



HEALING HANDS IN ONE EASY CLASS: First-Degree Reiki

Reiki is a tool that is easy to learn and one you can immediately use to treat yourself, your family, friends, animals and more. It is taught as a hands-on healing technique in the First-Degree Class and is all you need to be able to do Reiki.

The aim is healing of the mind and body as the Reiki energy assists your mind in bringing balance to the body's energy system. This balance establishes health, comfort, peace and an overall experience of well-being. It's easy to learn. It's easy to do. It's effective and it's fun.

Join Shiranda Deerwoman, M.A., Healing Arts Professional and Reiki Master-Teacher for 20+ years, for this two-day training. Hands-on practice giving and receiving Reiki included. Shiranda is a teacher by formal training.

**Saturday, October 5th: 12 noon to 5 PM &
Sunday, October 6th: 1-6 PM.
Interfaith CommUNITY Spiritual Center, # 101**

**\$150/\$85 if repeating.
\$50 registration now please.**

*Please contact Shiranda at info@healwhatcausedit.com
or 928-951-2935.*