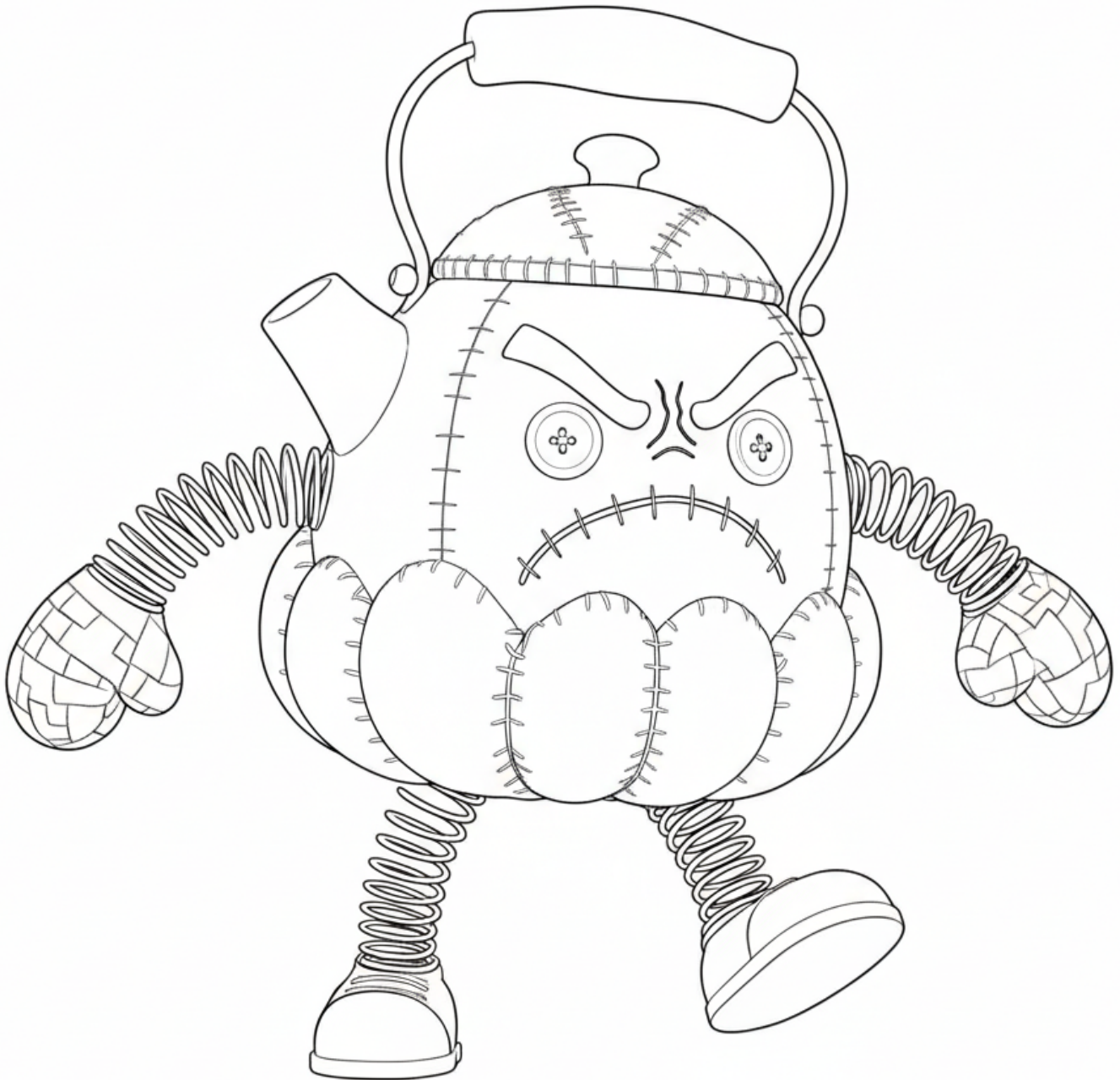


Hi, I'm Grumble, all huffy and red,
Like bubbles and steam in a kettle's head.
I stomp and I growl when things don't go right,
But cooling down helps me feel more light.



Hi, I'm Mello – soft and slow,
I breathe in calm and let it flow.
Quiet and steady, peaceful too,
I help calm feelings inside of you.



I'm Zing, Excitement with springs in my knees,
Like a happy tornado that twirls in the breeze!
I sparkle and bounce, I bubble with cheer,
I'm the thrill that says, "Let's jump over here!"



Hi, I'm Gigglefritz, all bubbly and bright,
I shimmer with laughter from morning to night!
I snicker and snort, I wiggle in tune,
I'm a bundle of giggles that fills up the room!

