

NEW OUTLOOK COUNSELING, LLC

Distance Counseling Informed Consent Form

Distance counseling, also called teletherapy, phone therapy or internet therapy, is defined as counseling using electronic, telephone or visual communications.

This consent is an addendum to New Outlook Counseling's Informed Consent. The policies outlined on those original documents, including appointment cancelations, are still in effect.

Distance Counseling Options Offered: I, the client, understand that Jennifer Irwin currently offers distance counseling, in addition to in person, via phone and visual telecommunication. She offers these visual telecommunication options: Zoom for Healthcare (HIPPA and HITECH compliant). I also understand that Jennifer Irwin offers distance counseling via phone sessions and that telephone is not HIPPA protected nor does it guarantee client confidentiality.

Technology Failure: I, the client, understand that in the event of a technology failure during a phone or visual telecommunication session, Jennifer Irwin, the therapist, will take immediate steps to reconnect.

Risks & Benefits of Distance Counseling: I, the client, understand that there are potential risks to Distance Counseling including interruptions, unauthorized access and technical difficulties. I understand that Distance Counseling has potential benefits including easier access to care and the convenience of meeting from a location of my choosing. I also understand that I can have a direct conversation with Jennifer Irwin during which I can ask questions about Distance Counseling.

Participating in Distance Counseling services requires the client to agree to the following:

- The client will provide his or her own technology (including a secure internet connection, video/webcam, microphone, and audio) for internet counseling and their own phone for telephone counseling.
- The client agrees to originate their appointment from a non-public location that allows privacy and minimizes the ability of the appointment being overheard. If you think you might be overheard by others consider using a white noise machine. It is strongly recommended that the client use earphones/earbuds if privacy is not available.
- The client agrees to not initiate their Distance Counseling appointment in a public place, while driving a car, using public transportation or being a passenger in a car.
- The client agrees not to record any portion of the session, nor post anything on social media to include Facebook, Instagram and YouTube.

Emotional Emergency: I, the client, understand that in the event of an emotional emergency, and I cannot reach Jennifer Irwin, I can follow this Emergency Plan:

___ Call 911 ___ Go to the nearest emergency room

___ Contact the local crisis center (Pierce County: 800-567-7764; Kitsap County: 888-910-0416)

I give my consent to use Zoom for Healthcare or telephone for my distance counseling. I have had ample opportunity to ask questions and receive clarification about these options and this policy.

I do recognize the potential risk of compromise to my confidentiality by using phone or visual telecommunication and wish to proceed knowing these risks.

NEW OUTLOOK COUNSELING, LLC

Client's Signature _____

Date: _____