



AQUA CENTER

Dive checklist

Personal Equipment

- ☐ Certification Card
- ☐ Medical Questionnaire w/Dr.'s Clearance
- ☐ Log Book
- ☐ Mask & Snorkel
- ☐ Fins (and booties if needed)
- ☐ Regulator (if preferred - ScubaPro included)
- ☐ BCD (included at Sandals & Beaches)
- ☐ Wetsuit (\$20 rental at Sandals & Beaches)
- ☐ Mask Defog
- ☐ Dive Knife (**Check Island Regulations**)
- ☐ Dive Computer/compass
- ☐ Save a Dive Kit
- ☐ Dive Lights
- ☐ Dive Camera
- ☐ Extra Batteries
- ☐ SMB/ DSMB & Reel
- ☐ Whistle
- ☐

For Boat

- ☐ Dive Bag/ Dry Bag
- ☐ Seasickness/ Motion Sickness Medication
- ☐ Hat
- ☐

Room Needs

- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Medications/Pain Relievers
- ☐ Reef-Safe Sunscreen
- ☐ Bug Spray
- ☐ After-Sun Lotion
- ☐ Anti-Itch Cream
- ☐ Reef Safe - leave-in Conditioner
- ☐

*regular toiletries included: Red Lane Spa shampoo, conditioner, body wash, body lotion, bar soaps

Wardrobe

- ☐ Sneakers for Resort Tour/ workout
- ☐ flip-flops for beach
- ☐ Men: Dress outfit; pants, closed toed shoe, collared shirt
- ☐ Women: Resort Casual wear/ dress sandals
- ☐ Swimsuit
- ☐ Dive Socks
- ☐ Rash Guard/Dive Shirt for under BCD
- ☐ Beach Cover-up



Travel Miscellaneous

- ☐ Cell Phone
- ☐ Chargers
 - ☐ phone
 - ☐ camera
 - ☐ lights
 - ☐ dive computer
- ☐ Glasses
- ☐ Contact Lenses & Solution
- ☐ Sunglasses
- ☐ **PASSPORT**
- ☐ Space for Souvenirs!
- ☐ small bills/cash for transfers **(NO Tipping on Resort)**
- ☐ Computer
- ☐ Water Bottle/ Insulated cup for beverages
- ☐ Wall Socket Converter

Included on Resort



Dive Equipment: BCD, Regulators, weights, fins, mask, snorkel
All Meals
All Beverages
Airport Transfers
Plug Outlets - USA compatible
Hairdryers
On-Site Shopping Available (\$\$)
Nurse's Station on Resort
Complimentary Wifi

Notes:

Important Information:

Your Name: _____

Emergency Contact Name & Phone Number: _____

Allergies/Medical Needs: _____

DAN Insurance Policy: _____

Doctor's contact Information:

Divers Alert Network Emergency Hotline:
+1-919-684-9111
DAN medics are available 24 / 7 / 365.
Collect calls are accepted.