COMPRESSION - Lumbosacral region
aeth. caust. thuj.
- Sacroiliac joint strain
BACK - SACRAL region; complaints of - Sacroiliac symphyses
aesc. alum. am-m. ant-t. arg-n. calc-p. sil. tril-p.

2. Joint dysfunction:

- Zygapophysial
BACK - INFLAMMATION - Spine - Joints of vertebrae
bacls-7. cortico. des-ac. morg-p.
BACK - PAIN - Spine - Joints of vertebrae
staph.
- Intervertebral disc
BACK - INFLAMMATION - Spinal cord
abrot. acon. ail. alum. alum-p. **Alumin.** **Apis** arg-n. **Arn.** **Ars.** bar-m. **Bell.** bell-p. **Benz-ac.** bry. calc. camph. canth. carb-v. caust. cedr. chel. chin. cic. cocc. colch. coli. con. crot-h. dig. diptox. **Dulc.** **GELS.** hyos. hyper. ign. kali-i. **Lach.** lath. lyc. merc. naja nat-c. nat-m. **Nat-s.** **Nux-v.** **OP.** ox-ac. **Par.** parathy. pert. ph-ac. **PHOS.** phys. **Pic-ac.** plb. puls. rhus-t. sec. sil. staph. staphycoc. stram. **Stry.** sulph. toxo-g. verat. zinc-p.

3. Metabolic:

- Osteoporosis
GENERALS - OSTEOPOROSIS
arg-met. bacls-7. calc-f. cortico. cortiso. dys. fl-ac. morg-p. palo.
- Osteomalacia
GENERALS - OSTEOMALACIA
iod. merc-c. ph-ac.
- Osteochondrosis
GENERALS - OSTEOCHONDROSIS
abrot. cortiso. fl-ac. p-benzq. syph.
- Hyper- and hypo-parathyroidism
GENERALS - LABORATORY findings - blood - calcium - decreased
nat-f.
GENERALS - LABORATORY findings - blood - calcium - increased
beryl.
- Ochronosis
Ochronosis = SKIN - DISCOLORATION – bluish; SKIN - DISCOLORATION – blackish;
GENERALS - CARTILAGES, affection of
led. **Merc.** nat-m. **PLB.** ruta **Sil.** sulph.
- Fluorosis
FLUOROSIS
ars. bac. bar-c. **Calc.** Calc-f. **Calc-p.** Carb-v. carc. cocc. coff. **Fl-ac** hecla Kreos. lach. med. merc. Mez. **Phos.** Plan. plb. sep. sil. **STAPH.** **Syph.** **Tub.**
- Hypophosphataemic rickets
GENERALS - RICKETS
am-c. **Ars.** ars-i. **ASAF.** **Bell.** **CALC.** calc-act. calc-hp. **Calc-p.** calc-sil. con. **Ferr.** **Ferr-i.** ferr-m. ferr-p. fl-ac. **Guaj.** hecla hed. **Hep.** iod. **Ip.** **Kali-i.** lac-c. **Lyc.** mag-c. mag-m. med. **MERC.** mez. Nit-ac. nux-m. **Ol-j.** op. petr. **Ph-ac.** **PHOS.** pin-s. **Psor.** **Puls.** rhod. **Rhus-t.** ruta sacch. sanic. Sep. **SIL.** **Staph.** **Sulph.** suprar. tarent. ther. thuj. thyr. tub.

