

EMBODIMENT TRAINING

KENDAL MCDEVITT

DANCE TRAINING & PERFORMANCE

<u>Naropa University</u>	Boulder, CO	1996 – 2002
<ul style="list-style-type: none">• Modern, contact improvisation, African, improvisation, performance		
<u>The Mariposa Collective</u>	Boulder, CO	1997 – 2001
<ul style="list-style-type: none">• Performance group of professional dancers and apprentices from the local community• Modern and awareness/movement practices		
<u>University of North Carolina at Chapel Hill Dance Program</u>	Chapel Hill, NC	1990-1994
<ul style="list-style-type: none">• Modern, improvisation, jazz, African, composition, choreography, performance		
<u>Afro 1 and Afro 2</u>	Chapel Hill, NC	Spring 1991 – Fall 1992
<ul style="list-style-type: none">• African dance• Performed for UNC-Chapel Hill functions		
<u>ModernExtension</u>	Chapel Hill, NC	1990 – 1994
<ul style="list-style-type: none">• Modern, improvisation, contact improvisation, body/mind centering, choreography, performance• Studied under Marian Turner and Jack Arnold (from Pilobolus)• Participated in faculty and student pieces from spring concerts and university events		
<u>North Carolina Dance Alliance</u>	Raleigh, NC	Fall 1994
<ul style="list-style-type: none">• Modern		
<u>American Dance Festival</u>	Durham, NC	Summer 1993
<ul style="list-style-type: none">• Modern, improvisation, alignment		
<u>American College Dance Festival</u>	Greensboro, NC	Fall 1991
<ul style="list-style-type: none">• Modern, jazz, Japanese folk dance• Chosen to perform in the gala showing and to end the gala (Marian Turner's "Time Piece")		
<u>Asheville High School Dance Program</u>	Asheville, NC	1987-1990
<ul style="list-style-type: none">• Improvisation, ballet, modern, jazz, tap, choreography, performance, teaching experience		
<u>Asheville High School Dance Troupe</u>	Asheville, NC	1988 – 1990
<ul style="list-style-type: none">• Jazz, modern, ballet• Choreographed and performed in spring concerts and at home football games		
<u>Asheville Academy of Ballet and Contemporary Dance</u>	Asheville, NC	1987-1990
<ul style="list-style-type: none">• Ballet, modern, performance		
<u>North Carolina Governor's School</u>	Laurinburg, NC	Summer 1988
<ul style="list-style-type: none">• Modern, improvisation, choreography (group and solo)		
<u>North Carolina School of the Arts</u>	Winston Salem, NC	Summer 1986
<ul style="list-style-type: none">• Ballet, modern, jazz, character		
<u>Asheville Ballet Academy</u>	Asheville, NC	1982-1986
<ul style="list-style-type: none">• Improvisation, ballet, modern, performance• Member of the school's company		
<u>New Studio of Dance</u>	Asheville, NC	1977-1982
<ul style="list-style-type: none">• Improvisation, ballet, performance		

AUTHENTIC MOVEMENT

<u>Facilitator/Teacher</u>	Boone, NC	2021 - present
<ul style="list-style-type: none">• Teach online Authentic Movement groups through Embodied Wholeness, LLC		
<u>Guest Teacher</u>	Boone, NC	Spring 2004 – Spring 2018
<ul style="list-style-type: none">• Taught an Authentic Movement class each spring semester for the Somatics class in the Appalachian State University Dance Department		
<u>Peer Group</u>	Boone, NC	2005-present
<ul style="list-style-type: none">• Formed an Authentic Movement peer group that I participate in weekly until 2011• Though I am currently not involved in the group, it has continued weekly		
<u>Circle of Four Program</u>	Location varies	Fall 2016
<ul style="list-style-type: none">• Accepted into Janet Adler's Circle of Four Authentic Movement Discipline training with Joan Webb, Paula Sager, and Eleni Levidi as my circle of instructors• Participation paused due to health concerns		
<u>Three Stone Studio & Joan Webb Studio</u>	Seekonk, MA	June 10 -12, 2016
<ul style="list-style-type: none">• Completed a 3-day immersion experience in Authentic Movement, led by Joan Webb and Paula Sager		
<u>Private Instruction</u>	Boulder, CO	1998-1999
<ul style="list-style-type: none">• 2 semesters of private instruction with Eleni Levidi (first semester as a duo and second semester as a group)		
<u>Naropa University</u>	Boulder, CO	1996-1998
<ul style="list-style-type: none">• 3 semesters of group classes taught by Patricia Mowry-Rutter and Cassie Bull		
<u>University of North Carolina at Chapel Hill</u>	Chapel Hill, NC	1993-1994
<ul style="list-style-type: none">• 2 semesters of Authentic Movement taught by Melinda Ripps		

