

“What to Do After a Car Accident”

By Natalia Sokolov, Esq.

Introduction

A car accident can leave you shaken and unsure of what to do next. Acting quickly—and calmly—can protect your health, your finances, and your legal rights.

Step 1: Check Safety First

Move to a safe area if possible and check for injuries. Even minor pain should be documented; some symptoms appear hours later. Call 911 so a police report is created—this record is crucial if you need to file a claim later.

Step 2: Document Everything

Take photos of vehicle damage, license plates, weather conditions, and injuries. Exchange contact and insurance details, but avoid lengthy discussions about fault at the scene.

Step 3: Seek Medical and Legal Help

Get a medical evaluation right away and follow up on all treatment plans. Then, contact a personal-injury attorney who can guide you through insurance filings and ensure you're not pressured into quick settlements.

Final Thoughts

Accidents happen suddenly, but how you respond can shape your recovery. Document thoroughly, seek care, and consult a professional who understands both your emotional stress and your rights.

About the Author

Natalia Sokolov, Esq. is a personal-injury attorney based in Denver. Born in Warsaw, Poland, she advocates for clients with empathy and clarity.