



# Youth Digital Literacy Self-Assessment

We encourage digital literacy to help students develop an internal framework in their minds to call upon when making decisions. Please complete this self-assessment.

For the websites, apps and devices how often do I...			
	Often	Sometimes	Rarely or never
Check privacy settings to control information they share?			
Use passwords that are easy for me to remember, but hard for others to guess?			
Use unique passwords for each website, app or device?			
Read privacy policies to know what information they're automatically sharing?			
Avoid taking online quizzes?			
Avoid clicking on links in emails and text messages asking them to update account information — even for companies that look familiar?			
Get permission from a parent or guardian before using social media for OST programs?			
Avoid using my social media accounts to register for websites and apps?			
Understand that websites that collect email addresses and other personal information from me have that information forever?			
Click on the “unsubscribe” link in emails if I don’t want to be contacted again?			

