



	Your Name:		Date of Birth	Birth:								
	Phone (home): Parent/Guardian's Name:											
PERSONAL												
핕	Emergency Contact:		Relationship:		Phone:							
	Insurance Company:		ID #: (iroup #:							
	Main Diagnosis:											
	Other Diagnoses or Major Injuries:											
3	Your Allergies: Include medicine, food, environment, contact, or other. Also describe what happens.											
NEEDS	1			What happens:								
E NE	2			What happens:								
CARE	3	What happens:										
SPECIAL	Your main language, or way to communicate:											
	Describe any challenges you have with movement, hearing, eyesight, or thinking:											
YOUR												
	Special safety instructions, crisis	Special safety instructions, crisis plans, or hotline phone #:										
	Special conditions, treatment chal	Special conditions, treatment challenges, unusual findings, or equipment used (type and size):										
				• • • • • • • • • • • • • • • • • • • •								
@	Doctor: Address: Address:											
CTOR					Fax:							
0	Hospital used most often:				Phone:							
USUAL D												
					Phone:							
YOUR	·				i none.							
	Major Surgeries and Hospitalizations:				Data							
					Date:							
			·		Date:							
					Date:							
			•		Date:							
	Where:		Why:		Date:							
	N											
E 4	Name of Medicine	For what reason		Amount (Dose) and how often	Doctor who ordered							
ICIN												
YOUR MEDICINE												
OUR												
>												
		ı	I .		<u> </u>							

MEDICINES TRIED 5

Medicines tried in the past that didn't work and what happened:								

(Over)

HEALTH INFORMATION

Fill out this card and carry it with you. To get a new card, call the NYS Department of Health at: **1-518-474-2001,** or visit: www.nyhealth.gov/community/ special_needs

Your Health Information (continued)

Other Health Care Providers (for example, doctors, specialists, dentists, therapists, etc.)										
Name: Phone:										
Name:										
Name:										
Name:										
Name:										
Other Care Providers										
School Contact: Phone: Email:										
Therapist:										
Other: Phone: Email:										
Immunizations (Shots)	Date	Date	Date	Date	Dat					
Diphtheria, Pertussis, Tetanus (DPT/DTaP)										
Tetanus, Diphtheria, acellular pertussis (Tdap)										
Tetanus (Td)										
Polio										
Measles, Mumps, Rubella (MMR)										
Varicella (Chickenpox)										
-										
Hib (Haemophilus influenzae type b)										
Pneumococcal (PCV)										
Meningococcal										
Hepatitis B										
Hepatitis A										
Human Papillomavirus (HPV)										
Tuberculosis (Mantoux or PPD)										
Influenza (Flu)										
Other										
				I	I					
Tests Date	e Results	Date	Results	Date	Resul					
-	-									
Anything you'd like to add?										
	Which family members, guardians, or other people are allowed to discuss your medical information with your doctor? (If you're 18 years of age									
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which family members, guardians, or other people or older, you'll need to include them on the "HIPA/Name:	A" privacy form your									

Z-CARD®, PocketMedia®, @2008 Z Industries
US patent 5156898 Z-CARD® North America, NYC.
CARD 212-797-3450 www.zcardna.com Job no.J099

STATE OF NEW YORK
DEPARTMENT OF HEALTH