Physiotherapy for Cranial Cruciate Disease

Pain management post op
- Heat
- Cryotherapy
- Transcutaneous electrical nerve stimulation
- Class 3B laser

Gentle weight bearing exercises to encourage healing and reduce swelling

Research
- Berte et al (2012) found no instability was caused and lameness was improved 90 days post CCLR stabilised with lateral suture stabilisation (UWTM walking started at week 2).
- Full extension whilst weight bearing improves static quadriceps efficiency & helps reduce the risk of patella luxation (Lafaver et al 2007).
- Risk of complication CCLR post op increased without physio (Lafaver et al 2007).
- Monk et al (2006) found that 6/52 after TPLO, the physical rehabilitation group had significantly larger thigh circumference and range of movement than the home exercise group.