

A Case of Unicameral bone Cysts cured with Homoeopathy

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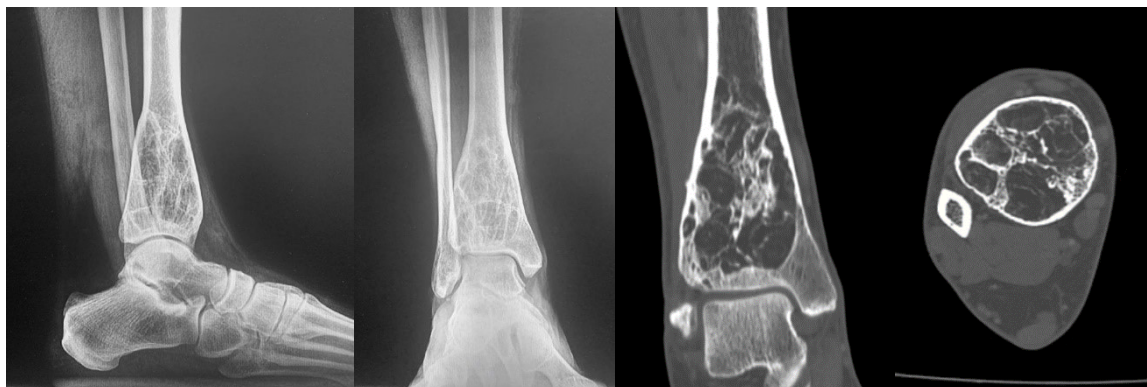


Abstract

Generally the miracles do occur, but rarely. However in homoeopathic practice, the miracles take place frequently. This is a case of unicameral bone cysts of femur, tibia and fibula in 8 years old dark complexioned, lean, thin, female child, which got completely cured with disappearance of all the cysts with Homoeopathic constitutional treatment.

Unicameral bone cyst

Unicameral bone cysts (UBC), also called as simple or solitary bone cysts are benign fluid filled cavities that enlarge over time, resulting in thinning of the bone. Usually these cysts are found in the metaphyseal areas of long bones with open physes. Most of the UBCs are found in children and adolescents. These are more violent in the first decade of life. The proximal humerus and femur are mainly affected. UBCs are may be classified as active and latent. They are called active when there location is within 1 cm of the physis and latent when they progress to a diaphyseal location. The aneurysmal bone cyst, fibrous dysplasia, enchondroma, and intraosseous ganglia are to be kept in differential diagnosis. By the time of skeletal maturity small UBCs tend to resolve. For larger lesions, mediations include steroids, open curettage with bone grafting, decompression and percutaneous injection of marrow or graft substitutes. Constitutional treatment with Homoeopathic medicines gives wonderful response in these cases.



A

B

C

D

A and B- Lateral and anteroposterior radiographs showing initial clinical presentation of a large expansive cystic lesion of the distal tibia.

C and D- Computed tomography imaging revealing a large multiseptated cyst in the metaphyseal-diaphyseal junction of the tibia with noted thinning of the medial cortex.

Case

This 8 years old dark complexioned, lean, thin, female child presented with recurrent pains in lower limbs frequently in night. The pains were severe whenever she used to run or walk long distances in day time. Pains were of stitching nature. She craved for fat foods and indigestible things like sand, clay, chalk etc. She had strong aversion to cheese and suffered from bad stomach and bowels after taking milk. She could not bear cold weather as it affected her badly and lead to catch cold easily. She has violent anger and once she quarreled with her best friend and lost friendship. She suffered for several days with anguish for that. Her mother had history of Koch's abdomen.

The constitutional analysis was done with help of repertory software and the similimum remedy was found. The case was started with remedy based on family history, followed by constitutional remedy at long intervals. The case was completely cured within five years of treatment and all the cysts got disappeared and her mental symptoms were entirely changed to mild temperament.

She was accidentally diagnosed to have unicameral bone cysts on X Ray done at AIIMS for her leg pains on 04-07-2018 and prescribed vitamin D and calcium supplements. On reviewing, the size of cysts was increased considerably within six months, as per scan done on 22-12-2018. Homoeopathic treatment was started on 15-08-2019 and repeated scans were taken at times. Continuous improvement was seen and the lesions disappeared ultimately, after a course of about three and half years.

Case analysis

- | | |
|-------------------------------------|------------------------------|
| 1. Violent anger | 7. Desire fats |
| 2. Anguish after loss of friendship | 8. Mother had Koch's abdomen |
| 3. Desire indigestible things | 9. Nightly limb pains |
| 4. Milk aggravates | 10. Lean thin built |
| 5. Tendency to take cold | 11. Dark complexion |
| 6. Aversion cheese | |

Result

Complete cure with constitutional and antimiasmatic remedies.

