

KENDAL B. MCDEVITT

111 Brookside Drive • Boone, NC 28607
Cell: 828-773-8883 • Email: goembodiedwholeness@gmail.com

EDUCATION

| | | |
|---|-----------------|----------------------------|
| M.A. SOMATIC PSYCHOLOGY (dance/movement therapy concentration) <u>Naropa University</u> | Boulder, CO | August 1997- May 2002 |
| • Included instruction in body-based trauma therapy from Pat Ogden (Sensorimotor) & other leading trauma therapists | | |
| B.A. DANCE/MOVEMENT THERAPY <u>Naropa University</u> | Boulder, CO | Fall 1996 – Spring 1997 |
| MAJOR: ANTHROPOLOGY, MINOR: PSYCHOLOGY <u>University of North Carolina</u> | Chapel Hill, NC | Fall 1990 – Spring 1994 |

CERTIFICATIONS AND TRAININGS

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|--|-------------------|-----------------------------|
| POMPACORE PRACTITIONER CERTIFICATION <u>PompaCore PCertification Course</u> | Online | May 2024 – Nov 2024 |
| • Successfully, completed the certification training in Ancient Healing Strategies, the 5R's Roadmap to Healing, and Cellular Detox | | |
| SOUL FOCUSED HEALING TEACHER CERTIFICATION (LEVELS 1, 2 & 3) <u>Soul Focused Healing School with Deborah Mills</u> | | |
| • Soul Focused Healing Level 3 Teacher Training | Asheville, NC | Jan 2025 |
| • Soul Focused Healing Level 2 Teacher Training | Online | Oct 2022 |
| • Soul Focused Healing Level 1 Teacher Training | Online | Mar-Dec 2021 |
| NEUROPTIMAL® DYNAMICAL NEUROFEEDBACK® ADVANCED TRAINER <u>Zengar Institute</u> | Based in Canada | |
| • Completed an online ten-hour basic training | | June 2021 |
| • Completed on online six-hour advanced training | | Sept 2023 |
| SOUL FOCUSED HEALER PRACTITIONER CERTIFICATION <u>Soul Focused Healing School with Deborah Mills</u> | Asheville NC | 2015 - 2018 |
| • Completed two 18-month programs in the art of energy medicine | | |
| SUPPLEMENTAL ENERGY HEALING TRAININGS <u>Soul Focused Healing School with Deborah Mills</u> | | |
| • Soul Focused Healing Teacher Training | Online | Mar-Dec 2021 |
| • Soul Focused Healing Higher Centers | Online | Spring 2021 |
| • Soul Focused Healing Limbic System | Asheville, NC | Spring 2019 |
| <u>National Association for Esoteric Healing</u> | | |
| • Level 2 | Online | Spring 2021 |
| • The Autonomic Nervous System | Online | Fall 2020 |
| • Energy Healing and Trauma Training | Sarasota, FL | Fall 2018 |
| PROFESSIONAL COMMUNITY ORGANIZER TRAINING <u>Industrial Areas Foundation</u> | Chicago, IL | Spring 2005 |
| • Attended a 2-week training facilitated by the Industrial Areas Foundation, the professional community organizing group founded by renowned Civil Rights Activist Saul Alinsky, and the group that trained President Barack Obama | | |
| PUBLIC HEALTH TRAINING <u>Wake Forest Medical School</u> | Winston Salem, NC | Spring 2004- August 2007 |
| • Attended quarterly public health and community organizer trainings with Wake Forest's Medical School | | |

BIOFEEDBACK TRAININGAppalachian State University

Boone, NC

Spring 2005

- Completed a semester course in the theory and practice of biofeedback therapy
- Conducted biofeedback therapy on clients

AUTHENTIC MOVEMENT TRAININGPractice and Study Circle in the Discipline of Authentic Movement

Online

July 2024 – Dec 2024

- Invited to join Eleni Levidi's 6-month international online study circle

Circle of Four Program

Location varies

Fall 2016

- Accepted into Janet Adler's Circle of Four Authentic Movement Discipline training with Joan Webb, Paula Sager, and Eleni Levidi as my circle of instructors
- Participation paused due to health concerns

Three Stone Studio & Joan Webb Studio

Seekonk, MA

June 10 -12, 2016

- Completed a 3-day immersion experience in Authentic Movement, led by Joan Webb and Paula Sager

