

WHAT IS WINEFULNESS?

Where great minds and great wine come together.

Open and improve your mind through the journey and appreciation of wine.

Discover the rich partnership of wine and mindfulness.



MORE THAN JUST WINE CLUB



Every month the intellectually curious are invited to explore and expand the mind through the lens of “winefulness.”

Each session includes:

- Selection of Oaken Grove wines
- TED style talk
- Facilitated thought leadership breakout sessions
- Networking with the Great and the Good.

THE VINEYARD



Phil Rossi is a corporate executive turned vigneron. He'll be hosting the tasting in his independent family run vineyard and sharing some of his own experiences.





Sarah Furness spent 20 years flying helicopters in the RAF before starting up her own company as a motivational speaker and mindfulness coach.

She helps growth mindset high functioning leaders to harness the power of their mind to achieve outstanding performance.

THOUGHT LEADERSHIP BY WELL BE IT



<p>26 May</p> <p>OUTLIERS</p> <p>An antidote for modern group think.</p>	<p>30 June</p> <p>MODERATION</p> <p>Is moderation a choice or an imposition?</p>	<p>28 July</p> <p>GROWTH MINDSET</p> <p>Why failure is an act of bravery</p>
<p>25 August</p> <p>FALSE BELIEFS</p> <p>Dispel the myth that our past determines our future.</p>	<p>29 September</p> <p>BEGINNERS MIND</p> <p>Why we fear change and how we can open the creativity jar.</p>	<p>27 October</p> <p>LANGUAGE</p> <p>How to keep it powerful, pithy and positive</p>