

**New Client Questionnaire
Private Chef Services**

1. Date _____
2. Full Name _____
3. Phone Number _____
4. Email _____
5. Home Address _____
6. Occupation _____
7. Gender - *For client demographic purposes*

8. How did you hear about me?

9. Allergies? Food sensitivities? Health concerns? - *Please list everything*

10. Likes? _____
11. Dislikes? _____
12. Favorite restaurant _____
13. Favorite dish(es) _____
14. Favorite cuisines
 - American
 - Mexican
 - Italian
 - French
 - Thai
 - Chinese
 - Other _____
15. Spice tolerance?
 - Hot
 - Medium
 - Mild
 - Please don't use it at all
16. Are you Vegan?
 - Yes
 - No
 - Maybe one day
 - Almost
17. Please circle all that apply to you
 - Maintain weight
 - Weight loss goals
 - Gains/High protein
 - Sugar free
 - Gluten free
 - Organic
18. Please specify how you want your meal packaged
 - Individual
 - Family Style

- Both

19. What is the reason you are seeking a private chef?

- I can't cook
- Too busy to cook
- I just want to eat more vegan food

20. What are your hopes in working with a private chef?

21. Tell me about your kitchen

- Stove
 - Gas
 - Electric
 - Functioning
- Oven
 - Gas
 - Electric
 - Functioning
- Microwave
 - Functioning
- Kitchen Appliances
 - Blender
 - Food Processor
 - Rice Cooker
 - Slow Cooker
 - Flat Top/Griddle
 - Air Fryer
 - Waffle Maker
 - Grill
 - Other:
- Refrigerator Space: 1 shelf available for fresh food items
- Freezer Space: 2 shelves available for frozen items

22. Anything else I need to know?

- Kids?

- Pets?

- Alarm/Gate Code/Parking/Access Information:

- Other:

23. Other Terms - Specified to particular client

24. Who/How many people am I cooking for in this household?

25. How often do you need private chef services? _____ day(s)/wk

26. How many meals do you need per guest?

27. Where are you today and where do you want to be?

Start weight _____ End goal _____

28. Pay agreement / Budget info

29. Before getting started

- I will need a kitchen tour to conduct a walk-through of the refrigerator and dry storage, including tools and appliances that I can or cannot use
 - Sign any and all necessary paperwork
 - Attach blood work results to this file for records
- Other

Private Client

Date

Chef

Date