

# ATHLETE ABSENCE

## REQUEST FORM

Shining Stars Athletes must have official approval from Cequisha to miss any team practice.  
Please fill out and submit the form at least 2 weeks prior to the absence date.

Summer Absence Requests: (May-August) due at registration

Fall/Winter Absence Requests: (September-January) due by September 15th

All Other Requests: (February-April) due by January 1st

If your request is denied, the athlete must be at practice/scheduled event. Failure to do so will  
result in the removal of the athlete from the program.

Team Name: \_\_\_\_\_

Athlete Name: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Parent Email Address: \_\_\_\_\_

Parent Cell Phone #: \_\_\_\_\_

Date(s) Requesting: \_\_\_\_\_