

Yawning and Homoeopathy

© Dr. Rajneesh Kumar Sharma M.D. (Homoeopathy)
Dr. Reena Rawat B.H.M.S.
Dr. Nancy Rastogi B.P.T., M.I.A.P.
Homoeo Cure & Research Centre P. Ltd.
NH 74, Moradabad Road, Kashipur (Uttaranchal)
INDIA, Pin- 244713
Ph. 05947- 260327, 9897618594
drrajneeshhom@hotmail.com, drrajneeshhom@yahoo.co.in



Definition

Yawning is a reflex or involuntary physiological event, started even before birth, involving inhalation of large amounts of air followed by its exhalation, which is often associated with fatigue, sleepiness, overwork, stress or simply boredom.

Causes of Yawning

It is a normal response to fatigue and drowsiness, but excessive yawning can be caused by a vasovagal reaction. Normal yawning may happen when someone else yawns. Yawning is triggered not by a single, but by multiple factors.

- Drowsiness or weariness
- Disorders associated with excessive daytime sleepiness
- Vasovagal reaction
 - Heart attack
 - Aortic dissection
- Increase in the concentration of carbon dioxide or low levels of oxygen in the blood or lungs.
- Low blood glucose level.

Mechanism of Yawning

Yawning is a physiological event that can be divided into three phases.

- 1- Long inspiratory phase
- 2- Brief summit
- 3- Rapid expiration

The neuropharmacology of yawning is complex and information about its mechanisms is incomplete. While under the control of several neurotransmitters, yawning is largely affected by dopamine.

- Dopamine may activate oxytocin production in the paraventricular nucleus of the hypothalamus.
- Oxytocin may then activate cholinergic neurotransmission in the hippocampus.
- Acetylcholine might induce yawning via the muscarinic receptors of the effectors. Many other molecules can modulate yawning, such as nitric oxide, glutamate, GABA, serotonin, ACTH, MSH, sexual hormones and opium derivate peptides.

Contagiousness of Yawning

A yawn is contagious, in the sense that it can easily spread to the person who is observing the other person yawning. Besides observing, even reading or thinking about it is also found to stimulate yawning in some individuals. Some are of the opinion that it may be caused by mirror neurons present in the frontal cortex of the brain, which imitates the action of others.

Purpose of Yawning

- Yawning is an evolutionary progress, through which a group of animals can be kept vigilant and watchful against possible hazard. Contagious yawning is also considered to be a crowd instinct used to communicate tiredness and time to sleep, to other individuals in a group.
- Yawning is not only associated with tiredness, sleepiness and some physiological conditions, but is also a form of non-verbal communication that can be interpreted to mean several different things.
- Yawning controls the temperature of the brain and thereby helps in cooling the brain. It generally occurs when one is tired or has not had enough sleep, as both these conditions have been found to increase brain temperature.
- It is also thought to be a mechanism of clearing the lymphatic system, mainly before and after sleep.

Complications of Yawning

Excessive yawning can indicate towards some life-threatening diseases like cardiovascular disease, electrolytic imbalance, hormonal imbalance etc.

Treatment of Yawning

Nux-v > Lyc > Ign > Nat-m > Rhus-t > Ant-t > Cocc > Mag-c > Ars > Phos > Caust > Agar > Hep > Plat > Staph > Bry > Zinc > Puls > Sulph > Croc > Cina > Kreos > Kali-c > Nat-c > Arn > Lach > Sep > Am-c > Bell > Mag-m > Cham > Borx > Graph > Mur-ac > Sabad > Chel > Calc > Verat > Bar-c > Laur > Acon > M-arct > Sars > Brom > Ph-ac > Ruta > Cal-p > Ip > Apis > Sil > Castm > OInd > Nat-s > Am-m > Thuj > Nit-ac > Alum > Mang > Stan > Chin > All-c etc.

References



Yawning is a peculiar "infectious" respiratory act whose physiologic basis and...
Ganong's Review of Medical Physiology, 24e > Chapter 36. Regulation of Respiration > Nonchemical Influences on Respiration > Respiratory Components of Visceral Reflexes



Hurst's The Heart, 10th edition (November 16, 2000): By Valentin Fuster (Editor), R. Wayne Alexander, Fuster Alexander, Hein J. J. Wellens By McGraw-Hill

Professional > Chapter 10 the history, physical examination, and cardiac auscultation
Robert a. O'rourke / James a. Shaver / Mark e. Silverman



Hurst's The Heart, 10th edition (November 16, 2000): By Valentin Fuster (Editor), R. Wayne Alexander, Fuster Alexander, Hein J. J. Wellens By McGraw-Hill Professional > Chapter 89 cerebrovascular disease and neurologic manifestations of heart disease Louis R. Caplan



Harrison's Internal Medicine 17th ed. > Chapter 268. Coma > Coma: Introduction



Harrison's Internal Medicine 17th ed. > Chapter 388. Opioid Drug Abuse and Dependence > Opioid Drug Abuse and Dependence: Introduction



Harrison's Internal Medicine > Chapter 15. Headache > Headache: Introduction



Radar 10



Encyclopedia Homoeopathica

Repertory of Yawning

ABDOMEN - PAIN - Hypochondria - yawning agg. - stitching pain [aur.](#)

ABDOMEN - PAIN - Hypogastrium - yawning agg. [nat-c.](#)

ABDOMEN - PAIN - Inguinal region - yawning agg. [Borx.](#)

ABDOMEN - PAIN - Liver - yawning agg. [psor.](#)

ABDOMEN - PAIN - Sides - left - yawning agg. [sphing.](#)

ABDOMEN - PAIN - Sides - yawning agg. - stitching pain [bar-c.](#)

ABDOMEN - PAIN - Sides - yawning agg. [sphing.](#)

ABDOMEN - PAIN - Umbilicus - Region of umbilicus - yawning - agg. - cutting pain [sars.](#)

ABDOMEN - PAIN - Umbilicus - Region of umbilicus - yawning - with – cramping [calc.](#)

ABDOMEN - PAIN - yawning agg. – cramping [spira.](#) [zinc.](#)

ABDOMEN - PAIN - yawning agg. – sore [ruta](#)

ABDOMEN - RUMBLING - yawning agg. [croc.](#)

ABDOMEN - YAWNING - agg. [Ars.](#) [borx.](#) [croc.](#) [nat-c.](#) [phyt.](#) [puls.](#) [sars.](#) [zinc.](#)

ABDOMEN - YAWNING - amel. [lyc.](#) [nat-m.](#)

BACK - PAIN - Cervical region - yawning agg. – cramping [arn.](#)

BACK - PAIN - Cervical region - yawning agg. – sore [nat-s.](#)

BACK - PAIN - Cervical region - yawning agg. [arn.](#) [nat-c.](#) [nat-s.](#)

BACK - PAIN - Dorsal region - Scapulae - yawning agg. – sore [nat-s.](#)

BACK - PAIN - Lumbar region - yawning agg. - pressing pain [am-m.](#)

