



**Athlete Meeting:** Feb. 8th, 4:15pm in P100

**Track Camp:** Feb. 21st - 25th, 4:15pm, meet on the track; must have orange card to participate!!

**Official Practice:** Feb. 28th, 4:15pm, meet on the track; must have orange card to practice

## 2022 FCHS Track Schedule

<u>DAY</u>	<u>DATE</u>	<u>MEET</u>	<u>LEVEL</u>	<u>SITE</u>	<u>TIME</u>
*Thur.	March 10 <sup>th</sup>	<i>LoboCat</i>	Varsity	<b>French Field</b>	12:00pm
*Sat.	March 19 <sup>th</sup>	<i>Murray Kula</i>	Varsity	<b>Windsor HS</b>	8:30am
Wed.	March 23 <sup>d</sup>	<i>Rocky JV</i>	JV	<b>French Field</b>	3:30pm
*Sat.	March 26 <sup>th</sup>	<i>Runners Roost</i>	Varsity	<b>French Field</b>	9:00am
Wed.	March 30 <sup>th</sup>	<i>Poudre JV</i>	JV	<b>Poudre HS</b>	3:30pm
*Sat.	April 2 <sup>nd</sup>	<i>Altitude</i>	Varsity	<b>French Field</b>	9:00am
Wed.	April 6 <sup>th</sup>	<i>Collins JV</i>	JV	<b>FCHS</b>	3:30pm
*Fri	April 8 <sup>th</sup>	<i>TJ Twilight</i>	Varsity	<b>All City Stadium</b>	12:00pm
*Tue.	April 12 <sup>th</sup>	<i>City Meet</i>	Varsity/ JV	<b>French Field</b>	2:00pm
*Fri	April 15 <sup>th</sup>	<i>Pomona Invite</i>	Varsity	<b>Jeffco Stadium</b>	3:00pm
*Sat.	April 16 <sup>th</sup>	<i>Pomona Invite</i>	Varsity	<b>Jeffco Stadium</b>	9:00am
Wed.	April 20 <sup>th</sup>	<i>Fossil JV</i>	JV	<b>Fossil Ridge HS</b>	3:30pm
*Fri.	April 22 <sup>nd</sup>	<i>CSU/HS Combo</i>	Varsity	<b>Jack Christiansen CSU</b>	2:00pm
*Sat.	April 23 <sup>d</sup>	<i>CSU/HS Combo</i>	Varsity	<b>Jack Christiansen CSU</b>	10:00am
Fri.	April 29 <sup>th</sup>	<i>Randall Hess</i>	Varsity	<b>Roosevelt HS</b>	11:00am
Fri.	April 29 <sup>th</sup>	<i>JV Champs</i>	JV	<b>French Field</b>	2:00pm
*Sat.	April 30 <sup>th</sup>	<i>Stutler Twilight</i>	Varsity	<b>Stutler Bowl Stadium</b>	3:00pm
*Wed.	May 4 <sup>th</sup>	<i>Conference</i>	Varsity	<b>French Field</b>	4:00pm
*Fri.	May 6 <sup>th</sup>	<i>Conference</i>	Varsity	<b>French Field</b>	4:00pm
*Fri.	May 13 <sup>th</sup>	<i>John Martin</i>	Varsity	<b>FCHS</b>	2:00pm
Thur.	May 19 <sup>th</sup>	<i>State Championships</i>	Qualifiers	<b>Jeffco Stadium</b>	TBD
Fri.	May 20 <sup>th</sup>	<i>State Championships</i>	Qualifiers	<b>Jeffco Stadium</b>	TBD
Sat.	May 21 <sup>st</sup>	<i>State Championships</i>	Qualifiers	<b>Jeffco Stadium</b>	TBD

\*state qualifying meets

**Head Coach:** Bill McCormick

**Assistant Coaches:**

Tom Ruthven — Distance

Nick Baltzell — Throws

Laura Benson — Hurdles

Ray Bozmans — Sprints/Relays

Van Elsbernd — Sprints/Relays

Joseanne Lucas — Hurdles

Ashlyn Stults — Sprints/Relays

Nick Wilkens — Jumps

Matt Yemm — Sprints/Relays

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Follow us on Twitter: [@LambkinRunners](https://twitter.com/LambkinRunners)

Get highlights and updates from the meet and events going on!