



Parent Handbook

Updated July 2023



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Mission Statement Policy No. 1

We strive to create a safe, nurturing, and warm environment where everyone feels like family and children can thrive all while preserving their innocence.



Welcome Policy No. 2

Parent's Choice is locally owned and operated. The company started in 1993 by Richard and Gigi Foerster, both longtime residents of Spring, Texas. Richard and Gigi's goal was to open and operate a high-quality pre-school and school age program that exceeded state standards at an affordable rate. Richard and Gigi had six children of their own and knew the struggles of an in-home baby sitter and the expense of high-quality child care. Thus, Parent's Choice was founded as a school that would provide high-quality early care and education, exceed standards, and always strive to keep tuition affordable. Our philosophy is simple. Provide developmentally appropriate activities that allow the child to grow physically, mentally, and socially and emotionally all while allowing the child to be a child and to learn through play. Today, the youngest child of Richard and Gigi, their daughter Julie, runs and co-owns the school with her husband, Steven Eilers. Julie and Steven have five children of their own, three sons and two daughters, that currently attend the school as well.

The School Director at each school is responsible for the daily management of the facility. In the absence of the School Director, the Director of Education and/or the Director of Administration is the designated person in charge. A designated individual may also be in charge in the absence of the Leadership Team mentioned above.

Throughout this Parent Handbook, the Director of Education and the Director of Administration will take the place of the School Director when the School Director is not available.



Philosophy Policy No. 3

We believe that children thrive in an environment where they feel safe and that is filled with positivity. Therefore, we strive to create a safe, nurturing, and warm environment where everyone feels like family and children can thrive all while preserving their innocence. Children come into this world innocent and we strongly believe in the importance of preserving this innocence for as long as possible so children do not learn to judge anyone or anything for any reason. We strive to “Let Them Be Little”. Our job is not only to teach our children the skills necessary to be school ready, but to teach them how to solve problems and self-regulate their emotions so they are life ready. Children are going to make mistakes and we see these mistakes as teachable moments, not discipline moments.



Licensing Information Policy No. 4

4.1 State Licensing Authority

Minimum Standards 746.501(21)

Texas Department of Health and Human Services Child Care Regulation.

A full printed copy of the licensing regulations/standards can be found at the front desk.

Parents may also find the licensing regulations on the internet at the following link:

<https://www.hhs.texas.gov/providers/protective-services-providers/child-care-regulation/minimum-standards>

Parents may also review a copy of the child-care centers most recent licensing inspection report posted on the Parent Communication board in the main hallway or on the licensing website listed above. Parents may reach child care regulation by using the website above or calling the local office at 713-287-3238.

These regulations/standards are included as part of this Parent Handbook as if they were written herein and it is the responsibility of every parent to read, understand, and follow these regulations.

Employees are required to uphold the regulations and standards issued by The Texas Department of Health and Human Services Child Care Minimum Standards at all times.

Employees are required to immediately notify the School Director of any violations of licensing regulations by any person in the organization.

4.2 Texas Rising Star

A full printed copy of the Texas Rising Star standards can be found at the front desk. These standards are included as part of this Parent Handbook as if they were written herein.

Employees are required to uphold the standards and guidelines published by Texas Rising Star at all times.

Employees are required to immediately notify the School Director of any violations of the Texas Rising Star standards by any person in the organization.



Enrollment Policy No. 5

Enrollment at Parent's Choice is open to children from six weeks to thirteen years. Enrollment shall be granted without regard to a child's race, color, creed, religion, national origin, gender, or disability; and without regard to a parent or guardian's race, color, creed, religion, age, national origin, gender, pregnancy or disability.

When visiting our facility for the first time, parents will be asked to complete a Tour Inquiry Form. A state/government issued ID will be required to verify information on the Inquiry Form before a tour will be given and prior to enrollment paperwork passed out to the parent. Parent's Choice front office staff will make a copy of the state/government ID for our records.

Parents can apply for enrollment of their child in Parent's Choice by completing the Enrollment Application and paying the \$100.00 Enrollment Fee. The Enrollment Fee is nonrefundable. A certified birth certificate for each child must be presented with the Enrollment Application. The birth certificate must match the information provided on the Enrollment Application, unless an applicable court order is provided. Parent's Choice front office staff will make a copy of the birth certificate for our records. In the event that a court order is on file for the child being enrolled, a certified copy of the court order must be attached to the Enrollment Application. Parent's Choice front office staff may once again ask for a state/government ID to verify that the information on the Enrollment Application matches the birth certificate and/or Court Orders.

Initial enrollment is contingent upon receipt of the completed Enrollment Application. Upon selecting Parent's Choice to meet your child's educational needs, **all enrollment paperwork is required at least three business days prior to your child's start date and must be complete.** Incomplete paperwork will not be accepted. Paperwork required for enrollment includes:

- Enrollment Form
- Physician's Statement (unless the child attends a public or private school)
- Immunization record (unless the child attends a public or private school)
- Tuition Agreement
- Food Program Enrollment Form
- CACFP Meal Benefit Income Eligibility Form
- Infant Feeding Preference Sheet (if enrolled in our infant program)
- Infant Safe Sleep Policy (if enrolled in our infant program)
- Allergy Action Plan (if applicable)
- Asthma Action Plan (if applicable)
- Special Care Needs Documentation (if applicable)



All policies are reviewed annually, and updated if necessary. Parents will be notified within 30 days (if possible) of any policy change in writing. Signatures from parents may be required.

The Enrollment Application and Tuition Agreements are not meant to serve as contracts guaranteeing service for any duration. Parent's Choice reserves the right to dismiss any parent or child at any time with or without cause.

Continued enrollment at Parent's Choice is contingent upon the parent's, emergency contact persons', and child's adherence to the policies and procedures of Parent's Choice as outlined in this handbook including, but not limited to, timely payment of all fees and tuition.

Parents are required to notify Parent's Choice immediately, should any of the information collected at the time of enrollment or any time thereafter change. Failure to do so may result in the child(ren) being dis-enrolled from the program and forfeiture of any registration fee and/or tuition.

Parents are able to update contact information without staff assistance through the Procure app. No authorized pick-ups can be added through the Procure app as these must be done in person and in writing.



Tuition Policy No. 6

All custodial parents and/or legal guardians are required to sign a Tuition Agreement prior to enrollment of their child in Parent's Choice. Parents are required to indicate to whom all billing information and correspondence are to be addressed.

6.1 Payment

Payment for my child's program is due on Monday of each current week as specified in the current rate schedule. Tuition is payable according to the tuition schedule whether or not the child attends. All parents must be set up on automatic draft for tuition payments.

Tuition does not include fees for field trips and extracurricular activities.

6.2 Late Fees

A \$10 per day late fee will be added for all non-payments. If tuition and/or late fees are not paid by Friday, then the child cannot return to care the following Monday until paid.

There is no credit given for vacations less than 5 consecutive school days, scheduled school holidays, child illness, or for closings due to emergency situations, inclement weather or acts of God.

Non-payment of tuition is grounds for immediate dismissal from the program. Timely payments are essential for continued enrollment at Parent's Choice.

6.3 Subsidized Care

Parent's Choice does accept child care subsidies. Parents of a subsidized child must complete all required paperwork on time to continue enrollment at Parent's Choice. Parents of subsidized children are also required to sign a Parent Share of Cost Agreement, agreeing to be personally responsible for the payment of tuition, in the event they become ineligible to receive child care subsidies.

6.4 Multiple Child Discounts

Parent's Choice offers a multiple child discount for one or more siblings enrolled during the same school year. The youngest sibling pays the full tuition rate and each additional child's tuition is discounted \$10.00 per child. Discounts are only applicable when tuition payments are made on time. The full tuition rate, plus any additional late fees will be charged when tuition payments are late as per the late tuition policy stated above.



6.5 Absent Credit

After enrolled for 60 days, if your child is absent for five consecutive school days, you may request an absent credit equal to one half your weekly tuition. **Parents must request an absent credit in writing by email seven days prior to the absence.**

6.6 Parent Referrals

We greatly appreciate your business and know that you will be so pleased with our service that you will tell all your friends and acquaintances about us! If one of those families decides to enroll their child(ren), we will give you a \$100 Visa Gift Card after that family has been with us for 90 days. The referred family must mention the referral at the time of the initial visit to our program by writing the referring families name on the Tour Inquiry Form.

6.7 Automatic Draft Returns

Per Policy 6.1, all families are required to be set up on automatic draft for tuition payments. Automatic drafts are automatically run on any account with a balance on Monday mornings. In the event that a draft is returned by the bank, a \$25 insufficient return fee will be automatically added to the account. Upon notification of the return, the family will be notified and payment by credit card will be immediately due. If payment is not received upon notification of the return, then a \$10 per day late payment penalty will be added to the account for each day the balance is not paid starting with the day tuition was originally due.

Families will be unable to return to care on Monday following the notification of the return until the account is paid in full.

In the event that the family has three or more returns in a 12-month period, a deposit equal to two weeks tuition will be required to continue care. In the event that the family has five returns in a 12-month period, enrollment at the school will be terminated.

Subsidy Families

If a family has three or more returns in a 12-month period, you will be required to pay your full monthly copay by the 1st of the month to continue care.