BACK - PAIN - yawning agg. - drawing pain [calc-p.](#)

BACK - PAIN - yawning agg. [calc-p.](#) [plat.](#)

BACK - STIFFNESS - Cervical region - yawning agg. [cocc.](#) [nat-m.](#)

BACK - YAWNING - after - agg. [am-m.](#) [Myrt-c.](#)

BACK - YAWNING - agg. - Cervical region [cocc. nat-s.](#)
 BACK - YAWNING - agg. [calc-p. plat. sabad.](#)
 CHEST - CONSTRICTION - band; as from a - accompanied by – yawning [stann.](#)
 CHEST - OPPRESSION - yawning - agg. [stann. sulph.](#)
 CHEST - OPPRESSION - yawning - amel. [croc.](#)
 CHEST - PAIN - afternoon - yawning agg. - tearing pain [sang.](#)
 CHEST - PAIN - Heart - yawning agg. [merc-i-f.](#)
 CHEST - PAIN - Mammae - Under - afternoon - 13 h - yawning agg. - stitching pain [mag-c.](#)
 CHEST - PAIN - Mammae - Under - yawning agg. - stitching pain [mag-c.](#)
 CHEST - PAIN - Mammae - yawning agg. – sore [mag-c.](#)
 CHEST - PAIN - Sides - right - sneezing or yawning - stitching pain [Borx.](#)
 CHEST - PAIN - Sides - yawning agg. - stitching pain [nat-s.](#)
 CHEST - PAIN - Sides - yawning agg. [nat-s.](#)
 CHEST - PAIN - Sternum - yawning agg. – sore [mur-ac.](#)
 CHEST - PAIN - Sternum - yawning agg. - stitching pain [bell.](#)
 CHEST - PAIN - Upper part - yawning agg. [graph.](#)
 CHEST - PAIN - yawning - agg. – sore [gal-ac.](#)
 CHEST - PAIN - yawning - agg. - stitching pain [aur. bell. Borx. mag-c. nat-s. phel.](#)
 CHEST - PAIN - yawning - agg. [bell. Borx. gal-ac. hep. iod. nat-s. oci-sa. phel. sang.](#)
 CHEST - PAIN - yawning - hindering yawning - stitching pain [sphing.](#)
 CHEST - PALPITATION of heart - accompanied by – yawning [lyc.](#)
 CHEST - PALPITATION of heart - relaxation with yawning, after [lyc.](#)
 CHEST - PULSATION - yawning agg. [calc.](#)
 CHEST - SHUDDERING - yawning agg. [aur.](#)
 CHEST - YAWNING agg. [alum. am-c. aur. borx. canth. croc. graph. hep. ign. mur-ac. nat-s. olnd. phel. phos. stann. sulph.](#)
 CHILL - SHAKING - yawning agg. [arn. cina plat. thuj.](#)
 COUGH - ACCOMPANIED BY – yawning [am-m. anac. Ant-t. arn. bell. brom. cham. ign. kreos. lyc. nat-m. nux-v. op. phos. puls. rhus-t. zinc.](#)
 COUGH - VIOLENT - yawning agg. [mur-ac.](#)
 COUGH - YAWNING agg. or excites the cough - and coughing consecutively [ant-t. Nat-m.](#)
 COUGH - YAWNING agg. or excites the cough [arn. asaf. Bell. Carc. cina kreos. mur-ac. Nat-s. nux-v. oci-sa. puls. staph.](#)
 EAR - ITCHING - Meatus - yawning agg. [acon.](#)
 EAR - NOISES in - cracking - yawning agg. [cocc.](#)
 EAR - NOISES in - explosion, like an - yawning; on [aids.](#)
 EAR - NOISES in - ringing - yawning; with [acon.](#)
 EAR - NOISES in - roaring - yawning agg. [verat.](#)
 EAR - NOISES in - squashing - yawning agg. [mang.](#)
 EAR - NOISES in - yawning agg. [acon. cocc. mang. mez. verat.](#)
 EAR - PAIN - right - yawning agg. [ozone](#)
 EAR - PAIN - yawning agg. – burning [acon.](#)
 EAR - PAIN - yawning agg. - stitching pain [acon. podo.](#)
 EAR - PAIN - yawning agg. [acon. aids. cocc. hep. ozone podo. rhus-r. verat.](#)
 EAR - STOPPED sensation - yawning - amel. [bit-ar. nat-m. Sil.](#)

