

KENDAL B. MCDEVITT

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EDUCATION

M.A. SOMATIC PSYCHOLOGY (dance/movement therapy concentration) <u>Naropa University</u>	Boulder, CO	August 1997- May 2002
<ul style="list-style-type: none">• Included instruction in body-based trauma therapy from Pat Ogden (Sensorimotor) & other leading trauma therapists		
B.A. DANCE/MOVEMENT THERAPY <u>Naropa University</u>	Boulder, CO	Fall 1996 – Spring 1997
MAJOR: ANTHROPOLOGY, MINOR: PSYCHOLOGY <u>University of North Carolina</u>	Chapel Hill, NC	Fall 1990 – Spring 1994

CERTIFICATIONS AND TRAININGS

SOUL FOCUSED HEALING TEACHER CERTIFICATION (LEVELS 1 & 2) <u>School of Wholeness and Enlightenment</u>	Asheville, NC	2021 - 2022
<ul style="list-style-type: none">• Completed training to become certified to teach Levels 1 and 2 of SFH		
NEUROPTIMAL® DYNAMICAL NEUROFEEDBACK® BASIC TRAINER <u>Zengar Institute</u>	Based in Canada	June 2021
<ul style="list-style-type: none">• Completed an online ten-hour basic training		
SOUL FOCUSED HEALER CERTIFICATION <u>School of Wholeness and Enlightenment</u>	Asheville NC	2015 - 2018
<ul style="list-style-type: none">• Completed two 18-month programs in the art of energy medicine		
SUPPLEMENTAL ENERGY HEALING TRAININGS <u>School of Wholeness and Enlightenment</u>		
<ul style="list-style-type: none">• Soul Focused Healing Teacher Training	Online	Mar-Dec 2021
<ul style="list-style-type: none">• Soul Focused Healing Higher Centers	Online	Spring 2021
<ul style="list-style-type: none">• Soul Focused Healing Limbic System	Asheville, NC	Spring 2019
<u>National Association for Esoteric Healing</u>		
<ul style="list-style-type: none">• Level 2	Online	Spring 2021
<ul style="list-style-type: none">• The Autonomic Nervous System	Online	Fall 2020
<ul style="list-style-type: none">• Energy Healing and Trauma Training	Sarasota, FL	Fall 2018
PROFESSIONAL COMMUNITY ORGANIZER TRAINING <u>Industrial Areas Foundation</u>		
Chicago, IL		Spring 2005
<ul style="list-style-type: none">• Attended a 2-week training facilitated by the Industrial Areas Foundation, the professional community organizing group founded by renowned Civil Rights Activist Saul Alinsky, and the group that trained Barack Obama		
PUBLIC HEALTH TRAINING <u>Wake Forest Medical School</u>		
Winston Salem, NC		Spring 2004- August 2007
<ul style="list-style-type: none">• Attended quarterly public health and community organizer trainings with Wake Forest's Medical School		
BIOFEEDBACK TRAINING <u>Appalachian State University</u>		
Boone, NC		Spring 2005
<ul style="list-style-type: none">• Completed a semester course in the theory and practice of biofeedback therapy• Conducted biofeedback therapy on clients		

AUTHENTIC MOVEMENT TRAINING

<u>Circle of Four Program</u>	Location varies	Fall 2016
<ul style="list-style-type: none"> • Accepted into Janet Adler's Circle of Four Authentic Movement Discipline training with Joan Webb, Paula Sager, and Eleni Levidi as my circle of instructors • Participation paused due to health concerns 		
<u>Three Stone Studio & Joan Webb Studio</u>	Seekonk, MA	June 10 -12, 2016
<ul style="list-style-type: none"> • Completed a 3-day immersion experience in Authentic Movement, led by Joan Webb and Paula Sager 		
<u>Naropa University</u>	Boulder, CO	1996 – 1999
<ul style="list-style-type: none"> • Completed 3 semesters of group classes & two semesters of private classes 		
<u>University of North Carolina at Chapel Hill</u>	Chapel Hill, NC	Fall 1993 - Spring 1994
<ul style="list-style-type: none"> • Trained for two semesters through ModernExtension dance club 		

WORK EXPERIENCE**SOUL FOCUSED HEALER**

<u>Embodied Wholeness, LLC</u>	Boone, NC	May 2021-present
<ul style="list-style-type: none"> • Provide Soul Focused Healing energy work sessions to assist clients in healing and integrating Body, Mind, Soul and Spirit • Provide brain training sessions to clients using NeurOptimal® Dynamical Neurofeedback® to restore flexibility and resilience to the central nervous system • Facilitate Authentic Movement groups to re-establish safety and connection in the body, develop the inner witness and restore intuition 		

