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IN TRANSITION

Starting Fresh in 2026: A Conversation on Financial Stability and Fresh Starts



Wendi Hatton

Helping Veterans, Professionals & Small Business Owners Leverage Their Expertise as Coaches &...



January 2, 2026

January has always felt like a natural reset point. Not in a loud, resolution-heavy way, but in a quieter, more honest one. It's the moment when the pace slows just enough for us to take stock of where we are, what's working, and what quietly isn't. As we begin 2026, I wanted to open the year with a conversation that felt grounding rather than prescriptive — one rooted in clarity, intention, and real life.

Money is often where that reflection gets complicated. Many of us are earning more than we ever have, yet still feeling uneasy, stretched, or unsure about what it's all adding up to. The issue isn't effort or intelligence — it's that many people haven't been taught the systems that create stability and confidence over time. That's why this felt like the right moment to slow things down and talk about money in a different way.

This issue isn't about quick fixes or financial perfection. It's about understanding your numbers, learning how budgeting actually works, and building systems that create confidence and stability over time.

For this January issue, I'm featuring a **solo interview with Evangeline Harris**, who won the Grand Prize of the 5-Day Profit Growth Challenge that I run throughout the year. Typically, this newsletter highlights several voices each month; this time, the solo format reflects the strength of

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Evangeline's work and the way she applied the Challenge concepts with clarity, consistency, and real-world impact.



Evangeline is a personal finance coach whose work centers on clarity, confidence, and practical systems that help people get out of debt and build lasting financial confidence. She brings a unique blend of experience to her work, shaped by decades of operating at the intersection of strategy, creativity, and human behavior. She is a Strategic Management Consultant, a lifelong jazz vocalist, and the founder of *Growing Your Personal Wealth*. Across these worlds, she has seen firsthand how intelligence and high income alone don't automatically create financial security — systems do.

What I appreciate most about this conversation is how grounded it is. We talk about money without shame, about systems instead of restriction, and about what it really takes to build financial confidence that lasts.

 [Read Evangeline's full interview here](#)

In This Issue

In our featured interview, Evangeline shares:

- Why high earners often feel financially stuck
- How music and consulting shaped her approach to money
- The difference between budgeting and understanding your numbers
- What it really means to "start fresh" financially in 2026
- Why coaching can make the difference between intentions and follow-through

A Note from Wendi

As you step into 2026, my hope is that this conversation encourages you to replace pressure with clarity and intention. You don't need to have everything figured out. You just need systems that support the life you're building.

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 If, as you're reflecting, you realize you want a clearer external expression of what you do next, especially on LinkedIn, I offer a **20-minute LinkedIn Profile Overview**: as a simple, low-pressure way to get perspective and identify what might need alignment.

It's not about reinvention for its own sake. It's about making sure what you share publicly reflects where you're actually headed.

Here's to starting fresh, thoughtfully.

– Wendi

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 Wendi Hatton  Author
Helping Veterans, Professionals & Small Business Owner...

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January always feels like an invitation to start fresh with intention. I hope this issue meets you right where you are and offers a little clarity as you step into 2026. Be inspired by [Evangeline Harris's](#) wisdom!

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