EAR - YAWNING - agg. [cocc.](#) [hep.](#) [mang.](#) [verat.](#)
EAR - YAWNING - sensation like when yawning [olnd.](#)
EXTERNAL THROAT - PAIN - Sides - yawning agg. [plat.](#)
EXTREMITIES - CONTRACTION of muscles and tendons - Fingers - yawning agg. [crot-t.](#)
[nux-v.](#)
EXTREMITIES - CONTRACTION of muscles and tendons - Toes - yawning agg. [nux-v.](#)
EXTREMITIES - FORMICATION - Hands - yawning in open air, while [Phos.](#)
EXTREMITIES - PAIN - Elbows - yawning; with - dislocated; as if [mang.](#)
EXTREMITIES - PAIN - Hips - yawning agg. [arg-met.](#)
EXTREMITIES - PAIN - Knees - yawning agg. - tearing pain [sars.](#)
EXTREMITIES - PAIN - Lower limbs - Sciatic nerve - yawning agg. [zinc.](#)
EXTREMITIES - PAIN - Shoulders - yawning agg. – sore [mag-c.](#)
EXTREMITIES - PAIN - Thighs - Posterior part - evening - yawning agg. - stitching pain
[zinc.](#)
EXTREMITIES - PAIN - Upper arms - yawning; with – burning [mang.](#)
EXTREMITIES - PAIN - Upper limbs - yawning agg. [nux-v.](#)
EXTREMITIES - TENSION - Elbows - evening - yawning; on [zinc.](#)
EXTREMITIES - YAWNING - agg. - Lower limbs [nux-v.](#) [sabad.](#) [sars.](#) [stann.](#) [zinc.](#)
EXTREMITIES - YAWNING - agg. - Upper limbs [am-c.](#) [mag-c.](#) [Nux-v.](#) [sabad.](#)
EYE - LACHRYMATION - yawning agg. [abies-n.](#) [ammc.](#) [ant-t.](#) [arge-pl.](#) [bar-act.](#) [bar-c.](#)
[bell.](#) [calc-p.](#) [ferr.](#) [hell.](#) [hydrog.](#) [ign.](#) [kali-c.](#) [kreos.](#) [mag-p.](#) [meph.](#) [Nux-v.](#) [ph-ac.](#) [plat.](#)
[rhus-t.](#) [Sabad.](#) [sars.](#) [staph.](#) [tub.](#) [viol-o.](#)
EYE - PAIN - yawning agg. – burning [agar.](#)
EYE - PAIN - yawning agg. [agar.](#) [ruta](#)
EYE - YAWNING agg. [agar.](#) [ant-t.](#) [arn.](#) [ferr.](#) [ign.](#) [nux-v.](#) [ph-ac.](#) [Sabad.](#) [sars.](#) [staph.](#) [viol-o.](#)
FACE - CRACKING in articulation of jaw - yawning agg. [sabad.](#)
FACE - CRAMP - Malar bones - yawning agg. [arn.](#)
FACE - HEAT - yawning; after [calc.](#)
FACE - LOCKJAW - yawning agg. [ang.](#) [Ign.](#) [M-arct.](#) [RHUS-T.](#) [Staph.](#)
FACE - PAIN - Jaws - Joints - yawning agg. [cor-r.](#) [ign.](#) [rhus-t.](#) [staph.](#)
FACE - PAIN - yawning agg. [aloe](#) [arn.](#) [ign.](#) [mag-c.](#) [op.](#) [rhus-t.](#) [sabad.](#) [staph.](#)
FACE - TREMBLING - Jaws - Lower - yawning agg. [olnd.](#)
FACE - YAWNING agg. [ang.](#) [apis](#) [arn.](#) [cocc.](#) [Ign.](#) [M-arct.](#) [op.](#) [RHUS-T.](#) [sabad.](#) [Staph.](#)
FEVER - TYPHOID FEVER - accompanied by – yawning [ign.](#)
FEVER - YAWNING agg. [agar.](#)
GENERALS - CONVULSIONS - yawning agg. [agar.](#) [cic.](#) [graph.](#) [oena.](#)
GENERALS - NEUROLOGICAL complaints - accompanied by – yawning [lath.](#)
GENERALS - SHUDDERING, nervous - yawning agg. [castm.](#) [Cina](#) [hydr.](#) [ip.](#) [laur.](#) [mag-m.](#)
[nux-v.](#) [olnd.](#) [sars.](#)
GENERALS - STRETCHING OUT - yawning; with - [amel.](#) [carb-v.](#) [guaj.](#)
GENERALS - STRETCHING OUT - yawning; with - chill; during [ars.](#) [elat.](#) [lyc.](#) [nux-v.](#)
GENERALS - STRETCHING OUT - yawning; with – forenoon [ant-t.](#)
GENERALS - STRETCHING OUT - yawning; with - menses - after - agg. [carb-an.](#)
GENERALS - STRETCHING OUT - yawning; with - sleepiness; without [vac.](#) [viol-o.](#)
GENERALS - STRETCHING OUT - yawning; with [acon.](#) [aesc.](#) [agar.](#) [all-c.](#) [Alum.](#) [Alumn.](#)
[Am-c.](#) [ambr.](#) [aml-ns.](#) [ang.](#) [ant-t.](#) [arn.](#) [ARS.](#) [asar.](#) [bar-c.](#) [Bell.](#) [borx.](#) [bov.](#) [Bry.](#) [calc.](#) [cann-s.](#)
[canth.](#) [caps.](#) [Carb-v.](#) [castm.](#) [Caust.](#) [CHAM.](#) [Chin.](#) [chinin-s.](#) [cocc.](#) [cur.](#) [dig.](#) [dros.](#) [elat.](#)

ferr. Form. gran. graph. Guaj. hell. hep. Ign. Ip. kreos. Lach. lact. laur. led. mag-c. mang. meph. merc-c. merc. mez. mur-ac. nat-m. nit-ac. NUX-V. OInd. onis. petr. ph-ac. phos. plat. plb. Puls. ran-b. rhod. RHUS-T. ruta Sabad. sec. senec. seneg. Sep. sil. Spong. Squil. stann. Staph. Sulph. tab. tart-ac. tong. vac. valer. verat. verb. viol-o. zinc.

GENERALS - WEAKNESS - yawning; after eug. Nux-v.

GENERALS - YAWNING - after - agg. am-m. croc. Nux-v.

GENERALS - YAWNING - agg. acon. agar. aloe am-c. am-m. anac. ang. ant-t. arg-met. Arn. ars. aur. bar-c. bell. borx. bry. calad. calc. canth. caps. carb-an. Caust. Chel. chin. CINA cocc. croc. cycl. dig. ferr. Graph. hep. IGN. ip. kali-c. KREOS. Laur. lyc. M-arct. m-aust. mag-c. mag-m. mang. Meny. mez. Mur-ac. nat-c. nat-m. NUX-V. OInd. op. par. petr. ph-ac. Phos. plat. puls. RHUS-T. ruta Sabad. SARS. sep. sil. stann. Staph. Sul-ac. Sulph. teucr. thuj. verat. viol-o. zinc.

GENERALS - YAWNING - amel. berb. chinin-s. croc. guaj. m-ambo. plat. Staph.

HEAD - PAIN - Brain - yawning - amel. - torn; as if staph.

HEAD - PAIN - Occiput - yawning - agg. cocc.

HEAD - PAIN - Occiput - yawning - amel. staph.

HEAD - PAIN - Temples - yawning - amel. - stitching pain mur-ac.

HEAD - PAIN - Temples - yawning - amel. - tearing pain mur-ac.

HEAD - PAIN - yawning - agg. - shooting pain bar-c.

HEAD - PAIN - yawning - agg. agar. bar-c. chin. cycl. kali-c. mag-c. nux-v. ozone phyt. propr. staph.

HEAD - PAIN - yawning - amel. mur-ac. nat-m. staph.

HEAD - PAIN - yawning - ends with yawning - tearing pain mur-ac. staph.

HEAD - PAIN - yawning - ends with yawning ign. staph.

HEAD - PULSATING - yawning; after calc.

HEAD - YAWNING - agg. all-c. am-c. bar-c. chinin-s. cycl. kali-c. kreos. mag-c. mur-ac. nux-m. nux-v. zinc.

HEAD - YAWNING - amel. m-ambo. mur-ac. nat-m. staph.

HEARING - IMPAIRED - yawning - amel. sil.

MIND - CONFUSION of mind - yawning - amel. bry.

MIND - LAUGHING - yawning; after agar.

MIND - YAWNING - agg. agar. med.

MIND - YAWNING - amel. bry.

MOUTH - OPEN - yawning; remains open after Ant-t.

MOUTH - PAIN - Palate - yawning agg. - aching zinc.

MOUTH - PAIN - Palate - yawning agg. zinc.

MOUTH - PAIN - Tongue - Root of - yawning agg. - sore lach.

MOUTH - PAIN - Tongue - Root of - yawning agg. lach.

MOUTH - PAIN - yawning agg. lyc.

MOUTH - YAWNING - agg. aloe am-m. arg-met. arg-n. hep. mag-c. meny. nat-c. nux-v. rhus-t. zinc.

MOUTH - YAWNING - amel. manc.

NECK - YAWNING agg. arn. cocc. m-arct. nat-s.

NOSE - CORYZA - yawning; with bry. carb-an. cupr. hell. laur. lyc.

