

## MENU FORM

### Child and Adult Care Food Program

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> M/MA: _____ F/V: _____ G/B: _____ Milk: _____  Other: _____	<b>Breakfast</b> M/MA: _____ F/V: _____ G/B: _____ Milk: _____  Other: _____	<b>Breakfast</b> M/MA: _____ F/V: _____ G/B: _____ Milk: _____  Other: _____	<b>Breakfast</b> M/MA: _____ F/V: _____ G/B: _____ Milk: _____  Other: _____	<b>Breakfast</b> M/MA: _____ F/V: _____ G/B: _____ Milk: _____  Other: _____
<b>Lunch</b>  M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____  Other: _____	<b>Lunch</b>  M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____  Other: _____	<b>Lunch</b>  M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____  Other: _____	<b>Lunch</b>  M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____  Other: _____	<b>lunch</b>  M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____  Other: _____
<b>Snack</b> (Serve 2 of these 4 components)  M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____	<b>Snack</b> (Serve 2 of these 4 components)  M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____	<b>Snack</b> (Serve 2 of these 4 components)  M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____	<b>Snack</b> (Serve 2 of these 4 components)  M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____	<b>Snack</b> (Serve 2 of these 4 components)  M/MA: _____ F: _____ V: _____ G/B: _____ Milk: _____

**M/MA:** Meat/Meat Alternate – may be served in Place of the entire grains component at breakfast a maximum of three times per week.

**F:** Fruit – may substitute fruit with an additional serving of vegetable at lunch and supper.

**V:** Vegetable – when two vegetables are served, they must be two different kinds of vegetables.

**G/B:** Grain/Bread – at least one serving of grains per day must be whole grain (WG) rich.

**Milk:** Age 1 year – unflavored whole milk; Ages 2-5 years – unflavored low-fat milk or unflavored fat-free milk; Ages 6 years and older – unflavored low-fat milk or unflavored fat-free milk or flavored fat-free milk.

**Other:** Additional items served but not necessary to meet meal pattern requirements