



Reminder Sheet

Hilliard Lynx Field Hockey Club Fall 2020

Middle School and High School

Organized with the support of The Hilliard Lynx Booster Club

- Reminder Sheet
- Form 1 – Contact Information
- Form 2 – Emergency Medical Form - ****Copy of Insurance Card F/B****
- Form 3 – Handbook Sign Off
- Form 4 – Waiver Form Sign Off
- Form 5 – Parent/ Player Contract
- Form 6 - Concussion Sign Off
- Form 7 – SCA Lindsay's Law Sign Off
- Form 8 - Physical Form - 7 pages
 - BOTH parents sign pages 2, 6 and 7
 - Player sign pages 2, 6 and 7



Contact Information Form 1 of 7

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PLAYER INFORMATION	
Player's Name:	Home Address:
Player's Cell Phone: ()	Home Phone: ()
Player's Grade in Fall:	Player's School:
Player's Email:	

Parents: Do you wish for us to send E-mail communications to:
 Both Parents Only Parent 1 below Only Parent 2 below

PARENT 1	
Parent Name:	Home Address: (if same as player, leave blank)
Parent 1 Cell Phone: ()	Home Phone: (if same as player, leave blank) ()
Parent 1 Email:	

PARENT 2	
Parent Name:	Home Address: (if same as player, leave blank)
Parent 2 Cell Phone: ()	Home Phone: (if same as player, leave blank) ()
Parent 2 Email:	



Emergency Medical Form 2 of 7

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Please Include a Copy of the Front and Back of Player's Insurance Card

PLAYER NAME	
PARENT NAME (Insurance policy holder)	
INSURANCE COMPANY NAME	
INSURANCE POLICY NUMBER	
PREFERRED DOCTOR/PHONE NUMBER	
PREFERRED DENTIST/PHONE NUMBER	
PREFERRED HOSPITAL/ PHONE NUMBER	
Past injuries/illnesses that affect participation & dates <i>(Use back if necessary)</i>	
Special medical or health conditions	
Food or Drug allergies	
Current Medications	

Emergency Contact Name/ Phone Number	
Emergency Contact Relationship to Player	
<p><i>In case of emergency, I understand that every effort will be made to contact me. If I cannot be reached, I hereby give permission for an adult coach or chaperone to act in my behalf in seeking medical treatment for my child in the event that such treatment is deemed necessary. I give permission to those administering emergency treatment to do so, using those measures deemed necessary, I absolve said party from liability in acting on my behalf in this regard.</i></p>	
Parent Name:	
Parent Signature:	
Date:	



Handbook Signoff Form 3 of 7

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Handbook Acknowledgement

The Executive Board would like to reiterate that as representatives of the Lynx Program, either as a Board Member, Parent, Coach, or Player, the utmost of respect for the program is expected. The Executive Board will not tolerate a negative atmosphere against its players, coaches, or volunteers. Unsportsmanlike behavior will not be tolerated and can result in disciplinary action, up to or including expulsion from the program, by the Board or Coaches as deemed fit.

Unsportsmanlike behavior includes but is not limited to:

1. **Alcohol and Drug Abuse Offenses** - Alcohol and drug abuse offenses are defined as the use, sale or possession of alcohol, drugs, controlled substances, inhalants, look-alikes and/or other illegal substances, including drug paraphernalia. Lynx reserves the right to do random drug tests.
2. **Tobacco Related Offenses** - Tobacco-related offenses are defined as the use, sale or possession of tobacco products, including e-cigarettes, Vape related items, lighters, matches and other flame-producing materials.
3. **Hazing and Bullying** - Hazing means doing any act or coercing another, including the victim, to do any act of initiation into any student or other organization that causes or creates a substantial risk of causing mental or physical harm to any person. Bullying, harassment and intimidation is an intentional written, verbal or physical act that a person has exhibited toward another particular person. This behavior is prohibited at all Hilliard Lynx Field Hockey events.

Social Media: Hilliard Lynx Field Hockey recognizes each athlete's rights to freedom of speech, expression and association, including the use of social networks. In this context, however, each student-athlete must remember that playing and competing for Hilliard Lynx is a privilege. As a member of the Hilliard Lynx, you represent the Hilliard Lynx; you are expected to portray yourself, your team, your community in a positive manner at all times.

Equipment - Players are responsible for equipment issued to them.

1. All equipment issued to a player is to be worn only at practice or scheduled games or scrimmages. Exceptions must be approved by the coach (i.e.-jerseys).
2. Before any item is attached, added to, removed from or worn with a uniform that is issued to an athlete for a specific sport, the athlete must secure permission from the coach. Each athlete

is responsible for all equipment issued. Keep it clean and in the best possible condition. The Hilliard Lynx Field Hockey Club is not responsible for lost or stolen equipment.