NOSE - SNEEZING - yawning, with astac. bry. cycl. hell. laur. lob. mag-c.

RESPIRATION - DIFFICULT - yawning - agg. brom.

RESPIRATION - DIFFICULT - yawning - amel. **croc.**
 RESPIRATION - YAWNING - after - amel. **coc-c. croc. staph.**
 RESPIRATION - YAWNING - agg. **cocc. croc. ign. nux-v.**
 SLEEP - COMATOSE - yawning; with **cimic. laur.**
 SLEEP - SLEEPINESS - yawning – without **chel.**
 SLEEP - SLEEPLESSNESS - yawning, with spasmodic **cimic. croc. kali-bi. plat. vanil.**
 SLEEP - YAWNING - abdominal symptoms, with **bov. Castm. haem. hep. m-arct.**
 SLEEP - YAWNING - abortion, in threatening **Cham.**
 SLEEP - YAWNING - accompanied by - complaints; other **acon. agar. am-c. am-m. anac. ang. ant-t. arg-met. Arn. ars. aur. bar-c. bell. borx. bry. calad. calc. canth. caps. carb-an. Caust. Chel. chin. CINA cocc. croc. cycl. dig. ferr. Graph. hep. IGN. ip. kali-c. KREOS. laur. lyc. M-arct. m-aust. mag-c. mag-m. mang. Meny. mez. Mur-ac. nat-c. nat-m. NUX-V. Olnd. op. par. petr. ph-ac. Phos. plat. puls. RHUS-T. ruta Sabad. SARS. sep. sil. stann. Staph. sul-ac. sulph. teucr. thuj. verat. viol-o. zinc.**
 SLEEP - YAWNING - afternoon - 13 h - 13-14 h **petr-ra.**
 SLEEP - YAWNING - afternoon - 13 h **form.**
 SLEEP - YAWNING - afternoon - 14 h **chel. falco-pe. grat. melal-alt.**
 SLEEP - YAWNING - afternoon - 15 h - 15-20 h **ped.**
 SLEEP - YAWNING - afternoon - 15 h **com.**
 SLEEP - YAWNING - afternoon - 16 h - 16-18 h **ph-ac.**
 SLEEP - YAWNING - afternoon - 16 h - walking in open air - amel. **plan.**
 SLEEP - YAWNING - afternoon - 16 h **olib-sac. plan.**
 SLEEP - YAWNING - afternoon - 17 h - 17-18 h **fago.**
 SLEEP - YAWNING - afternoon - 17 h **arg-n. euphr.**
 SLEEP - YAWNING - afternoon - amel. **phel.**
 SLEEP - YAWNING - afternoon - sitting, while **nicc.**
 SLEEP - YAWNING - afternoon - walking, after **sep.**
 SLEEP - YAWNING – afternoon **Arg-n. arum-t. Asar. bamb-a. bell. bov. canth. caust. dulc. erig. falco-pe. ign. Ip. jug-r. kali-c. kali-chl. kali-p. laur. mag-c. nat-ar. nat-c. nicc. nux-v. par. petr-ra. plat. positr. ran-s. sang. sep. spirae. Spong. stry. symph. tong. trom. vanil.**
 SLEEP - YAWNING - air, in open - amel. **clem. ol-an.**
 SLEEP - YAWNING - air, in open **cystein-l. eug. Euph. euphr. sacch-a. stann.**
 SLEEP - YAWNING - alternating with – cough **Ant-t.**
 SLEEP - YAWNING - alternating with – eructations **berb.**
 SLEEP - YAWNING - anemia, in **Graph.**
 SLEEP - YAWNING - anxiety, during **Plb.**
 SLEEP - YAWNING - appetite, with wanting **kreos.**
 SLEEP - YAWNING - breakfast - agg. **carl.**
 SLEEP - YAWNING - bulimia, with **Lyc.**
 SLEEP - YAWNING - children, in **Cham. ign.**
 SLEEP - YAWNING - chill - before - mouth remains open for a long time **ant-t.**
 SLEEP - YAWNING - chill – before **aesc. ant-t. Aran. arn. ars. chin. elat. Eup-per. ign. ip. nat-m. nicc. nux-v. rhus-t.**
 SLEEP - YAWNING - chill – during **acon. agar. am-c. ant-t. apis arn. ars-h. ars. bol-la. BROM. bry. calad. calc. caps. carb-an. caust. chin. cimx. cina cob. croc. cycl. dig. ELAT. EUP-PER. eupi. gamb. graph. ign. ip. kali-c. Kreos. laur. lyc. m-arct. m-aust. mag-m.**

Meny. merc. mez. Mur-ac. murx. NAT-M. nat-s. NUX-V. Olnd. par. phos. plat. puls.
Rhus-t. ruta sabad. Sars. Sep. sil. staph. teucr. thuj. zinc.
SLEEP - YAWNING - chilliness, with - menses, before PULS.
SLEEP - YAWNING - chilliness, with acon. am-c. ant-t. ars. bar-act. bol-la. Bry. Calc.
caps. Caust. chin. chinin-s. Cina cob. croc. daph. dig. Gels. Ip. Kreos. lyc. m-arct. m-
aust. mag-m. merc-sul. Mur-ac. Nat-m. Nat-s. olnd. par. phos. puls. rhus-t. ruta sep.
sil. teucr.
SLEEP - YAWNING - church, in pic-ac.
SLEEP - YAWNING - coldness, with caust. nat-c.
SLEEP - YAWNING - coma; during aml-ns. kali-c.
SLEEP - YAWNING - complaints, during other agar. castm. cina kreos. sars.
SLEEP - YAWNING - conference, during a caust.
SLEEP - YAWNING - constant - lying down, after Cocc.
SLEEP - YAWNING – constant aesc. am-m. asar. Bry. calc-p. calc. caps. carb-ac. card-
b. carl. castm. chin. chinin-s. Cocc. crot-c. eug. hep. lath. mag-c. malar. nat-c. nux-v.
op. par. phos. plat. sars. spig. staph. sulph. trom. zinc.
SLEEP - YAWNING - constriction of throat, from nat-m.
SLEEP - YAWNING - conversation, listening to a Caust. Lyss.
SLEEP - YAWNING - convulsions – before agar. Tarent.
SLEEP - YAWNING - convulsions – in agar. Aml-ns. cic. Graph. hep. Ign. kali-bi. Op.
SLEEP - YAWNING - coughing – after all-c. Anac. ant-c. ANT-T. arn. Ip. KREOS. Nux-v.
op. sang.
SLEEP - YAWNING - coughing - children; especially in ANT-T.
SLEEP - YAWNING - cramps in stomach, with calc.
SLEEP - YAWNING – daytime agar. aspar. bit-ar. brach. CASTM. cob-n. coca-c. croc.
flor-p. kreos. lyc. mag-m. Nat-c. NUX-V. oci-sa. olib-sac. petr-ra. ph-ac. phys. phyt.
Sulph. zinc.
SLEEP - YAWNING - delirium, before agar.
SLEEP - YAWNING - diarrhea – after nux-v.
SLEEP - YAWNING - diarrhea – during Caps. Cupr.
SLEEP - YAWNING - dinner – after ant-t. ars. bry. canth. cob. colch. dig. Ign. kali-bi.
laur. Lyc. mag-c. mag-m. nat-c. nat-m. nit-ac. phel. phos. plat. plb. rat. Squil. sul-ac.
tab. zinc.
SLEEP - YAWNING - dinner – before alum. Bry. Calc-p. lyc. merc.
SLEEP - YAWNING - dinner – during Calc-p. ign. lact. zinc.
SLEEP - YAWNING - drinking - agg. carl.
SLEEP - YAWNING - drinking - cold water, when drinking thuj.
SLEEP - YAWNING - dyspnea – after sulph.
SLEEP - YAWNING - dyspnea – with bapt. Brom. sulph.
SLEEP - YAWNING - eating, after - amel. chen-v. hydrog.
SLEEP - YAWNING - eating, after ambr. Aran. ars. aur-m. caps. chin. chinin-s. con. ign.
ip. Kali-c. Nat-c. nat-s. nit-ac. plat. squil. Sulph.
SLEEP - YAWNING - emptiness of stomach, from ammc.
SLEEP - YAWNING - eructations - amel. thuj.
SLEEP - YAWNING - eructations - with yawning berb. lol. nat-m. phos. tell.
SLEEP - YAWNING - evening - 19 h - after - amel. nat-m.
SLEEP - YAWNING - evening - 19 h mag-c.