Confidentiality Policy No. 7

Within Parent's Choice, confidential and sensitive information will only be shared with employees of Parent's Choice who have a "need to know" in order to most appropriately and safely care for your child. Confidential and sensitive information about faculty, other parents, and/or children will not be shared with parents, as Parent's Choice strives to protect everyone's right of privacy. Confidential information includes, but is not limited to: names, addresses, phone numbers, disability information, or other health related information of anyone associated with Parent's Choice.

Outside of Parent's Choice, confidential and sensitive information about a child will only be shared when the parent of the child has given express written consent, except where otherwise provided for by law. Parents will be provided with a document detailing the information that is to be shared outside of Parent's Choice, persons with whom the information will be shared, and the reason(s) for sharing the information.

Any parent who violates the Confidentiality policy will not be permitted on school property thereafter. Refer to the policy regarding Parents Right to Immediate Access for additional information regarding dis-enrollment of a child when a parent is prohibited from accessing school property.

You may not observe children at our center who are disabled or who exhibit behavior that may appear inappropriate (i.e. biting, hitting, and spitting). You may be curious or concerned about the other child. Our Confidentiality Policy protects every child's privacy. Employees of Parent's Choice are strictly prohibited from discussing anything about another child with you.



Mandated Reporting of Suspected Child Abuse and/or Neglect Policy No. 8

Minimum Standards 746.501(25)

Under the Child Protective Services Act, mandated reporters are required to report any **suspicion** of abuse or neglect to the appropriate authorities. The employees of Parent's Choice are considered mandated reporters, under this law. The employees of Parent's Choice are not required to discuss their suspicions with parents prior to reporting the matter to the appropriate authorities, nor are they required to investigate the cause of any suspicious marks, behavior or condition prior to making a report. Under the Act, mandated reporters can be held criminally responsible if they fail to report suspected abuse or neglect. We at Parent's Choice take this responsibility very seriously and will make all warranted reports to the appropriate authorities. The Child Protective Services Act is designed to protect the welfare and best interest of all children.

As mandated reporters, the staff of Parent's Choice cannot be held liable for reports made to Child Protective Services which are determined to be unfounded, provided the report was made in "good faith."

Causes for reporting suspected child abuse or neglect include, but are not limited to:

- Unusual bruising, marks, or cuts on the child's body
- Severe verbal reprimands
- Improper clothing relating to size, cleanliness, season
- Transporting a child without appropriate child restraints (e.g. car seats, seat belts, etc.)
- Dropping off or picking up a child while under the influence of illegal drugs or alcohol
- Not providing appropriate meals including a drink for your child
- Leaving a child unattended for any amount of time
- Failure to attend to the special needs of a disabled child
- Sending a sick child to school over medicated to hide symptoms, which would typically require the child to be kept at home until symptoms subside.
- Children who exhibit behavior consistent with an abusive situation

If parents feel they need assistance with possible child abuse, neglect, or sexual abuse, we encourage you to get help. Please call the National Parent Helpline at 1-855-427-2736 or visit <https://www.nationalparenthelpline.org/>

The statewide Abuse & Neglect phone number is 1-800-252-5400, if you would like to report any suspected abuse or neglect.



Parent Code of Conduct Policy No. 9

Parent's Choice requires the parents of enrolled children at all times, to behave in a manner consistent with decency, courtesy, and respect. One of the goals of Parent's Choice is to provide the most appropriate environment in which a child can grow, learn and develop. Achieving this ideal environment is not only the responsibility of the employees of Parent's Choice but, is the responsibility of each and every parent or adult who enters the center. Parents are required to behave in a manner that fosters this ideal environment. **Parents who violate the Parent Code of Conduct will not be permitted on school property thereafter.** Please refer to the Policy on Parent's Right to Immediate Access for additional information regarding dis-enrollment of the child when a parent is prohibited from accessing school property.

9.1 Swearing/Cursing:

No parent or adult is permitted to curse or use other inappropriate language on agency property at any time, whether in the presence of a child or not. Such language is considered offensive by many people and will not be tolerated. If a parent or adult feels frustrated or angry, it is more appropriate to verbally express the frustration or anger using non-offensive language. At NO time shall inappropriate language be directed toward members of the staff.

9.2 Threatening of Employees, Children, Other Parents or Adults Associated with Parent's Choice:

Threats of any kind will not be tolerated. In today's society, Parent's Choice cannot afford to sit by idly while threats are made. In addition, all threats will be reported to the appropriate authorities and will be prosecuted to the fullest extent of the law. While apologies for such behavior are appreciated, the school will not assume the risk of a second chance. **PARENTS MUST BE RESPONSIBLE FOR AND IN CONTROL OF THEIR BEHAVIOR AT ALL TIMES.**



9.3 Physical/Verbal Punishment of Your Child Or Other Children at Parent's Choice:

While Parent's Choice does not necessarily support nor condone corporal punishment of children, such acts are not permitted in the child care facility. While verbal reprimands may be appropriate, it is not appropriate for parents to verbally abuse their child. Doing so may cause undue embarrassment or emotional distress. Parents are always welcome to discuss a behavior issue with the teacher and to seek advice and guidance regarding appropriate and effective disciplinary procedures.

Parents are prohibited from addressing, for the purpose of correction or discipline, a child that is not their own. Of course, no parent or other adult may physically punish another parent's child. If a parent should witness another parent's child behaving in an inappropriate manner or is concerned about behavior reported to them by their own child, it is most appropriate for the parent to direct their concern to the classroom teacher and/or School Director.

Furthermore, it is wholly inappropriate for one parent to seek out another parent to discuss their child's inappropriate behavior. All behavior concerns should be brought to the classroom teacher or director's attention. At that point, the teacher and/or director will address the issue with the other parent. Although you may be curious as to the outcome of such a discussion, teachers and/or the School Director are strictly prohibited from discussing anything about another child with you. All children enrolled in our school have privacy rights and are further protected by our Confidentiality Policy. You may be assured that we will not discuss anything about your child with another parent or adult visiting the center.

9.4 Smoking/Vaping:

For the health of all Parent's Choice employees, children and associates, smoking and vaping are prohibited anywhere on school property. Parents are prohibited from smoking and vaping in the building, on the grounds, and in the parking lot of Parent's Choice. Parents who are smoking in their cars must dispose of the cigarette prior to entering the parking lot.

9.5 Violations of the Safety Policy:

Parents are required to follow all safety procedures at all times. These procedures are designed not as mere inconveniences, but to protect the welfare and best interest of the employees, children and associates of Parent's Choice. Please be particularly mindful of Parent's Choice entrance procedures. We all like to be polite. However, we need to be careful to not allow unauthorized individuals into the center. Holding the door open for the person following you may, in fact, be polite, however that person may not be authorized to enter the premises. Security procedures are only as strong as the weakest person in our organizational chain. Be alert and mindful. Immediately report any breaches to the School Director.



9.6 Confrontational Interactions with Employees, Other Parents, or Associates of Parent's Choice:

While it is understood that parents will not always agree with the employees of Parent's Choice or the parents of the other children, it is expected that all disagreements be handled in a calm and respectful manner. Confrontational interactions are not an appropriate means by which to communicate a point and are strictly prohibited.

9.7 Violations of the Confidentiality Policy:

Parent's Choice takes very seriously the responsibility of maintaining the confidentiality of all persons associated with the school. Parents must understand the implications of this responsibility. Parents need to recognize that the Confidentiality Policy not only applies to their child or family, but all children, families and employees associated with Parent's Choice. Any parent who shares any information considered to be confidential, pressures employees or other parents for information which is not necessary for them to know, will be considered to be in violation of the Confidentiality Policy.

9.8 Cell Phone Usage

Proper parent communication is imperative when working with young children. It is difficult to communicate when cell phones are in use. Effective December 1, 2010, the Texas Department of Health and Human Services passed regulations prohibiting the personal use of cell phones in classrooms. Please end all calls prior to entering the building so that our Parent's Choice staff can properly communicate with you.

9.9 Questions or Concerns

Minimum Standards 746.501(19)

If parents have questions or concerns about our program, we encourage you to have open communication with your child's teacher and the School Director. Through open communication, we can ensure that all parties are well informed and working as partners in the child's education. From time to time, the center director may complete a "Parent Concern Form". Parents will receive a copy of this form with the appropriate outcome.



Parent's Right to Immediate Access Policy No. 10

Minimum Standards 746.501(b)(1)

Parents of a child in our care are entitled to immediate access, without prior notice, to their child whenever they are in care at Parent's Choice, as provided by law.

In cases where the child is the subject of a court order (e.g., Custody Order, Restraining Order, or Protection from Abuse Order) Parent's Choice must be provided with a **Certified Copy** of the most recent order and all amendments thereto. The orders of the court will be strictly followed unless the custodial parent(s) requests a more liberal variation of the order in writing. In the case where both parents are afforded shared/joint custody by order of the court, both parents must sign the request for more liberal interpretation of the order.

In the absence of a court order on file with Parent's Choice, **both** parents shall be afforded equal access to their child as stipulated by law. Parent's Choice cannot, without a court order, limit the access of one parent by request of the other parent, regardless of the reason. If a situation presents itself where one parent does not want the other parent to have access to their child, Parent's Choice suggests that the parent keep the child with them until a court order is issued, since our rights to retain your child are secondary to the other parent's right to immediate access. Parent's Choice staff will contact the local police should a conflict arise.