Repertorization

The screenshot shows the RadarOpus software interface. The search criteria are 'Unicameral cysts'. The results table is as follows:

	nit-ac.	ign.	sulph.	calc.	nux-v.	phos.	tub.	nat-m
1. Clipboard 1								
▶ 1. MIND - ANGER - violent	(111) 3	3	1	1	2	4	1	1
▶ 2. MIND - ANGUISH - friend; from losing his	(3) 3	3	1	1				
▶ 3. GENERALS - LEAN PEOPLE	(126) 1	2	1	3	1	2	2	1
▶ 4. GENERALS - FOOD AND DRINKS - fat - desire	(76) 3	3	1	2	1	2	1	1
▶ 5. GENERALS - FOOD AND DRINKS - cheese - aversion	(41) 1	3	1	1			1	1
▶ 6. GENERALS - FOOD AND DRINKS - milk - agg.	(160) 3	3	1	3	3	2	2	3
▶ 7. GENERALS - FOOD AND DRINKS - lime, slate pencils, earth, chalk, clay - desire	(20) 1	3	1	1	2	2		1
▶ 8. GENERALS - COLD; TAKING A - tendency	(169) 2	3	1	2	2	3	2	4
▶ 9. GENERALS - COMPLEXION - dark	(82) 2	3	3	1	2	2	1	
▶ 10. EXTREMITIES - PAIN - Legs - night	(48) 2	3		2		1	2	2
▶ 11. GENERALS - FAMILY HISTORY OF - tuberculosis	(20) 1			1			1	2



Sequence of scans shows increase in lesions without homoeopathy supports in film one to two. Scan three shows reduction in size of the lesion and the fourth one has no lesion.

Treatment

Tuberculinum 1M on day one only. No remedy for a week.

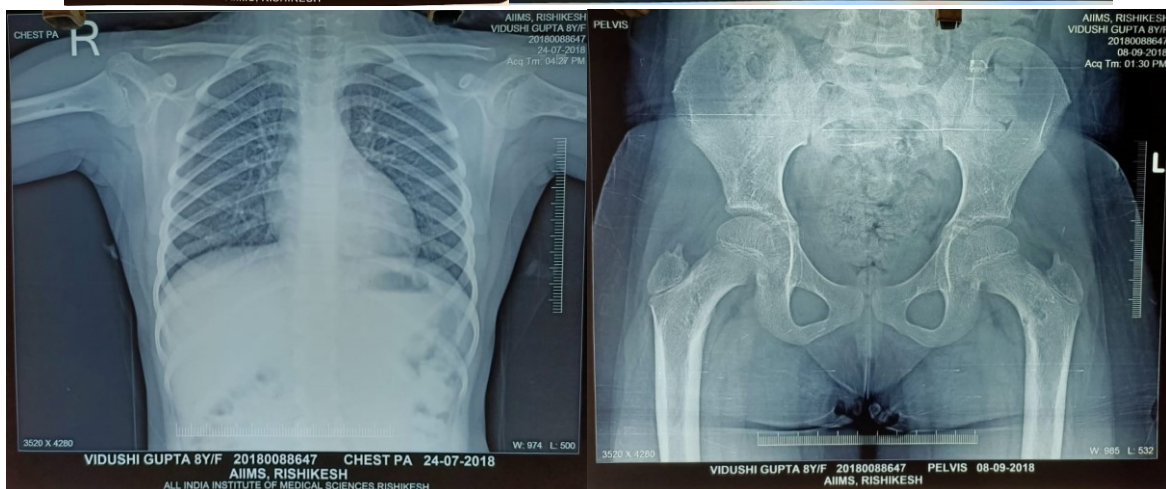
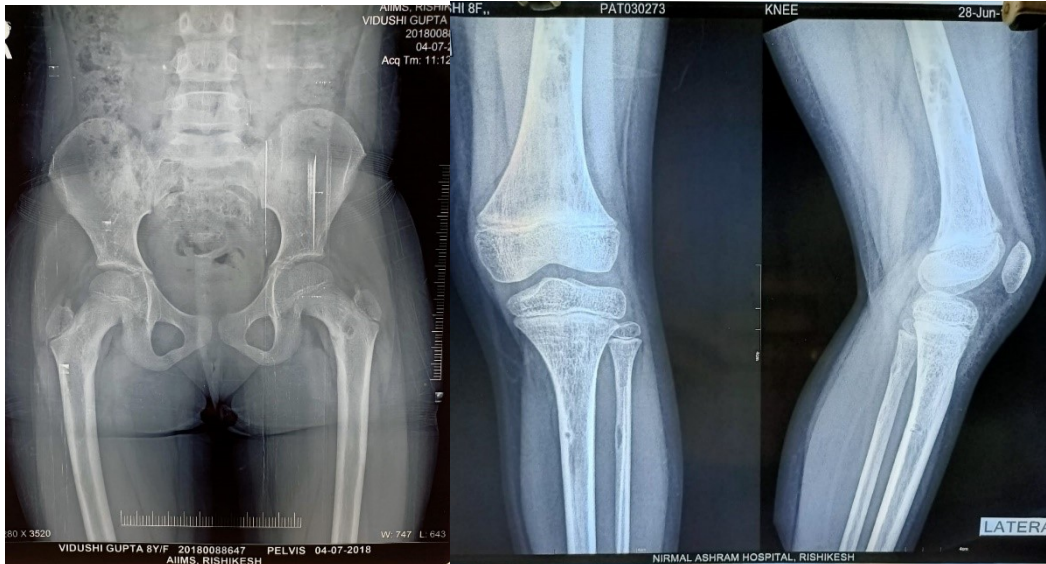
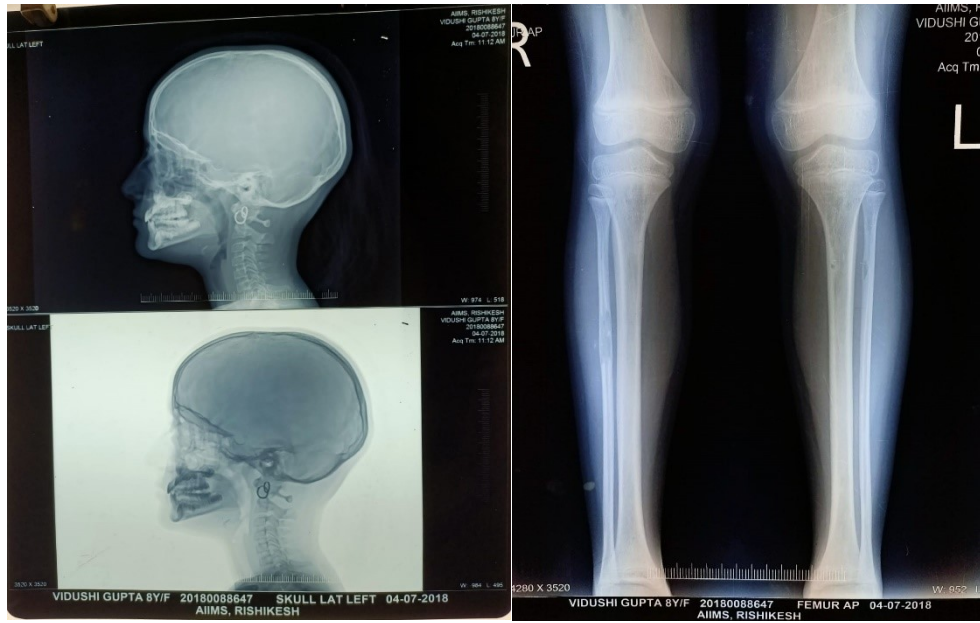
After a week, Acidum nitricum 1M, one dose every month.

