

How Do I Learn Best?

Choose the answer which best explains your preference and click the box next to it.

Please click **more than one** if a single answer does not match your perception.

Leave blank any question that does not apply.

1. Remember when you learned how to play a new computer or board game. You learned best by:
 - a. watching others do it first.
 - b. listening to somebody explaining it and asking questions.
 - c. reading the instructions.
 - d. clues from the diagrams in the instructions.
2. After reading a play you need to do a project. Would you prefer to:
 - a. draw or sketch something that happened in the play?
 - b. read a speech from the play?
 - c. write about the play?
 - d. act out a scene from the play?
3. You have to present your ideas to your class. You would:
 - a. gather examples and stories to make it real and practical.
 - b. make diagrams or get graphs to help explain my ideas.
 - c. write out my speech and learn it by reading it again and again.
 - d. write a few key words and say them again and again.
4. You are about to hook up your parent's new computer. You would:
 - a. unpack the box and start putting the pieces together.
 - b. phone, text or email a friend and ask how to do it.
 - c. follow the diagrams that show how it is done.
 - d. read the instructions that came with it.
5. You are about to buy a new digital camera or mobile phone. Other than price, what would most influence your decision?
 - a. the salesperson telling me about it.
 - b. it is the latest design and looks good.
 - c. trying it.
 - d. reading the details about its features.
6. You want some feedback about an event, competition or test. You would like to have feedback:
 - a. that used examples of what I have done.
 - b. that used a written description or table of my results.
 - c. that used graphs showing what I achieved.
 - d. from somebody who discussed it with me.

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7. A new movie has arrived in town. What would most influence your decision to go (or not go)?
 - a. it is similar to others you have liked.
 - b. hear friends talking about it.
 - c. you see a preview of it.
 - d. you read what others say about it online or in a magazine.
8. You want to plan a surprise party for a friend. You would:
 - a. make lists of what to do and what to buy for the party.
 - b. invite friends and just let it happen.
 - c. talk about it on the phone or text others.
 - d. draw a map and make a special design for the invitation.
9. You need to give directions to go to a house nearby. You would:
 - a. write down the directions as a list.
 - b. tell them the directions.
 - c. walk with them.
 - d. draw a map on a piece of paper or get a map online.
10. You are learning to take photos with your new digital camera or mobile phone. You would like to have:
 - a. examples of good and poor photos and how to improve them.
 - b. diagrams showing the camera and how to use it.
 - c. clear written instructions with lists and bullet points.
 - d. a chance to ask questions and talk about the camera's features.
11. You are going to make something special for your family. You would:
 - a. decide from pictures in magazines.
 - b. find written instructions to make it.
 - c. talk it over with my friends.
 - d. make something I have made before.
12. Do you prefer a teacher who likes to use:
 - a. class discussions, online discussion, online chat and guest speakers.
 - b. a textbook and plenty of handouts.
 - c. an overview diagram, charts, labelled diagrams and maps.
 - d. field trips, case studies, videos, labs and hands-on practical sessions.

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13. A website has a video showing how to make a special graph. There is a person speaking, some lists and words describing what to do and some diagrams. You would learn most from:
 - a. watching the actions.
 - b. listening.
 - c. reading the words.
 - d. seeing the diagrams.

14. I like websites that have:
 - a. things I can click on and do.
 - b. interesting information and articles in print.
 - c. audio channels for music, chat and discussion.
 - d. interesting design and visual effects.

15. You have been selected as a tutor or a leader for a holiday program. This is interesting for your friends.
You would:
 - a. start practising the activities I will be doing in the program.
 - b. describe the activities I will be doing in the program.
 - c. show them the list of activities in the program.
 - d. show them the map of where it will be held and diagrams about it.

16. You have a problem with your knee. Would you prefer that the doctor:
 - a. showed you a diagram of what was wrong.
 - b. described to you what was wrong.
 - c. gave you an article or brochure that explained knee injuries.
 - d. demonstrated what was wrong using a model of a knee.

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Questionnaire – Scoring Chart

Use the following scoring chart to find the VARK category that each of your answers corresponds to. Circle the letters that correspond to your answers e.g. If you answered b and c for question 3, circle V and R in the question 3 row:

Question	a category	b category	c category	d category
3	K	V R	A O	

Scoring Chart

Question	a category	b category	c category	d category
1	K	A	R	V
2	V	A	R	K
3	K	V	R	A
4	K	A	V	R
5	A	V	K	R
6	K	R	V	A
7	K	A	V	R
8	R	K	A	V
9	R	A	K	V
10	K	V	R	A
11	V	R	A	K
12	A	R	V	K
13	K	A	R	V
14	K	R	A	V
15	K	A	R	V
16	V	A	R	K

Calculating your scores

Count the number of each of the VARK letters you have circled to get your scores:

Total number of **V**s circled =

Total number of **A** s circled =

Total number of **R** s circled =

Total number of **K** s circled =