SOUL FOCUSED HEALING PRACTITIONER

<u>Self-Employed, Part-time</u>	Boone, NC	May 2019 - May 2021
<ul style="list-style-type: none"> • Conducted Soul Focused Healing energy work sessions to assist clients in healing and integrating Body, Mind, Soul and Spirit 		

HEALING SABBATICAL

- Recuperated and reprioritized

August 2018 – April 2019

SENIOR ASSOCIATE DIRECTOR, UNDERGRADUATE RECRUITMENT

<u>Appalachian State University (Admissions Office)</u>	Boone, N.C.	August 2014 – August 2018
<ul style="list-style-type: none"> • Supervised a team of ten Admission Counselors to implement recruitment plans that align with the strategic direction of the university and the UNC system, including but not limited to increased enrollment of high-ability, diverse, first generation and rural students • Supervised a team of twelve permanent and temporary Customer Service staff to respond to prospective students and families in a manner that reflects the culture of Appalachian State University • Developed and implemented reporting and assessment structures to ensure timely achievement of undergraduate enrollment goals • Created annual performance plans and conducted annual performance evaluations 		

WELLNESS PROMOTION COORDINATOR

<u>Appalachian State University</u>	Boone, N.C.	July 2012 - August 2014
<ul style="list-style-type: none"> • Trained and advised the Wellness Peer Educators - educational outreach peers • Trained and advised the Student Health Advisory Club whose members served as liaisons between the student body and Student Health Services • Directed, coordinated, and implemented student wellness programs related to nutrition, stress management, sexual health, alcohol and other drugs, sleep hygiene, physical fitness, cold/flu prevention, pharmacy promotion, vaccination promotion, and other Student Health Service and Wellness Center topics • Trained Counseling Center interns in public health approaches to prevention • Developed and implemented a High-Risk Drinking bystander training grounded in public health theory and application 		

OFF-CAMPUS COMMUNITY RELATIONS COORDINATORAppalachian State University

Boone, N.C.

August 2007 -
June 2012

- Developed, implemented, and maintained the annual assessment plan and the five-year strategic plan for the office
- Developed and maintained relationships with local restaurant owners, local rental companies, and police to implement public-health initiatives to address off-campus student behavioral issues, especially associated with substance abuse
- Developed and implemented initiatives to increase sustainable lifestyle choices for off-campus students (Ex: Town of Boone Recycling Center at Horn in the West)
- Developed and presented off-campus living programs for students
- Provided off-campus housing assistance and resources to students
- Collaborated with the Student Government Association and local rental companies to plan and implement the annual Student Housing Fair
- Maintained the off-campus living website
- Served as the University Conduct Advocate in Student Conduct Board Hearings

EXPRESSIVE ARTS MENTORAppalachian State University

Boone, N.C.

Spring 2008

- Served as a movement therapist mentor for graduate students in the Expressive Arts Therapy Masters Program

FRESHMAN SEMINAR INSTRUCTOR

Boone, N.C.

Fall 2005,
2006, 2007

- Taught a 3-hour first-semester course designed to assist freshman in a successful transition from high school to college

COMMUNITY ORGANIZER/PREVENTION COORDINATORAppalachian State University

Boone, NC

Jan. 2004 -
August 2007

- Facilitated assessment, strategic planning, and implementation of high-risk drinking public health prevention strategies for a campus/community coalition in order to reduce alcohol-related consequences among Appalachian State University students

AUTHENTIC MOVEMENT GUEST TEACHERAppalachian State University

Boone, NC

Spring 2004 -
Spring 2018

- Taught an Authentic Movement class each spring semester for the Somatics class in the Dance Department

SUBSTANCE ABUSE COUNSELORFirst Things First, Inc.