Naropa University

Boulder, CO

1996 – 1999

- Completed 3 semesters of group classes & two semesters of private classes

University of North Carolina at Chapel Hill

Chapel Hill, NC

Fall 1993 - Spring 1994

- Trained for two semesters through ModernExtension dance club

WORK EXPERIENCE**WELLNESS AND HEALING BUSINESS OWNER**Embodied Wholeness, LLC

Boone, NC

May 2021-present

- Provide Soul Focused Healing energy work sessions to assist clients in healing and integrating Body, Mind, Soul and Spirit
- Provide brain training sessions to clients using NeurOptimal® Dynamical Neurofeedback® to restore flexibility and resilience to the central nervous system
- Facilitate Authentic Movement groups to re-establish safety and connection in the body, develop the inner witness and restore intuition

SOUL FOCUSED HEALING PRACTITIONERSelf-Employed, Part-time

Boone, NC

May 2019 - May 2021

- Conducted Soul Focused Healing energy work sessions to assist clients in healing and integrating Body, Mind, Soul and Spirit

HEALING SABBATICAL

- Recuperated and reprioritized

August 2018 – April 2019

SENIOR ASSOCIATE DIRECTOR, UNDERGRADUATE RECRUITMENTAppalachian State University (Admissions Office)

Boone, N.C.

August 2014 – August 2018

- Supervised a team of ten Admission Counselors to implement recruitment plans that align with the strategic direction of the university and the UNC system, including but not limited to increased enrollment of high-ability, diverse, first generation and rural students
- Supervised a team of twelve permanent and temporary Customer Service staff to respond to prospective students and families in a manner that reflects the culture of Appalachian State University
- Developed and implemented reporting and assessment structures to ensure timely achievement of undergraduate enrollment goals
- Created annual performance plans and conducted annual performance evaluations

WELLNESS PROMOTION COORDINATORAppalachian State University

Boone, N.C.

July 2012 -
August 2014

- Trained and advised the Wellness Peer Educators - educational outreach peers
- Trained and advised the Student Health Advisory Club whose members served as liaisons between the student body and Student Health Services
- Directed, coordinated, and implemented student wellness programs related to nutrition, stress management, sexual health, alcohol and other drugs, sleep hygiene, physical fitness, cold/flu prevention, pharmacy promotion, vaccination promotion, and other Student Health Service and Wellness Center topics
- Trained Counseling Center interns in public health approaches to prevention
- Developed and implemented a High-Risk Drinking bystander training grounded in public health theory and application

OFF-CAMPUS COMMUNITY RELATIONS COORDINATORAppalachian State University

Boone, N.C.

August 2007 -
June 2012

- Developed, implemented, and maintained the annual assessment plan and the five-year strategic plan for the office
- Developed and maintained relationships with local restaurant owners, local rental companies, and police to implement public-health initiatives to address off-campus student behavioral issues, especially associated with substance abuse
- Developed and implemented initiatives to increase sustainable lifestyle choices for off-campus students (Ex: Town of Boone Recycling Center at Horn in the West)
- Developed and presented off-campus living programs for students
- Provided off-campus housing assistance and resources to students
- Collaborated with the Student Government Association and local rental companies to plan and implement the annual Student Housing Fair
- Maintained the off-campus living website
- Served as the University Conduct Advocate in Student Conduct Board Hearings

EXPRESSIVE ARTS MENTORAppalachian State University

Boone, N.C.

Spring 2008

- Served as a movement therapist mentor for graduate students in the Expressive Arts Therapy Masters Program

FRESHMAN SEMINAR INSTRUCTOR

Boone, N.C.

Fall 2005,
2006, 2007

- Taught a 3-hour first-semester course designed to assist freshman in a successful transition from high school to college

COMMUNITY ORGANIZER/PREVENTION COORDINATORAppalachian State University

Boone, NC

Jan. 2004 -
August 2007

- Facilitated assessment, strategic planning, and implementation of high-risk drinking public health prevention strategies for a campus/community coalition in order to reduce alcohol-related consequences among Appalachian State University students

AUTHENTIC MOVEMENT GUEST TEACHERAppalachian State University

Boone, NC

Spring 2004 -
Spring 2018

- Taught an Authentic Movement class each spring semester for the Somatics class in the Dance Department

SUBSTANCE ABUSE COUNSELORFirst Things First, Inc.