Visitors are asked to schedule appointments with the School Director and are allowed in the child care facility only at the discretion of the School Director. An employee of Parent's Choice will accompany visitors at all times, throughout the center.

Parent's Choice will dismiss any child whose parent is prohibited from entering upon school property. Due to the parents' right to immediate access policy, as well as state and federal regulations, Parent's Choice cannot have a child at the school when the child's parent is prohibited access. Parent's Choice will not agree to any request to maintain a child's enrollment even if the parent agrees to stay out of the school. Such an agreement is a violation of the law and will not be entertained.



Dismissal Policy No. 11

Parent's Choice reserves the right to dismiss any child at any time, with or without cause.

Parents will be refunded any unused tuition within two weeks of the dismissal. A school check will be mailed to the address indicated in the child's file. Any past due balances must be paid within 30 days of the dismissal. An invoice detailing the past due balance will be forwarded to the address indicated in the child's file within one week of the dismissal. Any balances remaining after the 30 day period will be referred to the school's legal counsel for collection.

The School Director or designee will assist the parent in gathering their child's belongings at the time of dismissal and parents are required to leave school property in a calm and respectful manner, immediately. Parent's Choice will request assistance from local police should any parent become disruptive and/or uncooperative while gathering their child's belongings upon dismissal.

A dismissed child and his/her parents are required to call and request an appointment with the School Director if they wish to return to school property following a dismissal. Appointments are made at the discretion of the School Director and are not a right of the dismissed child or parent.

Following a dismissal, any parent or child who harasses, threatens or in any manner causes harm to anyone affiliated with the school by calling, writing, or any other means, will be prosecuted to the fullest extent of the law, by Parent's Choice.



Withdraw Policy No. 12

A 14-day written notice is required when withdrawing a child for any reason. If the proper notice is given, any unused tuition will be refunded within thirty days of the withdrawal. If the required notice is not given, parents will be charged tuition for two additional weeks.

The parents and child, following their last day of enrollment, are not permitted to re-enter school property without prior permission of the School Director. A withdrawn child and his/her parents are required to call and request an appointment with the School Director if they wish to return to school property following the last day of enrollment at Parent's Choice. Appointments are made at the discretion of the School Director and are not a right of the withdrawn child or parent.



Court Orders Effecting Enrolled Children Policy No. 13

In cases where an enrolled child is the subject of a court order (ex... Custody Order, Restraining Order, or Protection from Abuse Order) Parent's Choice must be provided with a **Certified Copy** of the most recent order and all amendments thereto. The orders of the court will be strictly followed unless the custodial parent(s) requests a more liberal variation of the order in writing. In the case where both parents are afforded shared/joint custody by order of the court, both parents must sign the request for a more liberal interpretation of the order.

In the absence of a court order on file with Parent's Choice administration, both parents shall be afforded equal access to their child as stipulated by law. Parent's Choice cannot, without a court order, limit the access of a one parent by request of the other parent, regardless of the reason. If a situation presents itself, where one parent does not want the other parent to have access to their child, Parent's Choice suggests that the parent keep the child with them until a court order is issued.

If conflicting court orders are presented, the most recently dated court order will be followed.

Once presented with a Protection from Abuse Order or a Restraining Order, Parent's Choice is obligated to follow the order for the entire period it is in effect. Employees of Parent's Choice cannot, at the request of anyone, except the issuing judge, allow a Protection from Abuse Order and/or a Restraining Order to be violated. Parent's Choice will report any violations of these orders to the court.



Arrival Procedures Policy No. 14

Upon arrival at Parent's Choice, the parents or the adult dropping the child off must sign the child into care on the sign-in sheet located in the child's classroom as well as signing the child in at the front desk with your fingerprint. Children are required to be escorted by their parent/guardian, to their designated classroom. Children are required by law to be supervised at all times while in the child care facility. Parents are required to help children put away their outerwear and get settled for the day.

In order for all enrolled children to benefit from the curriculum and activities planned, **all children must arrive by 8:45am**. Children will not be admitted into care after 8:45am. Children who are late due to a scheduled appointment with a health care professional or with prior permission from the school director may be allowed after 8:45am, however they may not be dropped off during the classroom's scheduled nap time. No child may be dropped off after 3:00pm. Late arrivals are a disruption to the classroom and other children and may break the established routine of the classroom.

Parent's Choice discourages parents from sneaking out of the center. Some children exhibit separation anxiety when it is time for their parent to leave. Parent's Choice believes it is best for parents to tell the anxious child upon arrival that after all of the child's things are put away, the parent will kiss, hug and say goodbye to the child. This will prepare the child for their departure. The employee present in the classroom will comfort and assist the child through the anxious time. Parents are asked to leave after saying goodbye. The longer the parent of an anxious child drags out the departure, the more anxiety the child is likely to feel. The professional employees of Parent's Choice are available to discuss other options if the child does not settle into the arrival routine after a reasonable period of time.

Parents must drop off their child by 8:30am in order for the child to be served breakfast. Breakfast will not be available or saved for any child arriving after 8:30am.

Health Checks

Minimum Standards 746.501(26)

Parents are required to notify the child's teacher or School Director of any special instructions or needs for the child's day. The parent must present the special instructions in the form of a letter and verbally discuss them with either the classroom teacher or School Director. These special instructions include but are not limited to: Early Pick Up, Alternative Pick Up Person, health issues over the previous night which need to be observed and/or any general issues of concern which the child care providers should be aware to best meet the needs of your child throughout the day.



14.1 Notification of Absence

Parents are required to inform the center by 8:45am if a child will not be at the center on a scheduled day. This will enable the center to more effectively maintain appropriate ratios and help the classroom teacher effectively plan for the day. If the parent does not notify the school of a child's absence, the school will contact the parent. A \$10 No-Call fee will be charged anytime a parent fails to notify the school of an absence. Parents who fail on three occasions in one school calendar year to give proper notice of an absence will result in the child being dismissed from the program.

If your child is ill, we request that you notify the school director not only of the absence, but also of the nature of the illness. This enables our faculty to keep track of any illnesses, which may occur at our school. This information will only be shared with staff on a "need to know" basis. If your child has a communicable disease, we ask that you share the diagnosis with the school Director, so that the parents of the children in the school may be notified that a communicable disease is present. Once again, only the communicable disease information will be shared. Parent's Choice will take all measures necessary to protect your child's confidentiality. Parents are not required to disclose this information by law, and your continued enrollment will not be based whatsoever on your decision to share, (or not) the reason for your child's absence from school.

Parents who know in advance that a child will be late, are required to notify the center by 8:45am so as to maintain the appropriate number of employees to ensure ratios are met when the child arrives to school.

14.2 School's Right to Refuse Admission

Parent's Choice reserves the right to refuse admission to any child at any time with or without cause.

Possible reasons for the refusal of admission include but are not limited to:

1. The need to maintain compliance with Licensing Regulations.
2. Staff deems the child too ill to attend.
3. Domestic situations that present a safety risk to the child, staff or other children enrolled at Parent's Choice if the child were to be present at the center.
4. Parents' failure to maintain accurate, up to date records.
5. Parents' failure to complete and return required documentation in a timely fashion.

Parents will not be reimbursed tuition for days when their child is refused admission to the program.



Pick Up Procedures Policy No. 15

Minimum Standards 746.501(2)

Parents/guardians are required to sign their child out of care on the sign-out sheet located in the classroom and at the front desk with their fingerprint. Once a parent signs their child out, the parent is then solely responsible for supervising their child while on school premises. The parent may not allow a child to wander through the hallways, bathrooms, other classrooms and/or playground. Parents are required to handle all business issues prior to signing out their child and are required to directly exit the building once they have signed their child out of care.

Parents must take home all papers in the child's cubby each day.

Parents or persons designated to act "in loco parentis" are required to sign any incident/accident reports from the day at pick-up. The classroom teacher will be able to briefly discuss the matter with you or another authorized adult at pick-up. However, should you feel it necessary to have an in-depth discussion or meeting, it is most appropriate to schedule the meeting for a later date because the teacher is responsible for supervising the remaining children in the classroom. A telephone conference may be scheduled for later in the day or for the next day at nap/rest time if the parent(s) is unable to meet at the center during the course of the day.

Parent's Choice will not release a child to a minor (an individual under the age of 18 years) unless the parent themselves is a minor. Please know that only parents and/or the legal guardian(s) will be allowed to the back of the facility for safety reasons. If a parent/guardian brings someone with them, the parent/guardian must check this person in with the front desk, then escort and remain with this person in the back of our facility.

15.1 Late Pick-Up:

Our schools are licensed to care for children from 6:30am to 6:30 pm. Parents must pick up their children no later than 6:30pm. A parent is late picking up their child at 6:30pm. All measurements of time are to be according to the Parent's Choice clock located at the front desk.

A late fee of \$25 for the first minute per child plus \$1 for each additional minute per child will be charged for late pick-ups. Late fees must be paid at the time of pick up. The child will not be allowed to return to care until all late pick-up fees are paid in full.

A child's services will be terminated should the child be picked-up late on three occasions in one school year regardless of the reasons for the late pick-up. It is the parent's responsibility to



ensure that someone (either a parent or Emergency/Alternate pick-up person) is available to pick up the child on time.