4. Unknown causes:

- Inflammatory arthropathies of the spine, such as ankylosing spondylitis and the spondylitis of Reiter's (Brodie's) disease, psoriasis, ulcerative colitis, Whipple's and Crohn's diseases
BACK - INFLAMMATION - Spinal cord
abrot. acon. ail. alum. alum-p. **Alumin.** Apis arg-n. Arn. Ars. bar-m. **Bell.** bell-p. Benz-ac. bry. calc. camph. canth. carb-v. caust. cedr. chel. chin. cic. cocc. colch. con. crot-h. dig. **Dulc.** **GELS.** hyos. hyper. ign. kali-i. **Lach.** lath. lyc. merc. naja nat-c. nat-m. **Nat-s.** **Nux-v.** **OP.** ox-ac. Par. ph-ac. **PHOS.** phys. **Pic-ac.** plb. puls. rhus-t. sec. sil. staph. stram. **Stry.** sulph. verat. zinc-p.
- Rarely polymyositis and polymyalgia rheumatica
GENERALS - POLIOMYELITIS
Acon. aeth. alum. arg-n. arn. ars. bell. bung-cd. **Calc.** carb-ac. **Caust.** chinin-ar. chr-s. cur. dulc. ferr-i. ferr-p. **GELS.** hydr-ac. hydroph. hyos. kali-i. kali-p. kres. lach. lath. merc. nux-v. phos. phys. **Plb.** plb-i. rhus-t. sec. stry-p. sulph. verat. verat-v. vip.
- Paget's disease of bone
PAGET'S DISEASE OF BONE = GENERALS - BRITTLE BONES + GENERALS - CARTILAGES, affection of + GENERALS - GROWTH - complaints of growth process + HEARING - IMPAIRED
ARG-MET. Asaf. bar-c. bell-p-sp. bufo **Calc.** calc-f. calc-p. carc. **Chel.** cimic. cupr. fl-ac. guaj. Lac-ac. led. **LYC.** **MERC.** merc. nat-m. olnd. par. **Ph-ac.** phos. plb. rad-br. ruta **SIL.** **SULPH.** **Symp.** syph. thuj. **Thyr.**
- Scheuermann's 'disease'
BACK - CURVATURE of spine - Dorsal region
acon. asaf. aur. bar-c. **BELL.** bufo **Calc.** Calc-s. Cic. Con. ip. Lyc. Ph-ac. **Phos.** plb. Puls. Rhus-t. ruta Sep. Sil. Staph. Sulph. Syph. thuj.

5. Infective conditions of bone, joint and theca of the spine:

- Osteomyelitis
GENERALS - INFLAMMATION - Bones; of - Bone marrow; of
achy. acon. arg-met. arn. bell. calc. carc. cham. chinin-s. conch. des-ac. eberth. fl-ac. gunp. kali-i. lat-m. merc. ph-ac. phos. puls. **Sil.** staphycoc. syph. tub.
- Tuberculosis
BACK - TUBERCULOSIS - Vertebrae; of
arg-met. aur. calc. calc-i. calc-p. con. get. iod. kali-i. merc-i-r. ph-ac. phos. pyrog. **Sil.** stann. stict. still. sulph. syph. tub. vitr-an.
- Melioidosis
MELIODOSIS = GENERALS - ABSCESSSES - Bones, of + GENERALS - ABSCESSSES – chronic + GENERALS - ABSCESSSES - Internal organs, of
ang. **Anthraci.** aran. arg-met. arg-n. arn. **Ars.** arund-d. **Asaf.** aur. bell. bry. **Calc.** calc-f. **Calc-hp.** calc-i. calc-p. calc-s. **Canth.** caps. carb-an. **Carb-v.** cham. chin. cist. clem. **Con.** cupr. dulc. euph. fl-ac. **Graph.** guaj. hecla **Hep.** **Iod.** iodof. kali-bi. **Kali-c.** kali-i. kreos. **LACH.** laur. **LYC.** mag-f. mang. **MERC.** merc-aur. merc-c. merc-i-r. **Mez.** nat-m. **Nit-ac.** ol-j. op. paro-i. petr. **Ph-ac.** phos. **Plat.** psor. puls. pyrog. rhus-t. ruta sabin. sars. sec. **Sep.** **SIL.** spong. staph. stram. stront-c. **Sulph.** symph. syph. ther. thuj. tub. tub-m. vitr-cor.
- Undulant fever (abortus and melitensis)
GENERALS - BRUCELLOYSIS
bapt. brucel. bry. **Colch.** malar. merc. merc-k-i. rhus-t. tub.
- Typhoid and paratyphoid fever and other Salmonella infections
GENERALS - PAIN - Bones - fever - during - agg.
arg-met. **Arn.** **Bell.** calc. caust. chin. con. cycl. **EUP-PER.** **Hell.** ign. kali-c. merc. nat-m. **Puls.** rhod. sabin. sars. sep. staph.
- Syphilis
GENERALITIES - BONES - syphilitic
arg-met. ars. **ASAF.** **AUR.** bell. bry. calc-f. carb-v. con. **FL-AC.** hep. **KALI-BI.** **KALI-I.** lach. lyc. **MERC.** **MEZ.** **NIT-AC.** ph-ac. **PHOS.** phyt. rhus-t. sars. **SIL.** staph. still. sulph. thuj.