SLEEP - YAWNING - evening - 20 h **aloe**
 SLEEP - YAWNING - evening - 21 h - 21.30 h **lyc.**
 SLEEP - YAWNING - evening - 21 h - 21-22 h **ph-ac.**
 SLEEP - YAWNING - evening - 21 h **Cedr.**
 SLEEP - YAWNING - evening - agg. **mill. ph-ac.**
 SLEEP - YAWNING - evening - bed, in **cocc. nat-m.**
 SLEEP - YAWNING - evening – reading , after **lyc.**
 SLEEP - YAWNING - evening - twilight, in the **bell.**
 SLEEP - YAWNING – evening **abrom-a. aloe am-c. am-m. Arn. bell. bov. Calc. cann-s. carl. castm. caust. Cedr. chel. chinin-s. coc-c. cocc. cupr. cycl. dulc. erig. euphr. graph. hecla Hep. hura ign. ip. lach. lyc. mag-c. merc. mez. nat-c. nit-ac. nux-v. ox-ac. petr-ra. ph-ac. phos. psor. Puls. rat. rhus-t. sal-fr. sulph. sumb. symph. thuj. vanil. verat. zinc.**
 SLEEP - YAWNING - exertion - as from **petr-ra.**
 SLEEP - YAWNING - exertion – during **petr-ra.**
 SLEEP - YAWNING - forenoon - 10 h **arg-n.**
 SLEEP - YAWNING - forenoon - 11 h **arum-t. caust. mit. rhus-t.**
 SLEEP - YAWNING - forenoon - 9 h **carl. lyc.**
 SLEEP - YAWNING – forenoon **agar. aloe ant-t. bart. Calc-p. Carb-an. caust. cham. coca crot-t. graph. hell. hep. hyos. indg. kali-c. kali-n. lyc. mag-c. mag-m. mez. nat-c. rhus-t. sars. senec. spig. vanil. zinc.**
 SLEEP - YAWNING - frequent - afternoon - menses, during **nat-m.**
 SLEEP - YAWNING - frequent – afternoon **caust. erig. hera. mag-c. olib-sac. spong.**
 SLEEP - YAWNING - frequent - dinner, after **Lyc.**
 SLEEP - YAWNING - frequent - evening - 18 h, after **mag-c.**
 SLEEP - YAWNING - frequent - evening - reading, after **lyc.**
 SLEEP - YAWNING - frequent - evening - restlessness, with **aran.**
 SLEEP - YAWNING - frequent - evening - riding in a carriage **nat-m.**
 SLEEP - YAWNING - frequent - evening - sleepiness and restlessness, with **Con. Kali-i.**
 SLEEP - YAWNING - frequent – evening **bell. erig. hep. lyc. mag-c. nat-c. ph-ac.**
 SLEEP - YAWNING - frequent – forenoon **caust. indg. lyc. nat-c. nat-m. ph-ac. sars.**
 SLEEP - YAWNING - frequent - menses, during **mag-m.**
 SLEEP - YAWNING - frequent – morning **Cocc. lycps-v. ozone rhus-t. verat.**
 SLEEP - YAWNING - frequent - sleep, after **ign.**
 SLEEP - YAWNING - frequent - sleeping off the intoxication, after **alco.**
 SLEEP - YAWNING - frequent - supper, after **Lyc.**
 SLEEP - YAWNING - frequent - wine - **amel. nat-m.**
 SLEEP - YAWNING – frequent **Acon. agar. alum. am-c. am-m. aml-ns. ang. ant-c. ant-t. Arn. Ars. asar. bar-act. bar-c. Bell. bit-ar. blatta-a. bov. Brom. bry. calc. camph. cann-s. canth. Caps. Carb-v. caust. Cham. CHEL. chin. chinin-ar. chinin-s. cic. cimx. cina Cit-v. clem. cob. Cocc. coff. colch. con. cor-r. croc. crot-h. Crot-t. Cupr. cycl. dig. dros. dulc. elat. euph. euphr. Gran. GRAPH. grat. Guaj. haem. Hep. hera. Hydr-ac. Ign. ip. kali-c. kali-i. kali-sil. kreos. lach. Lact. laur. Lyc. lyss. M-arct. m-aust. mag-c. mag-m. Mang. marb-w. melal-alt. meny. meph. Merc-c. merc-sul. merc. mosch. myric. nat-ar. nat-c. nat-m. nat-s. nit-ac. nux-v. ol-an. Olib-sac. Oln. onis. ozone par. ph-ac. phel. Phos. phyt. plat. Plb. plut-n. Puls. rheum rhod. rhus-t. ruta sabad. sars. Sep. Sil. solin.**

spig. spong. squil. stann. staph. stront-c. sul-ac. **SULPH.** tab. tarax. tart-ac. tax. vanil.
Verat. verb. vinc. vip. xan. zinc-act. zinc.

SLEEP - YAWNING - headache – before agar. **nux-v.**

SLEEP - YAWNING - headache – with **All-c.** am-c. bar-c. chinin-ar. cycl. form. **Glon.**
ign. jug-r. kreos. mag-c. mur-ac. nux-m. nux-v. **Phos.** rhus-t. staph. zinc.

SLEEP - YAWNING - heat – before ars. bry. caps. **Elat.** ign. **Ip.** lyc. **Nux-v.** puls. **Rhus-t.**
sil. sulph.