15.2 Persons Appearing to be Impaired by Drugs/Alcohol at Pick-Up

The staff of Parent's Choice will contact local police and/or the other custodial parent should a parent appear to the staff of Parent's Choice to be under the influence of drugs and/or alcohol. The parent's right to immediate access does not permit the school from denying a custodial parent access to their child even if the parent is or appears to be impaired. However, Parent's Choice staff will delay the impaired parent as long as possible, while contacting the other parent, the local police and Child Protective Services.

Any other authorized person who attempts to pick-up a child and appears to the staff of Parent's Choice to be under the influence of drugs and/or alcohol will be denied access to the child. The staff of Parent's Choice will contact the child's parents, local police and Child Protective Services to notify them of the situation.

15.3 Emergency/Alternate Pick-Up

At enrollment, parents will complete emergency/alternate pick-up information on the Enrollment Form. Parents are encouraged to include on this form any, and all persons who, in the course of events, may at one time be asked to pick-up their child from Parent's Choice. In an emergency situation the child's parents will be called first. If they cannot be reached staff will call the persons listed on this form until someone can be reached.

Should the staff contact a parent, and the parent is unable to pick up the child, it is then the responsibility of the parent to arrange for their child to be picked up by someone on the emergency list. Failure of the parent to make such arrangements will result in dismissal from the program.

Parents do not need to be listed on the emergency contact list. The nature of the parental relationship affords the parents (in the absence of a court order indicating otherwise) the right to pick-up their child.

Parents will be asked to determine which persons (if any) on the emergency/alternate pick-up list have the right to act "In Loco Parentis." In Loco Parentis status affords the pickup person the right to discuss confidential information about the child's day including but not limited to, incident/accident reports, and behavior issues. In the absence of this designation the people on the emergency/alternate pick up list are only afforded the right to pick up the child. Staff is not permitted to discuss the child's day with them.

The persons on the emergency/alternate pick-up list will be required to provide a Government issued photo ID prior to the school releasing the child. There will be no exceptions to this rule.



All changes and/or additions to the emergency/alternate pick-up list must be made in person in writing and be dated and signed. Only custodial parents have the right to make changes or additions to this form.

Employees of Parent's Choice are prohibited from being listed on the emergency/alternate contact list.

Parent's Choice reserves the right to refuse/ban any person listed on the emergency/alternate contact list for any reason, including but not limited to violations of the policies/procedures contained herein. It is the responsibility of the enrolling parent(s) to inform each person on the emergency/alternate list of the policies/procedures contained herein.



Transportation Policy No. 16

Minimum Standards 746.501(14)

School-age children will be transported to and from public school and during the summer on field trips. Parent's Choice does not transport children under the age of 4 (and must weigh 40 pounds if only four years of age) except in emergency situations.

State law requires:

- Vehicles transporting children shall be in safe operating condition and drivers shall have a current Texas Driver's License.
- Children shall be loaded and unloaded at the curbside of the vehicle, or in a protected parking area.
- A child shall not be taken on field trips unless a parent or guardian has signed permission forms.



School Calendar Policy No. 17

Minimum Standards 746.501(1)

Parent's Choice is open from 6:30am-6:30pm, Monday-Friday, year-round. We close to observe the following holidays: New Year's Day, Martin Luther King, Jr. Day, President's Day, Good Friday, Memorial Day, Juneteenth, Independence Day, Labor Day, Columbus Day, Thanksgiving Day and the following Friday, Christmas Eve and Christmas Day. Full tuition is due for holiday weeks.

Parent's Choice will close the week between Christmas and New Year's and WILL NOT charge tuition for this week.

NOTE: In some cases, if the holiday falls on a Saturday or Sunday, Parent's Choice may close the day before or the day after the holiday. Parent's Choice may close early on certain days during the holiday season, such as Halloween and New Year's Eve. Policy 15.1 (Late Pick-Up) will apply for late pick-ups on these designated days. Parents will be updated on each year's holiday schedule in January.



Emergency Closings and Inclement Weather Information Policy No. 18

In most cases, Parent's Choice is open during inclement weather. In the event that significant events accompany severe weather, such as a loss of power or water, the school will close. Parent's Choice will follow Spring ISD in regards to emergency closures/delayed openings.

In the event of an emergency closing and/or inclement weather, parents will be notified of the closing by our text alert system, Facebook and by email.

Should the school need to close in the middle of the day, the school staff will attempt to reach the child's parents first to arrange for pick up. Should the staff be unable to reach the parents, the persons listed on the emergency contact form will be called until pick up arrangements can be made. Staff will notify the parents or emergency contact person at the time of the call, of the pickup location should the children need to be evacuated from the child care center. Parents or emergency contact persons should report directly to the alternate location if one is indicated.

Should the center need to close for any reason, tuition will not be refunded or reduced for closures of less than five school days. If the closure extends beyond five school days, parents will have their tuition refunded within 30 days of the closure.



Curriculum Information Policy No. 19

Parent's Choice uses the Frog Street curriculum for our infants, toddlers, preschool, and pre-kindergarten classrooms. This curriculum believes that children learn best through actively engaging with people and things in their environment. Children are involved in hands-on experiences, real-life adventures, and assisted discovery as they explore concepts through play. Parent's Choice is a place where essential readiness skills are nurtured through play, investigation, and of course, fun! This program provides developmentally and age-appropriate activities and materials for exciting and wonder-filled environments. To learn more about the Frog Street curriculum visit <http://www.frogstreet.com/>.

The cornerstones of the program are:

- An extensive integration of theme, disciplines, and domains
- Social and Emotional development includes Dr. Becky Bailey's Conscious Discipline[®]
- Differentiated instruction
- Equity of English and Spanish materials and instruction
- Joyful approach to learning

At the beginning of each month, a newsletter with information about our curriculum activities is sent out so that parents/guardians will know what their child(ren) are learning about. As well in that newsletter, we may ask for you to provide your child with certain supplies out of our normal curriculum supplies. Outside each classroom is a bulletin board that has posted the curriculum information for each day in the current month and the curriculum themes for the entire year. As well on that bulletin board, you will find the curriculum goals posted for that classroom and specific age group. Curriculum is based upon the assessments and needs of the children.



19.1 Daily Schedule of Activities

Parent's Choice classrooms follow a daily schedule designed specifically to meet the children's developmental, social and emotional, and personal needs. All schedules are contingent on the needs of the children and may vary from day to day. Below is a sample of your child's typical day:

6:30am - 8:00am	Arrival/Child-Centered Activities/Thinking Skills and Sensory Development/Social and Emotional Development
8:00am - 8:30am	Morning Greeting Circle and Announcements/Calendar/Pledge of Allegiance/Active Play
8:30am - 8:45am	Breakfast/Develop self-help skills through washing hands and feeding oneself
8:45am - 9:30am	Literacy Lesson and Centers (Practice and Theme), 1/3 class in lesson, 2/3 class in centers, rotate one group into lesson every 5 - 10 minutes/Language and Communication Development/Social and Emotional Development
9:30am - 9:45am	Physical Fitness Program through Gross Motor Activities and Active Play
9:45am - 10:15am	Math and Science Lesson and Centers, 1/3 class in lesson, 2/3 class in centers, rotate one group into lesson every 10 - 15 minutes/Focus on Small Muscle Development and Social and Emotional Development
10:15am - 10:45am	Outdoor Learning and Active Play/Large-Muscle Development and Physical Development
10:45am - 11:00am	Read Aloud while children take turns washing their hands/Develop self-help skills through washing one's hands
11:00am - 11:45am	Family Style Dining for Lunch/Develop self-help skills through feeding oneself
11:45am - 12:00pm	Read Aloud Time while children get cleaned up and use the restroom/Develop self-help skills through cleaning, toileting, and washing one's hands/Language and Communication Development
12:00pm - 2:00pm	Quiet Time/Rest Period
2:00pm - 2:30pm	Circle Time/Language Development and Social and Emotional Development
2:30pm - 3:00pm	PM Snack/Develop self-help skills through washing hands and feeding oneself
3:00pm - 3:30pm	Circle Time (Review of Days lessons)
3:30pm - 4:00pm	Social Studies and Fine Arts Lesson and Centers, 1/3 class in lesson, 2/3 class in centers, rotate one group into lesson every 10 - 15 minutes/Thinking Skills and Sensory Development/Social and Emotional Development
4:00pm - 4:30pm	Outdoor Learning and Active Play/Large-Muscle Development and Physical Development
4:30pm - 5:00pm	Center Play and Pretty/Handsome Time (Foster children's self-esteem by fixing their hair and cleaning them for pick up)
5:00pm - 5:30pm	Family Style Dining with Supper/Develop self-help skills through feeding oneself
5:30pm - 6:00pm	Closing Circle Time/Language Development
6:00pm - 6:30pm	Closing Activity/Thinking Skills and Sensory Development



19.2 Class Assignments

Classroom assignments are based on each individual child's chronological age, developmental age, emotional age, and physical age. Parent's Choice typically will transition children to new classrooms twice a year for those under 3 years of age and once a year for those 3 years and up, however from time to time we may request a transition sooner based on the individual child's needs.

19.3 Staff to Child Ratios

Parent's Choice follows the staff to child ratios established by Texas Rising Star, which is lower than the state licensing ratios. From time to time, due to staffing shortages or other operational challenges, the school may default to state designated ratios. Parent's Choice will never run higher ratios than established by the Texas Department of Health and Human Services Child Care Regulation unless a significant event or emergency arises.

