

***Your Benefits from a Session or
from a Series of Sessions are:***

- * Resolution of mental and emotional blocks to healing, joy and freedom
- * Increased self-confidence & vitality
- * Release of chronic stress and pain
- * Achievement of your immediate goals
- * Increased awareness of your yourself spiritually.

Our Tools Include:

- ◇ Education and Insights
- ◇ Transformational Kinesiology (TK)TM
- ◇ Goal Setting
- ◇ Energy Balancing
- ◇ Reiki System of Natural Healing
- ◇ Manual Muscle Checking
- ◇ Movement Re-Education
- ◇ Creative Visualization
- ◇ Accessing your "answers" within

***If left unaddressed,
your unresolved programming
will continue to take your joy,
will block your accomplishments,
and will eventually make you sick.***



***Shiranda
Deerwoman, M.A.***

*Educator, Consultant
and Healing Arts
Professional*

Education and Experience Includes:

- * 1974-1995 Teacher and Counselor with Columbus Hearing Impaired Program
- * Transformational Kinesiology (TK)TM
1993-2002 Study with TK Originators,
Grethe Fremming and Rolf Hausboel
- * 1993 Certification - The TRAGER[®]
Approach
- * 1998-Reiki Master-Teacher
- * 1996 to present - Student of A Course
in Miracles

*Shiranda routinely teaches
Reiki Classes,
Muscle Checking and
Advanced Kinesiology Skills.
She is wiling to travel
to your area to
facilitate groups and to teach.*

***Call Shiranda to set up
your free consultation:
(928) 951-2935***

***A Fresh Approach
To Personal Health
And Life Success***



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An Efficient Way To Health, Wholeness, Peace and SUCCESS!

Have you asked yourself if there is a more lasting means to address pain, disease, emotional upset, unwanted thoughts and behaviors?

We know for example that:

- **Drugs don't heal a migraine headache or physical pain.** We can experience the same or similar pain again or can have another episode of pain in another part of our body.
- **We have the flu and can then "get it" again next year.** Even after radiation or removal of cancerous cells, a person can have a reoccurrence of cancer.
- We can feel angry or hurt, "get over it"...and perhaps even seem to have come to resolution of a situation in our heart and mind, and still, **we can again experience anger or hurt over the same or similar situation with the same person or with someone else.**
- We can identify our negative beliefs, replace them in our thinking with positive thoughts and affirmations...and **still, we can continue to struggle and feel discontentment in our lives.**

Our work recognizes that we heal distress only by making a correction at a higher level.

What does this mean?

- **For physical symptoms, we need to address the harmful emotions causing the pain, limitation or disease in the physical-etheric body.**
- **For emotional upset, we need to identify and change the negative thoughts and beliefs that are causing the emotional pain.** Crying, beating a pillow, going to a batting cage will not give a permanent solution if we do not resolve the beliefs and unresolved programming that cause us to feel upset, unworthy, helpless, and such.
- **Negative thinking of our lower self needs to be replaced by positive mental ideals.** Much of our thinking is related to our thoughts about pain, lack, and our unresolved resentments. Negativity at the mental level can be resolved by coming to an awareness of our higher Self and worth in God.
- **Unwanted habits and behaviors** are related to these unresolved aspects and are addressed in the same manner.

You are so much more than your body, thoughts and feelings.

A major result from our work together is that we come to a more loving identity of who we are, of our relation to God, and to each other. This change promotes healing and peace. We gain the ability to manage and direct our thoughts, feelings and actions so we can achieve our goals, be of greater help, and know ourselves as God created us.

These shifts in perception are shifts in our consciousness that establish a foundation for healing and success that can last.

People's Comments:

- ◇ *Work with Shiranda is the shortest route, to the deepest beliefs that block healing and wellness.*
- ◇ *After the group work the pain in my shoulder was gone.*
- ◇ *(the TK work) helped me concentrate a lot more in school. On my last report card I got straight As. You really helped me.*
- ◇ *I feel relaxed, with a sense of freedom. The feeling I have is that a huge weight has been lifted and it feels like, Wow!*
- ◇ *You are a gifted teacher—learning with you is easy and fun and yet profound.*

A change in your perception provides a healing that can last!