



## **Soul Focused Healing Information and Disclosure**

Welcome. My practice is based on the belief that we all have the capacity to get well when we have access to healing resources, both internal and external. Soul Focused Healing is a significant decision. You may be seeking help through a situation that is affecting your body, mind, and/or Soul. You may be looking for change in yourself as you move through a place in your life you find challenging. You may be confused about what you need and are looking for answers. I see my job as that of a partner in helping you move through these issues in a safe place, while addressing any imbalances in your energy field.

Soul Focused Healing is not a form of medical treatment or counseling/psychotherapy, nor does it provide formal diagnoses or prescriptions – but it can at times feel uncomfortable as it brings up physical or emotional issues in unexpected ways. If there is something you do not understand, or have a question or comment about, I hope you will feel free to bring it up. Being able to talk about that is important, so ideally, our work together includes open communication.

Below is information you need to know as you make the decision to participate in Soul Focused Healing. Please read through the material and let me know if you have questions.

### **A Brief Explanation of the Energy Field**

The energy field surrounds and permeates all living beings. It is the scaffolding for our physical body. It's known as the "Electrical System" which vitalizes and controls the physical body. Within the energy field of each person are "major centers," often referred to as "chakras." Each of these centers energizes or vitalizes its related nerve center, endocrine gland, internal organ system, and/or circulatory system. It is within this energy field that the cause of disease can often be located. Soul Focused Healing practitioners work with areas that are weak or congested within the energy field, and by use of various balancing techniques, bring the individual's energy field to a more flowing, healthy, harmonious state. This aids in overall health and well-being and often provides healing from discomfort and/or the disease process.

### **Confidentiality**

Your confidentiality is very important to me, so I make every effort to protect your privacy and confidentiality. Your written permission is required for me to release any information about you. If there is child or elder abuse revealed, or suicidal or homicidal behavior disclosed, I have a duty to disclose this information with the goal of keeping everyone safe, including and especially you.

### **Cancellation Policy**

Please provide a 48-hour notice if you need to reschedule or cancel your appointment (barring illness). A full charge will be applied to appointments not canceled 48 hours in advance.



## Soul Focused Healing Informed Consent

1. I have read the Soul Focused Healing Information and Disclosure document.
2. I understand that this form of healing does not replace any current medical treatment including but not limited to medication, psychotherapy, diet, surgery, etc.
3. I understand that any information that I receive during Soul Focused Healing sessions are suggestions only - not formal diagnoses or prescriptions.
4. I understand that Soul Focused Healing is a Fee-for-Service practice, so payment is due at the time the session is received.

By signing this form, I acknowledge that I have read and agree to all the terms and conditions above.

Signature\_\_\_\_\_

Date\_\_\_\_\_