

It's All About Identity

Shiranda Deerwoman ~ February 14, 2017



It's become increasingly clear to me, that the answer to any problem comes down to who we think we are, who we think our "brother" is, and ultimately, to our relationship with God. (Our "brother" is simply every other person and has no meaning in terms of gender and so I will use it as such.) Our answer, be it healing of sickness and pain, resolution of inner and interpersonal conflict, help for financial concerns, direction for life choices, and so on, is but one. It is inherent to our coming to know ourselves as we truly are. It's the original "Seek first the kingdom and all else is given" teaching. We may refer to this self as a "child of God", our "spiritual Self", our "higher Self", "our divinity", and so on.

Regardless of how we name it, coming into greater awareness of this Self provides increasingly clear direction and the ability to receive the healing that awaits us. We furthermore receive clearer/higher perception and a firm foundation that enables our experience of peace and faith in facing any situation.

Why is this so? Because all adversity we experience is the result of our belief in and identification as this personal self which is composed of our body, our personality and every aspect of differences and different needs inherent in the concept of separate selves, separate races, separate nations, etc. At this level there will always be experiences of pain, sickness, conflict, self-doubt, confusion and opposing interests and needs. It's how we experience the world we live in now that shows varying degrees of harmony, love and brotherhood, along with chaos, hate, destruction and death.

We get to choose. To awaken to our one Self and to remember God is our only purpose here. The result is to experience the divine as our guide and our supply. We too easily lose this focus with all the tugging and attachments of the things on the world and of daily living. In our coming into remembering, we further find the joy of serving and of being of help to our brothers as well.

Mary Baker Eddy says simply, "To those leaning on the sustaining infinite, today is big with blessings." (Preface to Science and Health with Key to the Scriptures). A Course in Miracles in numerous ways informs us that there is only the life we share with God. Nothing else is. God is the only love, and it is God's love that sustains us in every situation and appearance of need. To experience these truths is to remember God. To remember God is to experience these truths. "What choice can give us more than this?", Course asks simply.

It's for each of us to find the course of spiritual study, the healing modalities and groups that best fit us. Let's be deliberate in our practice and move beyond all that hinders us from our goal to accept the identity that both frees and sustains us. We are told the peace of God is the sweetest peace we can know. It's been awaiting us since time began.