19.4 Nap and Rest Time

Supervised rest periods are provided for all children under five years of age who remain at Parent's Choice for six or more hours a day, and for all other children who show a need for a rest time. Your child will be provided a cot to rest on for naptime. Our daily nap time is from 12:00pm – 2:00pm. Parent's Choice will provide your child with their own assigned blanket and will clean this blanket at least once weekly, and more often as needed. Nap and rest times are required by the Texas Department of Health and Human Services Child Care Regulation. Due to these regulations, parents cannot request that their child be exempt from nap or rest time.

19.5 Personal Care Supplies Needed

Preschool children are provided with a change of clothes by Parent's Choice in the event they have an accident and need to change. We ask that these clothes be returned within 3 days or a \$7.00 charge per item will be applied to your account. Any underwear sent home is brand new and not to be sent back. Preschool children need to be dressed for the weather. Jackets and warm clothing must be worn during the cooler seasons for the daily outdoor playtime. For safety reasons, sandals and flip flops are prohibited.

Parents must supply all bottles and toddler training cups for their child. Parent's Choice provides diapers and wipes. Please label everything with your child's first and last name.

We use washable crayons, markers and paint during art time, but the children's clothing may get stained from just being kids! Please dress your children in play clothes since PLAY is what we do!! Please leave all valuable items at home since Parent's Choice cannot be responsible for broken or lost items.



19.6 Birthday and Holiday Celebrations

Most children enjoy celebrating special events with their preschool friends (birthdays, new babies, and holidays). Parents may send a “store bought” treat to share with the class. Please make arrangements with the teacher three days in advance when planning a special occasion.

Parent’s Choice believes in inclusion and celebrating each child’s beliefs and important days.

In the event that a parent does not want their child to participate in a holiday celebration, they may choose to keep their child home for that day. No reduction in fees or tuition will be given.

19.7 Parent/Teacher Conferences/Communication

Minimum Standards 746.501(6)

Open Communication with parents is very important to children’s success. Parent’s Choice has multiple ways of communicating with parents. In some situations, parents may be asked to sign documents acknowledging that communication has taken place. Signing such documents is not an admission or agreement in any way, yet acknowledgement that communication took place. Failure to sign documents is grounds for immediate dismissal from the program.

Listed below are ways that Parent’s Choice may communicate with parents:

- Our electronic monitor located in the front lobby
- Through email notifications
- Written memos placed in your child’s cubby
- Social media site such as Facebook
- Smart phone notifications through the Procure app
- Verbal communication with the child’s teachers and director

Parents will be offered a Parent/Teacher conference twice each year. This is a formal conference with your child’s teacher to discuss academic and developmental progress in the classroom. Parents will be asked to sign up for a date and time for their conference. Parents will be required to sign acknowledging that they are unable to attend or do not wish to attend a Parent/Teacher conference.

Parent’s Choice also believes in input from our parents to help influence our program. Parent surveys/evaluations will be sent out once each quarter via email.



19.8 Screen Time Policy

Minimum Standards 746.2207

Parent's Choice's screen time policy aligns with that which is outlined in Minimum Standards for Licensed Child Care Centers as recommended by the American Academy of Pediatrics. Our policy is as follows:

- (a) Parent's Choice will not use a screen time activity for a child under the age of two years.
- (b) Parent's Choice may use a screen time activity to supplement, but not to replace, an activity for a child who is two years old or older
- (c) Parent's Choice will ensure that the activity: (1) Is related to the planned activities that meet educational goals; (2) Is age-appropriate; (3) Does not exceed one hour per day; (4) Is not used during mealtime, snack times, naptimes, or rest times (5) Does not include advertising or violence; and (6) Is turned off when not in use.
- (d) A school-age child may use screen time without restriction for homework.



Discipline Policy No. 20

Minimum Standards 746.501(7)

At all times, everyone present at Parent's Choice Early Child Development Center, including staff, volunteers, parents, etc., must follow the Discipline and Guidance Policy per the Texas Minimum Standards for Licensed Child Care Centers. The policy is as follows:

Discipline must be:

- 1) Individualized and consistent for each child;
- 2) Appropriate to the child's level of understanding; and
- 3) Directed toward teaching the child acceptable behavior and self-control.

A caregiver may only use positive methods of discipline and guidance that encourage self-esteem, self-control, and self-direction, which include at least the following:

- 1) Using praise and encouragement of good behavior instead of focusing only upon unacceptable behavior;
- 2) Reminding a child of behavior expectations daily by using clear, positive statements;
- 3) Redirecting behavior using positive statements; and

There must be no harsh, cruel, or unusual treatment of any child. The following types of discipline and guidance are prohibited:

- 1) Corporal punishment or threats of corporal punishment;
- 2) Punishment associated with food, naps, or toilet training;
- 3) Pinching, shaking, or biting a child;
- 4) Hitting a child with a hand or instrument;
- 5) Putting anything in or on a child's mouth;
- 6) Humiliating, ridiculing, rejecting, or yelling at a child;
- 7) Subjecting a child to harsh, abusive, or profane language;
- 8) Placing a child in a locked or dark room, bathroom, or closet with the door closed or open; and
- 9) Requiring a child to remain silent or inactive for inappropriately long periods of time for the child's age.

Parent's Choice staff members are trained to use a positive method of discipline and guidance that encourages self-esteem, self-control, and self-direction. Just a few examples used in this situation are: praise and encouragement of good behavior instead of focusing only upon unacceptable behavior; reminding a child of behavior expectations daily by using clear, positive statements and redirecting behaviors. Parent's Choice does not use "time out" as a form of



managing behavior. Parent's Choice staff will never use Corporal Punishment or negative discipline that may hurt or humiliate a child.

Research has shown that positive guidance teaches children skills which help them get along in their physical and social environment. This aim is to develop personal standards in self-discipline, not to enforce a set of inflexible rules. Giving children understandable guidelines and redirecting their behavior helps them to develop internal control of their actions and encourages acceptable behavior. Positive cooperation is required from the family when dealing with disruptive behavior. We feel that consistency from all parties involved is the best way to handle these issues. Parent's Choice reserves the right to terminate care for the child for discipline problems at any time.

Parent's Choice employees are trained in Conscious Discipline. Conscious Discipline techniques and beliefs are used at all times in the classroom. These techniques and beliefs include:

- Our role is to teach behavior, not stop behavior.
- Adults seeing themselves as role models in the classroom. Adults are to behave in the same manner expected of the children.
- Using active calming techniques for both children and adults
- Understanding that all behavior is a form of communication. When children act out, it is an opportunity to teach, not punish.
- Meeting the needs of the children so that they can meet the needs of their peers.
- Allowing children to express their emotions while supporting and comforting children in distress.
- Understanding that all children can only see the world through their version of reality, and helping children see the world as a positive place to live.
- Being optimistic and positive about all children enrolled in our program.
- Greeting each child every morning in a positive and impactful way.

20.1 Suspension and Expulsion of Children

Minimum Standards 746.501(8)

Parent's Choice is proud of our history of working with the individual needs of our children and will work with the parents whose children may need additional support. When applicable, we will make referrals to outside support services including but limited to, early intervention, speech, occupations, and physical therapy and other types of services, and participate in IEP (Individual Education Plan) meetings where appropriate that best meet the needs of students.

Parent's Choice will make reasonable accommodations to their policies, practices and procedures as appropriate in accordance with applicable federal and state laws. Parent's Choice is not required by law to fundamentally alter or change the services provided for a child displaying dangerous/inappropriate behavior, developmental delays and/or disabilities as defined by the Americans with Disabilities Act.



Parent's Choice will allow outside resources/therapists into the program to work with any child as needed, provided those services are communicated in advance, the provider of the services has the appropriate clearances to be in the building, the behavioral/therapeutic plan is shared with the administration and the resource/therapist works cooperatively with Parent's Choice staff to meet the needs of the child. Presence of the resource/therapist must mitigate any and all safety risks the child presents to themselves and to others and must be collaborative and complimentary to the program. Should the resource/therapist be disruptive to the program or not have authority or ability to mitigate, through appropriate therapeutic methods, the child's dangerous behaviors, the child may be excluded from the program.

Any child who is a safety threat to themselves or to others will be subject to suspension/exclusion and/or disenrollment from the program if the dangerous behavior cannot be eliminated through reasonable accommodations provided for under applicable federal and state laws and regulations. Temporary suspension from the school may be necessary for the safety of the child and others while any appropriate evaluations are completed and/or while securing the appropriate support services from the appropriate agency.

Parent's Choice will at all times provide written documentation to the parents of any child that is subject to referral for outside support services for any behavior, developmental delay or disability. Further, through formal and informal conferences with the teachers and administrators, written incident and accident reports and letters, Parent's Choice will communicate with parents/guardians of children exhibiting behaviors that are dangerous to themselves or to others, the steps taken to accommodate the child and notifications that the child will not be able to return to the program until support services are in place.



Items from Home Policy No. 21

Due to the risk of damage, sharing issues, and loss, children are not permitted to bring in toys and/or electronic items from home, unless specifically requested by the classroom teacher for use as part of the curriculum. This includes cell phones and video games. Parents are responsible for enforcing this policy with their child. Parents are encouraged to consult the School Director should they find their child is having difficulty with this policy.