SLEEP - YAWNING - heat – during aesc. **Apis** arn. **Ars.** bry. calc-p. calc. carl. **Caust.**
chinin-s. cina croc. **Elat.** eup-per. **Ign.** kali-c. kreos. **Nat-m.** **NIT-AC.** nux-v. **Op.** **Phos.**
plat. **Rhus-t.** ruta sabad. sep. thuj.

SLEEP - YAWNING - hiccough, with aml-ns. carl. caust. cocc. crot-t. mag-c. nat-m.

SLEEP - YAWNING - honor, from wounded **Nux-v.**

SLEEP - YAWNING - hysteria, in **Kali-p.** tarent.

SLEEP - YAWNING – indoors **ruta**

SLEEP - YAWNING - ineffectual - efforts to yawn - children; in **Lyc.**

SLEEP - YAWNING - ineffectual - efforts to yawn **lach.** **LYC.**

SLEEP - YAWNING - ineffectual - oppression of chest, from **Phos.**

SLEEP - YAWNING – ineffectual **acon.** ambr. aml-ns. ant-t. cham. cocc. croc. ign. **lach.**
LYC. manc. phos. ruta spira. stann.

SLEEP - YAWNING - injuries, from **Lach.**

SLEEP - YAWNING – interrupted **acon.** ars. cham. cocc. ign. lyc. ruta

SLEEP - YAWNING - intoxication, as from bell.

SLEEP - YAWNING – irresistible **cit-v.**

SLEEP - YAWNING - lachrymation, with - overflowing with tears; eyes are bar-c. ign.
kreos.

SLEEP - YAWNING - lachrymation, with ammc. ant-t. bell. calc-p. ferr. hell. ign. **Kali-c.**
kreos. mag-p. meph. **Nux-v.** ph-ac. rhus-t. **Sabad.** sars. staph. viol-o.

SLEEP - YAWNING - laughter, followed by involuntary agar.

SLEEP - YAWNING - leaning towards left - amel. **phel.**

SLEEP - YAWNING - listening to conversation, when **Caust.** **Lyss.**

SLEEP - YAWNING - loud - siesta, after aloe

SLEEP - YAWNING – loud **ferr-ma.**

SLEEP - YAWNING - lying down, after **Cocc.** plan.

SLEEP - YAWNING - menorrhagia, in **Apis**

SLEEP - YAWNING - menses – after **carb-an.**

SLEEP - YAWNING - menses – before am-c. carl. **phel.** **PULS.**

SLEEP - YAWNING - menses – during **Am-c.** bell. **Bry.** **Carb-an.** **Dig.** kali-i. mag-m. nat-
m. **Phos.** puls.

SLEEP - YAWNING - metrorrhagia, in **Apis**

SLEEP - YAWNING - morning - 7 h **cedr.**

SLEEP - YAWNING - morning - 8 h **nicc.**

SLEEP - YAWNING - morning - 9 h; until mag-c.

SLEEP - YAWNING - morning - air, in open **croc.**

SLEEP - YAWNING - morning - bed, in m-arct. mag-m. sep.

SLEEP - YAWNING - morning – incessantly **Cocc.**

SLEEP - YAWNING - morning - noon, till **hep.**

SLEEP - YAWNING - morning - rising – after apis mag-c. **Nux-v.**

SLEEP - YAWNING - morning - rising – on acon. alum. ign. m-arct. mag-m. plat. rhus-t. senec.

SLEEP - YAWNING - morning - room in croc.

SLEEP - YAWNING - morning - waking, on agar. alum. bar-c. bit-ar. cocc. mag-m. nux-v. verat.

SLEEP - YAWNING - morning - walking in open air agar.

SLEEP - YAWNING – morning agar. alum. am-m. ang. ant-t. apis aspar. bar-c. brass-n-o. brom. bry. carl. cedr. Cocc. croc. crot-t. cycl. ferr. hyper. ign. kreos. lach. m-arct. mag-c. mag-m. mang. mur-ac. nat-c. nat-m. nicc. Nux-v. petr-ra. rat. rhus-t. sep. tab. tarent. verat. viol-o. zinc. zing.

SLEEP - YAWNING - nausea, with euphr. gran. Kali-bi. Kali-c. lach. lol. nat-m.

SLEEP - YAWNING - neuralgia, before the attack of Chel.

SLEEP - YAWNING - night - eating; after ruta

SLEEP - YAWNING - night - midnight – after Thuj.

SLEEP - YAWNING – night bell. Caust. nit-ac.

SLEEP - YAWNING - noon - and afternoon ars. asar. bell. bov. bry. canth. caust. Ign. lact. laur. mag-c. mag-m. merc. nat-c. nicc. nit-ac. par. phel. phos. plat. plb. rat. sep. sul-ac. tab. tong.

SLEEP - YAWNING - noon - riding, while mill.

SLEEP - YAWNING - noon - siesta, after bar-c. ign. verat.

SLEEP - YAWNING - noon - walking, after sep.

SLEEP - YAWNING – noon bry. falco-pe. ign. menis. merc. psor. sep. vanil. verat.

SLEEP - YAWNING - oppression of chest, with Brom. croc. ign. stann.

SLEEP - YAWNING - pain - Chest; in bov. canth. hep.

SLEEP - YAWNING - pain - during the - Abdomen; in caust. puls.

SLEEP - YAWNING - pain - during the - Elbow; in mang.

SLEEP - YAWNING - pain - during the nux-v. phos. puls. Sulph.

SLEEP - YAWNING - pain - paroxysms of pain – before agar.

SLEEP - YAWNING - pain - paroxysms of pain – with agar. aran. ph-ac. phos.

SLEEP - YAWNING - pain - Stomach; in chel. kali-bi.

SLEEP - YAWNING - paralysis; sensation of – Palate meny.

SLEEP - YAWNING - paroxysmalagar. ang. ferr. til.

SLEEP - YAWNING - parturition, after Plat.

SLEEP - YAWNING – periodical arum-t.

SLEEP - YAWNING - perspiration, during arn. Ars. bry. calad. caust. cina croc. ign. Kali-c. kreos. Nit-ac. NUX-V. op. phos. plat. Rhus-t. Sabad. SEP.

SLEEP - YAWNING - pressing; with - Stomach; in caust. sul-ac.

SLEEP - YAWNING - reading, while – aloud hyos. thuj.

SLEEP - YAWNING - reading, while euphr. nat-c. thuj.

SLEEP - YAWNING - respiration – after sulph.

SLEEP - YAWNING - respiration - difficult; with bapt. Brom. sulph.

SLEEP - YAWNING - restlessness, with Lach. plb.

SLEEP - YAWNING - retching; after tell.

SLEEP - YAWNING - rheumatism, in Bry.

SLEEP - YAWNING - sadness, in merc-sul.

SLEEP - YAWNING - salivation; with am-c. ant-t. Kali-c.

