

MENU FORM

Child and Adult Care Food Program

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| Breakfast M/MA: _____ F/V: _____ G/B: _____ Milk: _____ Other: _____ | Breakfast M/MA: _____ F/V: _____ G/B: _____ Milk: _____ Other: _____ | Breakfast M/MA: _____ F/V: _____ G/B: _____ Milk: _____ Other: _____ | Breakfast M/MA: _____ F/V: _____ G/B: _____ Milk: _____ Other: _____ | Breakfast M/MA: _____ F/V: _____ G/B: _____ Milk: _____ Other: _____ |
| Lunch M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____ Other: _____ | Lunch M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____ Other: _____ | Lunch M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____ Other: _____ | Lunch M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____ Other: _____ | lunch M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____ Other: _____ |
| Snack (Serve 2 of these 4 components) M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____ | Snack (Serve 2 of these 4 components) M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____ | Snack (Serve 2 of these 4 components) M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____ | Snack (Serve 2 of these 4 components) M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____ | Snack (Serve 2 of these 4 components) M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____ |

M/MA: Meat/Meat Alternate – may be served in Place of the entire grains component at breakfast a maximum of three times per week.

F: Fruit – may substitute fruit with an additional serving of vegetable at lunch and supper.

V: Vegetable – when two vegetables are served, they must be two different kinds of vegetables.

G/B: Grain/Bread – at least one serving of grains per day must be whole grain (WG) rich.

Milk: Age 1 year – unflavored whole milk; Ages 2-5 years – unflavored low-fat milk or unflavored fat-free milk; Ages 6 years and older – unflavored low-fat milk or unflavored fat-free milk or flavored fat-free milk.

Other: Additional items served but not necessary to meet meal pattern requirements