3. Equipment that is not returned at the end of the season for any reason or is damaged beyond normal wear and tear must be paid for at REPLACEMENT cost. Equipment is to be returned or lost equipment paid for within one week of the last contest of the sport.

We have read the Hilliard Lynx Field Hockey Handbook and agree to abide by the rules, regulations and guidelines of the Club.

Player:		Date
Parent 1:		Date
Parent 2:		Date



Waiver Form Signoff Form 4 of 7

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RELEASE OF LIABILITY

Please read and sign below

1. For One Dollar and other valuable consideration, I release the Hilliard Lynx, City of Hilliard, and the Hilliard City Schools, its members and coaches of any liability arising out of the participation of my daughter whose name appears below.
2. The undersigned agrees to return all equipment issued by the Hilliard Lynx Field Hockey Club at a time and place designated by the coach. In the event the equipment is lost, damaged or not returned, the undersigned agrees to pay the Hilliard Lynx Field Hockey Club \$50 within ten days of the end of the 2018 Field Hockey Season.
3. The Hilliard Lynx Field Hockey Club will periodically take photographs of participants to promote our program via the website and other printed publications. By signing below, you are giving the club permission to publish said photographs.
4. The undersigned understands that refunds will not be given under any circumstances.
5. My signature below acknowledges that I have read this document in its entirety, that I understand the terms outlined above, and that I agree to comply with all terms and rules established by the club.

Registration fees prior to August 7th Middle School Fee \$225. High School Fee \$275.
 Late Registration Fee after August 7th Middle School Fee \$275. High School Fee \$325.

\$50 discount for multiple players from same family.

Please make check payable to: **Hilliard Lynx Boosters**

BOTH parents must sign below:

Player:		Date
Parent 1:		Date
Parent 2:		Date



Parent/Player Contract Form 5 of 7

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2020 PARENT/PLAYER CONTRACT:

All Hilliard Lynx Athletes will...

- Be Respectful, Positive, Work Smart, and Work Together.
- Our Lynx Core Values:
 - Family
 - Joy
 - Excellence
- ALL Preseason Practices, Regular In-Season Practices, Games, and Tournaments are MANDATORY.

EXCUSED VS UNEXCUSED ABSENCE STANDARDS AND EXPECTATIONS:

Excused Absence: Missed or left school early due to illness, Dr. appointment, scheduled mandatory tutoring session, school-related obligation, school visit, SAT or ACTs testing, death in family, wedding, etc. (All unlisted events will be up to coach's interpretation)

Athletes with Excused Absences MUST notify coach as soon as possible. (By email, text, remind app, or written note, delivered by the practice or game before absence)

Unexcused Absence: Participation in another sport, work-related obligations, concerts unrelated to school, minor headache or cramps that do not have Dr. Excuse, etc. (All unlisted events will be up to coach's interpretation)

Athletes with Unexcused Absences MUST be written and explained with Coach at least 24 hours in advance. (By email, text, remind app, or written note, delivered by the practice or game before absence)

EXCUSED VS UNEXCUSED ABSENCE PENALTIES:

Excused Absences:

Missed Practice directly before a game - First half ineligible, athlete is eligible to play in second half of game

Excused Absence during normal practice week - No playing time penalty will occur

Unexcused Absences:

Unexcused Absence with 24-hour notice - 1 practice and 1 game will need to be completed before athlete is allowed to play in next game. Athlete must dress and warm-up with team during ineligible game.

Unexcused Absence without 24-hour notice- 5 practices need to be completed in order for athlete to be eligible (possible that 2-3 games until player could be ineligible, dependent on schedule)

PRESEASON ABSENCE STANDARDS AND EXPECTATIONS:

Preseason Absences:

Excused Absences: Sick with Dr. excuse/parent note, Death in family, or Wedding. (Everything else will be up to Coach's interpretation) All missed runs and workouts will need to be made up and completed before eligible for OFFICIAL season game.

ALL OTHER ABSENCES DURING PRESEASON ARE UNEXCUSED – After more than 2 missed preseason sessions, player will be ineligible to participate with team during that upcoming season.

**Please keep in mind that our rules are not meant to be different or rigid but are set in place to make it fair to every student-athlete on the team and to help Hilliard Lynx continue to be a competitive high school field hockey program.*

GO LYNX!

Before signing this contract,
please fully understand and agree with all of our
Hilliard Lynx policies, standards, and expectations.

Player:		Date
Parent 1:		Date
Parent 2:		Date