Boone, NC

Sept. 2002-
March 2004

- Counseled adolescents, adults, and families for substance abuse/addiction
- Facilitated psycho-educational drug/alcohol education groups for adolescents and adults
- Worked with probation, Department of Social Services, and the local mental health center
- Credentialed as an NCC, DTR and was in process with LPC

EXECUTIVE ASSISTANTThe PassageWays Institute

Boulder, CO

March 2002-
August 2002

- Coordinated and managed executive director's schedule
- Edited and submitted grant proposals
- Assisted in managing the institute's daily business to prevent violence in schools

DANCE INSTRUCTORThe Ananda Academy

Boulder, CO

Feb. 2002 -
June 2002

- Taught ballet and creative movement to children ages 3 - 6
- Choreographed and directed children's annual recital
- Offered Academy Director position after 4 months

SELF EMPLOYED HOUSE CLEANER

Boulder, CO

Sept. 2001 -
June 2002

- Created and maintained a house cleaning business

SUMMER PROGRAM COORDINATOR

Boulder County Mental Health Center Longmont, CO Spring 2000, 2001, 2002

- Coordinated 7-week summer program for emotionally and behaviorally challenged children
- Created resource book for future summer program coordinators

FLIGHT ATTENDANT

Frontier Airlines Denver, CO March 2001-Sept. 2001

- Served as a flight attendant while completing my masters thesis and during the 911 attacks

PERSONAL ASSISTANT

David Leserman, employer Boulder, CO Feb. 2000 – March 2001

- Provided daily living support to a client with post-polio syndrome
- Performed house-cleaning duties weekly

DANCE/MOVEMENT THERAPIST INTERN

Addiction Recovery Center Boulder, CO Sept. 1999 - August 2000

- Conducted intakes, discharges, educational and therapeutic groups

The Mental Health Corporation of Denver Denver, CO Nov. 1998 – May 1999

- Planned and facilitated weekly dance therapy groups for children

Anam Chara Home of Boulder Boulder, CO Spring 1998

- Assisted terminally ill seniors with daily living activities
- Led individual and small group activities

TEACHING ASSISTANT

The Naropa Institute Boulder, CO Fall 1998 – Spring 1999

- Assisted in teaching an undergraduate Body-Mind Centering class, an embodied to movement, body, and consciousness

CONTRACT ARCHAEOLOGIST

Appalachian State University Contract Company Boone, NC Spring 1995-Summer 1996

- Served on a team of contract archaeologists for local, regional and state projects

ARCHAEOLOGY RESEARCH LAB ASSISTANT

UNC-Chapel Hill Research Labs of Archaeology Chapel Hill NC Fall 1990 – Spring 1994

- Served as a research lab assistant cataloguing artifacts and developing photographs
- Served as a field assistant during summer archaeology field schools

VOICEOVER ACTRESS

Procomm Studio Services Arden, NC Fall 1982 – Spring 1990

- Hired routinely as voiceover talent to record radio commercials

COMMITTEE MEMBERSHIP**TRANSFER WELL COMMITTEE (Member)**

Appalachian State University Student Recreation Boone, NC Spring 2014

- Assisted in developing wellness/integration programs and assessment for transfer students
- Provided two wellness programs for the Student Recreation Transfer Well Program
- Presented the committee's findings at the annual Appalachian State University Transfer Student Symposium's poster session

PREVENTION COMMITTEE (Member)

Appalachian State University Dean of Students Office Boone, NC Spring 2014

- Developed recommendations for the creation of a Prevention office to address interpersonal violence, alcohol and other drug abuse, and suicide prevention among Appalachian State students