- Yaws
YAWS = GENERALS - PAIN – Bones + GENERALS - INFLAMMATION - Bones; of + SKIN - CICATRICES
calc-f. FL-AC. iod. lach. MERC. MEZ. NIT-AC. Phos. Phyt. SIL.
- Very rarely Weil's disease (leptospirosis icterohaemorrhagica)
GENERALS - HEMORRHAGE - accompanied by - Skin; yellow
crot-h. phos.
- Spinal pachymeningitis
BACK - INFLAMMATION - Membranes
abrot. Acon. APIS BELL. Bry. Calc. Cic. Cimic. cocc. crot-h. cupr. cyt-l. dulc. ech. GELS. helo-s. Hyos. hyper. Ip. kali-i. merc. Nat-m. Nat-s. nux-v. Op. oreo. ox-ac. Plb. Rhus-t. sec. tub. verat-v. Zinc.
- Chronic meningitis
BACK - INFLAMMATION - Spinal cord and meninges
agar. apis bell. hell. stram. tarent.
- Subarachnoid or spinal abscess
HEAD - ABSCESS - Brain
arn. bell. crot-h. iod. lach. merc-pr-r. op. staphycoc. vip.
- Herpes zoster
BACK - PAIN - herpes zoster, after
Lach.
- Poliomyelitis
GENERALS - POLIOMYELITIS
Acon. aeth. alum. arg-n. arn. ars. bell. bung-cd. Calc. carb-ac. Caust. chinin-ar. chr-s. cur. dulc. ferr-i. ferr-p. GELS. hydr-ac. hydroph. hyos. kali-i. kali-p. karw-h. kres. lach. lath. merc. nux-v. phos. phys. Plb. plb-i. rhus-t. sec. stry-p. sulph. verat. verat-v. vip
- Tetanus
GENERALS - TETANUS
Acon. aconin. aml-ns. anac. ang. arn. bell. calen. camph. carbn-s. chlol. cic. cocc. con. cortico. cupr. Cur. diph-t-tpt. Gels. hydr-ac. hyos. hyper. ign. ip. kali-br. lach. lat-m. laur. led. lyss. mag-p. morph. mosch. nicot. nux-v. oena. op. ox-ac. Passi. petr. Phys. phyt. plat. scor. stram. strept-ent. Stry. tab. ter. thebin. Upa. verat. verat-v. zinc.

