



NON-LINEAR DYNAMICAL OR A LINEAR PROCESS

NEUROPTIMAL® WAS CREATED FROM A FUNDAMENTALLY DIFFERENT VIEWPOINT THAN WERE OTHER SYSTEMS. UNDERSTANDING THESE DIFFERENCES WILL HELP YOU KNOW WHETHER NEUROPTIMAL® IS THE CHOICE FOR YOU.



NEUROPTIMAL® DYNAMICAL SYSTEM

OR

LINEAR SYSTEMS

	NEUROPTIMAL® DYNAMICAL SYSTEM	LINEAR SYSTEMS
Focus	Focus is on improving brain resilience and flexibility because this naturally leads to a reduction in problems/issues	Focus is on treatment
Diagnosis	No diagnosis is necessary because training helps your brain find its own best solution	Requires diagnoses
Skill	Expertise is built into the system. No skills are necessary	Requires practitioner skill
Side Effects	No known unwanted side effects	Potential side effects
Effort & Control	Requires no effort or special discipline. Client simply relaxes	Requires effort on behalf of client to consciously train the mind
Process	100% non-invasive. Lets the brain "decide" which corrections work best	Invasive; pushes the brain in a specific direction to achieve correction