- SUICIDE PREVENTION ADVISORY BOARD (Member)** Spring 2014
Appalachian State University Counseling Center Boone, NC
 - designed and implemented initiatives to reduce and prevent suicidal ideation, attempts, and completions among Appalachian State students
- ALCOHOL AND OTHER DRUG PREVENTION COMMITTEE (Chair)** Fall 2013 -
Appalachian State University Dean of Students Office Boone, NC Fall 2014
 - Identified best practice and evidence-based approaches to reduce and prevent alcohol and other drug related consequences among Appalachian State University students
- ACTIVE LIVING RESIDENTIAL LEARNING COMMUNITY LEADERSHIP TEAM** Fall 2013
Appalachian State University Boone, NC Fall 2014
 - Provided leadership support for current & incoming students with focus on wellness initiatives
- WEBSITE COMMITTEE (Member)** Boone, NC Fall 2012 -
Appalachian State University Student Health Service Center Fall 2014
 - Reviewed and recommended additions and changes to the Student Health and Wellness Center websites
- STRATEGIC PLANNING COMMITTEE (Chair)** Fall 2012 –
Appalachian State University Student Health Service Center Boone, NC Fall 2014
 - Developed, implemented, and evaluated annual assessment plans & 5 year strategic plans
- STUDENT HEALTH EXECUTIVE COMMITTEE (Member)**
Appalachian State University Student Health Service Center Boone, NC Fall 2012 –
 - Reported monthly Wellness Center activities & accomplishments to Health Services
- INTERPERSONAL VIOLENCE PREVENTION TASKFORCE,
COMMUNICATIONS SUBCOMMITTEE (Member)** Spring 2013 -
Appalachian State University Women’s Center Boone, NC Spring 2014
 - Served as a member of the subcommittee that developed recommendations for effective messaging strategies to reduce & prevent interpersonal violence
- STUDENT ACHIEVEMENT TEAM (Subcommittee Chair and Member)** Spring 2008 -
Appalachian State University Boone, NC July 2013
 - Member, Policies and Procedures Subcommittee (Fall 2012 – Spring 2013)
 - Member, Communications Subcommittee (Fall 2012 – Spring 2013)
 - Chair, High-Risk Drinking Subcommittee (Fall 2010 – Spring 2012)
 - Co-Chair, Wellness Subcommittee (Fall 2009 – Spring 2010)
 - Member, Retention Subcommittee (Spring 2008 – Spring 2009)
- FINISH IN FOUR COMMITTEE (Retention Subcommittee Chair)** Summer 2012
Appalachian State University Boone, NC
 - Developed recommendations composed of best practice strategies to increase retention among Appalachian State students
 - Prepared and submitted the Retention Subcommittee report
- SEARCH COMMITTEES (Chair and Member)** Summer 2008 -
Appalachian State University Boone, NC Summer 2017
 - Chair, Associate Director for Admissions, Regional Mecklenburg (Summer 2017)
 - Chair, Assistant Director of Admissions for Hispanic & International Recruitment (Fall 2015)
 - Committee Member, Associate Director of Admissions Diversity Recruitment (Spring-Fall 2015)
 - Committee Member, Post-Doctoral Counseling Position Search (Spring 2014)
 - Chair, Alcohol and Other Drug Services Coordinator Search (Spring 2013)
 - Chair, Multicultural Student Development Director Search (Spring 2012)
 - Chair, Office of Student Conduct Coordinator Search (Spring 2010)
 - Committee Member, Transfer Articulation Director Search (Spring 2010)
 - Committee Member, Counseling Center Case Manager Search (Fall 2009)
 - Chair, Office of Student Conduct Coordinator Search (Summer 2008)

- NCAA GOVERNANCE AND COMMITMENT TO RULES SUBCOMMITTEE (Member)** Fall 2009 –
Appalachian State University Boone, NC Fall 2010
- Evaluated the Athletics Department’s adherence to NCAA rules and regulations
- TOWN GOWN COMMITTEE (Chair)** Fall 2008 –
Appalachian State University Boone, NC Spring 2011
- Chaired the committee charged with addressing issues that impact the relationship between the Town of Boone and Appalachian State University
 - Facilitated the development of GIS maps that identified “hot spot” alcohol, noise and drug citation areas within the Town of Boone
- COORDINATED RECYCLING COMMITTEE (Chair)** Fall 2008 –
Appalachian State University Boone, NC Spring 2011
- Developed and chaired the committee that created an active partnership between Appalachian State, the Town of Boone and Watauga County recycling entities
 - Successfully advocated for a recycling center within Town of Boone limits
 - Successfully advocated for a new town ordinance requiring newly constructed apartments to provide on-site recycling facilities
- TRANSFER STUDENT SERVICES COMMITTEE (Chair and Member)** Dec. 2007 –
Appalachian State University Boone, NC August 2010
- Created and chaired the committee to address gaps in services to transfer students
 - Created and coordinated the first transfer student socials on campus
 - Developed/facilitated transfer student focus groups to identify transfer student needs
 - Created and maintained the transfer student website
 - Successfully advocated for creation of the first transfer student residential learning community
 - Coordinated and advised the first Tau Sigma Honor Society & Transfer Student Club
- UNC SAFETY TASK FORCE (Report Contributor Only)** Fall 2007
- Led efforts to compile the alcohol/other drug report “Evidence-Based Strategies for Preventing and Reducing College Student Substance Use” for the University of North Carolina’s Safety Task Force report. This led to development of Recommendation I-11 that “Every campus shall develop a comprehensive program to reduce harm associated with alcohol and drug abuse among students. These programs shall be grounded in research and reflect attempts to change the culture of alcohol and substance abuse on campus and in the community.”