Boone, NC

Sept. 2002-
March 2004

- Counseled adolescents, adults, and families for substance abuse/addiction
- Facilitated psycho-educational drug/alcohol education groups for adolescents and adults
- Worked with probation, Department of Social Services, and the local mental health center
- Credentialed as an NCC, DTR and was in process with LPC

EXECUTIVE ASSISTANTThe PassageWays Institute

Boulder, CO

March 2002-
August 2002

- Coordinated and managed executive director's schedule and the Institute's daily activities
- Edited and submitted grant proposals

DANCE INSTRUCTORThe Ananda Academy

Boulder, CO

Feb. 2002 –

- Taught ballet and creative movement to children ages 3 – 6
- Choreographed and directed children's annual recital
- Offered Academy Director position after 4 months

June 2002

SELF EMPLOYED HOUSE CLEANER

Boulder, CO

Sept. 2001 –

- Created and maintained a house cleaning business

June 2002

SUMMER PROGRAM COORDINATORBoulder County Mental Health Center

Longmont, CO

Spring 2000,

- Coordinated 7-week summer program for emotionally and behaviorally challenged children

2001, 2002

- Created resource book for future summer program coordinators

FLIGHT ATTENDANTFrontier Airlines

Denver, CO

March 2001-

- Served as a flight attendant while completing my masters thesis and during the 911 attacks

Sept. 2001

PERSONAL ASSISTANTDavid Leserman, employer

Boulder, CO

Feb. 2000 –

- Provided daily living support to a client with post-polio syndrome
- Performed house-cleaning duties weekly

March 2001

DANCE/MOVEMENT THERAPIST INTERNAddiction Recovery Center

Boulder, CO

Sept. 1999 -

- Conducted intakes, discharges, educational and therapeutic groups

August 2000

The Mental Health Corporation of Denver

Denver, CO

Nov. 1998 –

- Planned and facilitated weekly dance therapy groups for children

May 1999

Anam Chara Home of Boulder

Boulder, CO

Spring 1998

- Assisted terminally ill seniors with daily living activities
- Led individual and small group activities

TEACHING ASSISTANTThe Naropa Institute

Boulder, CO

Fall 1998 –

- Assisted in teaching an undergraduate Body-Mind Centering class, an embodied to movement, body, and consciousness

Spring 1999

CONTRACT ARCHAEOLOGISTAppalachian State University Contract Company

Boone, NC

Spring 1995-

- Served on a team of contract archaeologists for local, regional and state projects

Summer 1996

ARCHAEOLOGY RESEARCH LAB ASSISTANTUNC-Chapel Hill Research Labs of Archaeology

Chapel Hill NC

Fall 1990 –

- Served as a research lab assistant cataloguing artifacts and developing photographs
- Served as a field assistant during summer archaeology field schools

Spring 1994

VOICEOVER ACTRESSProcomm Studio Services

Arden, NC

Fall 1982 –

- Hired routinely as voiceover talent to record radio commercials

Spring 1990

COMMITTEE MEMBERSHIP**TRANSFER WELL COMMITTEE (Member)**

Spring 2014

Appalachian State University Student Recreation

Boone, NC

- Assisted in developing wellness/integration programs and assessment for transfer students
- Provided wellness programs for the Student Recreation Transfer Well Program
- Presented committee findings at the university's Transfer Student Symposium poster session

PREVENTION COMMITTEE (Member)

Spring 2014

Appalachian State University Dean of Students Office Boone, NC

- Developed recommendations for the creation of a Prevention office to address interpersonal violence, alcohol and other drug abuse, and suicide prevention among Appalachian State students

SUICIDE PREVENTION ADVISORY BOARD (Member)

Spring 2014

Appalachian State University Counseling Center Boone, NC

- designed and implemented initiatives to reduce and prevent suicidal ideation, attempts, and completions among Appalachian State students

ALCOHOL AND OTHER DRUG PREVENTION COMMITTEE (Chair)Fall 2013 -
Fall 2014Appalachian State University Dean of Students Office Boone, NC

- Identified best practice and evidence-based approaches to reduce and prevent alcohol and other drug related consequences among Appalachian State University students

ACTIVE LIVING RESIDENTIAL LEARNING COMMUNITY LEADERSHIP TEAMFall 2013
Fall 2014Appalachian State University

Boone, NC

- Provided leadership support for current & incoming students with focus on wellness initiatives

WEBSITE COMMITTEE (Member)

Boone, NC

Fall 2012 -
Fall 2014Appalachian State University Student Health Service Center

- Reviewed and recommended additions and changes to the Student Health and Wellness Center websites

STRATEGIC PLANNING COMMITTEE (Chair)Fall 2012 –
Fall 2014Appalachian State University Student Health Service Center Boone, NC

- Developed, implemented, and evaluated annual assessment plans & 5 year strategic plans

STUDENT HEALTH EXECUTIVE COMMITTEE (Member)Fall 2012 –
Fall 2014Appalachian State University Student Health Service Center Boone, NC

- Reported monthly Wellness Center activities & accomplishments to Health Services

**INTERPERSONAL VIOLENCE PREVENTION TASKFORCE,
COMMUNICATIONS SUBCOMMITTEE (Member)**Spring 2013 -
Spring 2014Appalachian State University Women's Center

