



# boudie prep guide

Leather N' Lace Boudoir



# MEET YOUR PHOTOGRAPHER

## *Meet Jazmyn, the girl behind LNL Boudoir*

I'm GOOFY!!! A total dork and absolutely love showing it off in the studio!! Not only does it help lift your spirits but it helps me embrace who I truly am and its WONDERFUL!!! I love thrift shopping, garage sale and any sales rack at a store. I enjoy a fun night out with friends but equally love snuggled in a blanket binge watching a good crime tv show!

If you'd like to know more about me, check out my blog.

This is YOUR time, Queen!



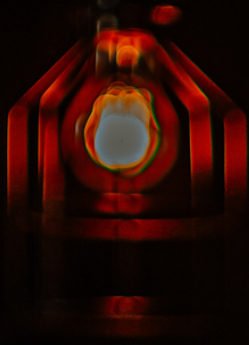
Love,

*Jazmyn Rose*

XOXO







# WHERE TO BUY OUTFITS

## *Recommendations to Shop for Lingerie*

We have a list of places to shop for your lingerie, both local and online. We highly recommend you try these areas as every suggestion is tried and true. We've bought outfits from them & we've seen clients come in with outfits from them!

Not all lingerie is created equal, neither is every company.

Victoria's Secret AdoreMe  
Fredericks of Hollywood  
Shein Honey Birdette  
Suit Your Fancy (local)  
Yandy Mentionables  
Torrid Amazon



# WHAT SHOULD I BRING

We recommend bringing THREE of your favorite outfits, a pair of heels, and any props/jewelry you'd like to incorporate!

You will have access to our Client Closet (XS-2X) as well as endless amounts of props!



1

*time to play*

*"Real beauty is to be true to oneself.  
That's what makes me feel good."*



# WHAT SHOULD I WEAR



The most IMPORTANT thing to remember, is bring whatever makes YOU feel good and confident!

A Full Bra & Panty Set  
Bustier's always look AMAZING (main image)  
Your partner's shirt  
An oversized sweater  
White Button Down  
Etc. The choices are endless!

*be yourself*







outfit



ideas





# CAN I BE NUDE?

You can wear (or not wear)

*whatever*

makes you feel most confident! Nipples  
& bare butt's are TOTALLY fine!

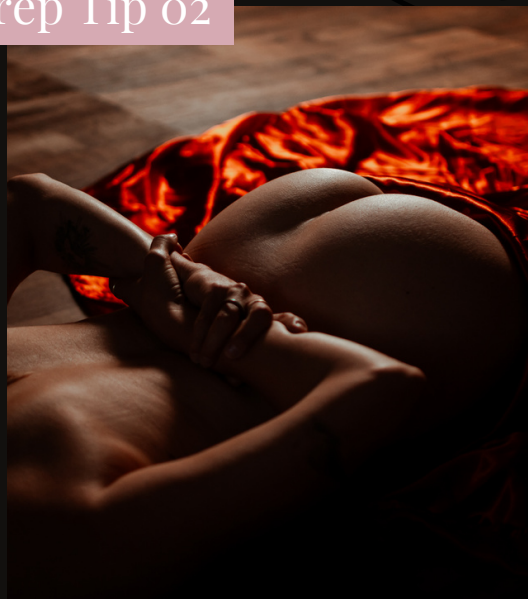


### Prep Tip 01



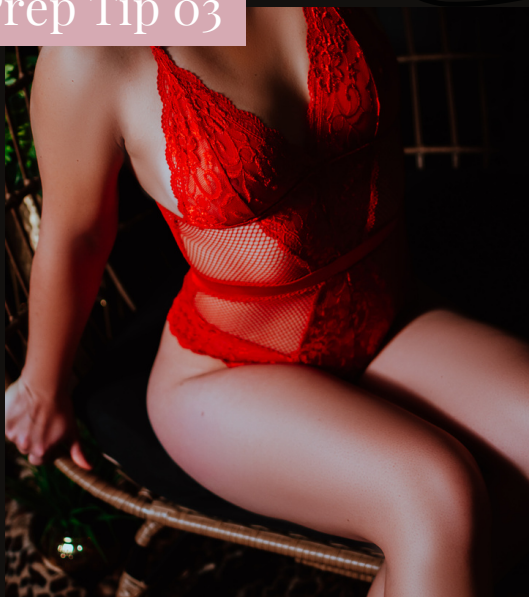
Moisturize your body before you come to your session. Skip oils & sparkly options. If you wear glasses normally, put in contacts or skip the glasses altogether to avoid glare, unless your glasses are part of your identity and you'd like them to be in your images! Then BRING 'EM!

### Prep Tip 02



Wear loose fitting clothes to avoid lines and marks on your body that will show up in pictures. This includes a bra. We recommend wearing a tank top to keep the girls comfortable! Sports bras typically leave marks, please skip that!

### Prep Tip 03



Shave your legs/underarms and anywhere else you'd like to the night before to avoid razor burn! If waxing, please do so at least 48 hours in advance to minimize pink tones! Do Not Get a Spray Tan. Not only can your skin tone look uneven but it gets on the furniture/bedding and there will not be specialty editing to make tan lines/colors match.

### Prep Tip 04



Stay hydrated! Drink lots of water in the weeks prior to your session to keep your skin radiant and glowing! Eat a small meal before your session - Do not skip breakfast! That's unhealthy and I promise you won't see a small meal on your tummy!





## Prep Tip 05

# STRETCHING

Stretch the day before your session! Nothing too crazy, you don't want to be too sore at your session! Boudoir posing is a lot of back arching specifically. Your back will likely be sore the next day because you aren't used to these poses or holding them for as long as you will!

A great stretch is the downward dog and practice arching your back.

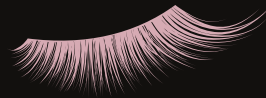
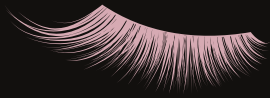




# hair & makeup prep

We ask that you shower the morning of your boudoir session, moisturize your face, and come with clean dry hair.

Please have your hair and makeup completed before you arrive for your session unless you have booked a session with it included.





sexy, sultry, natural



You can do a natural look, sexy smokey eye, or a full glam look.

We want you to feel

gorgeous  
and still look like yourself!



It is completely your choice whether you want to curl your hair, straightened, or keep it natural!

We want you to feel

beautiful  
and be true to yourself!



xoxo







contact

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