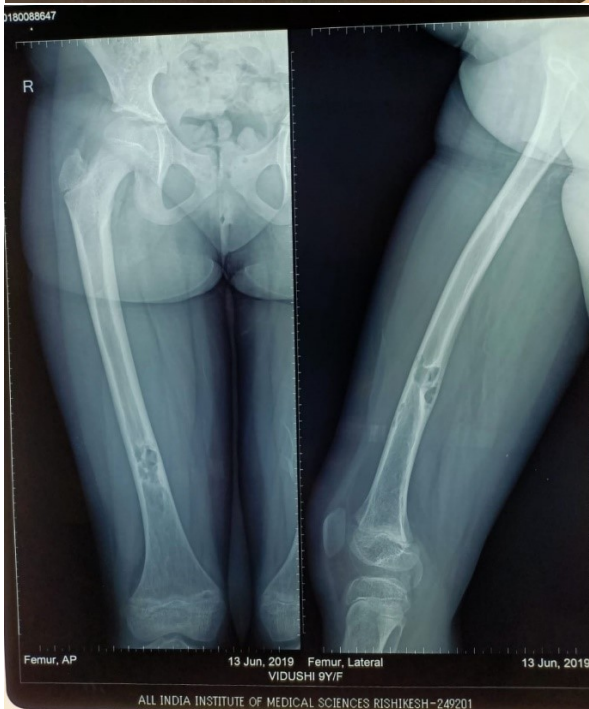
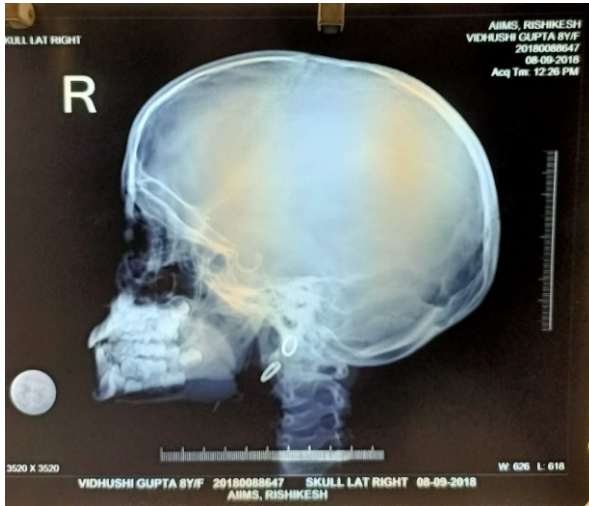
Placebo daily nights.

The same treatment continued for 03 years and 04 months regularly.

It took 1 dose of Tuberculinum 1M and 42 doses of Acidum nitricum 1M to get miraculous cure.

Series of scans of the child







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The child at the age of 12 years