Boone, NC

- Served as a member of the subcommittee that developed recommendations for effective messaging strategies to reduce & prevent interpersonal violence

STUDENT ACHIEVEMENT TEAM (Subcommittee Chair and Member)Spring 2008 -
July 2013Appalachian State University

Boone, NC

- Member, Policies and Procedures Subcommittee (Fall 2012 – Spring 2013)
- Member, Communications Subcommittee (Fall 2012 – Spring 2013)
- Chair, High-Risk Drinking Subcommittee (Fall 2010 – Spring 2012)
- Co-Chair, Wellness Subcommittee (Fall 2009 – Spring 2010)
- Member, Retention Subcommittee (Spring 2008 – Spring 2009)

FINISH IN FOUR COMMITTEE (Retention Subcommittee Chair)

Summer 2012

Appalachian State University

Boone, NC

- Developed recommendations composed of best practice strategies to increase retention among Appalachian State students
- Prepared and submitted the Retention Subcommittee report

SEARCH COMMITTEES (Chair and Member)Summer 2008 -
Summer 2017Appalachian State University

Boone, NC

- Chair, Associate Director for Admissions, Regional Mecklenburg (Summer 2017)
- Chair, Assistant Director of Admissions for Hispanic & International Recruitment (Fall 2015)
- Committee Member, Associate Director of Admissions Diversity Recruitment (Spring-Fall 2015)
- Committee Member, Post-Doctoral Counseling Position Search (Spring 2014)
- Chair, Alcohol and Other Drug Services Coordinator Search (Spring 2013)

- Chair, Multicultural Student Development Director Search (Spring 2012)
- Chair, Office of Student Conduct Coordinator Search (Spring 2010)
- Committee Member, Transfer Articulation Director Search (Spring 2010)
- Committee Member, Counseling Center Case Manager Search (Fall 2009)
- Chair, Office of Student Conduct Coordinator Search (Summer 2008)

NCAA GOVERNANCE AND COMMITMENT TO RULES SUBCOMMITTEE (Member) Fall 2009 –
Appalachian State University Boone, NC Fall 2010

- Evaluated the Athletics Department's adherence to NCAA rules and regulations

TOWN GOWN COMMITTEE (Chair) Fall 2008 –
Appalachian State University Boone, NC Spring 2011

- Chaired the committee charged with addressing issues that impact the relationship between the Town of Boone and Appalachian State University
- Facilitated the development of GIS maps that identified "hot spot" alcohol, noise and drug citation areas within the Town of Boone

COORDINATED RECYCLING COMMITTEE (Chair) Fall 2008 –
Appalachian State University Boone, NC Spring 2011

- Developed and chaired the committee that created an active partnership between Appalachian State, the Town of Boone and Watauga County recycling entities
- Successfully advocated for a recycling center within Town of Boone limits
- Successfully advocated for a new town ordinance requiring newly constructed apartments to provide on-site recycling facilities

TRANSFER STUDENT SERVICES COMMITTEE (Chair and Member) Dec. 2007 –
Appalachian State University Boone, NC August 2010

- Created and chaired the committee to address gaps in services to transfer students
- Created and coordinated the first transfer student socials on campus
- Developed/facilitated transfer student focus groups to identify transfer student needs
- Created and maintained the transfer student website
- Successfully advocated for creation of the first transfer student residential learning community
- Coordinated and advised the first Tau Sigma Honor Society & Transfer Student Club

UNC SAFETY TASK FORCE (Report Contributor Only) Fall 2007

- Led efforts to compile the alcohol/other drug report "Evidence-Based Strategies for Preventing and Reducing College Student Substance Use" for the University of North Carolina's Safety Task Force report. This led to development of Recommendation I-11 that "Every campus shall develop a comprehensive program to reduce harm associated with alcohol and drug abuse among students. These programs shall be grounded in research and reflect attempts to change the culture of alcohol and substance abuse on campus and in the community."