COMMUNITY INVOLVEMENT AND LEADERSHIP

COALITIONS AND TASK FORCES

- Watauga County Substance Abuse Prevention Collaborative (WSAP) Boone, NC Spring 2011 –
 Fall 2014
- Served as a consultant and ad hoc participant in coalition planning and activities
- N.C. Preventing Underage Drinking Task Force Chapel Hill, NC Fall 2006-
 Spring 2008
- Educated local and state lawmakers about policy change regarding alcohol issues
- High Country Workforce Development Board Youth Council Community Forum on Youth Boone, NC January 2008
- Participated in community dialogue related to policy change
- Sexual Assault Response Team Boone, NC Fall 2004 -
 Fall 2006
- Led committee strategic planning sessions to identify and improve gaps in institutional responses to sexual assault reports

NON-PROFIT BOARDS

- Western Youth Network Boone, NC Spring 2008 –
 Fall 2011
- Worked to improve services for at-risk youth in the High Country
 - Served as Chair for one year

<u>High Country Help Center</u>	High Country Counties, NC	Fall 2006- August 2009
<ul style="list-style-type: none"> • Served as Vice-Chair of the Board of the organization to develop a suicide prevention and intervention crisis helpline for 5 counties 		
<u>Alcohol/Drug Council</u>	Boone, NC	Spring 2005- August 2008
<ul style="list-style-type: none"> • Chaired this non-profit group to prevent/reduce substance abuse and addiction 		
<u>Strategic Communities for Youth</u>	Boone, NC	Fall 2007 – Fall 2008
<ul style="list-style-type: none"> • Served on the leadership team to reorganize prevention services for local youth 		
<u>Healthy Carolinians of Watauga County</u>	Boone, NC	Fall 2004 – Fall 2007
<ul style="list-style-type: none"> • Developed strategies to reduce public health problems in Watauga County 		

RESEARCH AND PUBLICATIONS

Dancing with Dance/Movement Therapy: A Dance/Movement Therapy Approach to Shame Reduction in Ballet Classes with Adolescent Girls, MA Thesis, unpublished, Naropa University, May 2002.

Results of Replicative Hide-Working Experiments: Determination of Rhyolite End Scraper Function, Lithic Technology, Vol. 19:2 Fall 1994, 93-97.

PROFESSIONAL PRESENTATIONS

The Role of the Clinical Addictions Specialist in a Public Health Approach to Substance Abuse Prevention		
<u>Al Greene Addictions Institute</u>	Boone, NC	June, 2014
Study to Prevent Alcohol-Related Consequences: Using a Community-Organizing Approach to Implement Environmental Strategies in and around the College Campus		
<u>American College Health Association Annual Meeting</u>	San Antonio, TX	May, 2014
Polluted Belief Environments as Barriers to Effective Public Health Prevention on College Campuses		
<u>National Institute of Alcohol Abuse and Alcoholism</u> (Division of the National Institute of Health)	Bethesda, MD	Dec., 2013
Study to Prevent Alcohol-Related Consequences: Using a Community-Organizing Approach to Implement Environmental Strategies in and around the College Campus		
<u>Community Anti-Drug Coalition Association (CADCA)</u>	Austin, TX	July 2013
Developing a Behavioral Lens for Prevention		
<u>American School Health Association (ASHA)</u>	Myrtle Beach, SC	October 2013
From Bystander to Facilitator University: Improving Community Relationships and Safety by Addressing Off-Campus Student Conduct		
<u>International Town Gown Association Conference</u>	Boulder, CO	June 2011
More Than Just Hot Air: Prevention Strategies to Change Behavior and Reduce Asthma Symptoms		
<u>N.C. Asthma Summit</u>	Winston Salem, NC	April 2008
Best Practice Approaches to Alcohol and Other Drug Prevention		
<u>College of Charleston</u>	Charleston, SC	Spring 2007
Best Practice Approaches to Tobacco Prevention		
<u>Youth Tobacco Prevention</u> <u>Staff Development Conference</u>	Boone, NC	Winter 2007
The Body as Holographic Earth		
<u>International Expressive Arts Therapy Conference</u>	Boone, NC	May, 2007
Waking Up from the Inside-Out: Variations of Authentic Movement		
<u>International Expressive Arts Therapy Conference</u>	Boone, NC	May, 2007

Contemplative Practices to Enhance Self-Reflection and Present Moment AwarenessAssociation for Experiential Education
International Conference

Tucson, AZ

Fall, 2005

Resourcing the Body: Identifying and Working with Trauma in Experiential EducationAssociation for Experiential Education

- Southeast Regional Conference
- Rocky Mountain Regional Conference
- International Conference

Boone, NC

Prescott, AZ

Tucson, AZ

Spring, 2003

Spring, 2002

Fall, 2000

Results of Replicative Hide-Working Experiments: Determination of Rhyolite End-Scraper FunctionSoutheastern Archaeological Conference

Raleigh, NC

Spring, 1993