If the parents fail repeatedly to enforce this policy with their children, the staff will call the parents and require that they come to the school and remove the item.

All items brought in for use as part of the curriculum, will be inspected by Parent's Choice staff for safety and appropriateness and may be prohibited at the sole discretion of Parent's Choice.



Dress Code Policy No. 22

22.1 CHILDREN

Clothing:

Children are engaged in various activities during the course of the day; some of these activities can be messy, and/or athletic in nature. Additionally, children are engaged in outdoor play daily, weather permitting. Due to these activities, children are required to be dressed in seasonably appropriate, comfortable, clothing.

Coats must be provided in the winter months.

Children are not permitted to wear sandals or flip flops. Shoes must have a back. The most appropriate type of shoes for participation in school activities are rubber-soled, sneakers/tennis shoes.

All clothing items must be clearly labeled with the child's first and last name. This includes, coats, hats, gloves, and scarves. Parent's Choice is not responsible for lost or damaged items of clothing.

Jewelry/Accessories:

Children are discouraged from wearing jewelry of any kind. It is a safety hazard for your child as well as the other children enrolled in the program. In addition, Parent's Choice will not be responsible for lost or stolen valuables.

Hair beads, barrettes, bobby pins, etc. are not to be worn by children under three years of age. These accessories are considered to be safety hazards. When choosing accessories for your children be mindful of the potential safety issues they present not only for your child, but also for the older and younger children attending Parent's Choice.

Parent's Choice is not responsible for damage to and/or loss of articles of clothing.

22.2 PARENTS

Clothing:

Parents are required to be dressed in appropriate clothing while at Parent's Choice or involved in any Parent's Choice sponsored events. Inappropriate clothing would include, revealing, extremely short, ripped/torn (in inappropriate places), and/or see through articles of clothing. Anything with suggestive or vulgar language is prohibited.



Field Trips
Policy No. 23

Minimum Standards 746.501(16)

Parent's Choice frequently supplements the in-class curriculum with off premise field trips. Notification of a field trip will be sent home in advance of the trip, with all pertinent trip information. All children attending a field trip must have authorization to do so from the parent in their enrollment file.

If you choose for your child to not participate in a field trip, they will not be allowed to attend school on that day. No reduction in tuition or fees will be granted in these situations.

Due to safety risks and child tracking procedures, children may not be dropped off or picked up on a field trip. Parents must schedule appointments around the field trip schedules.



Parent Participation/Volunteers Policy No. 24

Minimum Standards 746.501(20)

Parents are invited and encouraged to be involved in their child's school activities. There are many different ways in which parents can participate and volunteer at the child care center. Parents may volunteer to read in the classroom, assist teachers, and/or coordinate special events. Teachers will either send out a Sign-up Genius or have posted in their classrooms any volunteer opportunities available. Parents not interested in volunteering directly in the classroom may donate items, do maintenance work, or assist in the front office. These volunteer opportunities are communicated via email. If a parent attends a party or an event in the afternoon, please be prepared to take your child with you if they become upset so as to not create a disturbance in the classroom.

Any parent who volunteers in the classroom on a regular basis will be required to pay for and secure all criminal background checks, as required by our licensing regulations. Any person, including parents, with felony convictions, sex offender convictions and/or open investigations into any criminal activities will not be permitted to volunteer in the classroom, or on field trips.

Parents with court orders detailing custodial arrangements will only be permitted to volunteer on days in which they are afforded custody (joint/shared custody arrangement) as per the court order. For example, if a parent is afforded custody on Tuesdays and Wednesdays, that parent will only be able to volunteer on those days. Parents with visitation only (sole/exclusive custody arrangements), will only be permitted to volunteer with the express written permission of the custodial parent.

Parent's Choice reserves the right to make Volunteer assignments.

We welcome parents at any time, in any area of our school.



Health and Safety Policy No. 25

25.1 Pre-Enrollment Requirements

Minimum Standards 746.501(11,13)

Each child is required to complete a pre-enrollment packet of information. This packet is to be returned to the center's office 3 business days prior to the child's first day of attendance. Each child enrolled or admitted to Parent's Choice Early Child Care Center must meet and continue to meet applicable immunization requirements as specified by the Texas Department of State Health Services (DSHS). Immunization records must be current for all children enrolled in the Infant-Toddler, Preschool and Pre-K programs. A copy must be in the child's file. It is the parent's responsibility to ensure that your child's immunizations are current. Failure to keep children current on immunizations may lead to disenrollment.

From time-to-time Parent's Choice Early Child Development Center may have children enrolled that have not received immunizations due to personal belief. A notarized affidavit must be on file for these children.

Based on local health department guidelines, proof of TB testing is not required in order to be enrolled in our program.

All children are required to have a Physician's Statement form filled out by a licensed medical professional, in order to attend Parent's Choice. The Physician's Statement Form, indicating the child's fitness to attend Parent's Choice, must be completed by a licensed healthcare professional and returned to the School Director 3 business days before enrollment. If your child has any diagnosed behavioral/developmental disorder or physical handicaps, we need a note from the physician documenting what exactly the behavioral/developmental disorder or physical handicap is, a letter of recommendation from the physician stating that the preschool environment/large group setting is in the best interest of your child, and what steps we need to take in order to best accommodate your child.

25.2 Children with Severe Allergies and/or Asthma

If your child has any allergies or asthma, we must have the allergy/asthma action plan on file and the proper medication on site and in date before your child can start. If your child is already enrolled and you discover they have an allergy or asthma, we must have the allergy/asthma action plan and the proper medication on site and in date before they can return to care. This is for the safety of your child. Parents are responsible for ensuring that all prescription medication is properly labeled by a pharmacist and replaced prior to the expiration date. All allergy/asthma action plans are required to be updated at least once annually and it is the parent's responsibility to ensure we receive an updated action plan before the current plan expires.



All staff are educated on food allergies and take precautions to ensure children are protected. The allergy plan for Parent's Choice is: inform all staff of children with allergies via the master allergy list posted in each classroom, have an allergy action plan on file with the appropriate medication(s), and those medication(s) stored out of the reach of children. Food allergy resources are available upon request and in the parent resource area.

25.3 Communicable Diseases/Illnesses

Minimum Standards 746.501(3)

Parent's Choice follows all health/communicable disease policies as outlined in the American Academy of Pediatrics Model Health Policies and Procedures Manual. A copy of this manual is on file with the School Director and is available upon request for review. Additionally, copies can be purchased, for a nominal fee, from the National Association for the Education of the Young Child (NAEYC).

Parents are required to pick up an ill child within 1 hour of notification by phone. If a parent is reached but cannot pick their child up within 1 hour, it becomes the parent's responsibility to arrange for alternate pick up with someone listed on the child's emergency contact form. The staff will not continue to call those listed on the emergency contact list once a parent is reached. If a parent cannot be reached, the staff will begin to call the people listed on the emergency contact form, until arrangements can be made for the child to be picked up. In the event of severe illness or injury, or if a parent fails to pick up their child within a reasonable amount of time, Parent's Choice may call for an ambulance at the parent's expense.

Children will be excluded from participation in the program if they exhibit symptoms of any communicable disease. They will not be permitted to return to the program until they are no longer contagious. Guidelines for determining the contagious period for a specific illness are based on the recommendations by the American Academy of Pediatrics. Children must present a doctor's note stating they are no longer contagious and can return to the program. Parent's Choice reserves the right to refuse to allow a child to return if the center director or designee believes the child to be too ill to participate in the program.

Children excluded from the program due to a fever may not return to the program until they are fever free, without fever reducing medication, for 24 hours. If your child is sent home due to a fever, he/she is not permitted to return to the program the following day at a minimum. A fever is defined as a temperature reading on a thermometer of at least 100 degrees Fahrenheit or more as taken under the arm.

Diarrhea is defined by stool that are more frequent or less formed than usual for that child and not associated with changes in diet. Exclusion is required for all diapered children whose stool is not contained in the diaper and toilet-trained children if the diarrhea is causing "accidents". In addition, diapered children with diarrhea should be excluded if the stool frequency exceeds two



stools above normal for that child during the time in the program day or whose stool contains blood or mucus. Readmission after diarrhea can occur when diapered children have the stool contained by the diaper and when toilet-trained children are not having “accidents” and when stool frequency is no more than two stools above normal for that child during the program day.

Parents will be notified if their child has presence of head lice. Parents of the affected child must treat the child for head lice before they can return to care.

If your child will be absent due to illness, we request that you notify the school director. This enables our faculty to keep track of any illnesses, which may occur at our school. This information will only be shared with faculty on a “need to know” basis. If your child has a communicable disease, we ask that you share the diagnosis with the school director, so that the parents of the children in the school may be notified that a communicable disease is present. Once again, only the communicable disease information will be shared. Parent’s Choice will take all measures necessary to protect your child’s confidentiality. You are not required to disclose this information by law, and your continued enrollment will not be based whatsoever on your decision to share, (or not) the reason for your child’s absence from school.

25.4 Biting

Parent’s Choice recognizes that biting is a developmentally appropriate behavior for children in the infant through 3 year old classrooms. Parents with children in these classrooms should expect that their children may be bit or will bite another child. The staff understands that parents are concerned and can be upset when their child is involved in a biting incident. We ask that you remember this is a developmentally appropriate behavior, and that the staff is working to identify situations which provoke, or elicit this behavior so it can be prevented in the future. The staff will not punish, or harshly discipline children in the younger classrooms for biting behavior; they will simply redirect the children to different activities in separate areas of the classroom. Parents are expected to work with staff to identify methods and strategies to curb this behavior. Uncooperative parents will have their child’s services terminated.