SLEEP - YAWNING - shuddering, during **arn. calad. Cina cycl. hydr-ac. ip. kali-c. laur. mag-m. meny. mez. nux-v. OInd. par. phos. plat. sars. sep.**

SLEEP - YAWNING - sighing; with **ars. atro. carb-ac. carb-n-o. eup-pur. hura hyosin. ign. kali-cy. kali-p. lach. lycps-v. nux-v. phys. tarent.**

SLEEP - YAWNING - sitting, while **atro. borx. carl. clem. coca nat-c. nicc. tarax.**

SLEEP - YAWNING - sleep, during **All-c. all-s. castm.**

SLEEP - YAWNING - sleepiness – during **All-c. alum. am-c. ars. aspar. bar-c. bell. bov. calc. carb-an. carb-v. cham. chel. Chin. cic. cina clem. coff. con. croc. Cupr. dulc. euphr. Graph. grat. haem. hell. indg. kali-bi. Kali-c. Kali-n. Kreos. lact. Laur. lyc. M-arct. M-aust. Mag-c. Mag-m. mag-s. mang. melal-alt. merc. mez. mill. mosch. mur-ac. Nat-c. nat-m. nicc. Nux-v. Ol-an. Par. ph-ac. phel. phos. plb. plut-n. rat. Rhus-t. ruta senec. spig. Spong. Squil. stann. Sulph. verb. zinc.**

SLEEP - YAWNING - sleepiness – without **acon. alum. am-m. ang. ant-t. arn. bry. canth. caust. cham. chin. Croc. cupr. cycl. grat. hep. Ign. indg. kali-i. lach. lact. laur. lyss. m-arct. M-aust. mag-c. mang. mosch. nat-m. ol-an. phel. phos. PLAT. rat. rhod. RHUS-T. Sep. spig. squil. staph. sulph. tax. viol-o. zinc.**

SLEEP - YAWNING - soreness, with **bar-c.**

SLEEP - YAWNING - spasmodic - amenorrhea, in **Cina**

SLEEP - YAWNING - spasmodic – evening **am-c. ign. sulph.**

SLEEP - YAWNING - spasmodic - heat, during **ars. nux-v. rhus-t.**

SLEEP - YAWNING - spasmodic – morning **ign.**

SLEEP - YAWNING - spasmodic - sleep, after deep **nat-m.**

SLEEP - YAWNING - spasmodic - sleeplessness, during **croc. plat.**

SLEEP - YAWNING - spasmodic - wine - **amel. nat-m.**

SLEEP - YAWNING – spasmodic **acon. agar. am-c. ang. ant-t. arn. ars. bov. bry. calc. carl. chinin-ar. Cina cocc. coloc. Cor-r. croc. cupr. euphr. gran. Hep. hipp. Ign. Kali-c. lach. laur. M-arct. m-aust. Mag-p. med. mosch. Nat-m. nux-v. pana. PLAT. RHUS-T. sep. squil. Staph. sulph. tarent. til.**

SLEEP - YAWNING - spasms, before **agar. merc. tarent.**

SLEEP - YAWNING - stool – after **anac. nux-v. op.**

SLEEP - YAWNING - stool – before **form. lyc. Sulph. Verat.**

SLEEP - YAWNING - stretching, with – forenoon **ant-t.**

SLEEP - YAWNING - stretching, with - wretched feeling; with **form.**

SLEEP - YAWNING - stretching, with **acon. aesc. Agar. all-c. Alum. Am-c. ambr. aml-ns. ang. ant-t. arn. ARS. asar. bar-c. Bell. borx. bov. Bry. calc-p. Calc. camph. cann-s. canth. caps. Carb-v. carl. castm. Caust. CHAM. Chel. Chin. chinin-s. Cina coca cocc. crot-h. cupr-act. cur. daph. dig. dros. elat. euphr. ferr. Form. Gels. gran. Graph. Guaj. hell. hep. hydr-ac. Ign. Ip. kali-c. kreos. Lach. lact. laur. led. lyc. mag-c. malar. mang. meph. merc-c. merc. mez. morph. mur-ac. nat-m. nit-ac. NUX-V. OInd. onis. petr. ph-ac. phos. plat. plb. plut-n. Puls. ran-b. rhod. RHUS-T. ruta Sabad. sec. sel. senec. seneg. Sep. sil. Spong. Squil. stann. Staph. Sulph. tab. tart-ac. tong. valer. verat. verb. viol-o. zinc.**