6. Psychogenic:

- Anxiety
MIND - AILMENTS FROM – anxiety + BACK - PAIN - Lumbar region
aur. Calc-p. CALC. carc. Cimic. Cocc. hyos. ign. Kali-p. lyc. Nit-ac. Op. Ph-ac. Pic-ac. RUTA samb. SIL. Spong. Staph.
- Depression
Mind - DESPAIR, feelings - pains, with the
ACON. act-sp. agar. aloe ant-c. arn. Ars. aur-ar. AUR. Bell-p. Bry. calc. carb-v. CARC. Cham. Chin. chinin-ar. Coff. colch. Coloc. hyper. IGN. lach. lil-t. mag-c. mag-p. med. morph. naja NAT-M. NAT-S. nux-v. psil. rhus-g. stram. Verat. vip.
- Hysteria
MIND - HYSTERIA - spasms; with - Back; of
cimic.
- 'Compensation neurosis'
MIND - PITIES herself - sick; desire to show being
tarent.
- Malingering
MIND - FEIGNING - sick; to be
aethyl. aethyl-act. arg-n. bell. calc. ign. kali-c. lac-c. lach. lyc. mosch. op. petr-ra. plb. Puls. sabad. sal-l. sep. sil. syph. Tarent. verat.

7. Neoplastic – benign or malignant, primary or secondary:

- Osteoid osteoma

GENERALS - CANCEROUS affections - Bones, of

asaf. aur. aur-ar. aur-i. aur-m-n. **Bry.** cadm-calc-f. cadm-met. calc-f. calc-p. calc-sil. carc. con. euph. euph-re. **HECLA** hippoz. lap-a. merc-k-i. methyl. **Phos.** **Rhus-t.** ruta sil. stront-c. **SYMPH.** syph. toxi.

- Eosinophilic granuloma

GENERALS - INDURATIONS - inflammation; after

alum. bry. **Carb-an.** **Carb-v.** **Con.** dulc. **Iod.** **Kali-c.** lyc. nux-v. ph-ac. ran-b. **Rhod.** rhus-t. sep. sil. spong. **Sulph.**

- Metastatic carcinomatosis

GENERALS - CANCEROUS affections - extending to - Bones; metastasis in

Con. **Hecla** **Symp.**

- Bronchial carcinoma

CHEST - CANCER - Lungs

acal. aran. arg-met. ars. ars-i. bry. cadm-bi. cob-m. con. crot-h. germ-met. guaj. hydr. kali-bi. **LYC.** methyl. phos. **Sang.** **Scir.** ther.

- Oesophageal carcinoma

THROAT - CANCER - Esophagus

carb-v. **Con.** hydr. lyc. phos. plat-m. rumx-ab.

- Sarcoma

GENERALS - CANCEROUS affections - sarcoma

agar. ars. **Aur.** bar-c. cadm-met. calc. calc-f. carb-ac. carb-an. carb-v. **Crot-h.** cupr-s. **Euph.** graph. **Hecla** hydr. **Kali-chl.** **Kali-m.** **Lach.** **Lap-a.** nat-act. nat-cac. nat-m. **Nit-ac.** ph-ac. **Phos.** rad-br. sil. **Symp.** **THUJ.** visc. x-ray

- Myeloma

GENERALS - CANCEROUS affections – myeloma + GENERALS - CANCEROUS affections - myeloma - multiple

aur. calc-f. **Hecla** **lach.** **nit-ac.** phos. syph.

- Primary and secondary tumours of spinal canal and nerve roots: ependymoma; neurofibroma; glioma; angioma; meningioma; lipoma; rarely cordoma

GENERALS - TUMORS - encephaloma

acet-ac. arn. **Ars.** **Ars-i.** art-v. aur-i. bell. **Calc.** carb-ac. **Carb-an.** caust. **Croc.** hippoz. hydr. kali-i. **Kreos.** **Lach.** **nit-ac.** nux-v. **PHOS.** plb. **Sil.** sulfa. sulph. **Thuj.**

- Reticuloses, e.g. Hodgkin's disease

GENERALS - CANCEROUS affections - lymphoma

ars. ars-i. aur-m. **Bar-c.** bar-i. calc. **Calc-f.** carb-an. carc. cist. con. **Iod.** kali-m. mur-ac. nat-m. ph-ac. phos. phyt. rad-br. sароth. scroph-n. sec. sil. syph. **Thuj.** tub.

