# **NWF RURAL HEALTH NEWS**



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Northwest Florida Rural Health Network, Inc.

## MISSION

"The mission of the
Northwest Florida Rural
Health Network is to provide
a venue for collaboration of
efforts among all interested
parties to ensure that quality
health care is available and
efficiently delivered to all
persons in the communities
we serve."

#### Services

- Signing up for Food Assistance with DCF
- Transportation Services
- Veteran Service Location & Information
- Assistance with Medicare Part D and Supplemental Insurance through Agency on Aging
- Health Fairs

### Contact Us

# Northwest Florida Rural Health Network, Inc.

3927 Hwy 4 Ste 203 Jay, Florida 32565

Phone (850) 675-4787 Fax (850) 675-4181

Office Hours: Monday – Thursday 9 am – 2 pm

#### **TRANSPORTATION**



#### Do you need transportation services?

The Northwest Florida Rural Health Network has partnered with ITL Solutions to offer non emergency medical transportation services to residents of the Jay and Century areas.

Services are currently operational Monday's, Wednesday's, and Friday's from 6 am to 2 pm. Contact the Network Office for more information.

#### RECENT HEALTH EVENTS

The Northwest Florida Rural Health Network recently participated in the EREC health fair. This event offered valuable information and services to the community.

#### **NEWS INFORMATION**



February is American Heart Month!

Consider having a conversation with your health care provider about keeping your heart healthy.

The Northwest Florida Rural Health Network will be hosting some health events and education sessions soon. For more information, visit our website at northwestfloridaruralhealthnetwork.org

#### Influenza (FLU) Season

Don't forget to get your flu shot this season. Annual flu vaccination is recommended for everyone 6 months and older. cdc.gov For more information on FLU, visit cdc.gov or contact your health care provider.

The Network Office will be closed for the following upcoming holidays: December 25<sup>th</sup> and January 1st.