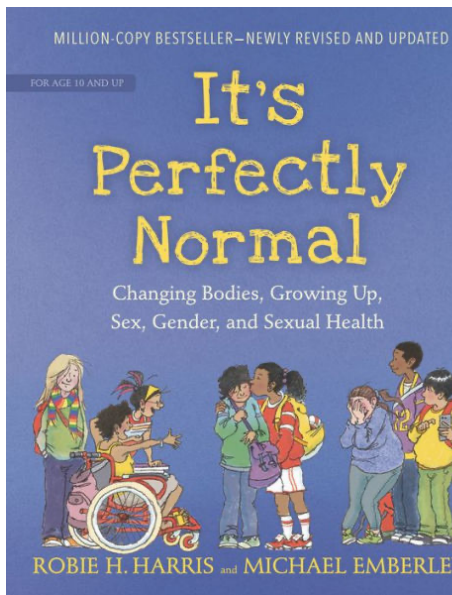




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Overview

Fully and fearlessly updated, this vital new edition of the acclaimed book on sex, sexuality, bodies, and puberty deserves a spot in every family's library.

With more than 1.5 million copies in print, *It's Perfectly Normal* has been a trusted resource on sexuality for more than twenty-five years. Rigorously vetted by experts, this is the most ambitiously updated edition yet, featuring to-the-minute information and language accompanied by new and refreshed art.

Updates include:

- * A shift to gender-neutral vocabulary throughout
- * An expansion on LGBTQIA topics, gender identity, sex, and sexuality—making this a sexual health book for *all* readers
- * Coverage of recent advances in methods of sexual safety and contraception with corresponding illustrations
- * A revised section on abortion, including developments in the shifting politics and legislation as well as an accurate, honest overview
- * A sensitive and detailed expansion on the topics of sexual abuse, the importance of consent, and destigmatizing HIV/AIDS
- * A modern understanding of social media and the internet that tackles rapidly changing technology to highlight its benefits and pitfalls and ways to stay safe