GENERALS - HODGKIN'S disease

Acon. acon-l. **Ars.** ars-br. ars-i. bar-c. bar-i. bufo buni-o. calc. **Calc-f.** carc. **Cean.** cist. con. ferr-pic. iod. kali-bi. **Kali-chl.** **Kali-m.** lap-a. **Nat-m.** phos. sароth. scroph-n. syph. tub.

8. Cardiac and vascular:

- Subarachnoid or spinal haemorrhage

BACK - HEMORRHAGE - Spinal cord

acon. **Arn.** **Bell.** **lach.** **nux-v.** **sec.**

- Luetic or dissecting abdominal aorta aneurysm

ABDOMEN - ANEURYSM

Bar-m. **Sec.**

- Enlarged aortic aneurysm

CHEST - ANEURYSM of - Aorta

aur-i. ign. spong.

- Grossly enlarged left atrium in mitral valve disease

CHEST - INFLAMMATION - Heart - Endocardium - mitral insufficiency and violent, rapid action; with

адон. **cact.**

- Arteriovenous malformations

GENERALS - BLOOD VESSELS - complaints of

acon. aml-ns. apis arn. Bell. bell-p. bell-p-sp. CARB-V. card-m. chlam-tr. ferr. Fl-ac. gels. glon. Ham. Hyos. influ. ins. Lach. lyc. nat-m. Phos. PULS. sacch. sang. sec. sep. sul-ac. sulph. Thuj. tril-p. vip. zinc.

9. Gynaecological:

- Tuberculous disease

FEMALE GENITALIA/SEX - INFLAMMATION

Acon. ambr. anan. Apis Arn. ARS. Asaf. aur-m. Bell. borx. bry. Calc. calc-s. cann-s. canth. carb-v. Coc-c. coll. con. ferr. ferr-ar. Ferr-p. ign. Kali-c. KREOS. Lyc. med. MERC. Merc-c. Nat-m. nat-s. Nit-ac. nux-v. Petr. podo. prot. RHUS-T. Sec. Sep. spong. staph. sulph. syc. tarent. Thuj.

- Rarely prolapse or retroversion of uterus

FEMALE GENITALIA/SEX - COMPLAINTS of female genitalia - Uterus - accompanied by - Back; pain in

sabin.

BACK - PAIN - Spine - accompanied by - Uterus; complaints of the visc.

- Dysmenorrhoea

FEMALE GENITALIA/SEX - PAIN - menses - during - agg.

Acon. agar. Alet. all-s. aloe Am-c. am-m. amp. ant-c. apis arg-n. arist-cl. ars. Asaf. bar-c. BELL. berb. borx. bov. brom. bufo cact. Calc. Calc-p. calc-s. cann-i. canth. Carb-an. Carb-v. caul. Caust. cench. CHAM. chin. chir-fl. Cimic. cina coc-c. Cocc. coff. Coloc. Con. cupr. Cycl. ferr. ferr-p. fum. Gels. glycyr-g. Graph. Haem. helon. hyos. Ign. ip. joan. kali-br. Kali-c. kali-s. kali-sil. Kreos. Lac-c. lac-e. Lach. Lil-t. lob-e. lyc. Mag-c. Mag-m. Mag-p. mag-s. mand. med. meli. mosch. Nat-c. Nat-m. nat-sil. nept-m. Nit-ac. Nux-m. nux-v. phos. Plat. Puls. Rhus-t. ribo. SABIN. sal-fr. saroth. Sec. Sep. Sil. stann. sul-ac. sulph. tanac. thlas. thuj. Thymol. tritic-vg. ust. Verat. verat-v. vesp. Vib. visc. Xan. zinc.

- Chronic salpingitis

FEMALE GENITALIA/SEX - INFLAMMATION - Oviduct

acon. apis ars. bac. bry. canth. chinin-s. coli. coll. Coloc. eupi. gonotox. hep. lach. med. merc. Merc-c. prot. Puls. sabal Sep. sil. staph.

