

TOOLS

PUPPY HOUSE TRAINING EXAMPLE SCHEDULE

Time	
6:00 am	Take puppy outside and praise for toiling in the desired area
6:15 am	Feed puppy breakfast
6:45 am	Take puppy outside and praise for toiling in the desired area
7:00 am	Puppy spends time with you on a lead or at your feet while you have breakfast or get ready for your day
8:00 am	Toilet break for puppy. If you are going to work, place puppy in puppy pen or secure yard area when you leave
8:15 am	Puppy play time
8:30 am	Quiet time alone for puppy in puppy pen/secure area or crate time if crate training
9:30 am	Toilet break for puppy then play pen time or training time
12:00 pm	Lunch time feed, fresh water (younger puppies may need an extra toilet break before this)
12:30 pm	Toilet break for puppy
1:00 pm	Quiet time alone for puppy in puppy pen/secure area or crate time if crate training
3:00 pm	Toilet break for puppy
3:15 pm	Training session, play time, quality time
5:30 pm	Feed time, fresh water
6:00 pm	Toilet break for puppy
10:00 - 11:00 pm	Last toilet break before bed time for puppy
Younger Puppies	One or two toilet opportunities may be required through the night

[illegible]

PUPPY SOCIALISATION CHECKLIST

This checklist is a guide to help you with ideas to make sure that your puppy experiences enough socialisation to sounds, environments, animals and people. You should aim to tick as many boxes as possible and at least four times for each item.

Concentrate on creating a positive or neutral experience, avoiding bad experiences and not allowing your puppy to be over stimulated, i.e. very rough play with another puppy or over-excitement on greeting a new person.

Note: You can use the Sound Proof Puppy Training App on your smart phone at home to expose your puppy to more sounds.

People (Men & Women)	1	2	3	4
Adults (men & women)				
Young adults				
Elderly people				
Disabled people				
Loud, confident people				
Shy, timid people				
People in uniforms				
People wearing hats				
People with beards				
People with crash helmets				
People behaving affectionately				
People wearing sunglasses				
Postman/delivery people				
People having an argument				
Joggers				
Visitors arriving and leaving				
People of various race				
People Dancing				
Wheelchairs				

PUPPY SOCIALISATION CHECKLIST



People (Men & Women)	1	2	3	4
Walking sticks				

Around the Home	1	2	3	4
Washing machine / dryer				
Vacuum Cleaner				
Telephone				
Stairs				
Doorbell				
Dropped pots, pans, bowls				
Lawn mower				

Animals	1	2	3	4
Friendly large adult dogs				
Friendly small adult dogs				
Small pets				
Cats				
Puppies				
Livestock & horses				
Chickens/ducks/geese				

PUPPY SOCIALISATION CHECKLIST

Children (boys & girls)	1	2	3	4
Babies				
Toddlers				
4-7 year olds				
8-12 year olds				
Teenagers				
Children playing outside				

Physical Handling	1	2	3	4
Head				
Ears				
Mouth				
Tail				
Paws & Legs				
Grooming				
Gentle restraint				
By family & friends				
By strangers				

Learning to Be Alone	1	2	3	4
Isolation for 5 minutes				
Isolation for 10 minutes				
Isolation for 15 minutes				
Isolation for 20 minutes				
Isolation for 30 minutes				
Isolation for 45 minutes				
Isolation for 1 hour +				

PUPPY SOCIALISATION CHECKLIST

Preparation for Vet./Groomer	1	2	3	4
Being lifted onto table				
Gentle restraint on table				
Veterinary examination				
Vet surgery smells				
Hair dryer				
Bath tub				

Experiences	1	2	3	4
Playing (toys & people)				
Walking on grass				
Walking on gravel/stones				
Travel in the car (short & longer gradually)				

Sounds	1	2	3	4
Crying Baby				
Airplane				
Loud bangs				
Clapping				
Shouting				
Busy street				
Thunder				

Objects to Play With	1	2	3	4
Cardboard Box				
Bucket				
Empty plastic bottle				
Treat Ball				

PUPPY SOCIALISATION CHECKLIST

Outside the Home (IMPORTANT)	1	2	3	4
Neighbours				
Pedestrians				
Shops				
Crowded shopping area				
Kennels				
Passing traffic				
Passing bus				
Passing bicycle				
Passing train				
Passing motorbike				
Passing truck				
Parks / Streets				
Fireworks				
The beach				
Lakes / rivers				
A bridge				
Outside a school				
Children's play area				
Country walk				
Outdoor cafe				
Slippery floors				
Party				
Vet's office				
Groomers				
Crowds and markets				
Scooters/skateboards				