COMMUNITY INVOLVEMENT AND LEADERSHIP

COALITIONS AND TASK FORCES

Watauga County Substance Abuse Prevention Collaborative (WSAP) Boone, NC Spring 2011 –
 Fall 2014

- Served as a consultant and ad hoc participant in coalition planning and activities

N.C. Preventing Underage Drinking Task Force Chapel Hill, NC Fall 2006–
 Spring 2008

- Educated local and state lawmakers about policy change regarding alcohol issues

High Country Workforce Development Board
Youth Council Community Forum on Youth Boone, NC January 2008

- Participated in community dialogue related to policy change

Sexual Assault Response Team Boone, NC Fall 2004 –
 Fall 2006

- Led committee strategic planning sessions to identify and improve gaps in institutional responses to sexual assault reports

NON-PROFIT BOARDS

| | | |
|---|---------------------------|-----------------------------|
| <u>Western Youth Network</u> | Boone, NC | Spring 2008 – Fall 2011 |
| <ul style="list-style-type: none"> • Worked to improve services for at-risk youth in the High Country • Served as Chair for one year | | |
| <u>High Country Help Center</u> | High Country Counties, NC | Fall 2006- August 2009 |
| <ul style="list-style-type: none"> • Served as Vice-Chair of the Board of the organization to develop a suicide prevention and intervention crisis helpline for 5 counties | | |
| <u>Alcohol/Drug Council</u> | Boone, NC | Spring 2005- August 2008 |
| <ul style="list-style-type: none"> • Chaired this non-profit group to prevent/reduce substance abuse and addiction | | |
| <u>Strategic Communities for Youth</u> | Boone, NC | Fall 2007 – Fall 2008 |
| <ul style="list-style-type: none"> • Served on the leadership team to reorganize prevention services for local youth | | |
| <u>Healthy Carolinians of Watauga County</u> | Boone, NC | Fall 2004 – Fall 2007 |
| <ul style="list-style-type: none"> • Developed strategies to reduce public health problems in Watauga County | | |

RESEARCH AND PUBLICATIONS

Dancing with Dance/Movement Therapy: A Dance/Movement Therapy Approach to Shame Reduction in Ballet Classes with Adolescent Girls, MA Thesis, unpublished, Naropa University, May 2002.

Results of Replicative Hide-Working Experiments: Determination of Rhyolite End Scraper Function, Lithic Technology, Vol. 19:2 Fall 1994, 93-97.

PROFESSIONAL PRESENTATIONS

| | | |
|--|-------------------|--------------|
| The Role of the Clinical Addictions Specialist in a Public Health Approach to Substance Abuse Prevention | | |
| <u>Al Greene Addictions Institute</u> | Boone, NC | June, 2014 |
| Study to Prevent Alcohol-Related Consequences: Using a Community-Organizing Approach to Implement Environmental Strategies in and around the College Campus | | |
| <u>American College Health Association Annual Meeting</u> | San Antonio, TX | May, 2014 |
| Polluted Belief Environments as Barriers to Effective Public Health Prevention on College Campuses | | |
| <u>National Institute of Alcohol Abuse and Alcoholism</u> (Division of the National Institute of Health) | Bethesda, MD | Dec., 2013 |
| Study to Prevent Alcohol-Related Consequences: Using a Community-Organizing Approach to Implement Environmental Strategies in and around the College Campus | | |
| <u>Community Anti-Drug Coalition Association (CADCA)</u> | Austin, TX | July 2013 |
| Developing a Behavioral Lens for Prevention | | |
| <u>American School Health Association (ASHA)</u> | Myrtle Beach, SC | October 2013 |
| From Bystander to Facilitator University: Improving Community Relationships and Safety by Addressing Off-Campus Student Conduct | | |
| <u>International Town Gown Association Conference</u> | Boulder, CO | June 2011 |
| More Than Just Hot Air: Prevention Strategies to Change Behavior and Reduce Asthma Symptoms | | |
| <u>N.C. Asthma Summit</u> | Winston Salem, NC | April 2008 |
| Best Practice Approaches to Alcohol and Other Drug Prevention | | |
| <u>College of Charleston</u> | Charleston, SC | Spring 2007 |
| Best Practice Approaches to Tobacco Prevention | | |
| <u>Youth Tobacco Prevention</u> <u>Staff Development Conference</u> | Boone, NC | Winter 2007 |

The Body as Holographic EarthInternational Expressive Arts Therapy Conference

Boone, NC

May, 2007

Waking Up from the Inside-Out: Variations of Authentic MovementInternational Expressive Arts Therapy Conference

Boone, NC

May, 2007

Contemplative Practices to Enhance Self-Reflection and Present Moment AwarenessAssociation for Experiential Education

Tucson, AZ

Fall, 2005

International Conference**Resourcing the Body: Identifying and Working with Trauma in Experiential Education**Association for Experiential Education

- Southeast Regional Conference

Boone, NC

Spring, 2003

- Rocky Mountain Regional Conference

Prescott, AZ

Spring, 2002

- International Conference

Tucson, AZ

Fall, 2000

Results of Replicative Hide-Working Experiments: Determination of Rhyolite End-Scraper FunctionSoutheastern Archaeological Conference

Raleigh, NC

Spring, 1993