Children older than 3 years of age, may occasionally be involved in a biting incident. For children in this age group who bite, the staff will use the discipline procedures outlined in the discipline section of this handbook, as well as observe the child to determine what provokes or elicits this inappropriate behavior. Parents are expected to cooperate with staff to help their child control this behavior. Uncooperative parents will have their child’s service terminated. Furthermore, children, in the older age groups, who bite 3 times in a school year will have their services terminated since, the safety of all the children in the program is of the utmost concern of Parent’s Choice.

Parents will be notified by incident/accident report that a biting incident occurred during the course of the day. The staff may not discuss with either parent the identity of the other child involved in the incident. This information is considered to be confidential and cannot be



disclosed. The staff of Parent's Choice cannot discuss the medical history of any child involved in a biting incident with the other party. It is recommended that any child involved in a biting incident be seen by their family physician if the parents are concerned about communicable diseases possibly resulting from the biting incident.

25.5 Dispensing Medication

Minimum Standards 746.501(4)

Parent's Choice will only dispense over-the-counter and/or prescription medication that is in original, labeled containers, and is accompanied by a doctor's note with explicit dosage and administration instructions. Parent's Choice administers medication at 10:00am and 2:00pm. Parent's Choice will only give medication to the child for whom the doctor's note is written and for whom the medication container is labeled. One doctor's note per course of treatment is required. If a child, for example, is to be given a course of antibiotics for 10 days, the doctor's note must identify the dates that the medication is to be given. **Parent's Choice will only dispense prescription medication that is prescribed three or more times in a day. Medication prescribed once or twice a day must be given by the parent at home.**

Parents are required to complete a Medication Form each time that medication is to be dispensed. Medication Forms can be found at the front office. Medication Forms, doctor's notes and medication are to be turned into the School Director.

Parent's Choice will dispense over-the-counter, fever reducing/pain medication (ex. Children's Tylenol, Children's Motrin) on an as needed basis, with a doctor's note detailing the recommended reasons for administration and appropriate dosage. Parents are required to supply an unopened bottle of the fever reducing/pain medication clearly labeled with their child's name. (One note and bottle of fever reducing/pain medication is required per child.) Prior to administering fever reducing/pain medication, staff will contact a parent or person listed on emergency contact form, if a parent cannot be reached, to inform them of our need to administer the medication. Staff will also inform the parent or emergency contact person if it is necessary for the child to be picked up due to illness. Refer to the policy listed above regarding picking up ill children.

Parents are responsible for ensuring that all prescription medication is properly labeled by a pharmacist and replaced prior to the expiration date.

In the event of a medical emergency to prevent the death or serious bodily injury of the child, Parent's Choice may administer medication without prior parent authorization. The medication would be administered as prescribed, directed, or intended.



25.6 Fire/Emergency Drills

Minimum Standards 746.501(5)(23)

Parent's Choice conducts monthly fire and emergency/evacuation drills. Parents, staff and children will not be made aware of drill dates or times, as this is the most effective way to assess the effectiveness of fire and emergency/evacuation plans.

During a fire/emergency drill or real fire/emergency situation, parents may not sign children into or out of the program. Parents must wait until the drill is complete and children have returned to the building to sign their child into the program. Parents may feel free to wait with the child's class in the designated safe-zone outside of the building until the drill is complete. In the event of a real fire/emergency situation, the director or designee will inform each classroom teacher that the school will be closing. At this time any parents waiting to sign their child in will have to leave the premises with their child. All other parents or emergency contact persons will be notified by telephone of the situation. As with the sick child pick up policy, children must be picked up within 1 hour of the telephone call.

Parents wishing to sign their child out of the program during a fire/emergency drill or real fire/emergency situation are expected to have patience with the staff as they are trying to maintain order during an often hectic and dangerous situation. If the school is in the midst of a fire/emergency drill, parents will be required to wait until the drill is completed and the staff and children are returned to the building to sign their child out of the program. If the school is having a real fire/emergency situation, parents will be asked to wait until the director or designee has accounted for all staff and children and gives the staff permission to release children. Once again, it is important for parents and staff to work together, remain calm, and cooperate with the fire/emergency personnel and center administration during these important and critical situations.

Parents may review the complete Parent's Choice Emergency Preparedness Plan posted in every classroom and on the Parent Communication Board.

25.7 Alternate Safe Location

Minimum Standards 746.501(23)

Should the administration of Parent's Choice or any emergency services personnel determine the building which houses the child care agency to be too dangerous to be occupied, the staff and children will be taken to an alternate location detailed in the Parent's Choice Emergency Preparedness Plan. Once the children are assembled here, the staff will begin contacting parents or emergency contact persons for pick up. As stated before, children must be picked up within 1 hour of the telephone call.



25.8 Incident/Accident Reports

Should your child be involved in an incident/accident during the course of the school day, a staff member will complete an Incident/Accident Report. The Incident/Accident Report will be provided to the parent by the classroom teacher.

Parents or persons designated to act “in loco parentis” are required to sign any incident/accident reports from the day at pick-up. The classroom teacher will be able to briefly discuss the matter with you at pick-up. However, should you feel it necessary to have an in-depth discussion or meeting, it is most appropriate to schedule the meeting for a later date because the teacher is responsible for supervising the remaining children in the classroom. A telephone conference may be scheduled for later in the day or for the next day at nap/rest time if the parent(s) is unable to meet at the center during the course of the day.

Should a person other than the parent or one designated to act “in loco parentis” pick-up the child, a parent or person designated to act “in loco parentis” must sign the Incident/Accident Report and return a copy to the school director within 24 hours. Failure to sign and return an Incident/Accident in this time period will result in your child’s exclusion from the program until such time as the Report is returned signed.

25.9 FOODS

Minimum Standards 746.501(10)

All age groups:

Parent’s Choice is a participant of the USDA’s Special Nutrition Program. We do not charge an extra fee for meals or snacks. In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington DC 20250-9410 or call (800) 795-3272.

For the safety of your child, parents are required to provide notification, in the form of a FARE form, of any allergies (food or otherwise), with instructions for treatment should a child have an allergic reaction. Please refer to the Health and Safety Policies contained herein for further information.

Parent’s Choice never uses food as a punishment. Children will never be denied participation in breakfast, lunch, supper, or snack time for behavior reasons.



Infants (6 weeks through 12 months of age):

Parent's Choice provides iron-fortified formula, rice cereal, and baby foods for the children enrolled in our infant program. If a parent wishes to provide an alternate formula, they may do so at their expense. There is no reduction in fees or tuition for parents who provide their own formula.

Parents are required to complete a feeding schedule for their child on a monthly basis, or as the child's feeding requirements change. This instructs Parent's Choice on how to feed your baby according to your directions. Please note that the Texas Department of Health and Human Services mandates that no child under the age of 12 months is allowed to be served juice and Parent's choice must follow that restriction. Staff will complete a daily chart for each child detailing for the parent what the child ate, when, and how much.

Breastfeeding

Minimum Standards 746.501(24)

Breastfeeding mothers are welcome and encouraged to come to the center during the day to feed their child. Appropriate, private feeding locations will be made available. Please discuss your desire to come to the center to breastfeed your child with the classroom teacher. You can also feel free to provide breastmilk for your child. We ask that all breastmilk be brought already thawed, in bottles, and labeled with your child's first and last name and the date of expression. Breastfeeding resources are available upon request and in our parent resource area.

1 year and older classrooms:

Parent's Choice offers children a morning breakfast at approximately 8:30 a.m., lunch at approximately 11:15 a.m., an afternoon snack at approximately 2:30 pm, and supper at approximately 5:00pm. All children are required to follow our menu unless they have a documented food allergy by a health care professional. If your child has a food allergy, we must have on file: a FARE form documenting the allergy, an allergy action plan, and any medication listed as treatment.

Parent's Choice will strive to provide substitute options for those with a documented allergy. Parent's Choice does not allow home lunch without approval from the School Director. If a child does bring a home lunch with the approval of the School Director, the lunch will be turned into a manager who will make sure it is labeled with the child's first and last name, date, and stored in the refrigerator to ensure proper temperatures are maintained. Milk, fresh fruit and vegetables are available for children who bring lunches from home. Parents can view our posted menu to see what healthy lunches with adequate nutritional value would consist of. Parents can also feel free to take one of these menus from our parent resource area.



All meals are family style, with the children sitting at tables, to promote good manners, eating habits and socialization skills. Staff will encourage children to eat their main entrée first, followed by healthy snacks.

25.10 Nut-Free Center

Due to the extreme nature of allergic reactions to nuts and products containing nuts in some children, Parent's Choice prohibits nuts and/or foods containing nut products on Parent's Choice property, and/or at Parent's Choice sponsored events. These nut allergies can be so severe that exposure to nuts can result in an anaphylactic reaction. An allergic child can have a reaction from simply smelling nuts on someone's breath or touching nut oil residue left on a counter top, not only from consuming nuts or nut products. This includes, but not limited to, milk made with nuts such as almond milk.

