



february 20-27,
2027

eco-adventure yoga retreat in Belize!

with Laura Terry, PT, E-RYT 200, owner of Yoga and Physical Therapy

space is limited

Join Laura in the hidden gem of the Caribbean

\$3995 per person double occupancy (\$3795 for registrations by 8/21/26)

Retreat includes:

4 nights in the pristine jungle of the Maya Mountains + 3 nights on a private Caribbean island

All meals

Daily yoga sessions

Snorkeling tour

Mayan archeological tour and caving tour

All transfers while in Belize



Laura Terry

Details & Registration: www.belizeyoga.com

Questions: jessie@belizeyoga.com