

# EMBODIMENT TRAINING

## KENDAL MCDEVITT

### DANCE TRAINING & PERFORMANCE

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<u>Naropa University</u>	Boulder, CO	1996 – 2002
<ul style="list-style-type: none"> <li>• Modern, contact improvisation, African, improvisation, performance</li> </ul>		
<u>The Mariposa Collective</u>	Boulder, CO	1997 – 2001
<ul style="list-style-type: none"> <li>• Performance group of professional dancers and apprentices from the local community</li> <li>• Modern and awareness/movement practices</li> </ul>		
<u>University of North Carolina at Chapel Hill Dance Program</u>	Chapel Hill, NC	1990-1994
<ul style="list-style-type: none"> <li>• Modern, improvisation, jazz, African, composition, choreography, performance</li> </ul>		
<u>Afro 1 and Afro 2</u>	Chapel Hill, NC	Spring 1991 – Fall 1992
<ul style="list-style-type: none"> <li>• African dance</li> <li>• Performed for UNC-Chapel Hill functions</li> </ul>		
<u>ModernExtension</u>	Chapel Hill, NC	1990 – 1994
<ul style="list-style-type: none"> <li>• Modern, improvisation, contact improvisation, body/mind centering, choreography, performance</li> <li>• Studied under Marian Turner and Jack Arnold (from Pilobolus)</li> <li>• Participated in faculty and student pieces from spring concerts and university events</li> </ul>		
<u>North Carolina Dance Alliance</u>	Raleigh, NC	Fall 1994
<ul style="list-style-type: none"> <li>• Modern</li> </ul>		
<u>American Dance Festival</u>	Durham, NC	Summer 1993
<ul style="list-style-type: none"> <li>• Modern, improvisation, alignment</li> </ul>		
<u>American College Dance Festival</u>	Greensboro, NC	Fall 1991
<ul style="list-style-type: none"> <li>• Modern, jazz, Japanese folk dance</li> <li>• Chosen to perform in the gala showing and to end the gala (Marian Turner's "Time Piece")</li> </ul>		
<u>Asheville High School Dance Program</u>	Asheville, NC	1987-1990
<ul style="list-style-type: none"> <li>• Improvisation, ballet, modern, jazz, tap, choreography, performance, teaching experience</li> </ul>		
<u>Asheville High School Dance Troupe</u>	Asheville, NC	1988 – 1990
<ul style="list-style-type: none"> <li>• Jazz, modern, ballet</li> <li>• Choreographed and performed in spring concerts and at home football games</li> </ul>		
<u>Asheville Academy of Ballet and Contemporary Dance</u>	Asheville, NC	1987-1990
<ul style="list-style-type: none"> <li>• Ballet, modern, performance</li> </ul>		
<u>North Carolina Governor's School</u>	Laurinburg, NC	Summer 1988
<ul style="list-style-type: none"> <li>• Modern, improvisation, choreography (group and solo)</li> </ul>		
<u>North Carolina School of the Arts</u>	Winston Salem, NC	Summer 1986
<ul style="list-style-type: none"> <li>• Ballet, modern, jazz, character</li> </ul>		
<u>Asheville Ballet Academy</u>	Asheville, NC	1982-1986
<ul style="list-style-type: none"> <li>• Improvisation, ballet, modern, performance</li> <li>• Member of the school's company</li> </ul>		
<u>New Studio of Dance</u>	Asheville, NC	1977-1982
<ul style="list-style-type: none"> <li>• Improvisation, ballet, performance</li> </ul>		

## **AUTHENTIC MOVEMENT**

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<u>Online Practice and Study Circle in the Discipline of Authentic Movement</u>	Online	July 2024 - Dec 2024
• Online group study of the Discipline of Authentic Movement facilitated by Eleni Levidi		
<u>Facilitator/Teacher</u>	Boone, NC	2021 - present
• Teach online Authentic Movement groups through Embodied Wholeness, LLC		
<u>Guest Teacher</u>	Boone, NC	Spring 2004 – Spring 2018
• Taught an Authentic Movement class each spring semester for the Somatics class in the Appalachian State University Dance Department		
<u>Peer Group</u>	Boone, NC	2005-present
• Formed an Authentic Movement peer group that I participate in weekly until 2011		
• Though I am currently not involved in the group, it has continued weekly		
<u>Circle of Four Program</u>	Location varies	Fall 2016
• Accepted into Janet Adler's Circle of Four Authentic Movement Discipline training with Joan Webb, Paula Sager, and Eleni Levidi as my circle of instructors		
• Participation paused due to health concerns		
<u>Three Stone Studio &amp; Joan Webb Studio</u>	Seekonk, MA	June 10 -12, 2016
• Completed a 3-day immersion experience in Authentic Movement, led by Joan Webb and Paula Sager		
<u>Private Instruction</u>	Boulder, CO	1998-1999
• 2 semesters of private instruction with Eleni Levidi (first semester as a duo and second semester as a group)		
<u>Naropa University</u>	Boulder, CO	1996-1998
• 3 semesters of group classes taught by Patricia Mowry-Rutter and Cassie Bull		
<u>University of North Carolina at Chapel Hill</u>	Chapel Hill, NC	1993-1994
• 2 semesters of Authentic Movement taught by Melinda Ripps		