- Pelvic abscess or chronic cervicitis

FEMALE GENITALIA/SEX - ABSCESS

Hep. kali-p. Merc. Nat-m. nit-ac. Sep. sil. Sulph. tanac.

FEMALE GENITALIA/SEX - INFLAMMATION - Uterus - Cervix

ant-t. arg-n. Ars. Bell. calen. carb-an. con. gonotox. hydr. kreos. lyc. mel-c-s. merc. Merc-c. murx. nit-ac. prot. sep. syph. tub.

- Tumors

FEMALE GENITALIA/SEX - TUMORS

arg-met. Calc. coc-c. LYC. Nit-ac.

10. Gastrointestinal:

- Pancreatitis

ABDOMEN - INFLAMMATION – Pancreas (= Pancreatitis)

achy. Atro. atro-s. bar-m. bell. bol-la. carb-an. Con. dios. eberth. fel Iod. Iris Kali-i. lat-m. lept. leptos-ih. Merc. mom-b. mucot. ourl. pancr. parathy. phos. SPONG.

- Rarely appendicitis, or from new growth of intra-abdominal viscera (colon, stomach, pancreas), or from retroperitoneal structures

ABDOMEN - INFLAMMATION - Appendix

abrot. ammc. ARN. ARS. bapt. Bell. bell-p. BRY. cadm-s. calc-ar. calc-caust. Calc-s. carb-v. chel. Chin. Cocc. colch. COLOC. con. Crot-c. crot-h. dios. dulc. Echi. gins. graph. Hep. Iris-t. lac-d. Lach. lat-m. Lyc. Merc. MERC-C. mur-ac. nat-s. Nit-ac. Nux-v. Ph-ac. PHOS. Plb. plb-xyz. puls. pyrog. rham-cath. rham-f. rhus-t. sabal scroph-xyz. SEP. SIL. SULPH. ter. THUJ. tub. tub-d.

ABDOMEN - CANCER - Colon

ALOE Lyc. Thuj.

ABDOMEN - CANCER - Pancreas

cadm-i. **CADM-S.** calc-ar. **CEAN.** HYDR.

STOMACH - CANCER

Acet-ac. act-sp. am-m. ant-s-aur. arg-n. **ARS.** Ars-i. ars-s-f. ars-s-r. aur. aur-m-n. bar-c. bell. **BISM.** bism-sn. brom. bry. bufo cadm-act. cadm-ar. cadm-br. cadm-chl. cadm-f. cadm-gl. cadm-i. cadm-m. cadm-met. cadm-n. cadm-o. cadm-p. **Cadm-s.** cadm-sel. calc-f. calen. **Caps.** **CARB-AC.** **CARB-AN.** **Carb-v.** carc-st. carc-st-ad. carc-st-sc. chel. coloc. **CON.** **Crot-h.** **CUND.** dulc. form-ac. ger. graph. helic-p. **Hydr.** Iris kali-bi. kali-c. kali-m. kali-perm. kali-s. **Kreos.** Lach. lob-e. **LYC.** mag-p. **Merc-c.** **Mez.** Nat-m. nep. nux-v. orni. **PHOS.** plat. plat-m. plb. polyg-h. sec. **Sep.** **Sil.** **Staph.** **Sulph.** **Thuj.** **Uran-n.** uva verat.

11. Renal and genito-urinary:

- Carcinoma of kidney

KIDNEYS - CANCER

calc. chim. form. sars. solid.

