

Scottsdale Unified School District (SUSD) athletes must undergo a physical examination - dated after Wednesday, March 1, 2024 - to participate in any Arizona Interscholastic Association (AIA) athletic practices or competitions.

Sports physicals

The HonorHealth Sports Medicine team is partnering with SUSD to offer physical exams for SUSD student athletes at a reduced cost. The exam is performed by certified athletic trainers, physical therapists and licensed physicians. It will involve a comprehensive orthopedic and general medical evaluation.

Our team provides care for athletes at all SUSD high schools throughout the school year through athletic trainers and sports medicine physicians.

Time, date and location

7 a.m. - noon on Saturday, Aug. 3 HonorHealth Sports Physical Therapy 8630 E. Via De Ventura Blvd., Suite 101, Scottsdale, AZ 85258 → Scan the QR code below to schedule your appointment or click this link.

Can't make it Saturday, Aug. 3?

Visit an HonorHealth Urgent Care to receive your physical at the standard \$50 co-pay fee.

Appointments

Appointments are required. For questions or scheduling assistance, please contact Lead Athletic Trainer Nickie Edwards at **nedwards@susd.org** or your school's head athletic trainer.

Cost: \$25. We accept cash or checks.

100% of profits will go directly to your school's athletic training program.

Preparing for your appointment:

- ♦ Wear a T-shirt, and athletic shorts and shoes.
- Complete your medical history on the AIA Pre-Participation Physical Exam form before your appointment. (Print a copy from our registration page or get one from your trainer.)







Sports Medicine

At HonorHealth Sports Medicine, our team of board-certified experts are here with the expertise to help you achieve your goals. If you're looking to improve performance, prevent injury, or treat and manage an existing one, HonorHealth Sports Medicine is here to help.

Featured services:

- Primary care sports medicine
- Sports orthopedics
- Physical therapy
- Athletic training
- Imaging and testing
- Concussion program
- Injury prevention and treatment
- Sports cardiology, cardiopulmonary testing and treatment

Learn more at HonorHealth.com/sportsmedicine

Meet the head athletic trainers



Nickie Edwards May, ATC, LATLead athletic trainer, head athletic trainer at Saguaro High School
Contact: nedwards@susd.org



Paul Wheeler, MS, AT/L, CESHead athletic trainer at Chaparral High School
Contact: pwheeler@susd.org



Tessa Powell, MS, AT Head athletic trainer at Coronado High School Contact: tpowell@susd.org



Ann Stevens, MS, ATHead athletic trainer at Arcadia High School
Contact: astevens@susd.org



Lisa Gore, MS, ATC, LAT Head athletic trainer, Desert Mountain High School Contact: lgore@susd.org