

REVISED 2/16/2022

# TEAM AND PRETEAM fall TRAINING HOURS 2021/2022

<b>BOYS</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>HRS</b>
boys 6-10 & X	3P-6:30P	3P-6:30P	3P-6:30P	3P-6:30P	NO PRACTICE	7:30A-11:30A	21
boys COMP 4	NO PRACTICE	4:30P -8P	NO PRACTICE	4:30P -8P	4:30P -8P	11:30A-3:30P	14.5
boys COMP 3	NO PRACTICE	4:30P- 8P	NO PRACTICE	4:30P- 8P	NO PRACTICE	11:30A-3:30P	11
<b>GIRLS</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>HRS</b>
girls OPT 1	2P-6P	2P-6P	2P-6P	2P-6P	NO PRACTICE	7:30A-12:30P	21
girls OPT 2	3P-7P	3P-7P	3P-7P	3P-7P	NO PRACTICE	7:30A-12:30P	21
girls OPT 3	3:30P-7:30P	3:30P-7:30P	NO PRACTICE	3:30P-7:30P	3:30P-7P	7:30A-12:30P	20.5
girls L 5 & L 4	NO PRACTICE	4:45P-8:30P	NO PRACTICE	4:45P-8:30P	3:30P-7P	11:30A-3:30P	15
girls L 3 A	5:30P-8:30P	NO PRACTICE	5:30P-8:30P	NO PRACTICE	4P-7P	12P-3:30P	12.5
girls L 3 B	5:30P-8:30P	NO PRACTICE	5:30P-8:30P	5:30P-8:30P	NO PRACTICE	12P-3:30P	12.5
girls XCEL	5P-8:30P	NO PRACTICE	5P-8:30P	NO PRACTICE	3:30P-7P	12P-3:30P	14
girls Pre T A	NO PRACTICE	3:45P-6P	NO PRACTICE	3:45P-6P	NO PRACTICE	1P-3:30P	7
girls Pre T B	NO PRACTICE	6P-8:15P	NO PRACTICE	6P-8:15P	NO PRACTICE	1P-3:30P	7

**TIMES AND DAYS SUBJECT TO CHANGE**