- Calculus

KIDNEYS - STONES

act-sp. alum. am-c. am-m. ambr. **Ant-c.** apoc. **Arg-n.** arn. baros. bell. bell-p. **BENZ-AC.** Berb. cact. cal-ren. **CALC.** Cann-xyz. **Canth.** cham. chin. chinin-s. Chlf. cimic. coc-c. coli. coloc. Dios. epig. equis-h. erig. ery-a. eup-pur. fab. frag. gali. guat. hed. hedeo. hep. hydrang. ipom-p. kali-bi. kali-c. kali-i. lach. lipp. **LITH-C.** Lith-f. Lith-met. Lith-p. **LYC.** mag-p. med. mill. morg-g. nat-m. **Nit-ac.** nux-m. nux-v. oci. onis. op. oxyd. **PAREIR.** Petr. Phos. pipe. polyg-h. rub-t. Ruta saroth. **SARS.** **Sep.** **Sil.** solid. **Stigm.** sulfa. sulph. **Tab.** ter. thlas. thuj. urt-u. uva vesi. **Zinc.**

- Hydronephrosis

KIDNEYS - HYDRONEPHROSIS

apis apoc. arg-n. ars. aur. merc. nit-ac. phos.

- Polycystic kidney

KIDNEYS - POLYCYSTIC kidneys

kres.

- Necrotizing papillitis

KIDNEYS - INJURIES

acon. **Arn.** bell. **verat-v.**

- Pyelitis and pyelonephritis

KIDNEYS - INFLAMMATION – Pelvis (= pyelitis)

acon. ars. atro. aur. bell. benz-ac. berb. bory. calc-s. **Cann-s.** cann-xyz. **CANTH.** chin. Cop. **Cupr-ar.** epig. ferr. **Ferr-m.** hecla hep. hydr. kali-bi. kali-s. **Lyc.** **Merc.** merc-c. myrt-c. nit-ac. **PULS.** rhus-t. sep. **Sil.** solid. stigm. sul-i. **Sulph.** ter. thuj. **Tritic.** uran-n. **Uva Verat-v.**

KIDNEYS - INFLAMMATION - Pelvis and kidneys (= pyelonephritis)

apis bals-p. benz-ac. berb. bry. coc-c. coli. ferr-m. kali-sula. lyc. morg-g. naphtin. nux-v. podo. puls. sars. syc. ter.

- Perinephric abscess

KIDNEYS - ABSCESS - perinephrium

ars. **Canth.** chin. hep. lyc. puls. pyrog. sil. sul-i.

- Infection or new growth of prostate

PROSTATE GLAND - INFLAMMATION

acon. aesc. agn. aloe alum-sil. alum. anac. apis arg-met. arist-cl. arn. **Aur.** bar-c. bell. bov. bry. cact. cann-i. cann-s. cann-xyz. canth. **Caps.** caust. chim. cic. clem. **Colch.** coli. **Con.** cop. cub. cycl. **Dig.** **Dulc.** **Fab.** ferr-p. ferr-pic. **Gels.** gonotox. **Hep.** hipp. iod. **Kali-bi.** kali-br. kali-c. kali-i. kali-n. lach. lil-t. lith-c. **Lyc.** med. merc-c. merc-d. **Merc.** naphthoq. **Nit-ac.** **Nux-v.** ol-sant. pareir. petr. **Ph-ac.** pic-ac. pitu-gl. podo. polyg-h. polyg-s. psor. **PULS.** pyrog. sabad. sabal sal-n. sars. sec. **Sel.** senec. **Sep.** **Sil.** solid. spong. **Staph.** staphycoc. sul-ac. **Sulph.** **Thuj.** **Trib.** tritic. **Verat-v.** vesi. zinc.

PROSTATE GLAND - INDURATION

am-m. bar-c. Cadm-p. Con. Cop. crot-h. Iod. **Phos.** plb. Psor. Sel. senec. **Sil.** **Sulph.** **THUJ.**

