

## Sports Anthropometry: ISAK Level 1 & 2 Certification

ISAK Certification Course provides hands-on, accelerated training designed to enhance your skills, knowledge, and credibility in the fields of body composition, physique assessment & sports performance.

When: June 13-15<sup>th</sup> and July 18-20<sup>th</sup>

Where: Sonesta ES Suites

901 E Woodfield Office Ct

Schaumburg, IL 60173







Tuition: Level 1 - \$650.00 USD / Level 2 - \$899.00 USD per student & Includes:

- 4- Year ISAK Membership
- 24-Hours of Live Classroom Instruction
- Exclusive Access to ISAKMetry
- Continuing Education Credits
- Discounts on Equipment
- ISAK Manual and Presentations

#### LEARN FROM THE BEST IN THE FIELD





- Jordan Moon PhD, CSCS, EP-C, ISAK Level 2
- Kelley Altom M.S.Ed. AK Level 3

- 35+ Years Combined Experience
- Trained & Certified Members of the performance staff of every major American sport Organization.
- 140+ Published Research Studies















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### MODULE BASED LEARNING

- History & Evolution of Anthropometry
- Equipment & Calibration
- Statistical Tools in Anthropometry
- Landmarking & Measurement Techniques
- Body Composition
- Somatotyping
- Proportionality
- Anthropometry & Health

### **Practical, Hands-on Training** *Direct from the Experts Themselves*









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