Due to the possibility of cross-contamination, (this occurs when one food is prepared with items previously used to prepare foods with nuts, or nut products), Parent's Choice does not allow homemade snacks at the center. While Parent's Choice understands that parents enjoy providing homemade snacks for birthdays and holidays, we must be mindful of the safety of all children enrolled at Parent's Choice.

Since Parent's Choice is a nut free environment, parents can purchase the items to make homemade snacks and make arrangements with the classroom teacher to make the snacks as part of a classroom lesson. Only Parent's Choice utensils, bowls, and bakeware may be used to prepare these foods.

25.11 Firearms and Weapons

At no time is any person permitted to carry any type of Firearm, Ammunitions and/or Weapon on agency property for any reason. Violation of this policy will result in immediate dismissal from the program.

25.12 Infant Sleep Safety

Minimum Standards 746.501(9)

Parent's Choice follows the Infant Sleep Safety Guidelines as listed in the Child Care Minimum Standards and as outlined by the Consumer Product Safety Commission. All infants will be placed on their backs to sleep. To avoid suffocation, nothing is allowed in the crib but the infant, including blankets and stuffed animals. Sleep positioning devices are prohibited. All cribs at Parent's Choice meet the CPSC safety guidelines. Crib compliance documents are on file in the front office. Pacifiers are allowed, however straps that attached to the child's clothing and pacifiers with stuffed animals attached are prohibited. All parents will sign a safe sleep policy if their child will be in our infant program.



25.13 Hearing and Vision Screening
Minimum Standards 746.501(12)

Hearing and Vision Screening for possible vision and hearing problems is required by the Special Senses and Communication Disorders Act, Texas Health & Safety Code, Chapter 36, for children who are 4-years old. Parent's Choice will schedule annual screenings at our school. Parents may also bring in screening proof from their local pediatrician.

25.14 Water Activities
Minimum Standards 746.501(15)

Splash/Sprinkler Play is offered during the summer months. Parents are asked to bring in a swim suit, water shoes and a towel on their child's assigned splash day. From time to time, children will participate in water table play in their classrooms. Children will be required to wash their hands before and after water table play. Any water activity will be scheduled in advance and parents notified in advance. All children must have authorization to participate in the water activity on their enrollment form.

25.15 Animals
Minimum Standards 746.501(17)

From time to time, Parent's Choice may have classroom pets that meet the requirements by Texas Child Care Regulation. A notice to parents will be posted outside any classroom door when a pet is present.

25.16 Insect Repellant and Sun Screen
Minimum Standards 746.501(18)

Parent's Choice will apply sunscreen and/or bug repellent for the afternoon outside session as needed. Any parent that wants these products applied for the morning session should apply these products before dropping their child off for the day. All insect repellents and sunscreens must be provided by the parent, must be in the original container, must be in date, have the child's first and last name, and have the date brought into the center on the bottle. Parent's Choice will not apply any insect repellent to children under 3 years of age that contains oil of lemon eucalyptus per the CDC. Parent's Choice Early Child Development Center will not apply insect repellent or sunscreen more often than it states on the bottle. Parent's Choice must have written permission from a parent before applying sunscreen or insect repellent and this must be updated every 3 months. All insect repellents and sunscreens should be brought into the School Director for their approval and the School Director will ensure all policies are met and ensure the proper storage of the product.



25.17 Health Checks

Minimum Standards 746.501(26)

Parent's Choice staff will do a visual check of the children upon arrival each morning. If a staff member notices anything unusual, they are required to point this out to the parent at that time. If your child has an accident overnight, please notify staff members when dropping off so that we can assist in watching the child for side effects. A Parent's Choice staff member may complete a "Incident Report" to document these situations.

25.18 Vaccine-Preventable Diseases

Minimum Standards 746.501(27)

All Parent's Choice employees are encouraged to receive an annual flu shot and are required to be current on their Pertussis vaccine to help protect children from illnesses.

25.19 Gang-Free Zone

Minimum Standards 746.501(b)(2)

Under the Texas Penal Code, any area within 1000 feet of a licensed child care center is a gang-free zone, where criminal offenses related to organized criminal activity are subject to a harsher penalty.

25.20 Indoor and Outdoor Physical Activity

Minimum Standards 746.501(18)

Parent's Choice strongly believes and supports the need for physical activity each day. When children participate in physical activity every day, multiple health benefits accrue. Regular physical activity builds healthy bones and muscles, improves muscular strength and endurance, reduces the risk for developing chronic disease risk factors, improves self-esteem, and reduces stress and anxiety. Beyond these known health effects, physical activity may also have beneficial influences on academic performance. In addition, cognitive skills and motor skills appear to develop through a dynamic interaction. Research has shown that physical movement can affect the brain's physiology.

Infants will be given opportunities for physical activity, including supervised tummy time.

Toddler age children will participate in a minimum of 60 minutes of moderate to vigorous active play each day.

Preschool and Pre-Kindergarten children will participate in a minimum of 90 minutes of moderate to vigorous active play each day.

School age children who are in attendance for a full day will participate in a minimum of 90 minutes of moderate to vigorous active play each day. School age children who are only in



attendance after-school will participate a minimum of 30 minutes of moderate to vigorous active play each day.

Opportunities for active play may overlap with outdoor play when weather permits.

Parent's Choice will promote all children's active play every day. Children will have ample opportunity to do moderate to vigorous activities, such as running, climbing, dancing, skipping, and jumping, to the extent of their abilities.

All children will participate each day in:

- Two occasions of active play outdoors when weather permits.
- Two or more structured or teacher-led activities or games that promote movement over the course of the day.
- Continuous opportunities to develop and practice age-appropriate gross motor and movement skills.

Physical activity may take place in the classroom or on the playground when weather permits. When participating in physical activity, children's clothing should protect them from sun exposure and permit easy movement (not too loose and not too tight) that enables full participation in active play. Footwear should provide support for running and climbing. Hats may be worn to protect children from sun exposure.

Examples of appropriate clothing/footwear include:

- Gym shoes or sturdy shoe equivalent
- Clothing for the weather, such as a lightweight, breathable jacket without any hood and neck strings.

Examples of inappropriate clothing/footwear include:

- Footwear that can come off while running or that provide insufficient support for climbing.
- Clothing that can catch on playground equipment, such as those with drawstrings or loops.

When weather conditions prohibit outdoor play, physical activities will occur in the classroom during the scheduled outside time. Classroom teachers have activities planned in advance for "rainy days".

Outdoor play is a regular part of the daily routine. Children should be prepared to play outside some part of every day. Please do not request that your child stay indoors. Per the Texas Department of Health and Human Services, children too sick to go outside should not be at school. Children may not wear flip flops due to the danger these shoes may cause on the playground.



25.21 Medical Emergencies

In case of minor injury or accident, the staff will administer basic first aid. All injuries or illnesses not requiring notification will be documented and reported to parents when the child is picked up at the end of the day.

In case of medical injury or illness requiring immediate professional care (emergency), the staff will call 911, giving location and nature of emergency. As appropriate, the staff will administer CPR or first aid measures. Parents will be notified immediately. If parents are unavailable, those individuals designated as emergency phone contacts will be notified. **All children must have an emergency medical release form on file in case of such an emergency.**

If a child ingests or comes in contact with a poisonous substance the staff will contact the Poison Control Center 1.800.222.1222.



Staff Employment by Client Policy No. 26

The staff of Parent's Choice is prohibited from being employed by any client (current or former). Parents are prohibited from soliciting any staff member for the purpose of employment. Parents who employ Parent's Choice staff will have their services terminated and any tuition or registration fees will be forfeited. Staff who become employed by current or former clients of Parent's Choice will have their employment with Parent's Choice terminated.

Employment refers to any relationship outside of the school's services which involves an employee of Parent's Choice to interact with a current or former client of Parent's Choice. Such relationships include but are not limited to, baby-sitting, house-sitting, mother's helper, nanny services, and carpooling regardless of whether or not those services are voluntary or paid.

Employees of Parent's Choice are prohibited from participating in social networking relationships with clients of Parent's Choice. This includes, but not limited to, accepting or requesting friend request on media sites such as Facebook, Twitter, Snapchat or Instagram.



Cameras and Photographs Policy No. 27

Parent's Choice has closed circuit cameras in all classrooms, hallways, outside areas, the lobby, and the parking lot that capture video and audio, and our phone systems record audio as well. A monitor is located in our main hallway for parents to view. Cameras are for surveillance purposed only and recorded footage is not available for parents' view. Parents may not request to view previous footage from the School Director. The privacy of the children is very important to us. For this reason, the cameras are not available over the internet.

27.1 Photographs

Parent's Choice believes in the benefit of using real life pictures in our educational program. Photos taken of the children will be done with a school owned camera and will only be used in our program. If parents choose to take pictures of events held at our program, they may only photograph their child, unless written permission is given by the other parent. Please note: during certain parent events, such as Pre-K graduation, programs, and Carnivals, photographs may be taken. If you wish for your child to not be photographed, you may want to remove them from these events. No child may be enrolled without a photo release giving Parent's Choice permission to photograph their child(ren).



School Contact Information
Policy No. 28

Minimum Standards 746.501 (1)

Parent's Choice

23440 Aldine Westfield Rd.

Spring, TX 77373

(281) 353-7681

(281) 545-0430 Fax

Email: admin@parentschoiceofspring.com

Hours: 6:30am to 6:30pm Monday - Friday