12. Blood disorders:

- Sickle-cell crises
GENERALS - ANEMIA - sickle-cell
cob-n.
- Acute haemolytic states
Clinical - hemolytic, anemia, chlorosis
abies-c. Abrot. Absin. Acet-ac. Alet. Alum. alum-p. alumn. Am-c. Ambr. Ant-c. Ant-t. aq-mar. Arg-met. arg-n. Ars. ars-i. ars-s-f. aur-ar. bar-c. Bell. bry. cadm-m. Calc. calc-ar. Calc-p. carb-an. Carb-v. Carbn-s. caust. Chin. Chinin-ar. chlor. cina cob-n. Cocc. coch. Con. Cupr. Cycl. dig. Ferr. Ferr-ar. Ferr-i. Ferr-m. ferr-p. Ferr-s. franz. Graph. Guare. Hell. Helon. Hep. ign. Ip. Kali-ar. kali-bi. Kali-c. Kali-fcy. Kali-p. kali-perm. kali-s. lac-c. lach. Lyc. Lyss. Mang. Med. merc. Mill. Nat-c. nat-hchls. Nat-m. nat-p. Nit-ac. Nux-v. olnd. Petr. ph-ac. Phos. phyt. pic-ac. Plat. Plb. Puls. sabin. sacch-l. Senec. Sep. Sin-n. Spig. staph. sul-ac. Sulph. thuj. ust. valer. vanad. Xan. zinc.

13. Drugs:

- Corticosteroids
Causa occasionalis – to be stopped.
- Methysergide
Causa occasionalis – to be stopped.
- Compound analgesic tablets
Causa occasionalis – to be stopped.

14. Normality:

- (Non-disease, i.e. non-specific spinal pain of mechanical origin)
Causa occasionalis – to be removed mechanically – Physiotherapy.

Bibliography



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Backache Williams Obstetrics, 23e > Chapter 8. Prenatal Care > Common Concerns



Causes of Back Pain Harrison's Online > Chapter 15. Back and Neck Pain



Chapter 10. Approach to the Patient with Low Back Pain CURRENT Rheumatology Diagnosis & Treatment



Chapter 24. Low Back Pain in Primary Care: An Evidence-Based Approach CURRENT Diagnosis & Treatment in Family Medicine, 3e



Encyclopedia Homoeopathica



Figure 121-1. Range of motion of lumbar spine. Hazzard's Geriatric Medicine and Gerontology, 6e > Chapter 121. Back Pain and Spinal Stenosis > Evaluation > Physical Examination



Figure 13-9. Case 13-1. A coned-down lateral plain film of the lumbar spine in a whiny 45-year-... Basic Radiology, 2e > Chapter 13. Imaging of the Spine > Exercise 13-1. Degenerative Spine Disease



Key Sign Posttraumatic Mid-Back Pain DeGowin's Diagnostic Examination > Chapter 13. The Spine, Pelvis and Extremities > Musculoskeletal and Soft Tissue Signs > Axial Musculoskeletal Signs > Thoracolumbar Spine and Pelvis Signs



Low Back Pain & Related Syndromes Clinical Anesthesiology > Chapter 18. Pain Management > Selected Pain Syndromes



Low Back Pain Clinical Neurology > Chapter 6. Disorders of Somatic Sensation > Pain Syndromes > Back & Neck Pain



Low Back Pain CURRENT Diagnosis & Treatment in Orthopedics > Chapter 5. Disorders, Diseases, & Injuries of the Spine > Diseases & Disorders of the Lumbar Spine



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Pain in the Lower Back and Limbs Adams and Victor's Neurology > Chapter 11. Pain in the Back, Neck, and Extremities



Radar 10



Table 123-3 Physical Examination in Older Adults with Low Back and Leg Pain: Detection of Soft Tissue and Biomechanical Abnormalities Hazzard's Geriatric Medicine and Gerontology, 6e > Chapter 123. Fibromyalgia and Myofascial Pain Syndromes > Fibromyalgia Syndrome > Physical Examination



Upper and Lower Back Pain Hazzard's Geriatric Medicine and Gerontology, 6e > Chapter 123. Fibromyalgia and Myofascial Pain Syndromes > Myofascial Pain Syndromes > Clinical Presentation and Evaluation