SLEEP - YAWNING - stupefaction, with **jatr-c. meph.**

SLEEP - YAWNING - suffocating, as from **Cit-v.**

SLEEP - YAWNING - summer complaints, in **Ars.**

SLEEP - YAWNING - supper – after **coca croc. Lyc. ruta**

SLEEP - YAWNING - supper – before **merc.**

SLEEP - YAWNING - taste; with putrid kreos.
 SLEEP - YAWNING - thirst, with bry.
 SLEEP - YAWNING - trembling, with – internal nux-v.
 SLEEP - YAWNING - trembling, with Cina olnd.
 SLEEP - YAWNING - uneasiness, with am-c. ang. nicc.
 SLEEP - YAWNING - vertigo, with agar. petr.
 SLEEP - YAWNING - violent, vehement - siesta, after aloe
 SLEEP - YAWNING - violent, vehement - wine - amel. nat-m.
 SLEEP - YAWNING - violent, vehement agar. am-c. aml-ns. ant-t. ars. caust. cham.
 cina Cocc. coff. Cor-r. croc. dulc. euphr. ferr-ma. gran. hep. hyos. Ign. indg. kola lach.
 M-arct. mag-c. mag-p. mez. mosch. nat-m. nit-ac. nux-v. Plat. rat. Rhus-t. sil. staph.
 sulph. til. verat.
 SLEEP - YAWNING - vomiting, between acts of apom.
 SLEEP - YAWNING - wakefulness; with cham. kali-bi.
 SLEEP - YAWNING - waking, on alum. bar-c. cocc. dig. mag-m. nux-v. verat.
 SLEEP - YAWNING - walking - after - air; in open alum. euph. nat-m. sep.
 SLEEP - YAWNING - walking - while - air; in open - amel. berb. ox-ac. plan.
 SLEEP - YAWNING - walking - while - air; in open eug. euphr. kali-c. lycps-v. sacch-a.
 stann.
 SLEEP - YAWNING - walking – while bart. camph. chlf.
 SLEEP - YAWNING - warm - bed, in chinin-s.
 SLEEP - YAWNING - warm - room, in mez.
 SLEEP - YAWNING - weakness, with alum. camph.
 SLEEP - YAWNING - weariness, with Am-c. ars. bar-c. bit-ar. Calc. choc. crot-t. dulc.
 eug. graph. grat. kali-n. kreos. laur. mag-c. mag-m. melal-alt. nit-ac. nux-v. olib-sac.
 Olnd. Plan. rat. Rhus-t. ruta sulph. vanil. zinc.
 SLEEP - YAWNING - wine - amel. nat-m.
 SLEEP - YAWNING - work - aversion to work; with ang. mag-m. tong.
 SLEEP - YAWNING - work - not at work, when mosch.
 SLEEP – YAWNING abies-c. abrot. acon-c. Acon. Aesc. agar. all-c. alum-sil. alum. Am-
 c. am-m. ambr. Aml-ns. ammc. amyg. anac. androc. ang. ant-c. Ant-t. Apis apom.
 Aran. arg-met. Arg-n. Arn. ars-h. ars-i. ARS. arum-t. arund. asaf. asar. aspar. astac.
 atro. aur-m. aur. bamb-a. bar-c. bart. bell. bit-ar. Bol-la. bomb-pr. bond. borx. bov.
 brach. brass-n-o. Brom. Bry. bufo cadm-met. cain. caj. calad. Calc-ar. calc-caust. Calc-
 p. calc-sil. Calc. camph. cann-s. canth. caps. carb-ac. carb-an. carb-v. carbn-dox.
 carbn-s. card-b. card-m. Carl. castm. CAUST. cedr. cere-b. cerv. Cham. CHEL. chen-v.
 chin. chinin-ar. chinin-s. chlf. cic. cimic. cimx. CINA cinch. Cit-v. Clem. cob-n. cob. coc-
 c. coca Cocc. coff. colch. coloc. con. cor-r. CROC. crot-c. crot-h. crot-t. cryp. cupr-act.
 Cupr. cycl. cystein-l. daph. dig. digin. dream-p. dros. dulc. elat. eup-pur. euph. euphr.
 eupi. eys. fago. falco-pe. ferr-ma. ferr. form. galeoc-c-h. gamb. gast. gels. gent-l.
 germ-met. gins. glon. gran. GRAPH. grat. guaj. Haem. haliae-lc. hecla hell. hep. hipp.
 hura hydr-ac. hydr. hydrc. hydrog. hyos. hyosin. hyper. IGN. ind. Indg. iod. ip. jab.
 jatr-c. jug-c. jug-r. KALI-AR. kali-bi. kali-br. Kali-c. kali-cy. kali-i. kali-n. kali-p. kiss. kola
 KREOS. lach. lachn. lact-v. lact. LATH. Laur. led. lepi. levo. lil-s. Lil-t. lim. lina. lipp. lob.
 lol. Lyc. lycps-v. lyss. m-ambo. M-arct. m-aust. Mag-c. mag-m. mag-p. malar. Mang.
 med. melal-alt. Menis. meny. meph. Merc-c. merc-sul. merc. merl. mez. mill. mim-h.
 morph. mosch. Mur-ac. naja nat-ar. nat-c. nat-lac. Nat-m. nat-s. neon nep. nicc. nit-

ac. nux-m. **NUX-V.** oci-sa. **Ol-an.** **Olib-sac.** **OInd.** **OP.** ost. ox-ac. **Par.** peti. petr-ra. petr. ph-ac. phel. **Phos.** phys. phyt. pieri-b. pimp. pin-con. plat. plb. podo. polyp-p. positr. psor. ptel. puls-n. **Puls.** quas. ran-b. raph. rat. rheum rhod. **RHUS-T.** rosm. rumx. ruta **Sabad.** sabin. **Sal-ac.** sang. sarr. **Sars.** sec. sedi. sel. senec. seneg. **Sep.** sieg. **Sil.** sphing. spig. spira. spong. **Squil.** **Stann.** **Staph.** stram. stront-c. sul-ac. sulph. tab. tarax. tarent. tart-ac. tax. tell. ter. teucr. thea thres-a. thuj. til. tong. trom. valer. vanil. **Verat.** verb. vinc. **Viol-o.** **Viol-t.** vip. xan. zinc-val. zinc.

STOMACH - APPETITE - increased - yawning; with aloe

STOMACH - ERUCTATIONS - alternating with - yawning agg. **berb.** **lyc.**

STOMACH - ERUCTATIONS - yawning; with **astac.**

STOMACH - GURGLING - yawning agg. **zinc.**

STOMACH - HICCOUGH - yawning - after - agg. **aml-ns.** **mag-c.**

STOMACH - HICCOUGH - yawning - agg. **aml-ns.** **carl.** **cocc.** **cycl.** **mag-c.**

STOMACH - HICCOUGH - yawning – before **caust.**

STOMACH - INDIGESTION - yawning - amel. **Castm.**

STOMACH - NAUSEA - yawning agg. **arn.** **nat-c.** **nat-m.**

STOMACH - PAIN - afternoon - 13 h - yawning agg. - cutting pain **chel.**

STOMACH - PAIN - yawning - agg. - cutting pain **chel.**

STOMACH - PAIN - yawning - agg. - stitching pain **phyt.**

STOMACH - PAIN - yawning - agg. **ARS.** **chel.**

STOMACH - PAIN - yawning - amel. **lyc.** **nat-m.**

STOMACH - YAWNING - agg. **all-c.** **arg-n.** **Ars.** **Caust.** **chel.** **phyt.** **Rhus-t.** **sul-ac.**

STOMACH - YAWNING - amel. **lyc.** **nat-m.** **Nux-v.**

TEETH - COMPLAINTS of teeth - accompanied by – yawning **kreos.**

TEETH - YAWNING agg. **apis**

THROAT - COMPLAINTS of throat - extending to - Ears - yawning agg. **hep.**

THROAT - PAIN - extending to - Ear - yawning agg. - splinter; as from a **HEP.**

THROAT - PAIN - extending to - Ear - yawning agg. - stitching pain **agar.** **alum.** **Arg-n.** **dol.** **ferr-i.** **gels.** **guaj.** **hep.** **Kali-bi.** **Kali-c.** **Lac-c.** **nat-m.** **Nit-ac.** **Phyt.** **psor.** **sil.** **staph.**

THROAT - PAIN - Tonsils - yawning agg. - pressing pain **zinc.**

THROAT - PAIN - Tonsils - yawning agg. **calc-p.**

THROAT - PAIN - yawning - agg. - extending to - Ear – sore **hydrog.**

THROAT - PAIN - yawning - agg. – stinging **am-m.** **nat-c.**

THROAT - PAIN - yawning - agg. - stitching pain **am-m.** **mag-c.** **nat-c.** **rhus-t.** **sil.**

THROAT - PAIN - yawning - agg. **aloe** **am-m.** **Arg-met.** **Arg-n.** **bry.** **calc-p.** **hep.** **irid-met.** **mag-c.** **Nat-c.** **nat-m.** **nicc.** **phos.** **rhus-t.** **tarent.** **zinc.**

THROAT - PAIN - yawning - amel. **manc.**

THROAT - TENSION - yawning agg. **Arg-met.**

VERTIGO - YAWNING agg. **agar.** **apoc.** **sal-ac.**

VISION - DISTANT, objects seem - yawning; on **all-c.**

VISION - NEARER, objects seem - yawning agg. **all-c.**

VISION - YAWNING agg. **merc-c.**