BODY MIND PSYCHOTHERAPY

<u>Naropa University</u>	Boulder, CO	Fall 1997 – Spring 1998
<ul style="list-style-type: none">• Completed two semesters of Body Mind Psychotherapy with Susan Aposhyn		

BODY MIND CENTERING®

<u>Naropa University</u>	Boulder, CO	Fall 1996 – Spring 1998
<ul style="list-style-type: none">• Completed two semesters of Body Mind Centering® with Margot Iseman• Served as a Teacher's Assistant for Body Mind Centering® for two semesters with Margot Iseman		

TAI CHI

<u>Private Lessons</u>	Boone, NC	Summer 2021 - present
<ul style="list-style-type: none">• Taking private lessons with Celeste Ray		
<u>Neighborhood Yoga</u>	Boone, NC	Spring 2006
<ul style="list-style-type: none">• Took a semester Tai Chi class		
<u>Naropa University</u>	Boulder, CO	Spring 1999
<ul style="list-style-type: none">• Completed one semester of Tai Chi with Bataan Faigao		

MEDITATION

<u>Personal meditation practice</u>	Boone, NC	1996 - present
<u>Meditation as Medicine</u>	Boone, NC	Spring 2020
<ul style="list-style-type: none">• Participated in a 4-week meditation workshop through Neighborhood Yoga with Torre Hinant		

<u>Shambhala Center</u>	Asheville, NC	2003 - 2007
<ul style="list-style-type: none"> • Completed multiple weekend programs in the Warrior series 		
<u>Naropa University</u>	Boulder, CO	1996 – 2002
<ul style="list-style-type: none"> • Completed many types of classes including but not limited to Vipassana, Mahayana, and Tonglen 		

ENERGY HEALING

<u>School of Soul Focused Healing</u>	Asheville NC	2015 - 2018
<ul style="list-style-type: none"> • Completed two 18-month programs in Soul Focused Healing, the art of energy medicine 		
<u>School of Soul Focused Healing</u>		
<ul style="list-style-type: none"> • Soul Focused Healing Teacher Training • Soul Focused Healing Higher Centers • Soul Focused Healing Limbic System 	<ul style="list-style-type: none"> Online Online Asheville, NC 	<ul style="list-style-type: none"> Mar-Dec 2021 Spring 2021 Spring 2019
<u>National Association for Esoteric Healing</u>		
<ul style="list-style-type: none"> • Level 2 • The Autonomic Nervous System 	<ul style="list-style-type: none"> Online Online 	<ul style="list-style-type: none"> Spring 2021 Fall 2020

YOGA

<u>Various yoga studios</u>		Fall 1987 - present
<ul style="list-style-type: none"> • Taken yoga classes since high school from a variety of studios in NC, CO, & online 		

CLASSICAL VOICE TRAINING

<u>Private lessons</u>	Asheville, NC	Fall 1988
<ul style="list-style-type: none"> • Took 2 semesters of basic training with various instructors, & 2 semesters of classical opera training with Natalie Costa 		
		Spring 1990

SPORTS

<u>Track</u>	Asheville, NC	Fall 1986,
<ul style="list-style-type: none"> • Ran the mile and mile relay on the Asheville High School Track team 		
		1987, 1988
<u>Cross Country</u>	Asheville, NC	Fall 1986,
<ul style="list-style-type: none"> • Ran on the cross country team in meets, made All Conference, and placed at state meets 		
		1987, 1988
<u>Tennis</u>	Asheville, NC	Fall 1987,
<ul style="list-style-type: none"> • Played and lettered on the Varsity team, 2nd singles, 1st doubles 		
		1988
<u>Soccer</u>	Asheville, NC	Spring 1988
<ul style="list-style-type: none"> • One of the founding members of the female soccer team at Asheville High School 		

THEATER

<u>West Side Story</u>	Asheville High Theater Department	Spring 1990
<ul style="list-style-type: none"> • Cast as Maria 		
<u>The Wizard of Oz</u>	Tanglewood Theater	Fall 1986
<ul style="list-style-type: none"> • Cast as the Wicked Witch of the West 		
<u>Peter Pan</u>	Tanglewood Theater	Fall 1984
<ul style="list-style-type: none"> • Cast as Peter Pan 		
<u>The Plain Princess</u>	Tanglewood Theater	Spring 1983
<ul style="list-style-type: none"> • Cast the the Plain Princess 		
<u>The Twelve Dancing Princesses</u>	Tanglewood Theater	Spring 1982
<ul style="list-style-type: none"> • Cast as one of the dancing princesses 		
<u>Hansel and Gretel</u>	Tanglewood Theater	Fall 1981
<ul style="list-style-type: none"> • Cast as a supporting singer and dancer in various roles 		
<u>Cinderella</u>	Tanglewood Theater	Fall 1980
<ul style="list-style-type: none"> • Cast as a supporting singer and dancer in various roles 		