

PRESENTATIONS

10:30 -10:45



FAITH PIOTROWSKI Learn how we train brains with a specialized form of bio-feedback that utilizes cutting edge science with EEG technology to read brain waves and re-train the central nervous system. Research shows Neurofeedback is a phenomenal non-medication treatment for ADHD, as well as depression, anxiety and sleep related disorders.

10:45 -11:00



ANGI PENNELL See why many of us mistakenly believe we are getting what we need from vitamins and minerals we take every day. We often don't absorb the whole dose or the vitamin/mineral in its true form. Intravenously (IV), delivers the full dose and benefits. Angi explains how IV ketamine therapy works and what her clinic offers

11:00-12:00



JOSH MATHE Can mindset affect your nutrition? Find out from the current Director of Performance Nutrition at CMU, Josh Mathe, who has 20 years experience as a Nutritionist and personal trainer. He teaches clients all over the US with online coaching as well.

12:00 -1:00



JOYCE HARADER Craniosacral Therapy: What is it? How does it work? How can it benefit you? Learn how trauma, surgeries, birth, accidents, loss and emotional wounds can limit our ability to function at our highest level and creates dis-ease, pain and suffering. Joyce shows you how healing can occur with craniosacral therapy.

1:00 -2:00



JIMM HARRISON Explore aromatherapy with international expert and author Jimm Harrison. Learn essential oil lifestyle techniques and uses for stress relief, sleep improvement, reducing bad habits, and for overall health. Uncover nature's skin rejuvenation to reduce aging signs and sun damage. Embrace your journey to natural beauty and holistic wellness.

2:00 -3:00



TARNA FULLER Introduction to Ayurvedic health therapy with some insights into commonly used herbs as well as small lifestyle tips and tricks. Learn easy techniques for abhyanga (self-massage), oral hygiene, and the ideal methods to eat our meals. Discover when popular herbs are beneficial and why/when they are not.

3:00-4:00



KATE GRACE - CRYSTAL SINGING BOWL MEDITATION Sound healing is about frequency alignment, it is the ability to stimulate certain frequencies and vibrations. Kate creates a deep meditative using her collection of crystal singing bowls. Get lost in the gemstone tones as she guides you on an angelic journey.

4:00 -5:00



ROXANNE STORY Embark on a Transformative Journey Through Group-Guided Past-Life Regression: Experience a relaxed meditative trance, connecting with your higher self or spirit guides for profound insights. Dive deeper with Roxanne, a QHHT® Level 2 Practitioner. Uncover the deepest hypnosis possibilities at AlchemistPath.com

5:00-5:30



BERNADETTE RODEBAUGH ATTRACT More MIRACLES: Learn how your personality type could naturally, ACCELERATE or BLOCK the miracles, you are seeking and what 3 Tools you can use to enhance your MIRACLE MAGNETISM!

5:30-6:30



JESSIMA RAMEY Join JessiMa for a profound Chakra clearing and consciousness upgrade. Using the ancient technique of Polyphonic Singing, JessiMa has studied the effects on the 4 bodies (Spiritual, Mental, Emotional and Physical) for the past 5 years and now brings to you this unique opportunity to connect with your origin immemorial.