## TRAINING WORKBOOK

Training For \_\_\_\_\_\_



Your Online Access: www.cprcaninetraining.com

Training Goals:		
Training Foundations		
Can you answer the following?		
What is a marker word/sound?		
Why do we use a marker?		
What is a release word?		
Why is focus so important to reward?		

M O N D A A	GOALS
TUESDAY	
WEDNESDAY	NOTES  List any wins you had this week:
THURSDAY	
FRIDAY	List any challenges you had this week:
SATURDAY	
SUNDAY	

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