## **BODY MIND PSYCHOTHERAPY**

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<u>Naropa University</u>	Boulder, CO	Fall 1997 – Spring 1998
• Completed two semesters of Body Mind Psychotherapy with Susan Aposhyn		

## **BODY MIND CENTERING®**

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<u>Naropa University</u>	Boulder, CO	Fall 1996 – Spring 1998
• Completed two semesters of Body Mind Centering® with Margot Iseman		
• Served as a Teacher's Assistant for Body Mind Centering® for two semesters with Margot Iseman		

## **TAI CHI**

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<u>Private Lessons</u>	Boone, NC	Summer 2021- Summer 2022
• Private lessons with Celeste Ray		
<u>Neighborhood Yoga</u>	Boone, NC	Spring 2006
• Took a semester Tai Chi class		
<u>Naropa University</u>	Boulder, CO	Spring 1999
• Completed one semester of Tai Chi with Bataan Faigao		

## **MEDITATION**

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<u>Personal meditation practice</u>	Boone, NC	1996 - present
<u>Meditation as Medicine</u> <ul style="list-style-type: none"><li>• Participated in a 4-week meditation workshop through Neighborhood Yoga with Torre Hinant</li></ul>	Boone, NC	Spring 2020
<u>Shambhala Center</u> <ul style="list-style-type: none"><li>• Completed multiple weekend programs in the Warrior series</li></ul>	Asheville, NC	2003 - 2007
<u>Naropa University</u> <ul style="list-style-type: none"><li>• Completed many types of classes including but not limited to Vipassana, Mahayana, and Tonglen</li></ul>	Boulder, CO	1996 – 2002

## **ENERGY HEALING**

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<u>School of Soul Focused Healing</u> <ul style="list-style-type: none"><li>• Completed two 18-month programs in Soul Focused Healing, the art of energy medicine</li></ul>	Asheville NC	2015 - 2018
<u>School of Soul Focused Healing</u> <ul style="list-style-type: none"><li>• Soul Focused Healing Level 3 Teacher Training</li><li>• Soul Focused Healing Level 2 Teacher Training</li><li>• Soul Focused Healing Level 1 Teacher Training</li><li>• Soul Focused Healing Higher Centers</li><li>• Soul Focused Healing Limbic System</li></ul>	Asheville, NC Online Online Online Asheville, NC	Jan 2025 Oct 2022 Mar-Dec 2021 Spring 2021 Spring 2019
<u>National Association for Esoteric Healing</u> <ul style="list-style-type: none"><li>• Level 2</li><li>• The Autonomic Nervous System</li></ul>	Online Online	Spring 2021 Fall 2020

## **YOGA**

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<u>Various yoga studios</u> <ul style="list-style-type: none"><li>• Taken yoga classes since high school from a variety of studios in NC, CO, &amp; online</li></ul>		Fall 1987 - present
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## **CLASSICAL VOICE TRAINING**

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<u>Private lessons</u> <ul style="list-style-type: none"><li>• Took 2 semesters of basic training with various instructors, &amp; 2 semesters of classical opera training with Natalie Costa</li></ul>	Asheville, NC	Fall 1988 Spring 1990
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## **SPORTS**

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<u>Track</u> <ul style="list-style-type: none"><li>• Ran the mile and mile relay on the Asheville High School Track team</li></ul>	Asheville, NC	Fall 1986, 1987, 1988
<u>Cross Country</u> <ul style="list-style-type: none"><li>• Ran on the cross country team in meets, made All Conference, and placed at state meets</li></ul>	Asheville, NC	Fall 1986, 1987, 1988
<u>Tennis</u> <ul style="list-style-type: none"><li>• Played and lettered on the Varsity team, 2<sup>nd</sup> singles, 1<sup>st</sup> doubles</li></ul>	Asheville, NC	Fall 1987, 1988
<u>Soccer</u> <ul style="list-style-type: none"><li>• One of the founding members of the female soccer team at Asheville High School</li></ul>	Asheville, NC	Spring 1988

## **THEATER**

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<u>West Side Story</u> <ul style="list-style-type: none"><li>• Cast as Maria</li></ul>	Asheville High Theater Department	Spring 1990
<u>The Wizard of Oz</u> <ul style="list-style-type: none"><li>• Cast as the Wicked Witch of the West</li></ul>	Tanglewood Theater	Fall 1986
<u>Peter Pan</u> <ul style="list-style-type: none"><li>• Cast as Peter Pan</li></ul>	Tanglewood Theater	Fall 1984

<u>The Plain Princess</u>	Tanglewood Theater	Spring 1983
• Cast as the Plain Princess		
<u>The Twelve Dancing Princesses</u>	Tanglewood Theater	Spring 1982
• Cast as one of the dancing princesses		
<u>Hansel and Gretel</u>	Tanglewood Theater	Fall 1981
• Cast as a supporting singer and dancer in various roles		
<u>Cinderella</u>	Tanglewood Theater	Fall 1980
• Cast as a supporting singer and dancer in various roles		