

# Weatherford

Aledo | Hudson Oaks | Willow Park  
M A G A Z I N E

APRIL 2013

# NOW



## Drumming to His Own Beat

Lifelong dreams keep  
Hunter Robinson in  
the music scene

*Plus:*

A Perfect Fit

Serving Seniors

In the Kitchen With Lara Sanders

## Where Love and Laughter Grow

At Home With Gerry and  
Candice Olson

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## ON THE COVER



Hunter Robinson is educating himself for a future in music.

*Photo by Amanda Rooney.*

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## Editor's Note

*Hello WeatherfordNOW readers!*

Happy spring! As the month of April gets underway, many of you will be outside enjoying the warmer weather. And, Parker County has plenty of outdoor space to get some fresh air and have some fun. You can catch a brisk walk at the Town Creek Hike and Bike Trail in Weatherford or share an afternoon with your children at Bearcat Park in Aledo.

While you're planning some fun in the sun, why not do a little good for the environment at the same time? April 22 marks the 43rd anniversary of Earth

Day. More than one billion people participated in Earth Day events across the globe last year. You can join them by simply picking up trash in the neighborhood or planting a tree in your own backyard. Check out [www.earthday.org/2013](http://www.earthday.org/2013) to find a scheduled event or organize your own Earth Day community event.

## Amber

Amber D. Browne  
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www.beyondfaithhomecare.com

**Hours:**

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Beyond Faith nurses and therapists provide a helping hand to homebound patients.

# SERVING *Seniors*

*BeyondFaith Homecare and Rehab offers a variety of home healthcare services to local Medicare beneficiaries.*

— By Amber D. Browne

Home healthcare is often a necessary service for homebound seniors. BeyondFaith Homecare and Rehab provides skilled nursing and therapy services in the privacy of a senior's home, under a physician's order. Whether it is a temporary setback from knee or hip surgery or a chronic disease process that needs to be managed, licensed nurses and therapists with BeyondFaith are here to serve seniors.

Homebound seniors exhibit different needs including physical therapy, occupational therapy and speech therapy. "Physical therapy deals more with endurance and strengthening," said Don Webster, director of marketing with BeyondFaith. "Occupational therapy has to do more with activities of daily living like dressing, cooking and feeding oneself."

Some seniors have limited occupational situations, and the therapist helps them learn energy-conservation techniques, such as, how to arrange the kitchen, so they don't spend as much energy just trying to function throughout the day. That allows them to have more energy for a better quality of life. The Medicare-certified, state-licensed home health agency cannot provide overnight care, but it provides home health aides to help seniors with bathing, light meal preparation and some household chores. A social worker is also available to connect patients with community resources, state programs and medication assistance. All employees are licensed, as required, and have undergone a background check.

BeyondFaith Homecare and Rehab home health nurses care

for patients within a certain mile radius, so it allows them to effectively provide the best care possible. The patient can call the nurse at any time to check on pain or other issues. In the case of an emergency, patients are urged to call 911. “But when it’s a non-life-threatening situation, such as the patient having a question about medications or for instance, if he/she is experiencing a little more pain, and they just want to be reassured that they’re OK, we encourage them to call,” Don said.

BeyondFaith invests in services and tools that provide better outcomes for patients. They offer a pill box with 28 slots that alarms and calls BeyondFaith

“Sometimes we’re as much an *encouragement* and an *advocate* for a patient as we are a provider.”

if a patient skips a dose. “We make this available to all our patients who need help with remembering to take their meds,” Don explained.

For patients who need to weigh every day or take their blood pressure, a Web Nurse at Home is available. Alerts are sent to BeyondFaith when something is abnormal. “Our goal is to intervene before a flare-up gets to the point where they need to go to the hospital.” For patients at high risk for falls, a Personal Emergency Response Device is available, which can be set up to call anyone: first responder, neighbor or a family member.

The Aledo agency opened in March 2011 and serves hundreds of patients each year. “Medicare covers home health 100 percent, so there is no cost for what we do for a traditional Medicare beneficiary,” Don explained. BeyondFaith receives referrals from physicians, family members, churches and the community.

“Sometimes we’re as much an encouragement and an advocate for a patient as we are a provider,” Don said. “Our goal is to get people independent and stay independent, so they can age in place.” **NOW**



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