



Track Camp: Feb. 21st - 25th, 4:15pm, meet on the track

Official Practice: Feb. 28th, 4:15pm, meet on the track; must have orange card to practice!!

2022 FCHS Track Schedule

<u>DAY</u>	<u>DATE</u>	<u>MEET</u>	<u>LEVEL</u>	<u>SITE</u>	<u>TIME</u>
*Thur.	March 10 th	<i>LoboCat</i>	Varsity	French Field	12:00pm
*Sat.	March 19 th	<i>Murray Kula</i>	Varsity	Windsor HS	8:30am
Wed.	March 23 rd	<i>Rocky JV</i>	JV	French Field	3:30pm
*Sat.	March 26 th	<i>Runners Roost</i>	Varsity	French Field	9:00am
Wed.	March 30 th	<i>Poudre JV</i>	JV	Poudre HS	3:30pm
*Sat.	April 2 nd	<i>Altitude</i>	Varsity	French Field	9:00am
Wed.	April 6 th	<i>Collins JV</i>	JV	FCHS	3:30pm
*Fri	April 8 th	<i>TJ Twilight</i>	Varsity	All City Stadium	12:00pm
*Tue.	April 12 th	<i>City Meet</i>	Varsity/JV	French Field	2:00pm
*Fri	April 15 th	<i>Pomona Invite</i>	Varsity	Jeffco Stadium	3:00pm
*Sat.	April 16 th	<i>Pomona Invite</i>	Varsity	Jeffco Stadium	9:00am
Wed.	April 20 th	<i>Fossil JV</i>	JV	Fossil Ridge HS	3:30pm
*Fri.	April 22 nd	<i>CSU/HS Combo</i>	Varsity	Jack Christiansen CSU	2:00pm
*Sat.	April 23 rd	<i>CSU/HS Combo</i>	Varsity	Jack Christiansen CSU	10:00am
Fri.	April 29 th	<i>Randall Hess</i>	Varsity	Roosevelt HS	11:00am
Fri.	April 29 th	<i>JV Champs</i>	JV	French Field	2:00pm
*Sat.	April 30 th	<i>Stutler Twilight</i>	Varsity	Stutler Bowl Stadium	3:00pm
*Wed.	May 4 th	<i>Conference</i>	Varsity	French Field	4:00pm
*Fri.	May 6 th	<i>Conference</i>	Varsity	French Field	4:00pm
*Fri.	May 13 th	<i>John Martin</i>	Varsity	FCHS	2:00pm
Thur.	May 19 th	<i>State Championships</i>	Qualifiers	Jeffco Stadium	TBD
Fri.	May 20 th	<i>State Championships</i>	Qualifiers	Jeffco Stadium	TBD
Sat.	May 21 st	<i>State Championships</i>	Qualifiers	Jeffco Stadium	TBD

*state qualifying meets

Head Coach: Bill McCormick

Assistant Coaches:

Tom Ruthven — Distance
Nick Baltzell — Throws
Laura Benson — Hurdles
Ray Bozmans — Sprints/Relays
Van Elsbernd — Sprints/Relays
Joseanne Lucas — Hurdles
Ashlyn Stults — Sprints/Relays
Nick Wilkens — Jumps
Matt Yemm — Sprints/Relays

Website: <https://lambkintrackandxc.co>

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Follow us on Twitter: [@LambkinRunners](https://twitter.com/LambkinRunners)

Get highlights and updates from the meet and events going on!