



9019 Park Plaza Dr Ste H
La Mesa CA 91942-3437
EIN: 82-4784163 CAGECode: 82PS3
Supplier TN Number AAA663272144
Service@AmericanMadeLogistics.com
Office: (619) 914-1667

RE: Fall Protection Plan (w/ Rescue Plan)
AML-American Made Logistics
Effective Date: August 1, 2024
Location: San Diego, California

1. Introduction

AML-American Made Logistics is committed to protecting employees from fall hazards in the workplace. This Fall Protection Plan (FPP) complies with California Code of Regulations, Title 8, Section 1670 and 3209, and outlines procedures to mitigate fall risks and ensure timely rescue in the event of a fall.

Objective: Prevent workplace injuries, illnesses, and fatalities by identifying and mitigating hazards.

2. Purpose and Scope

The purpose of this plan is to:

- Identify fall hazards.
- Implement fall protection systems and work procedures.
- Provide training to employees and supervisors.
- Establish a rescue plan for prompt response to fall incidents.

This plan applies to all employees working at heights of 4 feet or more for general industry and 6 feet or more for construction activities, as well as those exposed to fall hazards regardless of height when working near dangerous equipment.

Fall Protection Coordinator

- Name: Coree Barrett
 - Contact: Service@AmericanMadeLogistics.com or (619) 914-1667
- Responsibilities include:
- Conducting fall hazard assessments.
 - Ensuring proper use of fall protection systems.
 - Overseeing training and inspections.

3. Responsibilities

Management

- Ensure the FPP is implemented and followed.
- Allocate resources for training, equipment, and rescue procedures.

Supervisors

- Monitor employees for compliance with the FPP.
- Report and address fall hazards promptly.
- Ensure rescue procedures are followed.

Employees

- Use fall protection systems properly.
- Report unsafe conditions or equipment.
- Attend required training sessions.

4. Fall Protection Systems

AML will use the following fall protection systems as appropriate for specific tasks and environments:

1. Guardrails: Installed on elevated work surfaces to prevent falls.
2. Personal Fall Arrest Systems (PFAS):
 - Full-body harness.
 - Lanyards with shock absorbers.
 - Anchor points capable of supporting 5,000 pounds per person.
3. Safety Nets: Used when guardrails or PFAS are impractical.
4. Positioning Systems: For tasks requiring stable work positioning.
5. Warning Line Systems: For areas with controlled access.
6. Ladders and Scaffolding: Used following manufacturer guidelines and Cal/OSHA requirements.

5. Hazard Assessment

- Pre-Task Assessment:
 - Supervisors will identify fall hazards before beginning any task involving elevated work.
- Regular Inspections:
 - Conduct inspections of work areas, equipment, and fall protection systems.
- Common Hazards:
 - Unprotected edges.
 - Openings in floors.

- Slippery or unstable surfaces.
- Improper use of ladders or scaffolds.

6. Training

AML will provide comprehensive training to all employees exposed to fall hazards, including:

- Proper use and maintenance of fall protection systems.
- Identifying fall hazards.
- Understanding rescue procedures.
- Inspection and care of equipment.

Training will be documented and conducted:

- Before job assignments requiring fall protection.
- Annually or as needed after changes in tasks or equipment.
- After fall incidents or near-misses.

7. Fall Incident Response and Rescue Plan

In the event of a fall, AML's Rescue Plan will ensure timely and safe retrieval of the affected employee.

Emergency Rescue Procedures

1.Immediate Actions:

- Stop all work in the area.
- Assess the situation and call 911 if medical assistance is required.
- Alert the Rescue Team.

2.Rescue Methods:

- Use pre-installed Rescue Systems (e.g., pulleys or winches).
- Use ladders, lifts, or scaffolds to reach the fallen employee safely.
- Avoid relying solely on emergency services for rescue; a pre-planned, employer-managed system must be in place.

3. Rescue Team Members:

- Supervisors and trained personnel will coordinate and execute rescue operations.
- Team members will be trained in:
- Safe rescue techniques.
- First aid and CPR.

4. Post-Rescue Protocol:

- Provide immediate medical attention.
- Document the incident and corrective measures.
- Investigate the root cause and update the FPP if necessary.

8. Equipment Inspection and Maintenance

- Daily Inspections:
 - Employees must inspect their harnesses, lanyards, and anchor points before each use.
- Periodic Inspections:
 - The Fall Protection Coordinator will inspect all equipment quarterly.
- Damaged Equipment:
 - Immediately remove defective equipment from service.
 - Replace or repair according to manufacturer guidelines.

9. Recordkeeping

AML will maintain the following records:

- Training logs: Dates, topics, and participants.
- Equipment inspections: Dates and findings.
- Incident reports: Details of falls or near-misses.
- Rescue drills: Dates and outcomes.

Records will be kept for at least 3 years.

10. Plan Review and Updates

The Fall Protection Plan will be reviewed:

- Annually.
- After fall incidents or near-misses.
- In response to changes in work processes or equipment.

Updates will be communicated to all affected employees and incorporated into training sessions.

Acknowledgment I acknowledge that I have read and understood RE: Fall Protection Plan (w/ Rescue Plan). I agree to follow the safety guidelines and report hazards promptly.

Employee Name: _____

Signature: _____

Date: _____

Contact Information

For questions about the IIPP, contact the IIPP Administrator:

- Name: Coree Barrett or Shane Beyer
- Phone: (619) 914-1667
- Email: Service@AmericanMadeLogistics.com